

# Youth Groups

## Feb-April 2023

If you'd like to chat **1-2-1** with a youth worker, we're here for you!

[youthwork@genderedintelligence.co.uk](mailto:youthwork@genderedintelligence.co.uk)



### london in-person

Prospex, Underground Youth Centre N78TQ  
Caxton House Community Centre, N19 3RQ  
London LGBTQ+ Centre, SE1 9JH  
QueerCircle, SE10 0BN

**8-12s** second saturday of each month, 12-3pm  
feb 11 / mar 11 / apr 8 - prospex

**11-16s** From April, third Sat of each month, 1-4pm  
feb 15 / mar 15 / apr 15 - prospex

**16-20s** From April, monthly second tuesday, 6-9pm  
feb 21 / mar 21 / apr 11 - Caxton house

**18-30s** third monday of each month, 6-8pm  
feb 20 / mar 20 / apr 17 - lgbtq centre

**tpoc** second friday of each month, 5.30-8.30pm  
13-17s feb 10 / mar 10 / apr 14 - Caxton house

**tpoc** From April, monthly third tuesd. 5.30-8.30pm  
16-25s feb 14 / mar 21 / apr 18 - queer circle

**community saturdays** last saturday each month, 1-4pm.  
Siblings aged 11-25 welcome.  
11-25s feb 25 / mar 25 / apr 29 - prospex

**swimming** second and last saturday of each  
month, 4.30-6.30pm, South London.  
8-25s feb 11 & 25 / mar 11 & 25 / apr 8 & 29

**walk-in days** GI at LGBTQ+ Centre, 10-6pm  
feb 20 / mar 20 / apr 17

### families and carers

**online** third thursday of each month 8-9.30pm  
feb 16 / mar 16 / apr 20

**london** last saturday of each month 1-4pm  
feb 25 / mar 25 / apr 29

**leeds** last saturday of every other month 1-4pm  
feb 25 / apr 29

### online

**8-12s** third friday of each month, 5.30-7.30pm  
feb 17 / mar 17 / apr 21

**11-16s** last friday of each month, 5.30-7.30pm  
feb 24 / mar 31 / apr 28

**16-20s** first thursday of each month, 6-8pm  
feb 2 / mar 2 / apr 6

**18-30s** last tuesday of each month, 7-8pm  
feb 28 / mar 28 / apr 25

**nature connections** third wednesday of each month,  
6-8pm. Trips TBC  
14-25s feb 15 / mar 15 / apr 19

**tpoc** first tuesday of each month 5.30-7.30pm  
18-30s feb 7 / mar 7 / apr 4

**transfemmes** monthly first wednesday 6-8pm  
13-25s feb 1 / mar 1 / apr 5

**transitions** monthly last thursday 6-8pm  
16-25s feb 23 / mar 30 / apr 27

**youth board** second and last monday of each month,  
6.30-8.30pm. More info click here.  
feb 13 & 27 / mar 13 & 27 / apr 10 & 24

### leeds in-person

**8-12s** second saturday of each month 2.30-5.30pm  
Woodhouse Community Centre, LS6 2NY  
feb 11 / mar 11 / apr 8

**12-21s** second tuesday of each month 6-8.30pm  
Yorkshire Dance, LS9 8AS  
feb 14 / mar 14 / apr 11

**swimming** pilot at Bramley Baths, LS13 3DF  
feb 19 / mar 19 / apr 16

**community saturdays** last saturday every other month,  
1-4pm. Yorkshire Dance, LS9 8AS  
feb 25 / apr 29

## In-person Groups

Whether in London or in Leeds, our in-person spaces give young trans people the opportunity to get together, meet other trans, non-binary and gender-exploring people, and speak to trustworthy adults who are also trans.

After arrivals each group starts with an (optional) opening circle in which everyone gets to introduce themselves with their name and pronouns. After that, there are activities planned by youth workers you can join, do arts and crafts, take part in conversations, eat snacks, or just enjoy the space and chill. You get to choose what you want to do in the group, and your youth workers will be there to support you to make the group work for you and your needs.



