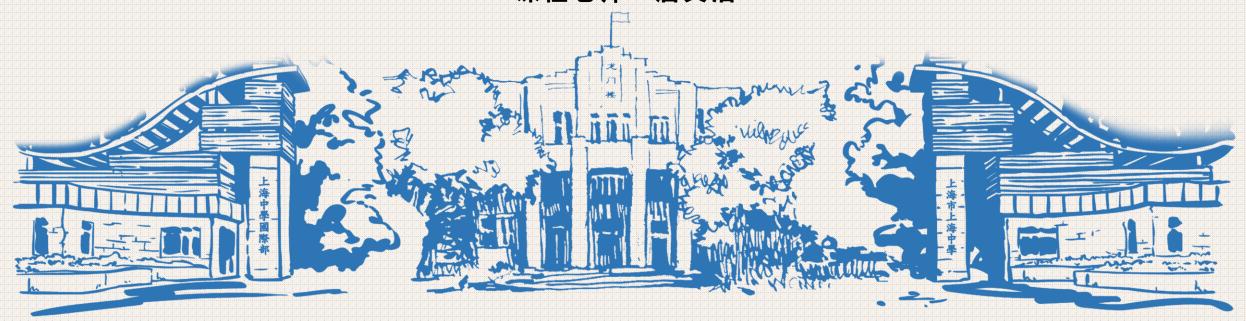


Exercise Five

课程老师: 唐文洁

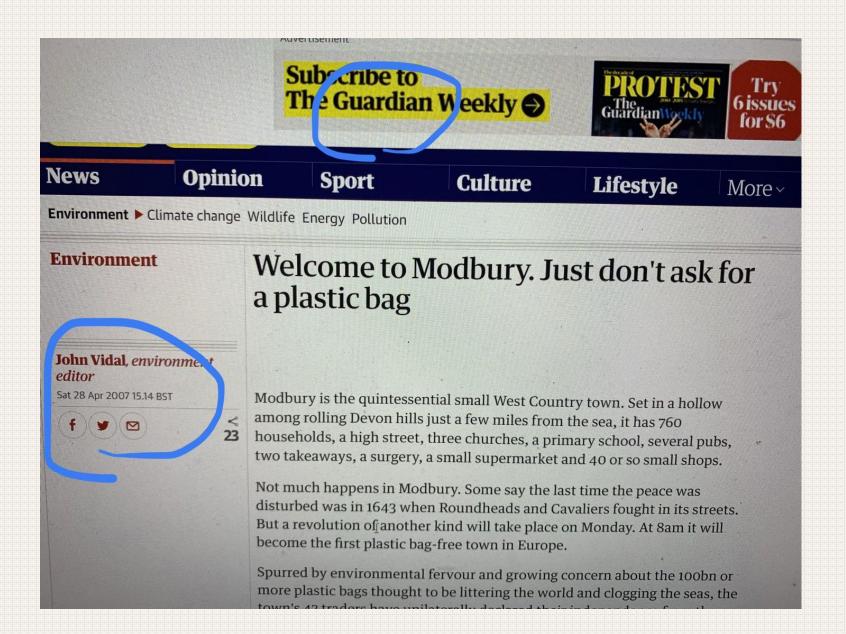






Modbury







Modbury is just a few miles from the sea. It has 760 households, a high street, three churches, a primary school, several pubs, two takeaways, a surgery, a small supermarket and 40 or so small shops.

Not much happens in Modbury. Some say the last time the peace was disturbed was in 1643 when Roundheads and Cavaliers fought in its streets. But a revolution of another kind will take place on Monday. At 8am it will become the first plastic bag-free town in Europe.

(Roundheads supported Parliament and Cavaliers supported the King during the English Civil War)

Spurred by growing concern about plastic bags thought to be littering the world, the town's 43 traders have declared their independence from the plastic bag and have pledged to no longer sell, give away or provide them to anyone in Modbury for a minimum of six months.

