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#### **REVIEW ARTICLE**

# Chemistry of Amomum essential oils

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#### ABSTRACT

Genus Amomum with 108 currently accepted species is distributed in tropical and subtropical Asia. This article is a comprehensive review of the chemical profiles of Amomum essential oils (EOs) and their spice and flavor properties. In genus Amomum, chemical profiles of EOs of only 29 species and 1 variety are studied so far. EOs of Amomum subulatum, A. tsao-ko, A. kravanh, A. aromaticum, A. compactum, A. korarima and A. verum are rich in 1,8-cineole. These Amomum species are used as spices and flavors. Bornyl acetate, camphor, methyl chavicol, trans-p-(1-butenyl) anisole, santolina triene,  $\alpha$ -pinene and  $\beta$ -pinene are other major constituents in EOs of various Amomum species. The quality of EOs is decided by factors such as plant genotype, plant part, collection season, ecological and edaphic factors, isolation and analytical techniques. Studies on the chemical profiles and spice and flavor assessments of EOs of hitherto uninvestigated Amomum species are the future priorities.

#### ARTICLE HISTORY

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#### **KEYWORDS**

Amomum; essential oils; chemical profiles; spice value; cardamom; 1.8-cineole

#### **Amomum** essential oils

Amomum Roxb., a genus of 108 species in the family Zingiberaceae, is natively distributed in tropical and subtropical Asia to North Queensland (1). The etymology of the term 'amomum' is linked to Greek-Latin words ('ἄμωμον' or 'amomon') translating to 'eastern spice plant' (2). Plants in genus Amomum are notable for their aromatic and pungent properties, and these characteristics are attributed to their volatile (EOs) and spicy (non-volatile) constituents (3). Oleoresins contribute a major share of pungent constituents (3-5). Examples of pungent non-volatile principles reported from genus Amomum and family Zingiberaceae are, (±)-trans-2,3,3a,7a-tetrahydro-1H-indene-4-carbaldehyde (A. tsao-ko (3)), (6)-gingerol, (6)-paradol, (6)shogaol (Zingiber officinale (ginger) (6-8)), 1-(4'hydroxy-3'-methoxyphenyl)-7-phenyl-3-heptanone (Alpinia oxyphylla (9)), galangal acetate or 1'-acetoxychavicol acetate (A. galanga (10)). Several Amomum species are used for the treatment of various ailments in folk and traditional practices (11-13). Amomum species are widely used as additives in cooking (14-23). Their EOs demonstrated various biological activities (12,13,20,24). Studies on the chemistry of Amomum EOs are scattered in the literature, and this review is discussing the current status of their chemistry and spice and flavor properties.

### Isolation, chemical profiling

Chemical profiling studies of EOs in genus *Amomum* are listed in Table 1. In these reports, EOs were mostly isolated by hydrodistillation (HD) and rarely by steam distillation (SD). In some studies, *Amomum* EOs were isolated by advanced techniques such as super critical CO2 extraction, Microwave-Assisted Extraction (MAE), Solvent-Free Microwave Extraction (SFME), Modified-Solvent Free Microwave Extraction (MSFME), Deep Eutectic Solvent-based MHD (DES-MHD), Pressurized Hot Water Extraction-Liquid Phase Microextraction (PHWE-LPME) (Table 1, references therein).

Chemical profiles of isolated *Amomum* EOs were analyzed by gas chromatographic (GC-FID, GC-MS) techniques. In some cases, GC-MS profiles only were generated (examples, Noumi et al. (22), Masoumi-Ardakani et al. (25)). Chemical profiles of EOs depend on factors such as genotype (or eco-, chemo-type) of the plant material, plant part, growth stage, season and other edaphic/ecological parameters (16,26–32). The variation in chemical profiles could also be due to natural selection of plants leading to new varieties (33). Besides, EO composition depends on factors such as extraction method, experimental and chromatography conditions (34). These variations at various levels warranty the standardization of the genotype (of the plant), ecological conditions, pesticide/heavy metal contents, postharvest handling conditions and chemical

Table 1. Chemical profiles of essential oils of various Amomum species.

