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**GED0001 - TV09**

**A personal reflection on my experience in GED0001, discussing the challenges faced, skills developed, and valuable lessons learned throughout the course.**

In my Specialized English program course even though I have learned a lot in this subject there are some challenges that I faced throughout the course. Before I was kinda shy at expressing my feelings and opinions to others because of the lack of confidence but as time goes by it just naturally went away and helped me to express my feelings more as an individual. Speaking is not that hard if we have confidence but to have confidence we should practice speaking on ourselves and also to small to bigger audiences. Confidence is crucial since it makes us seem reliable and trustworthy, which can increase the persuasiveness of our messages to others.

Throughout this semester I have really developed to be more of a conversational person. I like to express my feelings in the moment through my family, close friends and other affiliates. I have learned that we should express things the way we should express it but without downgrading people. We get social support through conversation. Whether we chat to our friends, family, and classmates to share information, offer advice, or simply to vent, this way it helps us put things in perspective, which strengthens our resilience and a good mood to the people around us.

I have learned a lot in my GED0001 Specialized English program course. Especially the proper way of speaking, the different tones to inculcate the mood of your audience and many more. Through sharing our needs and experiences, communication enables us to connect with others and make connections in our day-to-day lives. It's essential to life since it enables us to communicate ideas, feelings, and information. It can also help us in the future especially to our careers and other businesses.

For me, without proper communication we will not be as successful as others because in order for us to express our skill to others, especially in the future as a successful engineer. I need to express the pros and cons about the building that I'm selling and make the future customers content and happy about my design. Not only that, if I would start my businesses I need to properly market or promote my goods and items in a proper way so the item could reach targeted customers.

Overall, I really enjoyed my hardships and learnings in this course. The course might force us to step out of our comfort zone to be better and sometimes you doubt if you can speak properly in front of many people but with proper mindset and practice it will be worth it and soon you will notice that speaking in front of many people is just like talking to your friends or family.