The idea of a plastic bag-free town comes from Rebecca Hoskins, who went to the Pacific last year to film marine life for the BBC but experienced horrendous plastic bag pollution.



"It really affected me," she said. "I have never cried behind a camera before. It broke my heart to see animals entangled in plastic, albatrosses (信天翁) dying in plastic, dolphins trailing plastic and seals with their noses trapped in parcel tape roll. The sea is now like a trash can and the plastic is there for ever. It doesn't go away for hundreds of years. What I witnessed was just so unnecessary. So I booked the Modbury art gallery, invited all the traders and showed them my film. At the end they all said they would give up plastic bags."





Modbury is a typical small town in the south of England with a population of about 1,600. Typical, that is, apart from the fact that there are no plastic carrier bags in the town. None. Plastic bags have been well and truly dumped!

The removal of the plastic bagswas the brainchild of Rebecca Hosking, a Modburg resident and documentary-maker. Filming a documentary in the Pacific Ocean, Rebecca was horrified at the effects of plastic bags on the wildlife off Hawaii. Among other things, she saw seabirds fatally trapped in plastic bags that don't biodegrade. When Rebecca returned to her hometown, she discussed this problem with people, including the shopkeepers, and everyone supported her suggestion to make the town plastic bag free.

But for Rebecca's concept, Modbury would still be an unremarkable little place. Now, however, shoppers take re-useable cotton bags shopping with them, or they buy biodegradable cornstarch (玉米淀粉) ones in the shops. The shopkeepers now wrap their goods in paper. To prove that the townsfolk are not only committed to reducing plastic waste, they organized a mass beach clean-up last year. Dozens of volunteers came to the beach on the appointed day to clean it up, taking the rubbish that visitors throw away and recycling it. And the greatest part of that rubbish was ... no, not plastic bags, but plastic bottles.



Becoming the first town in Europe to ban plastic bags, Modbury is now harvesting the reward of fame — reporters and camera crews from newspapers and TV channels across the world are coming to this mild town to find out its secret. And, contrary to some of the initial reports, it is a normal town, trying to live life in a slightly different way. As one resident put it: "We're ordinary people, but we want to make just a little difference."



- Summary
- Documentary-maker Rebecca suggested not using plastic bags in Modbury after seeing their negative effects on wildlife.
- Residents fully supported her proposal by reducing plastic waste and did thorough cleaning on the beach.
- Being the first town in Europe to ban plastic bags made Modbury famous, but residents say they did nothing special but make a little change.

1. Although/Though/ While

3. on

5. to be reached

7. before/until

9. that

EAGIB

JHCKD

BAACB CDDCB DCDAB

CADA CBB BCAA FADC

2. valued

4. in/during which

6. It/This

8. conflicting

10. Shared



Grammar:

Queen Elizabeth II has responded to Prince Harry and Meghan Markle's request to "step back" as senior members of the royal family.

We respect and understand their wish to live a more independent life as a family while remaining a valued (value) part of my family. (22)

paint conflicting (conflict) pictures of who was to blame for the rift (28)

Last week, Duke and Duchess of Sussex shared (share) on social media that their decision came "after many months of reflection and internal discussions." (30)

Although we would have preferred them to remain full-time working Members of the Royal Family, we respect and understand their wish. (21)

Many people expressed a strong preference for the original plan.

中年消费者的偏好研究显示,他们宁愿多花钱买耐用的商品而不是浪费钱 在那些华而不实的商品上。(prefer)

Research into middle-aged consumers' preference shows that they prefer to spend more money on durable goods rather than waste money on fancy but useless things.

be reliant on public (23)

It has therefore been agreed that there will be a period of transition in/during which the Sussexes will spend time in Canada and the UK. (24)

It/ this reflected the queen's desire to contain the fallout from Harry and Meghan's decision. A palace insider previously said that the royal family were not informed of the couple's announcement before/until it was made to the world. (26 27)

She was unable to contain her excitement.