## Online Groups

In online groups you'll be able to meet other young trans, non-binary gender gender-exploring people across the UK. You can choose to have your microphone and camera on or off, type in the chat or just observe how the group is for the first couple of sessions.

Each group starts with an optional go-around in which you can share your name and pronouns. Across the year our youth workers will prepare sessions based on different themes, including Pride, relationships, self-care and games. You can join in discussions, share your own experiences, make new friends or just have fun and play some games together. If you're not familiar with Zoom, one of our youth workers can help you with it before the group begins.



## Camp and Residentials

Every summer we take a group of young trans people camping with us. At the camp, you get to spend more time with other trans, non-binary and gender-exploring people, have fun, join in activities like raft building or archery, make your own food, share stories around a campfire, and sleep in a tent. We also have a swimming pool booked just for us! Our camps are suitable for experienced campers as well as people who have never slept in a tent before. We can also provide some indoor sleeping options for those who need access. On top of our annual camps, we also provide other residentials for different groups, identities and geographical locations.

## Community Saturdays

Our Community Saturdays for 11-25 year olds are now running in person on the last Saturday of each month. The groups is a space for trans, gender variant and questioning young people between the ages of 11-25.

You do not have to be accompanied by a parent or carer, however if you are under 18, a youth worker will need to take the contact details of a next of kin in case of emergencies. There is no need to register in advance - just turn up on the day.

## Transitions Group

A space to talk about and explore medical and social transition. More info coming!

## Transfem

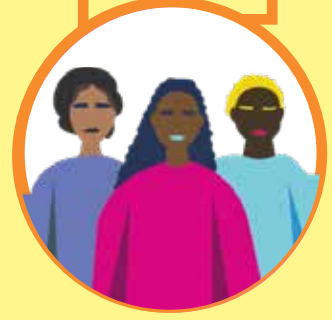
Our transfem group meets once a month to provide a space for transfeminine people aged 13-25 to connect, build friendships, play games, share experiences and have a laugh together. On top of that, there are different special projects and in-person meet ups across the year. The group is aimed at young trans women, trans girls, and non-binary people who were registered male at birth.

There is no right way to be a transfeminine person and we proudly welcome people with a variety of different gender expressions, and people at different points of their trans journeys.



## Trans People of Colour (TPOC)

Our TPOC groups are a space for joy, sharing, getting creative and feeling inspired! Full of great vibes and even greater snacks (usually). We understand trans and nonbinary people of colour can experience additional barriers and stigma, even within the trans community. We want to be mindful of the impact of things like colourism within our space. So we invite all people who identify as a Black and/ or a Person of Colour or questioning around that identity. If you are unsure whether these groups are for you or not, we are always open to having conversations and helping you to explore this aspect of your identity, so please reach out!



## Swimming

Gendered Intelligence runs different swimming sessions for young trans people between the ages of 8-25, with sessions operating in both London and Leeds. These operate twice a month. Sessions are run/accompanied by youth workers. Wear whatever you like as long as your bottom half is covered. Check out our youth page for more information.

## Nature Connections

We run an online space for us to slow down as a community together and connect with the world around us, and trips will be arranged as part of the group. We share animal facts, contemplate natural structures, share poetry, watch videos, and discuss our latest nature findings. The group has a calm atmosphere and is a nice way to chill out on a Saturday afternoon.

## Parents and Carers

The Families Group is open to all parents and carers of young trans, non-binary or gender questioning people. The monthly forum for parents and carers provides a safe space, both online nationally and in-person (London & Leeds), where practical information is exchanged, and empathetic support given. There is no agenda, but people bring challenges as well as uplifting stories.

## Youth Board

The Youth Board is your place to have a say in how GI is run, to create projects, and share your ideas with other young people. Feedback about GI can be taken back to our workers and board of trustees through our youth representatives and youth trustees, or through Robin, our Senior Practitioner for Youth Voice. You can also get involved with reviewing GI documents and with helping us recruit new staff. Some of our Youth Board sessions are paid. You do not have to be elected to attend our Youth Board, you just need to show up!