Reference	ine (35) ene	.5) (36) (37) (5.1) (38)			(42) (43) (43)	5), (26)	(39) (7.6), (44)		7) (45) ie (43)	(46)	(23)	(13) (47) (ide II (48)	nesyl : acid	rene (12)	(49)	, a-	(49)	
Major constituents (%)	limonene (20.8), valencene (18.0), α-phellandrene (8.7), α-pinene (6.9), β-sesquiphellandrene (6.1), (Z)-β-ocimene (5.3), p-cymene (5.0)	allo-aromadendrene (16.2), β-pinene (8.7), (E)-caryophyllene (8.5) 1,8-cineole (48.2), geranial (9.2), neral (6.7) camphor (17.6), α-bisabolol (16.0), camphene (8.2), α-humulene (5.1)	1,8-cineole (66.8), 8-pinene (15.5), a terpineol (5.4) 8-terpineol (13.4). 8-pinene (9.4), a-pinene (6.9)	β-pinene (9.0), caryophyllene oxide (6.6), β-bisabolene (6.4), δ-cadinene (6.2), cis-calamenene (6.0), cr-pinene (5.4)	β-pinene (14.0), elemol (10.5), α-cadinol (8.5), β-eudesmol (5.9) 1,8-cinelole (47.6–48.6), β-pinene (13.7–15.8), dipentene (7.8–8.3),	farnesyl acetate (18.5), zerumbone (16.4), β-caryophyllene (10.5), benzoate (18.5)	camphor (38.9), bornyl acetate (25.2) rhizomes: cryptone (15.4), β-pinene (11.9), caryophyllene oxide (7.6),	caryophyllene acetate (6.9) leaves: (E)-nerolidol (26.5), α-fenchyl acetate (15.0), β-caryophyllene (8.4), caryophyllene oxide (8.0)	1,8-cineole (35.1), limonene (13.5), β-pinene (6.8), sabinene (6.7) 1,8-cineole (43.0–50.1), α-terpinyl acetate (9.2–11.2), dipentene	(0.0–8.1), ß–pinene (5.4–6.2) 1,8-cineole (68.4), a–pinene (5.7)	1,8-cineole (72.6-78.0), α-pinene (0.7-10.2), santolina triene (0.0-8.3), 4,7,7-trimethyl bicyclo[4.1.0]heptan-3-ol (3.4-5.3)	1,8-cineole (58.5), a–pinene (8.3) methyl chavicol (93.2) leaves: β–caryophyllene (26.6), α-pinene (15.6), humulene epoxide II (14.8), α-humulene (12.5)	stem: 5—caryopnyllene (37.4), a–numulene (10.5), nexanyaroramesyl acetone (10.0), a–pinene (5.4), eicosane (5.0) roots: camphene (15.7), hexadecanoic acid (10.0), octadecanoic acid (8.6), bornyl acetate (7.8)	$\beta$ -pinene (23.4), $\beta$ -caryophyllene (16.4), $\alpha$ -pinene (7.6), sylvestrene (6.6)	leaves: β-pinene (40.8), β-elemene (10.9), α-pinene (9.7), β- caryophyllene (8.3)	stem: β-pinene (20.4), β-elemene (12.8), β-caryophyllene (10.3), α-pinene (6.8) roots: β-pinene (28.0), α-pinene (15.0), β-phellandrene (11.6), camphene (5.4)	leaves: α-pinene (48.4), β-pinene (25.9), limonene (7.4) stem: α-pinene (47.2), 6-3-carene (9.4), β-pinene (9.2) roots: α-pinene (54.7), β-pinene (14.3), β-phellandrene (8.3) fruits: α-pinene (29.3), β-pinene (17.9), zingiberene (6.3)	flowers: α-pinene (24.1), β-pinene (14.1), τ-muurolol (13.0)
Compounds identified (%)	30 (96.5)	85 (97.1) 25 (91.5) 55 (81.6)	15 (98.4) 34 (84.6)	29 (88.7)	33 (91.5) 21–25 (95.5–97.1)	47 (99.2)	27 (92.3) rhizomes: 19 (93.0)	leaves: 52 (97.6)	15 (87.6) 27–29 (95.2–96.7)	34 (95.8)	19–20 (96.6–99.7)	40 (96.5) 13 (99.5) leaves: 44 (99.6) stem: 45 (99.6)	roots: 40 (99.4)	36 (89.7)	leaves: 47 (96.8) stem: 52 (92.3)	roots: 43 (93.5)	leaves: 30 (97,4) stem: 43 (98,4) roots: 38 (97,0) fruits: 43 (93.2)	flowers: 51 (94.2)
Isolation, yield (%, v/w)	HD, 0.22	HD, 0.02 HD, 1.49 HD, 0.21 (w/w)	SD, - HD, 0.10	HD, 0.03	HD, 0.08 HD & MHD,	HD, 0.20	SD, 2.50 HD,	rhizomes: 0.03 leaves: 0.04	SD, 3.50 HD & MHD,	4.10–4.80 HD, -	HD, MHD & DES- based MHD, 1.90–3.64 (w/w)	HD, 2.45 HD, 0.40 HD, 0.20–0.25		HD, 0.12	HD, leaves: 0.31	stem: 0.25 roots: 0.34	HD, leaves: 0.30 stem: 0.26 roots: 0.40	fruits: 0.35 flowers: 0.32
Plant part	leaves	rhizomes fruits whole plant	fruits	leaves	fruits fruits	leaves	fruits rhizomes,	leaves	fruits fruits	fruits	fruits	fruits rhizomes leaves, stem, roots		fruits	leaves, stem, roots		leaves, stem, roots, fruits, flowers	
Collection location, country	Thua Thien-Hue, Vietnam	Agastyamala Hills, India Ha Giang, Vietnam Petchaboon, Thailand	Bangkok, Thailand Ponmudi Hills, India	Ponmudi Hills, India	ldukki, Kerala Tianjin, China	Nghệ An, Vietnam	Bangkok, Thailand Adimali, India		Addis Ababa, Ethiopia Anhui, China	Hainan, China	Hangzhou, China	Yunnan, China Assam, India Nghệ An, Vietnam		Yunnan, China	Nghệ An, Vietnam		Nghệ An, Vietnam	
Amomum species Co	A. aculeatum	A. agastyamalayanum A. aromaticum A. biflorum	A. cardamomum A. cannicarpum	A. cannicarpum	A. cannicarpum A. compactum	A. gagnepainii	A. globosum A. hypoleucum	:	A. korarima A. kravanh	A. kravanh	A. kravanh	A. kravanh A. linguiforme A. longiligulare		A. maximum	A. maximum		A. muricarpum	
SI. No.	<del></del>	7. ₩. <del>4</del> .	. 7. 0	7.	જ જ	10.	11.		13.	15.	16.	7. 18. 19.		20.	21.		22.	

