Complete List of Munros February 13, 2025

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1 The Cairngorms

These are ordered clockwise, from the South-East.

1.1 South-east Cairngorms

Mount Battock.
Ben Tirran (Glen Cova)

1.2 East of Braemar

Morven.

Brown Cow Hill Conachcraig. Culardoch and Creag an Dail Bheag

1.3 West of Braemar

Càrn na Drochaide, from Linn of Quoich Sgòr Mòr, from the Linn of Dee Morrone.

1.4 A93

Creag nan Gabhar

Ben Gulabin

Monamenach (Monega Hill and Glas Maol round from Glen Isla)

1.5 Blair Atholl

- 1.5.1. Ben Vrackie (Pitlochry). 10km; 787m; 3.5-4hrs. NN 943 595. OL49.
- 1.5.2. \star Ben Vuirich. 22.75km; 673m; 7.5–8hrs. NN 905 671 (summit at 997 700). OL51.
- 1.5.3. \star Beinn Mheadhonach. 22.25km; 857m; 7–8hrs. NN 874 662 (Glen Tilt; summit at 880758). OL49 and OL51.
- 1.5.4. \star Beinn Bhreac, from Calvine. 41.25km; 1054m; 10–12 hrs; cycle to Bruar Lodge, c. 13km. NN 804 657 (summit at 853 778). OL49 and OL51.

1.6 Pass of Drumochter

- 1.6.1. ★ Gaick Corbetts: An Dun and Meall Creag an Loch. 28km; 959m; 9—10hrs; cycle to Sronphadruig Lodge. NN 723 702 (signed "Trinafour", 1.2km after start of dual carriageway). [Y]
- 1.6.2. Meall na Leitreach, from Dalnaspidal. 7.75km; 407m; 2.5–3hrs. NN 645 732 (summit at 641 703). OL51. Could combine with following.
- 1.6.3. The Sow of Atholl, from Dalnaspidal. 7km; 393m; 2.5–3hrs. NN 645 732 (summit at 625 741). OL50.

1.7 Dalwhinnie

1.8 Glen Tromie

1.8.1. ★ Meallach Mhòr. 25km; 734m; 7–8hrs. NN774997. OL56. [Y]

1.9 Glen Feshie

1.9.1. \star Leathad an Taobhain and Càrn Dearg Mòr. 33.5km; 989m; 9–10hrs. NN850985. OL51, OL56 and OL57. [Y]

1.10 Glen More and the Ski Centre

- 1.10.1. Meall a' Bhuachaille circuit, Glenmore. 8.5km; 543m; 3.5–4.5hrs. NH 977 098 (summit at 991 116). OL57.
- 1.10.2. \star Creag Mhor. 32km; 868m; 8–10hrs. NH 983 088. OL57. Maybe combine with Bynack More. [Y]

1.11 East

Geal Charn Càrn Ealasaid Càrn Mòr (Ladder Hills) Corryhabbie Hill Ben Rinnes

2 South West

2.1 A83 area

- 2.1.1. The Cobbler. 11km; 920m; 4–6hrs. NN 294 048. OL39(S).
- 2.1.2. The Brack and Cnoc Connich. 15.5km; 1086m; 6–7.5hrs. NN 269 037. OL39(S) and OL37 Buy.
- 2.1.3. Beinn Luibhean. 4.5km; 674m; 3–4hrs. NN 242 060. OL39(S).
- 2.1.4. Ben Donich. 7.5km; 575m; 3.5–4.5hrs. NN 227 069. OL39(S).
- 2.1.5. Beinn Bheula. 12km; 798m; 5–6hrs. NS 187 998. OL37 Buy.
- 2.1.6. Beinn an Lochain. 5.5km; 720m; 3–5hrs. NN 234 088. OL39(S).
- 2.1.7. Binnein an Fhìdhleir (or Stob Coire Creagach). 7km; 845m; 3–5hrs. NN 234 095. OL39(S).

2.2 Loch Lomond

2.2.1. Meall an Fhudair, near Inverarnan. 14.5km; 901m; 5–6hrs. NN 320 198 (on verge). OL39(N). [Y]

2.3 Crainlarich

2.3.1. Beinn nan Imirean, Glen Dochart. 11km; 704m; 5–6hrs. NN 448 275. OL46(N) and OL48. Could combine with Meall Glas and Sgiath Chuil.

2.4 Tyndrum

- 2.4.1. Beinn Chuirn. 16km; 706m; 5.5-6hrs. NN 343 291. 377(E).
- 2.4.2. Beinn Odhar, Beinn Chaorach and Cam Chreag. 21km; 1367m; 7–8hrs. NN 329 304 (Tyndrum). 377(E). (Return via Auchtertyre.) Could be combined with following.
- 2.4.3. Beinn a' Chaisteil and Beinn nam Fuaran. 21.5km; 1030m; 7.5–8hrs. NN 328 331. 377(E). Could be combined with previous.

2.5 Glen Orchy

- 2.5.1. Beinn Udlaidh and Beinn Bhreac-liath. 12km; 911m; 5.5–6hrs. NN 277 367 (west of bridge). 377(E). [Y]
- 2.5.2. Beinn Mhic-Mhonaidh. 13.5km; 752m; 4–5hrs. NN 243 320. 377(E). (Via Airigh Chailleach.)

2.6 Loch Awe

2.6.1. \star Beinn a' Bhuiridh via Monadh Driseig. 11.5km; 862m; 5–6hrs. NN 132 283. 377.

