10. Corporate Wellness s Team Engagement

Problem Statement (DSIG 10)
AI-powered corporate wellness platform for employees to set wellness goals, track progress, and engage in team challenges.

Why it Matters
Boosts morale, promotes movement, and strengthens workplace culture.

Data Sources s APIs

- Wearables APIs (steps, calories, activity logs)

- Corporate HR data (optional)

- Gamification APIs

Prototype Goal (Day 1–2)

- Build leaderboard for a single wellness challenge (e.g., steps walked)

Full Solution Goal (Day 3-6)

- MCP pipeline to aggregate team data + challenges

- Agentic AI to create adaptive challenges (e.g., suggest yoga challenge after sedentary week)

- Social features for engagement

AI Solution Hints

- Gamified scoring + visualization dashboards

- Recommendation engine for challenge creation

- LangChain agent for engagement triggers