



Laboratory Form

Use permanent ink only.
Erasures are discouraged.

School Year and Term: 2024 / 1ST

Name: KEN ENRIQUE SUAREZ
Professor: HANNAH GRACE CRUZ

Section: TV04
Course Code: GEED001

Activities	Date	Time in	Time out	Specifications	Signature of iCARE Staff
Speaking (an hour)	10/29/2024	1:00pm	2:50pm	Topic Discussed: I HAVE A DREAM BY: ML KYLE	
Reading (2 articles)	10/11/2024	1:00pm	2:50pm	Article 1 Title: THE GOLDLOCKS RULE: HOW TO...	
	10/11/2024	1:00pm	2:50pm	Article 2 Title: MONEY BUDDIES, DON'T DO IT...	
Listening (2 documentaries)	10/04/2024	1:00pm	2:50pm	Documentary Title 1: HOW THE TWISTED CHILDHOOD OF...	
	10/04/2024	1:00pm	2:50pm	Documentary Title 2: NEIL HARRISON, I LISTEN TO COLORS	
Playing Games (2 hours)				No. of Minutes	
Film Viewing (2 hours / 1 film)	11/08/2024	1:00pm	2:50pm	Movie Title: THE COPELERS (2014)	
	Reminders: (1) Make sure that iCARE staff signs at the end of every activity. No signatures means null and void. (2) Entries here must be identical to the information in the worksheet. (3) Return this to the staff on duty.				

**Additional two (2) hours for students who are conditionally admitted and are advised to take the Academic Mentoring Program (AMP)*

Date	Lessons Taken	No. of Hours/minutes	Signature of iCARE Staff

Name: SVAREZ, KEN ENRIQUE S.Section: TY04

Activity Sheet

Date of
Accomplishment

A. Reading (20 pts)

Article 1

- a. What is the main point of the author? Answer in at least 2 sentences.

The point of the author was to develop a sense of discipline and routine to achieve your goals. Trusting yourself & putting the work required is substantial.

- b. Do you agree with the author? Why? Why not? Explain.

Yes, having proper harmony and balance with your work will result in improvement and accomplishment, sustainability is the ultimate goal.

Article 2

- a. Pick one point from this article and briefly explain by citing personal experiences.

The main point from this article is that we live under a capitalistic hellcraps and every day is a struggle to survive.

- b. Is there any biased idea in the article? Explain why it is biased. Or elaborate why the author is fair.

No, there are no biases in the article. The author maintained a monotonous tone and just talked about budget and money.

B. Listening (10 pts)

Questions:

Documentary 1

1. What is the main idea of the documentary?

The main idea is about Elon Musk's childhood and how it shaped him. It portrayed his struggles with relationships, bullying, and technology.

Documentary 2

2. What is an important issue tackled in this episode? Indicate the episode in your answer.

The important issue tackled how advancing technology can enhance our experiences as humans. Harrison was colorblind and through technology he was able to hear.

C. Film Viewing (5 pts)

Short Review: The film was very easy to watch. It was just the right amount of humor, light hearted, and the cast did a great job in portraying their characters. The characters showed layers, depth and connection that easily translated through the lens of the camera.

D. Speaking- Topic Discussed: (5 pts)

Reaction: We as citizens should have the rights to be respected. We should not condone any form of microaggression & discrimination towards anyone. We are all equal no matter the differences.

E. Playing Games (10 pts)

10 words and their meaning (could be accomplished by segment)

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.