Work

In everyday life, *work* means an activity that requires muscular or mental effort. In science, the term refers specifically to a force acting on a body (or object) and the body's subsequent displacement. This section shows how to calculate work. The applications run from compressing railroad car springs and emptying subterranean tanks to forcing electrons together and lifting satellites into orbit.

Work Done by a Constant Force

When a body moves a distance d along a straight line as a result of being acted on by a force of constant magnitude F in the direction of motion, we define the **work** W done by the force on the body with the formula

$$W = Fd$$
 (Constant-force formula for work). (1)

From Equation (1) we see that the unit of work in any system is the unit of force multiplied by the unit of distance. In SI units (SI stands for *Système International*, or International System), the unit of force is a newton, the unit of distance is a meter, and the unit of work is a newton-meter $(N \cdot m)$. This combination appears so often it has a special name, the **joule**. In the British system, the unit of work is the foot-pound, a unit frequently used by engineers.

Joules

The joule, abbreviated J and pronounced "jewel," is named after the English physicist James Prescott Joule (1818–1889). The defining equation is

1 joule = (1 newton)(1 meter).

In symbols, $1 J = 1 N \cdot m$.

EXAMPLE 1 Suppose you jack up the side of a 2000-lb car 1.25 ft to change a tire. The jack applies a constant vertical force of about 1000 lb in lifting the side of the car (but because of the mechanical advantage of the jack, the force you apply to the jack itself is only about 30 lb). The total work performed by the jack on the car is $1000 \times 1.25 = 1250$ ft-lb. In SI units, the jack has applied a force of 4448 N through a distance of 0.381 m to do $4448 \times 0.381 \approx 1695$ J of work.

Work Done by a Variable Force Along a Line

If the force you apply varies along the way, as it will if you are compressing a spring, the formula W = Fd has to be replaced by an integral formula that takes the variation in F into account.

Suppose that the force performing the work acts on an object moving along a straight line, which we take to be the x-axis. We assume that the magnitude of the force is a continuous function F of the object's position x. We want to find the work done over the interval from x = a to x = b. We partition [a, b] in the usual way and choose an arbitrary point c_k in each subinterval $[x_{k-1}, x_k]$. If the subinterval is short enough, the continuous function F will not vary much from x_{k-1} to x_k . The amount of work done across the interval will be about $F(c_k)$ times the distance Δx_k , the same as it would be if F were constant and we could apply Equation (1). The total work done from a to b is therefore approximated by the Riemann sum

Work
$$\approx \sum_{k=1}^{n} F(c_k) \Delta x_k$$
.

We expect the approximation to improve as the norm of the partition goes to zero, so we define the work done by the force from a to b to be the integral of F from a to b:

$$\lim_{n\to\infty} \sum_{k=1}^{n} F(c_k) \Delta x_k = \int_{a}^{b} F(x) dx.$$





DEFINITION The work done by a variable force F(x) in the direction of motion along the x-axis from x = a to x = b is

$$W = \int_a^b F(x) \, dx. \tag{2}$$

The units of the integral are joules if F is in newtons and x is in meters, and foot-pounds if F is in pounds and x is in feet. So the work done by a force of $F(x) = 1/x^2$ newtons in moving an object along the x-axis from x = 1 m to x = 10 m is

$$W = \int_{1}^{10} \frac{1}{x^2} dx = -\frac{1}{x} \Big]_{1}^{10} = -\frac{1}{10} + 1 = 0.9 \text{ J}.$$

Hooke's Law for Springs: F = kx

Hooke's Law says that the force required to hold a stretched or compressed spring x units from its natural (unstressed) length is proportional to x. In symbols,

$$F = kx. (3)$$

The constant k, measured in force units per unit length, is a characteristic of the spring, called the **force constant** (or **spring constant**) of the spring. Hooke's Law, Equation (3), gives good results as long as the force doesn't distort the metal in the spring. We assume that the forces in this section are too small to do that.

EXAMPLE 2 Find the work required to compress a spring from its natural length of 1 ft to a length of 0.75 ft if the force constant is k = 16 lb/ft.

Solution We picture the uncompressed spring laid out along the x-axis with its movable end at the origin and its fixed end at x = 1 ft (Figure 6.36). This enables us to describe the force required to compress the spring from 0 to x with the formula F = 16x. To compress the spring from 0 to 0.25 ft, the force must increase from

$$F(0) = 16 \cdot 0 = 0 \text{ lb}$$
 to $F(0.25) = 16 \cdot 0.25 = 4 \text{ lb.}$

The work done by F over this interval is

$$W = \int_0^{0.25} 16x \, dx = 8x^2 \Big|_0^{0.25} = 0.5 \text{ ft-lb.}$$
 Eq. (2) with $a = 0, b = 0.25, F(x) = 16x$

EXAMPLE 3 A spring has a natural length of 1 m. A force of 24 N holds the spring stretched to a total length of 1.8 m.

- (a) Find the force constant k.
- (b) How much work will it take to stretch the spring 2 m beyond its natural length?
- (c) How far will a 45-N force stretch the spring?

Solution

(a) The force constant. We find the force constant from Equation (3). A force of 24 N maintains the spring at a position where it is stretched 0.8 m from its natural length, so

$$24 = k(0.8)$$
 Eq. (3) with $k = 24/0.8 = 30 \text{ N/m}$.

