## Healthy Heart Series "Part 2: A Stout Heart"

Sermon Study Notes February 6th & 9th, 2020

Day 1: Our circumstances can affect our hearts. Proverbs 4:20-23 Psalm 38:4 Joh 4:5 Day 2: God blesses those who sincerely seek Him. Proverbs 1:5 & 7 Proverbs 18:15 Proverbs 10:17 Day 3: Living by MY rules on MY strength limits me. Isaiah 46:12 Malachi 3:13-15 Isaiah 10:12 Amos 2:16 Job 4:11 Day 4: God-surrendered hearts experience the AMAZING even in the struggles! Joshua 3:5-13 Psalm 31 2 Corinthians 4:8-9 Romans 8:18 Day 5: God is faithful when we walk in obedience. Joshua 4:6-7 Joshua 6 Psalm 81:6 Matthew 11:28-29 Psalm 55:22 Day 6: Praying for God's Will is POWERFUL! 1 Peter 5:6-7 1 John 5:14-15 Matthew 21:22 John 14:13 Day 7: "Lord, what do You want me to do?" Hebrews 11:6 Proverbs 3:6

Lamentations 3:25

Colossians 1:10

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| Day 1: Our circumstances can affect our hearts.                             |                    |                   |                    |
|---|--------------------|-------------------|--------------------|
| Proverbs 4:20-2   | .'3 Psal           | lm 38:4           | Job 4:5            |
| Day 2: God blesses those who sincerely seek Him.                            |                    |                   |                    |
| Proverbs 1:5 & 7  | Proverbs 1         | 8:15 F            | Proverbs 10:1      |
| Day 3: Living by MY rules on MY strength limits me.                         |                    |                   |                    |
| Malachi 3:13-15<br>Amo  | Isaiah<br>os 2:16  | 10:12<br>Job 4:11 | Isaiah 46:12       |
| Day 4: God-surrendered hearts experience the AMAZING even in the struggles! |                    |                   |                    |
| Joshua 3:5-13<br>2 Corint   | hians 4:8-9        | Romans 8          | Psalm 31<br>:18    |
| Day 5: God is faithful when we walk in obedience.                           |                    |                   |                    |
| Joshua 4:6-7<br>Matthew   | Joshua<br>11:28-29 | 6<br>Psalm 5      | Psalm 81:6<br>5:22 |
| Day 6: Praying for God's Will is POWERFUL!                                  |                    |                   |                    |
| 1 Peter 5:6-7<br>Matth  | new 21:22          | 1<br>John 14:13   | John 5:14-15<br>3  |
| Day 7: "Lord, what do You want me to do?"                                   |                    |                   |                    |
| Hebrews 11:6  |                    |                   | Proverbs 3:6       |

Colossians 1:10

Lamentations 3:25

### February Prayer Focus: India

#### **EXTRA DAILY READINGS**

Day 1: Psalm 95

Day 4: Psalm 98-99

Day 2: Psalm 96

Day 5: Psalm 100-101

Day 3: Psalm 97

Day 6: Psalm 102

Day 7: Psalm 103

#### Personal Reflection...

## February Prayer Focus: India

#### EXTRA DAILY READINGS

Day 1: Psalm 95

Day 4: Psalm 98-99

Day 2: Psalm 96

Day 5: Psalm 100-101

Day 3: Psalm 97

Day 6: Psalm 102

Day 7: Psalm 103

#### Personal Reflection...

The Study Note Group meets **Tuesdays at 5:30 pm** at Gracie's Restaurant, 711 Main Street.

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