

ROOMMATE WORKSHEET

UCLA Residential Life

Communication is key in maintaining positive roommate relationships! The goal of this worksheet is to guide your conversation and set some mutual expectations on how you will live together. Take notes here as a group and hold onto them for future reference.

When you have completed this worksheet as a group, please schedule a meeting with your Resident Assistant to complete your Roommate Agreement.

COVID-19

Room Number:

Date:

- What are our personal thoughts on COVID-19?
- What is our plan to stay healthy, increase protection for one another, and control the spread of COVID-19?
- What additional precautions should we take? Ex. Disinfecting process? Routine Testing?

GUESTS

- Are guests allowed in the room? When? (Policy: Only one guest in a room at a time)
- Are overnight guests allowed? Can guests use roommate belongings?
- If we want a guest to leave, how will we let each other know?

CLEANING

- How often will the trash be taken out and the room vacuumed?
- How will we take turns to take out trash and vacuum the room?

PERSONAL BELONGINGS

- What items can be shared with permission? Without permission? Never?

DOORS

- Is pounding on the door to wake up a roommate after locking yourself out acceptable?
- Can the room be dead-bolted when one roommate is still present in the room?

SLEEP

- What are our sleeping schedules?
- What should we do if one person returns when another one of us is sleeping?

ALARM CLOCK

- Is it okay to use the snooze button? If yes, how many times is acceptable?
- Is it acceptable to wake up or turn off the roommate's alarm on their behalf if they're sleeping through the alarm?

PHONE

- What hours is it okay to make/receive calls and video calls?
- Can we answer or silence each other's phone if the other is away?

STUDYING

- When one roommate is studying, is phone, tv, or music allowed?
- Are guests allowed during study time?

MAIL

- Is it acceptable for one person to pick up the other person's letter mail?

PRIVACY

- How will we share with each other when we want to have privacy?

ADDITIONAL THINGS TO DISCUSS: Pet peeves, stressors, communication preferences, hobbies/interests, health concerns, storage division, room temp and window preferences, views on alcohol/drugs/smoking, etc.