

Universidad Nacional Abierta y a Distancia Vicerrectoría Académica y de Investigación Course: English B1 Code: 900003

Learning Guide - Task 2 - About Me.

1. Information of the Task

Table 1. Description.

Aspect	Description
1. Type of activity	Independent
2. Evaluation moment	Intermediate
3. Managing unit	Instituto Virtual de Lenguas
	INVIL
4. Score of the Choose an	100 points
option	
5. The activity starts on:	Monday, February 17, 2025
6. The activity ends on:	Sunday, March 16, 2025
7. Student independent work	32 hours
hours	

2. Detailed Description of the Learning Activity

By the end of this activity, students will be able to:

Design and produce grammatical structures and specific vocabulary for written compositions about personal experiences and everyday situations, using correctly the used to, phrasal verbs, modal verbs and some conditionals through a deliverable written document.

The activity consists of:

Reviewing modules 1 and 2, narrating a story, understanding a text, attending two practical workshops and completing a self-assessment.

The following materials and resources are required for the development of this activity:

https://www.naturalreaders.com/online/

https://vocaroo.com



https://languagetool.org/es

https://url.unad.edu.co/3oUT0

To develop this activity, follow these steps:

STEP 1. CONTENT REVIEW.

- **1.1**. Go to Learning / E-book /Online Content English B1 and study the content of **modules 1 & 2** from the E-book. Do all the activities proposed in it.
- **1.2**. **Record** an anecdote about your childhood.

Taking exercise 10 in module 1 (Narrating a story in past) as an example, record a special past anecdote about your school routines and activities when you were a child. Do not forget to use of **phrasal verbs** and the verb **used to** in your anecdote. Your recording mustn't be longer than two minutes.

1.3. Share the link your audio recording in the final document and in the forum and wait for your tutor and classmates' comments.

LEARNING TIPS:

- ✓ To practice your pronunciation, copy your anecdote and paste it onto this website https://www.naturalreaders.com/online/. Listen to the pronunciation and repeat it as many times as you need.
- ✓ Use https://vocaroo.com to record your anecdote



STEP 2. READING ACTIVITY.

2.1. Read the article A Greener Lifestyle: Small Steps, Big Impact.

A Greener Lifestyle: Small Steps, Big Impact

Taking care of the environment is something we **should** all **get involved in**. Every day, people **throw away** plastic, paper, and other materials that **could easily be** recycled. **If we used** fewer resources, **we could help** preserve the planet for future generations.

For example, in the past, people **didn't think** much about where their waste **went**. Now, many countries have started recycling programs, and individuals are trying to live more sustainable lives. **If more people had recycled** in the past, **there would be** less pollution now.

To make a difference, you **can start** by reducing your energy consumption. **Turning off** lights and electronics when you're not using them is a simple habit to adopt. It's also important to think about how you **get around**. Walking, cycling, or taking public transportation helps reduce carbon emissions.

Another way to protect the environment is by reusing items. For instance, instead of buying bottled water every day, you **could use** a reusable water bottle. You **should also avoid** buying products with excessive packaging because they create unnecessary waste.

Wouldn't it be great **if everyone took** small steps to help the environment? Imagine how much cleaner **the planet would be if people planted** trees and cleaned beaches regularly.

Remember, we can't **take back** the damage that has already been done, but we can keep **moving forward** to create a better future. So, let's all try to make eco-friendly choices in our daily routines.

The words and phrases **in bold** are examples of phrasal verbs, modal verbs, the simple past, and conditionals.

- **2.2**. According to the article above, answer the following questions. Write complete sentences.
 - a. What are two ways people can reduce energy consumption? Explain.
 - b. What kind of changes have you adopted at home to have a greener future? Describe 2 of them.



2.3. Post your answers on the forum and exchange opinions with your partners regarding their answers.

Q LEARNING TIP

Don't forget to use modal verbs and conditionals in your answers to step two. Practice those structures in exercises 4 to 12 in module 2 of your eBook.

STEP 3. WRITING ACTIVITY.

Imagine that you are the editor of a magazine called *About Me* and you are going to design a special edition. Follow these steps:

3.1. Write **two articles**, each with a minimum of two paragraphs.

In the first article, write about yourself.

- -The title of this article must be **Be You**.
- -Describe what you were like in high school, what you liked, how you dressed, how you talked, and how you behaved.

In the second article, write about ecological actions to reduce harmful effects on the environment.

- -The title of this article must be **Be Green**.
- **3.2**. Before creating your magazine, organize its content in the table below.
- **3.3**. Share your table and the link to your magazine in the forum.



