

Get hooked at home.

Always fresh.
Always local.
Always delicious.

TO GO MENU

Appetizers

Oysters Bienville.....	10.95
Chargrilled Oysters	
1/2 dozen	9.95
Dozen.....	17.95
Bacon Wrapped BBQ Shrimp	10.95
<i>Five chargrilled shrimp with a spicy BBQ sauce served over LA sweet potatoes</i>	
Boiled Shrimp	11.95
<i>3/4 pound of large head-on shrimp</i>	
Eggplant Pontchartrain	11.95
<i>Fried eggplant medallions topped with crabmeat & caper hollandaise</i>	
Crabmeat Stuffed Mushrooms	10.50
Boudin Balls	8.95
Fried Alligator	11.95
Catfish Fingers	8.95
Hushpuppies	3.50
Onion Rings	7.50
Crab & Crawfish Au Gratin	12.50
<i>Served with toast points for dipping</i>	

Oysters on the Half Shell*

1/2 dozen	7.50
Dozen.....	11.95

Tuesday Oyster Special Half Price All Day!

*There may be a risk associated with consuming raw shellfish as is the case with other raw protein products. If you suffer from chronic illness of the liver, stomach or blood or have other immune disorders, you should eat these products fully cooked.

Soups

Crab & Corn Bisque	
cup	6.50
bowl	8.50
Seafood Gumbo	
cup	6.50
bowl	8.50
Turtle Soup	
cup	6.50
bowl	8.50
Soup & Salad.....	10.50

Your choice of a large soup served with a tossed salad or cole slaw.

Desserts

White Chocolate Bread Pudding	5.95
Chocolate Chip Pecan Pie a la mode ..	5.95
Cheesecake of the Day.....	5.95

Parrain's
seafood restaurant

3225 Perkins Road Baton Rouge, LA
225.381.9922 www.Parrains.com

Salads

Blackened Shrimp Remoulade	12.95
Caesar Salad with	
Fried Oysters	13.95
Grilled Chicken	10.95
Blackened Tuna	14.95
Coleslaw with peanuts	3.50
Tossed Salad.....	3.25
<i>Served with your choice of homemade Bacon Cheddar Ranch, Green Goddess, Fat-Free Honey Mustard, Bleu Cheese, Caesar, Remoulade or Tabasco Pepper Jelly Vinaigrette dressing</i>	

Specialties

Served with salad or coleslaw

Andouille Encrusted Fresh Fish	19.95
<i>Panéed fresh fish in andouille bread crumbs served over sautéed crawfish, mushrooms & andouille cream with garlic mashed potatoes</i>	
The Delacroix	18.95
<i>Grilled fresh fish filet topped with shrimp in a Creole mustard cream sauce served with garlic mashed potatoes</i>	
New Orleans Style BBQ Shrimp.....	17.95
<i>Fresh, head-on jumbo shrimp in a spicy butter sauce</i>	
Crawfish Etouffée	12.50
1/2 Crawfish Etouffée & 1/2 Fried Tails	15.95
Grilled Fresh Fish	19.95
<i>Grilled to perfection, served with broccoli & hollandaise</i>	
Catfish Perdu	14.95
<i>Semi-boneless fried catfish topped with crawfish etouffée</i>	
Shrimp, Crawfish & Crabmeat Pasta	20.95
<i>Sautéed in andouille cream over linguine</i>	
The Pontchartrain	20.95
<i>Panéed fresh fish filet topped with crabmeat & caper hollandaise served with garlic mashed potatoes</i>	
Barbequed Drum	17.95
<i>Black Drum filet charbroiled skin down, basted with lemon garlic butter, served with dirty rice</i>	
The Maurepas.....	17.95
<i>Panéed fresh fish with a pecan meunière sauce and garlic mashed potatoes</i>	
The Vermilion	19.95
<i>Grilled fresh fish filet topped with shrimp, mushrooms and green onions sautéed in lemon garlic butter. Served with broccoli with hollandaise</i>	
Black & Bleu Tuna	23.95
<i>Blackened tuna seared medium rare served over linguine in a bleu cheese cream sauce</i>	
Grilled Duck Breast	22.95
<i>Topped with Tabasco™ Pepper Jelly, served with dirty rice and green beans</i>	

Turf

Served with salad or coleslaw

14-oz Bone-In Pork Chop.....	
<i>Served with garlic mashed potatoes and fresh green beans</i>	
Whole Fried Cornish Hen.....	19.95
<i>Like a little fried turkey served with dirty rice</i>	
Chicken Platter	15.95
<i>Grilled boneless skinless breast served with dirty rice and broccoli with hollandaise</i>	
12-oz Angus Ribeye.....	12.95
<i>Served with garlic mashed potatoes and fresh green beans</i>	
8-oz Angus Filet	23.95
<i>Served with garlic mashed potatoes and fresh green beans</i>	
Add sautéed crawfish & béarnaise sauce	5.00
Add lump crabmeat and caper hollandaise sauce	6.00

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Fried Seafood Platters

Served with salad or coleslaw, hushpuppies, dirty rice & french fries

Shrimp	15.95	Catfish Filets	15.95
Oyster	17.95	Thin Fried Catfish.....	15.95
		Stuffed Shrimp	16.95
Half & Half (any two of the above)	17.95		
Whole Catfish.....	2 pieces 15.953 pieces	18.95
The Whole Shebang	23.95		

Stuffed shrimp, catfish, cup of gumbo, shrimp, oysters & alligator. No substitutions, please.

Parrain's uses only cholesterol-free peanut oil.

Poboy's & Sandwiches

Served with french fries

Shrimp Poboy	9.95	Half Pound Burger.....	8.50
Oyster Poboy.....	12.95	Grilled Chicken Sandwich	8.50
Catfish Poboy.....	9.95		

Additions

Cheddar Cheese 1.00	Bleu Cheese 1.50	Mushrooms 1.50	Bacon 1.50
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Sides

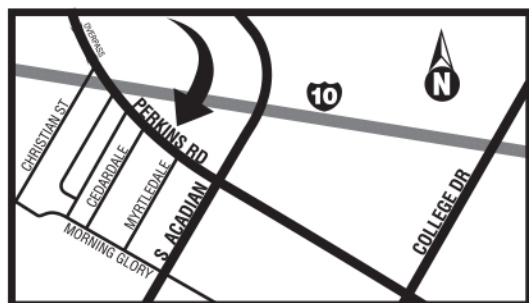
Fresh Green Beans sautéed with garlic	4.00
Garlic Mashed Potatoes	4.00
Dirty Rice	4.00
French Fries	4.00
Steamed Broccoli with Hollandaise Sauce	4.00
Sweet Potato Fries	4.00
Sautéed Asparagus	4.00

Prices are subject to change.

Ready to place your takeout order? Call 225.381.9922

Monday-Thursday 11am-10pm • Friday-Saturday 11am-11pm • Sunday 11am-10pm
3225 Perkins Road Baton Rouge, LA • www.Parrains.com

*Easy to get to
from anywhere in town!*



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Our Fish Tale

Parrain's Seafood Restaurant opened in September 2001, bringing the city's diners nouveau-Cajun cuisine in setting that is pure Louisiana. Our mouth-watering dishes are prepared fresh to order and use only the freshest and highest quality seafood available – a winning combination that has kept locals and visitors alike coming back for over a decade.

We offer daily specials for lunch and dinner as well as specialty brunch creations on Sundays.

We are proud to serve only the freshest seafood available. To visit Parrain's is to experience the best of the Deep South's culinary traditions.

Parrain's
seafood restaurant

Visit our...

*Hammerhead
BAR*

...just off of the main lobby