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A maintainum         Potnicula Hills, India         leaves         H.D. 0.044         1 H.D. 0.843         E-princed 15.5%, -Cardinane (8.0), e-princen (8.1),	SI. No.	Amomum species C	Collection location, country	Plant part	Isolation, yield (%, v/w)	Compounds identified (%)	Major constituents (%)	Reference
Agestyamab Hilk lod Arthornes, B. 10, 0.02   1105 (83.3)   samicha to the (17.1)		A. muricatum	Ponmudi Hills, India	leaves	HD, 0.04	14 (94.8)	β-pinene (35.9), δ-cadinene (8.9), α-pinene (8.2), α-copaene (6.6), (F)-nerolidal (5.6)	(20)
High House   Hig		A. newmanii	Agastyamala Hills, India	rhizomes	HD, 0.02	105 (98.3)	santolina triene (4.2.), α–pinene (17.1) mathyl chiad (19.6), α–pinene (17.1)	(36)
Hand, Wetnam   Heaves   Heav		A. pterocarpum	Adimali, India	rhizomes,	HD, rhizomes: 0.03	rhizomes: 36 (95.7)	ritetiji cilavicol (γ1.8) rhizomes: β–pinene (65.5)	(52)
Hanol, Wetnam   Hizzome, HD, 0.13   36 (95.4)   6 publicandrene (16.1), Imnonene (14.4), 6.3-carene (13.9), a-pinene (3.4), wetnam   Hizzome, 150, and seeds   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60   13.60		A. repoense	Nghệ An, Vietnam	leaves leaves	leaves: 0.04 HD, 0.25	leaves: 36 (92.6) 51 (97.6)	leaves: $\beta$ -pinene (41.7), phytol (26.5), isocaryophyllene (5.1) $\beta$ -pinene (33.5), (E)- $\beta$ -ocimene (9.6), $\gamma$ -terpinene (9.1), $\alpha$ -pinene	(26)
Hano, Wetnam   Leaves, stem, SD,   Leaves   1898.3   Stem: 18 08.28   Stem: 18 09.28   St		A. rubidum	Lam Dong, Vietnam	rhizomes	HD, 0.13	36 (95.4)	(8.4) β-phellandrene (16.1), limonene (14.4), δ-3-carene (13.9), α-pinene (7.7), β-pinene (6.9), α-phellandrene (6.9)	
Lucknow, India   Futis   Fut		A. schmidtti	Hanoi, Vietnam	leaves, stem, roots	SD, leaves: - stem: -	leaves: 18 (98.8) stem: 18 (98.8) roots: 18 (98.5)	leaves: trans-p-(1-butenyl)anisole (91.2) stem: trans-p-(1-butenyl)anisole (94.7) roots: trans-p-(1-butenyl)anisole (90.0)	(54)
Sikkim, India   Pericarp   HD, 0.18   37 (99.3)   1,8-cineole (138.7), β-pinene (136), α-terpineol (126), spathulenol (126)		A. subulatum A. subulatum	Lucknow, India Sikkim, India	fruits seeds	roots: - SD, 2.50 HD, fresh seeds: 1.60 dry seeds: 2.40- 2.70	13 (99.2) fresh seeds: 33 (99.1) dry seeds: 33 (99.6–99.7)	1,8-cineole (74.0), limonene (10.3), a-terpineol (5.6) fresh seeds: 1,8-cineole (84.5) dry seeds: 1,8-cineole (81.5-86.0)	(45) (55)
Sikkim, India   Seeds   SD, 2.50   37 (97.7)   18-cineole (61.3), p-pinene (8.9), a-terpineol (7.9)   18-cineole (61.3), p-pinene (8.9)   18-cineole (61.3), p-pinene (8.9)   18-cineole (61.3), p-pinene (17.9)   18-cineole (61.3), p-pinene (17.9)   18-cineole (61.3), p-pinene (17.9)   18-cineole (61.3), p-pinene (17.7)   18-cineole (17.7), p-pinene (17.7)		A. subulatum	Sikkim, India	pericarp (husk)	HD, 0.18	37 (99.3)	1,8-cineole (38.7), β-pinene (13.6), α-terpineol (12.6), spathulenol (8.7)	(15)
Frankthum, Nepal   Fruits   HD, seeds; 64 (991)   seeds 1.8-cineole (60.8), a-terpineol (19.8), g-pinene (8.3), a-pinene (19.8), g-pinene (1		A. subulatum A. subulatum	Sikkim, India Delhi, India	seeds	SD, 2.50 HD, 1.80	37 (97.7) 9 (95.1)	1,8-cincole (61.3), β-pinene (8.9), α-terpineol (7.9) 1.8-cincole (77.4), β-myrcene (5.0)	(14)
Himachal Pradesh, India   Seeds   HD, 0.98–1.95 (w/ w)   30–34 (91.9–99.7)   1,8—cincole (50.6—60.5), a-terpineol (14.9–16.5), di-limonene   (5.5–11.8), narolidol (3.8–6.0), 4—terpineol (2.6–5.4)   (5.6–7.6), a-pinene (4.0–11.1), a-terpineol (3.6–7.6), a-pinene (4.0–11.1), a-terpineol (3.6–7.6), a-pinene (4.0–11.1), a-terpineol (3.6–7.6), a-pinene (4.0–7.6), geranyl acetate (6.0), a-terpineol (3.6–7.6), a-pinene (6.3), geranyl acetate (6.0), a-pinene (6.3), a-terpineol (3.2–7.4), geranyl acetate (6.2		A. subulatum	Terahthum, Nepal	fruits	HD, seeds: 4.50 rind: 1.00	seeds: 64 (99.1) rind: 66 (99.0)	seeds: 1,8-cineole (60.8), α-terpineol (9.8), β-pinene (8.3), α-pinene (6.4) rind: 1,8-cineole (39.0), β-pinene (17.7), α-terpineol (12.3), α-pinene	
4 cultivars         seeds         HD, 1.20–2.80         10–15 (91.8–98.2)         1,8-cineole (632–73.4), β-pinene (4.0–11.1), α-terpineol (5.6–7.6), a-pinene (1.7–6.5)           Byandal, India & Munnar, India         Leaves         HD, 0.73         33 (94.4)         1,8-cineole (39.8), α-terpineol (11.5)           Sikkim, India         whole pods         HD, 0.073         33 (92.1)*         1,8-cineole (41.7), geraniol (12.5), geranyl acetate (6.0), α-terpineol (5.5)           Sikkim, India         whole pods         HD, 0.90–1.50         33 (92.1)*         1,8-cineole (32.8), α-terpineol (12.7), myrtenal (12.7), myrten		A. subulatum	Himachal Pradesh, India	seeds	HD, 0.98–1.95 (w/ w)	30–34 (91.9–99.7)	1,8-cincole (50.6–60.5), a-terpineol (14.9–16.5), dI-limonene (5.5–11.8), nerolidol (3.8–6.0), 4-terpineol (2.6–5.4)	(19)
