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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Resources Hub - Knowledge is Power</title>
  <link rel="stylesheet" href="styles.css">
</head>
<body>
  <header>
    <!-- Same header + nav as index.html – copy the <nav> block here -->
    <h1>Knowledge is Power</h1>
    <p>Educational only—not a substitute for professional help.</p>
    <nav>
      <input type="checkbox" id="menu-toggle" class="menu-toggle">
      <label for="menu-toggle" class="hamburger">☰ Menu</label>
      <ul class="nav-menu">
        <!-- Full nav list as in index.html -->
        <li><a href="index.html">Home</a></li>
        <li><a href="resources.html">Resources Hub</a></li>
        <!-- ... rest of links ... -->
      </ul>
    </nav>
  </header>

  <main>
    <section id="crisis">
      <h2>Immediate Crisis Help (24/7)</h2>
      <ul>
        <li>Suicide & Crisis Lifeline: Call/text <a href="tel:988">988</a></li>
        <li>Crisis Text Line: Text HOME to 741741</li>
        <li>National Domestic Violence Hotline: 1-800-799-7233 or text START to 88788</li>
        <li>SAMHSA Helpline: 1-800-662-HELP (substance use & mental health)</li>
      </ul>
    </section>

    <section>
      <h2>General Mental Health</h2>
      <ul>
        <li>NAMI (National Alliance on Mental Illness): nami.org – 800-950-6264</li>
        <li>NIMH: nimh.nih.gov</li>
        <li>Mental Health America: mhanational.org</li>
      </ul>
    </section>
  </main>

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<!-- Add other categories: Domestic Violence, Substance Use, Local MN, Online Therapy as previously outlined -->

<p><strong>Reminder:</strong> Verify current contact info. This is not medical advice.</p>

</main>

<footer>

<p>&copy; 2026 Knowledge is Power</p>

</footer>

</body>

</html>