Table 1Designing the About Me magazine

BE YOU	VOCABULARY	ARTICLE
Paste 5 or 6	Mention the	Describe what you were like in
Pictures of you in	keywords you are	high school, what you liked,
high school. (If	going to use in your	how you dressed, how you
you want to share	first article.	talked, and what you used to
your own photos,	Se al ciolo.	do. Remember to write two
you can do it. If	Example:	paragraphs.
you don't, you can	-High school	Example:
use pictures from	-Uniforms	When I was in high school, I
the web, related	-Wear	was a little bit shorter than I
to your text).	-Oversize	am now. In my school, the
,	-Sneakers	students needed to wear
	-Caps	uniforms, but when I was at
		home, I used to wear black
		clothes, especiallyoversize, T-
		shirts and jeans. I loved to
		wear my sneakers and caps
BE GREEN	VOCABULARY	ARTICLE
Paste 5 pictures of	Mention the	Write 6 sentences about
your ecological	keywords you are	ecological actions breduce
actions to help	going to use in your	harmful effects on the
prevent harmful	second article.	environment using
effects onthe		conditionals,phrasal verbs,
environment. (If	Example:	and modal verbs.
youwatto share	-Take care	Programme 1 and
your own photos,	-Ice caps - Melt	Example:
you can do it. If you don't, youcan	-Meit -Cleaner	If we don't take care of our
use pictures from	-Public transport	If we don't take care of our
the web, related	-Fublic transport	planet,the ice caps will melt.
to your text)		If we use public transport
to your text)		more, our cities will get
		more, our cities will get

Note. The student be able to complete the chart according to each item.



LEARNING TIPS:

- ✓ Write simple complete sentences. It is very important that you write the sentences by yourself. (You don't need a translator; you can use the vocabulary studied in the course resources).
- ✓ Copy your text onto this webpage https://languagetool.org/es to check the grammatical structure, spelling, and accuracy of your writing production.
- ✓ Take a look at these examples of magazines to help you design yours:
 - Magazine on Canva: https://url.unad.edu.co/dYPzS
 - Magazine on Genially: https://url.unad.edu.co/qyFBA
- ✓ You can use canva, Issuu, Genially, Calameo, and other tools to create your magazine.
- ✓ If you need keywords related to environment, you can consult our Be Green Booklet https://url.unad.edu.co/3oUT0

STEP 4. ATTENDANCE TO PRACTICAL WORKSHOP STT (STUDENT TALKING TIME).

During the academic process, it is important to participate in practical workshops called STT (Student Talking Time). To complete this step:

- **4.1**. Participate in **two** practical workshops.
- **4.2. Take screenshots** during the workshops and put them in the final document. Make sure you include the date, time and tutor in charge of the workshops you attend.

Keep in mind:

- ✓ The tutor will share the schedule of the workshops that will be programmed.
- ✓ Make sure you use the correct link to join the desired workshop.
- ✓ During the practical workshops, it is important to participate actively and interact with your peers and tutor.
- \checkmark Do not forget to turn on the camera during the session.



STEP 5. COLLABORATIVE ACTIVITY.

At this point you are invited to exchange information with your classmates and to give feedback on their work.

- **5.1**. Review your classmates' magazines and provide meaningful feedback on their work. Avoid comments like 'Good work' as these will not be considered valid. Instead, highlight specific aspects you appreciate or suggest areas of improvement.
- **5.2**. Take screenshots of your interaction in the forum and put them in your final document.

STEP 6. SELF-ASSESSMENT.

- **6.1**. Reflect on your performance in the course activities
- **6.2**. Complete the seven items in the self-assessment included in annex 1.

STEP 7. FINAL DOCUMENT

- **7.1**. Consolidate all the activities done in this task in a **PDF document** using **Annex 1** (file Annex 1 Final template Task 2 About me).
- **7.2**. Upload the document individually to the Learning and Evaluation environment. Remember that the product of this task must comply with the APA standards.



Guidelines for Developing and Submitting Learning Evidence

Learning evidence refers to the actions, products, or observable processes that are done or delivered to demonstrate acquired capabilities, skills, and attitudes. These serve to allow the teacher to assess student performance effectively.

The evidence of individual work to be presented in each step is:

- •Step 1. The link to the audio recording about your childhood anecdote.
- **Step 2.** The answers to the questions based on the reading *A Greener Lifestyle: Small Steps, Big Impact.*
- **Step 3.** The completed table "Designing the *About Me* magazine" and the link to your magazine posted into the forum as well as in the final document.
- **Step 4.** The evidence of the attendance to two practical workshops.
- Step 6. The completed self-assessment" included in annex 1

The evidence of collaborative work is:

Step 5. Screenshots of the comments you made to your classmates in the forum.

Upload your PDF document in the section *Task 2 "About Me" Evaluation* rubric and activity submission. Use the template "Annex 1" to organize your work.

For developing and submitting evidence, please consider the following quidelines:

- ✓ Please note that all independent or group written products must comply with "spelling and mechanics" standards and the submission conditions defined in this activity guide.
- ✓ Regarding the use of references, consider that the product of this activity must comply with the APA style.
- ✓ In any case, comply with the referencing standards and avoid academic plagiarism. To do so, you can support yourself by reviewing your written products using the Turnitin tool available in the virtual campus.



3. Academic Situations

Consider that in Agreement 029 of December 13, 2013, Article 99, the following actions are considered as offenses against academic order, among others: item e) "Plagiarism, that is, presenting as one's own the entirety or part of a work, paper, document, or invention created by another person. It also includes the use of false citations or references, or proposing citations where there is no match between the citation and the reference," and item f) "Reproducing or copying, for profit, educational materials or results of research products that have intellectual property rights reserved for the University."

The academic sanctions that the student will face are as follows:

- a) In cases of proven academic fraud in the respective academic work or evaluation, the grade imposed will be zero points without prejudice to the corresponding disciplinary sanction.
- b) In cases related to proven plagiarism in academic work of any nature, the grade imposed will be zero points, without prejudice to the corresponding disciplinary sanction.