Munnar, India         leaves         HD, 0.73         33 (94.4)         1,8-cineole (39.8), α-terpineol (11.5)           Jeddah City, Saudi Arabia         seeds         HD, 0.90–1.50         33 (92.1)*         1,8-cineole (41.7), geraniol (12.5), geranyl acetate (6.0), α-terpineol (6.3)           Perak, Malaysia         whole pods         HD, 0.90–1.50         33 (92.1)*         1,8-cineole (52.8), α-terpineol (8.2), ilmonene (6.9), β-pinene (6.3)           Perak, Malaysia         fruits         HD, 0.83 (w/w)         18 (91.0)         mytenol (16.1), β-pinene (15.9), 1,8-cineole (12.7), mytenal (12.7), rtans-pinocaveol (10.9), fenchone (10.5)           Hoang Lien Son, china         seeds         SD, 1.40         21 (89.8)         1,8-cineole (64.3), α-terpineol (15.5)           Vietnam         HD, 1.69         73 (97.6)         1,8-cineole (64.3), α-terpineol (15.5)         1,8-cineole (45.2), geranial (10.6), neral (7.0)           Vinnan, China         fruits         HD, 1.69         73 (97.6)         1,8-cineole (45.2), geranial (10.6), neral (7.0)           Vunnan, China         fruits         HD, 1.83 (w/w)         32 (98.4)         1,8-cineole (45.2), geranial (10.0), 10.2), nerol (6.8), 2-isopropylbenzaldehyde (6.4-6.9), 2-isopropylbenzaldehyde (7.0)		A. subulatum	4 cultivars (Sikkim, Nagaland, West Bengal), India & Myanmar	seeds	HD, 1.20–2.80	10–15 (91.8–98.2)	1,8-cineole (63.2–73.4), β-pinene (4.0–11.1), α-terpineol (5.6–7.6), α-pinene (1.7–6.5)	(5)
Sikkim, India         whole pods         HD, 0.90–1.50         33 (92.1)**         1,8-cineole (52.8), a-terpineol (82.), limonene (6.9), β-pinene (6.3), β-pinene (12.7), myrtenal (12.7), trans-pinocarveol (10.9), fenchone (10.5)           Fructus         Hangzhou, China         seeds         MAE-DLLME, Additional (1.3)         47 (98.3)         1,8-cineole (64.3), α-terpineol (15.5)           Hoang Lien Son, Vietnam         Fruits         HD, 1.69         73 (97.6)         1,8-cineole (45.2), geraniol (5.1)           Yunnan, China         fruits         HD, MHD, HD, MHD, 1.69         32–33 (96.4–96.9)         1,8-cineole (45.2), geraniol (5.1)           Yunnan, China         fruits         HD, 1.83 (w/w)         32 (98.4)         1,8-cineole (40.9), α-phellandrene (9.8), 2-isopropylbenzaldehyde (6.4–6.9), 3-heptylacrolein (7.0)           Yunnan, China         fruits         HD, 1.83 (w/w)         32 (98.4)         1,8-cineole (40.9), α-phellandrene (9.8), 2-isopropylbenzaldehyde (7.0)		A. subulatum A. subulatum	Munnar, India Jeddah City, Saudi Arabia		HD, 0.73 HD, -	33 (94.4) 27 (92.3)	1,8-cineole (39.8), α-terpineol (11.5) 1,8-cineole (41.7), geraniol (12.5), geranyl acetate (6.0), α–terpineol (5.4)	(27)
n (Fructus)         Hangzhou, China         seeds         MAE-DLLME, -         47 (98.3)         1,8-cineole (64.3), a-terpineol (15.5)           hoang Lien Son, Vietnam Gruits         seeds         SD, 1.40         21 (89.8)         1,8-cineole (30.6), 2-decenal (17.3), geranial (10.6), neral (7.0)           Vietnam Ganagxi, China Fruits         HD, 1.69         73 (97.6)         1,8-cineole (45.2), geraniol (5.1)         1,8-cineole (45.2), geraniol (5.1)           Yunnan, China         Fruits         HD, MHD, HD, MHD, 1.69         32–33 (96.4–96.9)         1,8-cineole (45.2), geraniol (5.1)           Yunnan, China         fruits         HD, 1.83 (w/w)         32 (98.4)         1,8-cineole (40.9), a-phellandrene (9.8), 2-isopropylbenzaldehyde (7.0)		A. subulatum A. testaceum	Sikkim, India Perak, Malaysia	whole pods fruits	HD, 0.90–1.50 HD, 0.83 (w/w)	33 (92.1) <sup>±</sup> 18 (91.0)	1,8-cincole (52.8), α-terpineol (8.2), limonene (6.9), β-pinene (6.3) myrtenol (16.1), β-pinene (15.9), 1,8-cincole (12.7), myrtenal (12.7), trans-pinocarveol (10.9), fenchone (10.5)	(33)
Hoang Lien Son, seeds SD, 1.40 21 (89.8) 1,8-cineole (30.6), 2-decenal (17.3), geranial (10.6), neral (7.0) Vietnam fruits HD, 1.69 73 (97.6) 1,8-cineole (45.2), geraniol (5.1) 4.3-6.9 1,8-cineole (45.2), geraniol (5.1) 6.8-8.5), a-methyl cinnamaldehyde (10.0–10.2), nerol (6.8-8.5), a-methyl cinnamaldehyde (6.4-6.9), 3-heptylacrolein (4.3-5.1)		A. testaceum (Fructus Amomi Rotundus)		seeds	MAE-DLLME, -	47 (98.3)	1,8-cineole (64.3), α-terpineol (15.5)	(71)
Guangxi, China fruits HD, 1.69 73 (97.6) 1,8-cineole (45.2), geraniol (5.1) Yunnan, fruits HD, MHD, 32–33 (96.4–96.9) 1,8-cineole (33.8–38.4), 2-iso-propylbenzaldehyde (10.0–10.2), nerol (6.8–8.5), α-methyl cinnamaldehyde (6.4–6.9), 3-heptylacrolein (4.3–5.1) Yunnan, China fruits HD, 1.83 (w/w) 32 (98.4) 1,8-cineole (40.9), α-phellandrene (9.8), 2-isopropylbenzaldehyde (7.0)		A. tsao-ko	Hoang Lien Son, Vietnam	seeds	SD, 1.40	21 (89.8)	1,8-cineole (30.6), 2-decenal (17.3), geranial (10.6), neral (7.0)	(65)
Yunnan, China fruits HD, 1.83 (w/w) 32 (98.4) 1,8–cineole (40.9), α–phellandrene (9.8), 2–isopropylbenzaldehyde (7.0)		A. tsao-ko A. tsao-ko	Guangxi, China Yunnan, China	fruits fruits	HD, 1.69 HD, MHD, 1.62–2.30	73 (97.6) 32–33 (96.4–96.9)	1,8-cineole (45.2), geraniol (5.1) 1,8-cineole (33.8-38.4), 2-iso-propylbenzaldehyde (10.0–10.2), nerol (6.8–8.5), α-methyl cinnamaldehyde (6.4–6.9), 3-heptylacrolein (4.3–5.1)	
		A. tsao-ko	Yunnan, China	fruits	HD, 1.83 (w/w)	32 (98.4)	1,8-cineole (40.9), α-phellandrene (9.8), 2-isopropylbenzaldehyde (7.0)	(17)

