



FEU INSTITUTE OF TECHNOLOGY

Laboratory Form

Use permanent ink only.
Erasures are discouraged.

School Year and Term: 2024 / 1st

Name: CRUZ, JAN MICHEL C.
Professor: MRS. HANNAH ORACION PANGMADITZ - CRUZ

Section: TV09
Course Code: CEED001

Activities	Date	Time in	Time out	Specifications	Signature of iCARE Staff
Speaking (an hour)	OCTOBER 29, 2024	1:00 PM	3:00 PM	Topic Discussed: HQUE 9 BEEAM BY: ML KINO	
Reading (2 articles)	OCTOBER 08, 2024	1:00 PM	3:00 PM	Article 1 Title: THE POWER OF COMMUNICATION IN A RELATIONSHIP	
	OCTOBER 08, 2024	1:00 PM	3:00 PM	Article 2 Title: SILENT STRUGGLE	
Listening (3 documents)	OCTOBER 04, 2024	1:00 PM	3:00 PM	Documentary Title 1: CHILDHOOD OF ELON MUSK	
	OCTOBER 08, 2024	1:00 PM	3:00 PM	Documentary Title 2: I LISTEN TO OLD LIES	
Playing Games (2 hours)				No. of Minutes	
Film Viewing (2 hours / 1 film)	NOVEMBER 08, 2024	1:00 PM	3:50 PM	Movie Title: THE COBBLER (2014)	
	Reminders: (1) Make sure that iCARE staff signs at the end of every activity. No signatures means null and void. (2) Entries here must be identical to the information in the worksheet. (3) Return this to the staff on duty.				

*Additional two (2) hours for students who are conditionally admitted and are advised to take the Academic Mentoring Program (AMP)

Date	Lessons Taken	No. of Hours/minutes	Signature of iCARE Staff

FO-ACAD-HSC-006/14APR2018/REV.0



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Section: TV09

Activity Sheet

Date of
Accomplishment

A. Reading (20 pts)

Article 1

- a. What is the main point of the author? Answer in at least 2 sentences.

THE MAIN POINT OF THE AUTHOR IS TO BE ABLE TO BUILD A BETTER RELATIONSHIP THROUGH COMMUNICATION AND TO BE ABLE TO UNDERSTAND ONE ANOTHER.

- b. Do you agree with the author? Why? Why not? Explain.

YES, BECAUSE BEING ABLE TO UNDERSTAND AND TALK TO YOUR PARTNER ESPECIALLY IN THE BEST WAY OUT OF MANY TO MAKE YOUR RELATIONSHIP STRONGER AND SUCCESSFUL.

Article 2

- a. Pick one point from this article and briefly explain by citing personal experiences.

ONE POINT WHERE THE AUTHOR USED THIN PEOPLE THAT HAVE MENTAL HEALTH PROBLEMS TEND TO TURN TO ABUSING MECHANISMS, LEADING TO FORECLOSURE.

- b. Is there any biased idea in the article? Explain why it is biased. Or elaborate why the author is fair.

THE AUTHOR WAS BEING FAIR BECAUSE IT DIDN'T JUST TALK ABOUT THEM, BUT EVERYONE THAT HAD MENTAL HEALTH PROBLEMS IN GENERAL.

B. Listening (10 pts)

Questions:

Documentary 1

1. What is the main idea of the documentary?

IT WAS TO EXPLORE AND BRING LIGHT TO THE COMPLEX FAMILY DYNAMICS HE HAD, TO THE CHALLENGES HE HAD TO FACE.

Documentary 2

2. What is an important issue tackled in this episode? Indicate the episode in your answer.

THE WIFE OF NOT BEING ABLE TO USE COLDS, WHERE NEIL HARRISON OCCUR IN DEPTH THEN HE WASN'T ABLE TO RECOVER RATHER LISTEN TO IT.

C. Film Viewing (5 pts)

Short Review: IT'S A GOOD MOVIE, IT WAS FUNNY, THE COMEDY WAS LIGHT HEARTED AND SIMPLE WHICH MADE THE MOVIE EASY AND FUN TO UNDERSTAND.

D. Speaking- Topic Discussed: (5 pts) I HAVE A DREAM BY: ML KING

Reaction: IT MADE ME REALIZE THAT NEGRO HAVE SO MUCH POWER OVER US AND THAT DEPENDING ON HOW YOU BELIEVE THOSE NEGRO CAN HIGHLY EFFECT HOW IT COULD BE UNDERSTOOD BY OTHERS.

E. Playing Games (10 pts)

10 words and their meaning (could be accomplished by segment)

1.

2.

6.

7.

