

Age: 94

Gender: Female

Ethnicity: Afro-Brazilian

Language: Portuguese (Primary), English (Functional)

Previous Occupation: Midwife

Living Arrangement: Nursing Home Facility – Full-time care

Mobility & Exercise

Wheelchair-bound, Eleanor has severe osteoporosis and kyphosis. Transfers require two-person assistance. She participates in passive limb movement therapy once a day and uses compression stockings.

Cognitive Profile

Diagnosed with severe Alzheimer's Disease. MMSE: 9/30

She exhibits significant memory loss, language impairment, and frequent confusion. Responds well to soothing voices and familiar songs. No aggressive behavior reported.

Functional Independence

- **Total dependence** in all ADLs
- Incontinent; uses adult diapers with scheduled changes
- Eats with assistance (soft/pureed diet only)

Current Medications

- Rivastigmine patch – 9.5 mg/24hr, applied once daily
- Aspirin 81 mg – once daily with food
- Folic Acid – once daily
- Acetaminophen 325 mg – as needed for pain, up to 4x daily

Staff Observations

Requires constant supervision. Skin integrity is a priority due to pressure ulcer risk. Hydration monitoring and sensory stimulation (touch, music, aromatherapy) are part of her routine.