Table 1. (Continued).

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Reference	(28)	(20)	(53)	(23)	(33)	(61)	(62)		(63)	(64)	(65)	(99)	(29)	(89)	(30)	(02)	(23)	(71)	(71)	(72)	(73) (Continued)
Major constituents (%)	1,8–cineole (35.3–37.0), citral (6.0–16.0), α–phellandrene (1.9–10.3), α–terpineol (5.4–8.7)	1,8-cineole (23.9), limonene (22.8), 2-isopropyltoluene (6.7), indecane (5.7)	1,8-cineole (34.6-37.8), a-phellandrene (5.4-5.8), p- propylenzaldehyde (5.3-5.8), geraniol (4.8-5.4)	1,8-cineole (44.6-44.7)	1,8–cineole (22.6–28.1), geranial (1.6–7.8), geraniol (7.0–7.1), trans-2,3,3a,7a-tetrahydro-1H-indene-4-carbaldehyde (3.7–6.8), (2E)–decenal (3.0–6.1)	$\beta$ –pinene (29.9), $\alpha$ –pinene (10.4), $\alpha$ –terpineol (7.6), isopinocamphone (5.1)	leaves: β-pinene (46.3), myrtenyl acetate (10.5), α-pinene (8.1),	urynion (α.α.) pseudo-stem: β-pinene (43.5), β-caryophyllene (14.0), <i>cis</i> -β-elemene (9.8), α-pinene (45.2) rhizomes: β-pinene (45.9), α-pinene (7.0)	1,8-cineole (84.4), limonene (6.2)	$\beta$ -pinene (58.5), $\alpha$ -pinene (31.3), sabinene (5.8)	camphor (34.4–37.0), borneol (31.1–31.6), borneol acetate (11.4–11.5)	camphor (37.9), borneol acetate (15.5), camphene (7.6), d-limonene (5.9), borneol (5.6), caryophyllene (5.5)	bornyl acetate (30.5), camphor (22.3), limonene (8.3), camphene (6.7), β–caryophyllene (5.1)	leaves: β–pinene (53.6–56.6), α–pinene (22.0–22.1) roots: β–pinene (34.7–41.6), α–pinene (11.6–14.0)	bornyl acetate (51.6), camphor (19.8), camphene (8.9), limonene (6.2)	β-pinene (48.1), α–pinene (16.9) bornyl acetate (54.5). camphor (17.9), camphene (6.8), limonene (5.2)	dl-camphor (39.4-41.8), isobornyl formate (26.0-26.0), camphene (6.3-7.7)	bornyl acetate (41.3–60.2), camphor (16.8–28.9), d-limonene (6.7–8.3), camphene (4.8–8.0)	camphor (29.1–44.8), bornyl acetate (15.9-31.6), d–limonene (8.1–11.4), camphene (3.2–8.3), borneol (3.8–8.1), β–myrcene (4.1–6.1)	α–terpinyl acetate (0.1-52.5), 1,8–cineole (3.3-44.0), γ–terpinene (0.04–11.2), trans–sabinene hydrate (0.1–22.2), 4–terpineol (0.1–15.3), ilnalyl acetate (0.3–6.3)	(31.8), linalool (5.9)
Compounds identified (%)	21–30 (77.1–86.5)	43 (90.4)	34 (91.1–95.3)	41–47 (92.3-93.1)	$60-61 (85.5-89.5)^{\pm}$	47 (81.9)	leaves: 33 (95.7)	rhizomes: 46 (94.2)	5 (97.8)	29 (99.9)	27 (97.1–99.7)	35 (97.4)	44 (94.9)	leaves: 30–31 (96.4–98.6) roots: 42–43 (94.8-97.9)	17 (98.8)	36 (98.5) 58 (94.2)	36–38 (92.5-93.4)	13 (94.7–97.2)	13 (91.4–96.0)	31 (96.6–97.9)	122 (99.2)
Isolation, yield (%, v/w)	HD, 1.47–1.90	HD, 1.60	HD, SFME, M-SFME, 0.84-1.13 (w/w)	MHD, DES-based MHD, 0.43–2.16 (w/w)	HD, 0.70–1.80	HD, 0.03	HD, leaves: 0.18	rhizomes: 0.21	HD, 0.37	SD, 0.10-0.15	PHWE-LPME, SD, –	PHWE–HS-SPME, -	нD, -	HD, leaves: 0.28–0.30 roots: 0.21–0.25	HD, 1.90	HD, 0.21 SD, 3.90	MHD & DES-based MHD, 1.03–1.62 (w/w)	SD, 2.40–3.40	SD, 0.90-1.70	CP, approx. 5.00 (w/w)	SD-E, 3.68
Plant part	fruits	fruits	1	fruits	whole pods	rhizomes	leaves,	rhizomes	shoots	leaves	fruits	fruits	seeds	leaves, roots	fruits	stem fruits (powder)	fruits	fruits	fruits	seeds	capsules
Collection location, country Plant part	Yunnan, China	Guangxi, China	Harbin, China	Hangzhou, China	Yunnan, China	Pahang, Malaysia	Ha Tinh, Vietnam		Chantaburi, Thailand	Yunnan, China	(Guangdong, Yunnan, Hainan, Jiangxi, Fujian), China	(Hainan, Guangdong), China	Guangdong, China	(Hà Tĩnh, Nghệ An), Vietnam	Yunnan, China	Nghệ An, Vietnam Yunnan, China	Hangzhou, China	various locations, China	Yunnan, China & Iocations in Vietnam, Thailand, Myanmar	4 varieties, Ceylon (Sri Lanka), Guatemala	San Jose, Costa Rica
Amomum species C	A. tsao–ko (4 cultivars)	A. tsao-ko	A. tsao-ko	A. tsao–ko	A. tsao–ko	A. uliginosum	A. velutinum		A. verum	A. villosum	A. villosum (dried fruit, Fructus amomi)	A. villosum (dried fruit, Fructus amomi)	A. villosum (cultivar)	A. villosum	A. villosum	A. villosum A. villosum	A. villosum	A. villosum (Fructus amomi)	A. villosum var. xanthioides	Elettaria cardamomum	E. cardamomum
SI. No.	47.	48.	49.	50.	51.	52.	53.		54.	55.	56.	57.	58.	59.	. 60	61. 62.	63.		65.	. 99	.79