2.7 Mull

Dùn da Ghaoithe

2.8 Glen Creran

Creach Bheinn

3 Central

3.1 Glen Turret, Glen Lednock

This is the area reached via the A85, between Crief and Loch Earn.

- 3.1.1. Auchnafree Hill from Loch Turret. 18.25km; 623m; 5–6hrs. NN 820 264. OL47.
- 3.1.2. Creag Uchdag from Glen Lednock. 15km; 667m; 5.5–6.5hrs. NN 743 273. OL47 and OL48. Could be combined with Ben Chonzie.

3.2 South of Loch Tay

3.2.1. Creagan na Beinne. 18km; 775m; 5-6hrs. NN701392. OL48.

3.3 Loch Earn

3.3.1. Meall na Fearna. 12.25km; 730m; 4.5-5.5hrs. NN 632 232. OL47.

3.4 Loch Lubnaig

This is the are reached from the A84 between Callandar and Lochearnhead.

- 3.4.1. Beinn Each. 7km; 693m; 3.5–4.5hrs. NN 582 137. OL46. Could be combined with Ben Vorlich (return via Glen Ample).
- 3.4.2. Ben Ledi. 10km; 760m; 4–6hrs. NN 587 091. OL46. Could combine with Benvane.

3.5 Inversnaid

3.5.1. Beinn a' Choin. 8.75km; 697m; 5–6hrs. NN 348 096. OL39.

3.6 Loch Voil

- 3.6.1. Benvane from Glen Buckie. 8.75; 617m; 4–5hrs. NN 529 174. OL46.
- 3.6.2. Beinn Stacath from Glen Buckie. $12.75\mathrm{km};\,653\mathrm{m};\,4.5-5.5\mathrm{hrs}.$ NN 529 174. OL46.
- 3.6.3. Stob a' Choin, from Inverlochlarig. 10.5km; 790m; 6.5–7hrs. NN 445 184. OL46.

3.7 Lochearnhead

3.7.1. Creag Mac Ranaich and Meall an t-Seallaidh. $20.75 \rm km;~984 m;~7–8 hrs. NN 593 237. OL46.$

3.8 Glen Lochay

- 3.8.1. Meall nan Subh. 12.75km; 602m; 3–4hrs. NN 476 368. OL48. Could be combined with Meall Ghaordaidh.
- 3.8.2. Beinn nan Oighreag. 15.5km; 803m; 5–5.5hrs. NN 539 352. OL48. Could be combined with Meall Ghaordaidh.

3.9 Ben Lawers area

3.9.1. Meall nam Maigheach. 5.5km; 270m; 2–2.5hrs. NN 582 416. OL48.

3.10 Glen Lyon

- 3.10.1. Meall Buidhe and Sròn a' Choire Chnapanich. 15.75km; 921m; 6–6.5hrs. NN 459 419. OL48(W). Could be combined with Stuc an Lochain and Meall Buidhe as a tour of Loch an Daimh.
- 3.10.2. Cam Chreag. 12.75km; 640m; 3.5-4hr. NN 586~475. OL48(E/W). Could be combined with following.
- 3.10.3. Beinn Dearg. 10.5km; 627m; 3.5-4hr. NN 586 475. OL48(E).

3.11 Foss

3.11.1. Meall Tairneachan and Farragon Hill. 17.25km; 878m; 5.5–6.5hrs. NN 780 561. OL49.

3.12 Loch Rannoch

- 3.12.1. Beinn a' Chuallaich. 10.5km; 678m; 4–5hrs. NN 707 614. OL49(W).
- 3.12.2. ★ Beinn Pharlagain, near Rannoch Station. 18.25km; 640m; 5.5—6hrs. NN 446 578. 385. Could be combined with Sgor Gaibhre and Carn Dearg.

4 Far North

This is the area north of Garve and east of Poolewe.

4.1 Strathgarve

Little Wyvis

4.2 Dirie More

Beinn a' Chaisteil via Strath Vaich. Could be combined with following.

Càrn Bàn via Strath Vaich (or via Alladale)

Beinn Liath Mhòr a' Ghiubhais Li

Beinn Enaiglair from Braemore Junction

4.3 A832

- 4.3.1. Creag Rainich
- 4.3.2. ★ Beinn a' Chlaidheimh (part of Fisherfield Six).
- 4.3.3. ★ Beinn Dearg Mòr and Beinn Dearg Bheag from Shenavall (or via Gruinard).
- 4.3.4. ★ Sail Mhor. 12km; 825m; 5.5–6hrs. NH053897. 435...

4.4 From Poolewe

Beinn Airigh Charr

Beinn a' Chaisgein Mòr

Beinn Lair (combine with previous and camp)

4.5 Assynt

Cùl Beag

Cùl Mòr

Canisp

Breabag

Glas Bheinn

Quinag: Spidean Coinich, Sail Gorm, Sail Gharbh

4.6 Sutherland

Ben Hee

Beinn Leoid and Meallan a' Chuail (Fiona)

Meallan Liath Coire Mhic Dhughaill

Meall Horn

Arkle (could combine with previous).

Foinaven

Cranstackie and Beinn Spionnaidh

Ben Loyal

4.7 Easter Ross

West of Bonar Bridge. Càrn Chuinneag Càrn Bàn via Alladate (or via Strath Vaich) (can cycle in)