I was so furious that I just couldn't contain myself.

The royal brothers even issued a rare joint statement denying media claims that William is to blame for the couple's move to split their time between the United Kingdom and North America. (30)

distinction

distinct

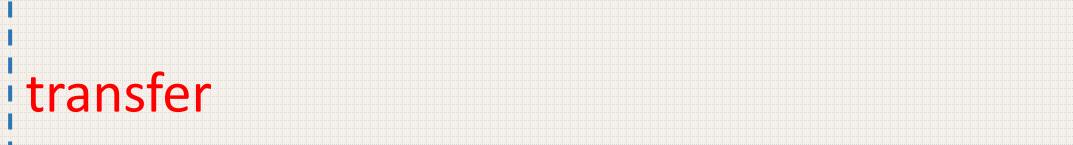
distinct lack of enthusiasm/improvement/outline two entirely distinct languages distinctive adj. characteristic a rock band with distinctive sounds distinction n. difference / excellence distinction between formal and informal language a writer of distinction





inefficient

- 时间和精力的浪费
- inefficient use of time and energy
- 资源的浪费
- inefficient use of resources



transport/transmit/translate/transplant/transform

output

| manufacturing/industrial/agricultural output

contact

keep in contact with contact vt.

experiment

carry out/perform/do/conduct an experiment v. experiment on sb./sth. experiment with sth.

exploratory

the exploration of space oil exploration explore the city on foot explore the idea explore the possibilities of ... an exploratory trip 考察旅行



A German entrepreneur named Lasse Rheingans has become a subject of attention since The Wall Street Journal recently reported on a novel idea he has put in place at his 16-person technology start-up: a five-hour workday.

工作侵占了生活。

去除浪费时间的干扰活动

约束减少效率低下的对话

禁止接触社交媒体

被无止尽的工作耗尽精力

持久地产出有价值的脑力成果

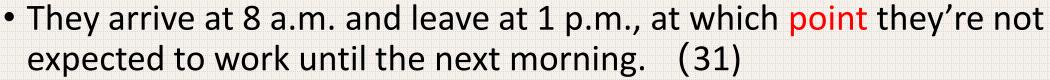
Work has pervaded our waking hours.

remove time-wasting distractions

constrain inefficient conversation

block access to social media

be exhausted by endless work 東 a sustainable way of producing valuable output with brain





- This distinction between time in the office and time spent working is critical. (32)
- It's not yet clear that these innovations are exactly the right way to run technology companies, or whether they can transfer to other business contexts. (38)
- But what is right in this case is the exploratory mind-set that led to these experiments in the first place. (39)
- The good news is that better and more sustainable ways of producing valuable output with your brain might be coming. (40)

When educators think of literacy — the ability to read and write — they often place more importance on a student's ability to read and fully comprehend a piece of writing. But experts say critical and creative writing skills are equally important. And, they are too often __41__ in the classroom.



Compared to reading, writing is more __42__. It helps students be independent thinkers, take __43__ of their stories and ideas and communicate them clearly to others Unless we want an education system just focused on making people __44__ and not focused on helping them to be producers, this __45__ on reading only — which does happen in so many places — is very short-sighted.

41. A. emphasized	B. overlooked	C. concealed	D. exhibited
42. A. active	B. educative	C. possessive	D. idealistic
43. A. ownership	B. governorship	C. readership	D. authorship
44. A. purchasers	B. customers	C. consumers	D. inventors
45. A. influence	B. emphasis	C. concentration	D. insistence

Students' writing work now usually ___46__ on examining a text, instead of presenting a new idea. Writing should be the central thing you're learning, rather than writing in response to a text on a test or writing to demonstrate you've learned what someone has taught you.