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•	Reference	(74)	(75)	(26)	(25)	(34)	(22)	(33)		(22)	(77)	(78)	
	Major constituents (%)	seeds: α-terpinyl acetate (56.9), 1,8-cineole (15.1) fruit coats: α-terpinyl acetate (51.3), 1,8-cineole (23.7), α-terpineol (5.3)	terpenyl acetate (61.7–68.2), 1,8–cineole (7.2–11.8), linalool (0.9–6.0), α–terpineol (2.9–5.5)	$\alpha\text{-terpineol}$ acetate (11.8), linalool (10.2), nerolidol (8.8), $\alpha\text{-pinene}$ (8.1)	1,8-cineole (45.6), α–terpinyl acetate (33.7)	α-terpinyl acetate (38.4), 1,8-cineole (28.7), linalool acetate (8.4), sabinene (5.2)	1,8-cineole (55.4), α–terpinyl acetate (28.6)	α-terpinyl acetate (44.8), 1,8–cineole (27.9)		1,8–cineole (51.8), 4–terpineol (10.4), limonene (5.4)	1,8-cineole (48.9), limonene (12.8), β-pinene (12.7), α-terpineol (7.4) (77)	1,8-cineole (59.8), β-pinene (13.2), α-terpineol (9.3)	
•	Compounds identified (%)	seeds: 24 (95.3) fruit coats: 20 (96.6)	28–29 (91.7–98.1)	73 (87.8)	11 (93.5)	26 (99.0)	19 (99.9)	$43~(97.6)^{\pm}$		33 (98.2)	25 (98.0)	40 (98.2)	
Isolation, yield (%,	(w/v	HD, seeds: 6.00 fruit coats: 1.40	HD, 7.90–8.79	HD, 3.10	HD, 5.70	- '-	HD, -	HD,	up to 5.20	нD, -	HD, 2.30	HD, 3.20	
	Plant part	seeds, fruit coats	seeds	1	aerial parts	fruits	seeds	whole pods		seeds	seeds	seeds	
	Amomum species Collection location, country Plant part	Mysore, India	4 varieties (Malabar, Mysore, Vazhukka, Guatemala), Kerala, India	1	Kerman, Iran	Faisalabad, Pakistan	Jeddah City, Saudi Arabia seeds	Kerala, India		Jeddah City, Saudi Arabia seeds	Balengou, Cameroon	lbadan, Nigeria	
	Amomum species	E. cardamomum	E. cardamomum	E. cardamomum	E. cardamomum	E. cardamomum	E. cardamomum	E. cardamomum		Aframomum	A. daniellii	A. daniellii	
;	SI. No.		.69	70.	71.	72.	73.	74.		75.	76.	77.	

