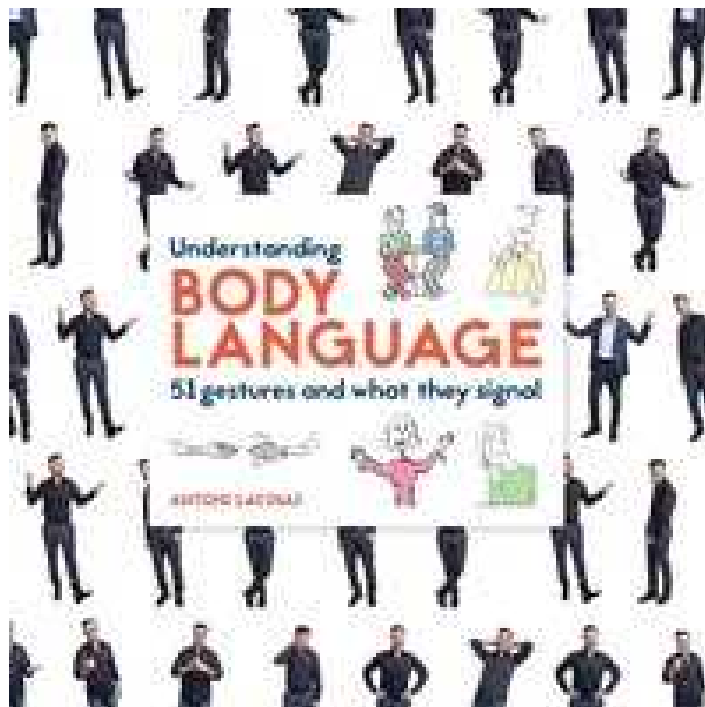


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## **Understanding Body Language: 51 gestures and what they signal PDF E-BOK**

**Antoni Lacinai**



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## BESKRIVNING

You cannot NOT communicate When you're not speaking, when they're not speaking, it's body language that counts. This mini-book is an invaluable guide, helping you identify and interpret 51 different gestures - the information and emotions they signal. Widen your competence; read their messages, deliberate or unintentional, and understand how your own gestures can affect others. Antoni Lacinai, communication expert, helps his clients develop their communication skills for various meeting situations. With a background in sales, marketing and management, he has always been interested in why some people are so much better at communicating than others. Since 2006, Antoni Lacinai has been a coach, public speaker and moderator, writing several books on adjacent topics like goal setting, meeting management and virtual/remote leadership.

## VAD SÄGER GOOGLE OM DEN HÄR BOKEN?

### **How To Understand Body Language - Tips For Understanding...**

Body language is a very important part of non-verbal communication. Like the spoken word, it consists of certain traits and gestures to indicate what a person has to say. Your right attitude will set the correct mood. You will end up having and enjoying the conversations and making...

### **Lesson 7: Body Language**

Body language is a type of nonverbal communication in which physical behaviors, as opposed to words, are used to express or convey information.

### **Basic understanding - Body Language | The Thumb-Up Gesture**

Body Language That Shows If They Like You. To understand modern day nonverbal signals of attraction it is helpful to look at the history of where our thumbs are. You may be wondering how in the world body language helps heal the heaviness of depression. Well I'm here to tell you how, why, and what to do...

**Understanding Body Language: 51 gestures and what they signal**

***LÄS MER***