

# Youth Groups

## Sept/Oct/Nov

If you'd like to chat **1-2-1** with a youth worker, we're here for you! This can be a worker with similar identities/ experiences as you (e.g. trans person of colour or transmasculine/ transfemme/ nonbinary workers)

[youthwork@genderedintelligence.co.uk](mailto:youthwork@genderedintelligence.co.uk)



### london in-person

**Weekdays:** Caxton House Comm. Centre, N19 3RQ

**Weekends:** Prospex, Underground Youth Ctr. N78TQ

**8-12s** second saturday of each month, 12-3pm  
oct 8 / nov 12

**11-16s** third wednesday of each month, 5-8pm  
sept 21 / oct 19 / nov 16

**16-20s** third tuesday of each month, 6-9pm  
sept 20 / oct 18 / nov 15

**18-30s** third monday of each month, 6.30-9pm  
sept 19 / oct 17 / nov 21

**tpoc** second friday of each month 5.30-8.30pm  
13-17s  
sept 9 / oct 14 / nov 11

**tpoc** Date and time each month TBC soon  
16-25s  
TBC

**community saturdays** last saturday each month, 1-4pm.  
Siblings aged 11-25 welcome.  
11-25s  
sept 3 & 24 / oct 29 / nov 26

**swimming** second and last saturday of each  
month, 4.30-6.30pm, email for info.  
8-25s  
sept 3 & 24 / oct 8 & 29 / nov 12 & 26

**GI walk-in days** come chill out with us at the  
Email youthwork@ London LGBTQ+ Centre!  
for more info.  
sept 19 / oct 17 / nov 21

### families and carers

**online** third thursday of each month 8-9.30pm  
sept 15 / oct 20 / nov 17  
**london** last saturday of each month 2-5pm  
sept 24 / oct 29 / nov 26

Email families@genderedintelligence.co.uk.

### online

**8-12s** third friday of each month, 5.30-7.30pm  
oct 21 / nov 18

**11-16s** last friday of each month, 5.30-8.30pm  
sept 30 / oct 28 / nov 25

**16-20s** first thursday of each month, 6-8pm  
sept 8 / oct 6 / nov 3

**18-30s** last tuesday of each month, 7-9pm  
sept 27 / oct 25 / nov 29

**nature connections** third wednesday of each month,  
6-8pm. Trips TBC  
14-25s  
sept 21 / oct 19 / nov 16

**tpoc** first tuesday of each month 5.30-8.30pm  
18-30s  
sept 6 / oct 4 / nov 1

**transfemmes** monthly first wednesday 6-8pm  
13-25s  
sept 7 / oct 5 / nov 2

**transitions** monthly last thursday 6-8pm  
16-25s  
sept 29 / oct 27 / nov 24

**youth board** second and last monday of each month,  
6.30-8.30pm. More info click here.  
sept 12 & 26 / oct 10 & 31 / nov 14 & 28

### leeds in-person

**12-21s** second tuesday of each month 6.30-8pm  
at Yorkshire Dance, LS9 8AH  
sept 13 / oct 11 / nov 8

**swimming** pilot at Bramley Baths, LS13 3DF  
sept 18 / oct 23 / nov 20

**community saturdays** last saturday each month, 1-4pm.  
Siblings aged 11-25 welcome.  
oct 29



**gendered intelligence**  
increasing understandings of gender diversity

## In-person Groups

Whether in London or in Leeds, our in-person spaces give young trans people the opportunity to get together, meet other trans, non-binary and gender-exploring people, and speak to trustworthy adults who are also trans.

After arrivals each group starts with an (optional) opening circle in which everyone gets to introduce themselves with their name and pronouns. After that, there are activities planned by youth workers you can join, do arts and crafts, take part in conversations, eat snacks, or just enjoy the space and chill. You get to choose what you want to do in the group, and your youth workers will be there to support you to make the group work for you and your needs.



## Online Groups

In online groups you'll be able to meet other young trans, non-binary gender gender-exploring people across the UK. You can choose to have your microphone and camera on or off, type in the chat or just observe how the group is for the first couple of sessions.

Each group starts with an optional go-around in which you can share your name and pronouns. Across the year our youth workers will prepare sessions based on different themes, including Pride, relationships, self-care and games. You can join in discussions, share your own experiences, make new friends or just have fun and play some games together. If you're not familiar with Zoom, one of our youth workers can help you with it before the group begins.



## Camp and Residentials

Every summer we take a group of young trans people camping with us. At the camp, you get to spend more time with other trans, non-binary and gender-exploring people, have fun, join in activities like raft building or archery, make your own food, share stories around a campfire, and sleep in a tent. We also have a swimming pool booked just for us! Our camps are suitable for experienced campers as well as people who have never slept in a tent before. We can also provide some indoor sleeping options for those who need access. On top of our annual camps, we also provide other residentials for different groups, identities and geographical locations.

## Community Saturdays

Our Community Saturdays for 11-25 year olds are now running in person on the last Saturday of each month. The groups is a space for trans, gender variant and questioning young people between the ages of 11-25. First CS is our annual picnic on **3rd Sept!**

You do not have to be accompanied by a parent or carer, however if you are under 18, a youth worker will need to take the contact details of a next of kin in case of emergencies. There is no need to register in advance - just turn up on the day.

## Transitions Group

A space to talk about and explore medical and social transition. More info coming!

## Transfem\*

Our transfem group meets once a month to provide a space for transfeminine people aged 13-25 to connect, build friendships, play games, share experiences and have a laugh together. On top of that, there are different special projects and in-person meet ups across the year. The group is aimed at young trans women, trans girls, and non-binary people who were registered male at birth.

There is no right way to be a transfeminine person and we proudly welcome people with a variety of different gender expressions, and people at different points of their trans journeys.



## Swimming

Gendered Intelligence runs different swimming sessions for young trans people between the ages of 8-25, with sessions operating in both London and Leeds. These operate twice a month. Sessions are run/accompanied by youth workers. Wear whatever you like as long as your bottom half is covered. Check out our youth page for more information.

## Parents and Carers

The Families Group is open to all parents and carers of young trans, non-binary or gender questioning people. The monthly forum for parents and carers provides a safe space, both online nationally and in-person (London & Leeds), where practical information is exchanged, and empathetic support given. There is no agenda, but people bring challenges as well as uplifting stories.

## Trans People of Colour (TPOC)

Our TPOC groups, renamed TPOCalypse by our young people, are a space for joy, sharing, getting creative and inspired! TPOCalypse is a safe space for young people of colour, with disabilities, with religious beliefs who are trans men, trans women, gender non-conforming or non-binary. It's okay if you don't feel Black enough, or Asian enough, we welcome all young people of colour including mixed-heritage people. Full of great vibes and even greater snacks (usually), there are a few TPOC groups every month to get involved with both in person and online. So bring your wonderful and whole selves as we are always open to being shaped by our young people's needs.



## Nature Connections

We run an online space for us to slow down as a community together and connect with the world around us, and trips will be arranged as part of the group. We share animal facts, contemplate natural structures, share poetry, watch videos, and discuss our latest nature findings. The group has a calm atmosphere and is a nice way to chill out on a Saturday afternoon.

## Youth Board

The Youth Board is your place to have a say in how GI is run, to create projects, and share your ideas with other young people. Feedback about GI can be taken back to our workers and board of trustees through our youth representatives and youth trustees, or through Robin, our Senior Practitioner for Youth Voice. You can also get involved with reviewing GI documents and with helping us recruit new staff. Some of our Youth Board sessions are paid. You do not have to be elected to attend our Youth Board, you just need to show up!