HD - Hydrodistillation, SD - Steam Distillation, MHD - Microwave-assisted Hydrodistillation, DES-based MHD - Deep Eutectic Solvent-based Microwave-assisted Hydrodistillation, MAE-DLLME - Microwave-Assisted Microextraction, PHWE-HS-SPME – Pressurized Hot Water Extraction-Head Space-Solid Phase Microextraction, CP – Cold-Pressing, SD-E – Simultaneous Distillation-Extraction, Most studies, irrespective of species, plant parts Extraction/Dispersive Liquid-Liquid MicroExtraction, SFME – Solvent Free Microwave Extraction, M-SFME – Modified-Solvent Free Microwave Extraction, PHWE-LPME – Pressurized Hot Water Extraction-Liquid Phase and oil isolation techniques, reported the colour of Amomum EOs as 'yellow', 'light yellow', 'pale yellow' or 'faint yellow'; Pura Naik et al. (15) and Feng et al. (60) reported the colour of EOs as 'yellowish brown' (A. subulatum) and 'primrose yellow' (A. tsao-ko), respectively; Very few studies reported Amomum EOs as 'colonless' ((A. subulatum (14), A. cannicarpum (42), A. Inguiforme (47), A. pavieanum (51)), 'pale' (A. subulatum (19)), 'orange' (A. tsao-ko (17)) and 'light blue' (A. villosum (30)); EO yields are listed in (v/w), in a few cases where oil yields are in (w/w) are indicated in Table 1; EO constituents with relative content >5% are listed as major constituents; GC-RD, GC-MS and associated techniques were used for chemical profiling of EOs; but in few cases GC-MS only was used; "Major constituents (>0.1%); Eletteria cardamomum, Aframomum daniellii and A. cororima are included in Table 1 (and in the article) primarily to compare their chemistry and spice characteristics with Amomum species. fingerprinting to obtain high quality EOs and spice products from these aromatic plants.

### Chemistry, spices

Spices are food ingredients which improve flavor and their trade played a major role in civilization of mankind and history of nations (4,34,79). Several plants in the genera Elettaria, Amomum, and Aframomum, all belonging to the Zingiberaceae family, are used as spices and are referred as 'cardamom' (33). More specifically, dried fruits of Amomum subulatum (black or large cardamom), A. tsaoko (Chinese black cardamom), Eletteria cardamomum (true or green or small cardamom) and Aframomum daniellii (African cardamom) are the most widely used and economically important spices (33,78,80). The classification of cardamoms is based on colour (black, green) and size (small, large) of their dried fruits or their region of origin (China, Africa) (33). Owing to their commercial importance, the chemistry and trade prospects of A. subulatum and E. cardamomum are widely studied.

A. subulatum is a tall perennial rhizomatous herb cultivated in India (Sikkim, West Bengal, Arunachal Pradesh, Nagaland, Mizoram, Manipur, Uttarakhand etc.) between 600 and 2000 m asl. It is also cultivated in neighboring countries (Nepal, Bhutan). A. subulatum seed has a pleasant aromatic odor due to which it is extensively used for flavoring food preparations (24). Chemical profiles of EOs of A. subulatum (wild and cultivars) from diverse geographical locations were studied by various groups (Table 1). A. subulatum seeds contain approx. 2.5% EO (Table 1, references therein).

1,8-Cineole (commonly known as eucalyptol) is invariably the major constituent in EOs from various parts of A. subulatum (leaves 39.8% (27); fruits 74.0% (45), 77.4% (56); whole pods: 52.8% (33); pericarp (rind or husk): 38.7% (15), 39.0% (18); seeds: 81.5-86.0% (55), 61.3% (14), 60.8% (18), 50.6–60.5% (19), 63.2–73.4% (5), 41.7% (22)) collected from various geographical locations. Other major constituents in essential oils of A. subulatum varied between plant parts and their collection locations (Table 1). Large cardamom has a woody, smoky, camphorous flavor (24), and its EO is responsible for its typical flavor (odor). Joshi and co-workers (2013) reported the monoterpenes viz., 1,8-cineole, dl-limonene, α-pinene, β-myrcene, *trans*-sabinene hydrate, and sesquiterpenes viz., α-bisabolol, α-caryophyllene, as the odoractive constituents among the various aroma compounds in A. subulatum EO (19).