(b) The work to stretch the spring 2 m. We imagine the unstressed spring hanging along the x-axis with its free end at x = 0 (Figure 6.37). The force required to stretch the spring x m beyond its natural length is the force required to hold the free end of the spring x units from the origin. Hooke's Law with k = 30 says that this force is

$$F(x) = 30x$$
.

The work done by F on the spring from x = 0 m to x = 2 m is

$$W = \int_0^2 30x \, dx = 15x^2 \Big|_0^2 = 60 \text{ J}.$$

(c) How far will a 45-N force stretch the spring? We substitute F = 45 in the equation F = 30x to find

$$45 = 30x$$
, or $x = 1.5$ m.

A 45-N force will keep the spring stretched 1.5 m beyond its natural length.

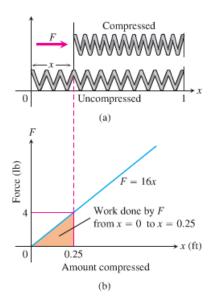


FIGURE 6.36 The force *F* needed to hold a spring under compression increases linearly as the spring is compressed (Example 2).

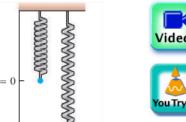


FIGURE 6.37 A 24-N weight stretches this spring 0.8 m beyond its unstressed length (Example 3).

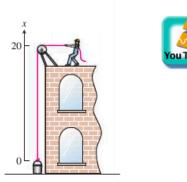


FIGURE 6.38 Lifting the bucket in Example 4.

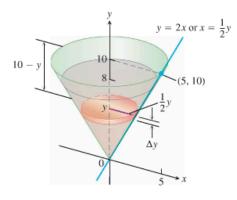


FIGURE 6.39 The olive oil and tank in Example 5.

The work integral is useful to calculate the work done in lifting objects whose weights vary with their elevation.

EXAMPLE 4 A 5-lb bucket is lifted from the ground into the air by pulling in 20 ft of rope at a constant speed (Figure 6.38). The rope weighs 0.08 lb/ft. How much work was spent lifting the bucket and rope?

The bucket has constant weight, so the work done lifting it alone is weight X distance = $5 \cdot 20 = 100$ ft-lb.

The weight of the rope varies with the bucket's elevation, because less of it is freely hanging. When the bucket is x ft off the ground, the remaining proportion of the rope still being lifted weighs $(0.08) \cdot (20 - x)$ lb. So the work in lifting the rope is

Work on rope =
$$\int_0^{20} (0.08)(20 - x) dx = \int_0^{20} (1.6 - 0.08x) dx$$

= $\left[1.6x - 0.04x^2\right]_0^{20} = 32 - 16 = 16 \text{ ft-lb}.$

The total work for the bucket and rope combined is

$$100 + 16 = 116$$
 ft-lb.

Pumping Liquids from Containers

How much work does it take to pump all or part of the liquid from a container? Engineers often need to know the answer in order to design or choose the right pump to transport water or some other liquid from one place to another. To find out how much work is required to pump the liquid, we imagine lifting the liquid out one thin horizontal slab at a time and applying the equation W = Fd to each slab. We then evaluate the integral this leads to as the slabs become thinner and more numerous. The integral we get each time depends on the weight of the liquid and the dimensions of the container, but the way we find the integral is always the same. The next example shows what to do.

The conical tank in Figure 6.39 is filled to within 2 ft of the top with olive oil weighing 57 lb/ft3. How much work does it take to pump the oil to the rim of the tank?

We imagine the oil divided into thin slabs by planes perpendicular to the y-axis at the points of a partition of the interval [0, 8].

The typical slab between the planes at y and $y + \Delta y$ has a volume of about

$$\Delta V = \pi (\text{radius})^2 (\text{thickness}) = \pi \left(\frac{1}{2}y\right)^2 \Delta y = \frac{\pi}{4}y^2 \Delta y \text{ ft}^3.$$

The force F(y) required to lift this slab is equal to its weight,

$$F(y) = 57 \Delta V = \frac{57\pi}{4} y^2 \Delta y$$
 lb. Weight = (weight per unit volume) × volume

The distance through which F(y) must act to lift this slab to the level of the rim of the cone is about (10 - y) ft, so the work done lifting the slab is about

$$\Delta W = \frac{57\pi}{4} (10 - y)y^2 \Delta y \text{ ft-lb.}$$

 $\Delta W = \frac{57\pi}{4} (10 - y) y^2 \Delta y \text{ ft-lb.}$ Assuming there are *n* stabs associated with the partition of [0, 8], and that $y = y_k$ denotes the plane associated with the kth slab of thickness Δy_k , we can approximate the work done lifting all of the slabs with the Riemann sum

$$W \approx \sum_{k=1}^{n} \frac{57\pi}{4} (10 - y_k) y_k^2 \Delta y_k \text{ ft-lb.}$$

The work of pumping the oil to the rim is the limit of these sums as the norm of the partition goes to zero and the number of slabs tends to infinity:

$$W = \lim_{n \to \infty} \sum_{k=1}^{n} \frac{57\pi}{4} (10 - y_k) y_k^2 \Delta y_k = \int_0^8 \frac{57\pi}{4} (10 - y) y^2 dy$$
$$= \frac{57\pi}{4} \int_0^8 (10y^2 - y^3) dy$$
$$= \frac{57\pi}{4} \left[\frac{10y^3}{3} - \frac{y^4}{4} \right]_0^8 \approx 30,561 \text{ ft-lb}.$$