

Age: 86

Nationality: Bulgarian

Gender: Male

Living Situation: Lives with spouse in a private home

Language: Bulgarian, English

Former Job: Physics Professor

Physical Condition

Still ambulates independently indoors with a cane. Uses a stairlift at home. Mild Parkinsonian symptoms (hand tremors, slow gait) present but controlled with medication. Practices stretching and hand coordination exercises daily.

Cognitive Overview

Early-stage Parkinson's Dementia suspected. Reports difficulty with word-finding and mild visual hallucinations (non-disturbing). Clock-drawing test suggests executive dysfunction.

ADLs & IADLs

- Independent in personal hygiene, dressing, eating
- Assistance in cooking, managing medication
- Delegates driving and shopping to spouse

Medication Routine

- Levodopa/Carbidopa – 3x daily (breakfast, lunch, dinner)
- Sertraline 25 mg – every morning, for mood stabilization
- Magnesium – at bedtime
- Eye drops (Timolol) – twice daily for glaucoma

Health Summary

George benefits from daily routines and intellectual stimulation (chess, books, documentaries). Needs regular vision monitoring and fall-proofing of home hallway.