Unit 6 - Personal and Professional Development in the Health and Social Care Sector			
Unit aims	This unit aims to develop the skills and knowledge required to plan and implement own personal and professional development for further study or work in the health and social care sector and for future reflective practice.		
Unit level	3		
Unit code	T/618/4172		
GLH	30		
Credit value	8		
Unit grading structure	Pass, Merit and Distinction		
Assessment guidance	In order to achieve this unit, learners must produce work which demonstrates achievement of the learning outcomes at the standards provided by the assessment criteria.		
Learning outcomes The learner will:	**Assessment criteria The learner can:**		
	Pass	Merit	Distinction
1. Understand career and progression opportunities in the health and social care sector	1.1 Outline careers and job roles in health and social care 1.2 Explain progression within a chosen health and social care career area 1.3 Analyse skills and knowledge required for a specific role in health and social care.		
2. Understand professional development in health and social care	2.1 Identify standards relating to professional development in health and social care 2.2 Assess the need for continuing professional development in health and social care	2M1 Assess the continuing professional development requirements for a chosen health and social care role	2D1
3. Understand how reflective practice supports personal and professional development	3.1 Explain what is meant by reflective practice 3.2 Explain theoretical models of reflective practice 3.3 Analyse impact of own attitudes, values and beliefs on provision and practice of care 3.4 Reflect on own learning	3M1 Assess how reflective practice supports professional development	3D1 Analyse the benefits of reflective practice

| 4. Understand how to plan own personal and professional development in health and social care | 4.1 Outline the stages in planning own personal and professional development
4.2 Explain how to identify development needs
4.3 Explain how to write SMART targets for own personal development
4.4 Create own personal development plan for a chosen career role | 4M1 Carry out a skills audit to identify development needs | |

Indicative Content

1 Understand career and progression opportunities in the health and social care sector
- Career areas in health and social care; access points for careers.
- Roles and responsibilities in health and social care.
- Progression opportunities; career progression; training and qualifications.
- Skills and knowledge required for a specific role; qualifications and experience seen as meeting skill and knowledge requirements.

2 Understand professional development in health and social care
- Membership of professional bodies; standards and codes of practice.
- Continuing professional development; what is it; why is it required; professional requirements.

3 Understand how reflective practice supports personal and professional development
- Definition of reflective practice; how it supports development; impact on colleagues, service users.
- Models of reflective practice e.g. Kolb's learning cycle, Gibbs' reflective cycle, Schon's Reflection-in-action and reflection-on-action
- How to identify own values, attitudes and beliefs; importance of self-awareness; potential impact on work practice.
- How to keep a reflective diary.

4 Understand how to plan own personal and professional development in health and social care
- Stages in personal/professional development planning: identifying development needs; writing SMART targets; range of development opportunities to meet learning needs e.g. training courses, on the job training, mentoring, coaching, informal learning from peers/colleagues; implementing development plans; review (and importance of review).
- Identifying development needs e.g. feedback, reflection, skills audits.
- SMART targets – Specific, Measurable, Attainable, Relevant, Time-bound
- Writing a personal development plan; format e.g. needs, targets, activities, deadlines, review.