Writing improves reading skills

Teaching reading together with writing improves both skills, says Rebecca Wallace-Segall, who __47__ a New York City writing center, Writopia Lab. She said writing affects a person's ability to read. More than 90 percent of young people in the Writopia program do not __48__ their writing abilities when they start, Wallace-Segall said. But she said they I earn to enjoy the writing process and become more effective __49__, too.

46. A. carries	B. feeds	C. centers	D. takes
47. A. hosts	B. occupies	C. revolves	D. heads
48. A. show	B. boost	C. boast	D. trust
49. A. listeners	B. writers	C. readers	D. publishers

Working through __52_ by writing

Supporters of writing -centered teaching add that writing __ 53__ young people. When students own their __ 54__ and tell their stories, they become not only stronger and more confident writers, but also stronger and more confident individuals.

Writing also helps students work through difficulties they face in life. They're not writing a story about a difficult father or directly about a bully in class, but they are creating a __55__ scenario that might feel distant enough for them to explore some of these problems at a deeper level. Thus, teaching students to write well canalye an effect on the larger world. Those adults can see that the stories they're telling themselves about those young people are often wrong and doing a lot of harm in the world.

52. A. efforts	B. individuals	C. problems	D. opinions
53. A. authorizes	B. motivates	C. prompts	D. empowers
54. A. voices	B. rights	C. confidences	D. freedoms
55. A. mysterious	B. fictional	C. dramatic	D. realistic



- 56. Para 1 Line 3
- 57. A week-long drinking binge is not for everyone, however, and a growing number of American university students have found a way to make spring break matter. (句意理解)
- 58. 段落大意概括
- 59. But students only pay around \$250 for meals and transportation, which is much less than some of their peers spend to travel to more traditional spring break hot spot.



- 60. This passage is primarily intended to ______ 标题
- 61. In person Stop by the Mt. Kent Recreation Center, ground floor, Monday through Saturday 9: 00-11: 00 a.m., Sunday 1: 00-4: 00 p.m.
- 62. Any Preschool & Kindergarten-aged child who has never taken lessons at the Mt. Kent Ice Center needs to make an appointment to be evaluated. (A 干扰项)

Evaluations help to determine both readiness and class placement. (B) Refund requests must be made a minimum of 7 days before the scheduled appointment. (D)



- 63. Paragraph 1 Line 5
- But lost in the uproar was something we really should be taking to heart: our young people <u>actually have no idea whether they're</u> <u>particularly talented or accomplished or not</u>.
- 64. Paragraph 2 Line 4-Line 6
- medical students who scored the lowest on an essay test were the most <u>charitable</u> in their self-evaluations, while <u>high-scoring</u> students <u>judged themselves much more stringently</u>. Poor students, the authors note, "lack insight" into their own inadequacy.



- 65. Para. 4
- There are a couple of ways out of this double bind. First, we can learn to make honest comparisons with others. Second, seek out feedback that is frequent, accurate and specific. Find a critic who will tell you not only how poorly you're doing, but just what it is that you're doing wrong.
- 66. A. Special or Not? Teach Kids to Figure It Out
 - B. Let's Admit That We Are Not That Special
 - C. Tips on Making Ourselves More Special
 - D. Tell the Truth: Kids Overestimate Their Talents



- 67. where photos of animals are among the most "liked" by our Instagram followers
- 68. We sent reporter Natasha Daly and photographer Kirsten Luce around the world to investigate the lives of captive animals
- 69. That is, until we find out the reality: Cubs (幼崽) are taken from their mothers days after birth.
- 70. With this month's package of stories on animal welfare and continuing coverage by our Wildlife Watch team, we hope this complicated, important topic gets the attention it deserves.



- 1. Believe it or not, the incident remains fresh in my memory.
- 2. There is heavy traffic at this hour of the day, which is why I never drive to work.
- 3. Disputes occasionally occurred between my friend and I, we would understand each other.
- 4. When it comes to chatting in German with the expert, everybody is at a loss. Only on such a special occasion is everybody aware that we senior high school students should lay emphasis on a second foreign language.



Thank You

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