In India, Western Asia and in other parts of the world, large cardamom is used as a flavor/spice ingredient in various dishes and preparations such as pulavu,

biriyani, curries, soups, sweets, sausages, meat dishes and pickles (24). It is also used as an ingredient in curry powders and masala mixtures and as a flavoring component in colas, biscuits, liquors and teas (15,24,27). EO isolated from A. subulatum seeds is used as spice and for medicinal purposes (24). A. subulatum EO is also used as a preventive as well as curative agent for throat troubles, congestion of lungs, inflammation of eye lids, digestive disorders and in the treatment of pulmonary tuberculosis.

India is the largest producer of large cardamom (A. subulatum), with the highest production (50% of world production) in Sikkim (22,81). In 2008, Parthasarathy and co-workers listed the annual production of large cardamom in India, Nepal and Bhutan as 4000, 2500 and 1000 MT (metric tons), respectively (4). Purohit and co-workers estimated the production of large cardamom in India as 4465 MT in 2013-14, with an export of approx. 25% (1110 MT) (21).

E. cardamomum (true cardamom) is known as the 'Queen of Spices' with characteristic taste and aroma for its seed pods (22,33,76,80). Its EO is one of the oldest raw materials in perfumery and one of the most expensive spices. E. cardamomum is native to southern India and Sri Lanka, naturalized in Tanzania and Guatemala and cultivated in several other regions of the world including Nepal, Iran, Thailand, Myanmar, Vietnam, Combodia, Morocco, Costa Rica, Papua New Guinea, Malaysia, El Salvador and Central America (31,33,76).

Most studies reported α-terpinyl acetate (seeds: 0.-1-52.5% (72), 56.9% (74), 61.7-68.2% (75), 11.8% (76); capsules: 39.3% (73), fruit coat: 51.3% (74), fruits: 38.4% (34), whole pods: 44.8% (33)) as the major constituent and 1,8-cineole (seeds: 3.3-44.0% (72), 15.1% (74), 7.-2–11.8% (75), 4.3% (76); capsules: 31.8% (73); fruit coat: 23.7% (74); fruits: 28.7% (34); whole pods: 27.9% (33)) as the second major constituent in EOs of various parts of E. cardamomum. A few studies reported vice versa, 1,8-cineole (aerial parts: 45.6% (25); seeds: 55.4% (22)) and  $\alpha$ -terpinyl acetate (aerial parts: 33.7% (25); seeds: 28.6% (22)) as the first and second major constituents in E. cardamomum EOs (Table 1). Govindarajan and coworkers (1982) compiled the chemical profiles of cardamom EOs from 6 varieties (or sources), and their major constituents were 1,8-cineole (26.5-41.0%), α-terpinyl acetate (28.1-39.7%) and d-limonene (1.7-14.3%). The same study reported the major volatile constituents in true cardamom oleoresin as  $\alpha$ -terpinyl acetate (53.2%), 1,8-cineole (22.2%) and linally acetate (5.3%) (80). Lawrence (1978) listed 1,8-cineole (36.3%), α-terpinyl acetate (31.3%) and limonene (11.6%) as the major constituents in wild cardamom EOs (80,82). The flavor characteristics of cardamom EO are reported as

penetrating, irritating, cineolic, camphoraceous, warm, sweet, spicy, aromatic, pleasing and citrus-like odor (83). The impact constituents in cardamom EO are the major terpenoids, α-terpinyl acetate and 1,8-cineole. α-Terpinyl acetate (along with geranyl acetate, nerol, αterpineol) contributes to the pleasant aroma and 1,8-cineole to the pungency in true cardamom (31,83).

E. cardamomum, as a traditional herbal medicine, has been prescribed in the treatment of gastrointestinal, stomachic, resolvent, retentive, digestive, antiemetic and carminative disorders. E. cardamomum seeds are also used for controlling cold and associated symptoms (84). It is used as flavor in masala chai in India, coffee and tea in Iran and the black Turkish tea or Kakakule in Turkey (74,76). In some countries, such as Saudi Arabia, chewing the cardamom seed is a habit among people (85). Cardamom capsule powder is used for bronchial asthma patients with excess saliva and mucus in the respiratory tract, and as an excellent cough suppressant (84). E. cardamomum EO is known for its traditional health care, flavoring agent, fine perfumery and cosmetic applications. Its EO is mainly used as a flavoring agent in the preparation of curries, coffee, cakes, breads, rice and drinks (76).In E. cardamomum EO is used in perfumery, liquor and pharmaceutical industries as a flavor and carminative (76). E. cardamomum EO also has antimicrobial, antiinflammatory, analgesic and antispasmodic activities. E. cardamomum EO, due to its high 1,8-cineole and terpinyl acetate contents, has profound effects on the respiratory system, and promotes clear breathing and respiratory health (5,31). E. cardamomum seed EO is listed as GRAS (Generally Recognized as Safe) by the Food and Drug Administration (FDA) (86).

A. danielli (African cardamom) is native to south east Africa especially Tanzania, Cameroon, Guinea and Madagascar (78,80,84). Similarly, A. corrorima (Ethiopian cardamom) is native to east Africa (Burundi, Ethiopia, Kenya, Tanzania, Uganda) (1). 1,8-cineole is the major constituent in A. daniellii and A. corrorima EOs, viz., 51.8% (A. corrorima, Jeddah City, Saudi Arabia (22)); 48.9% (A. daniellii, Balengou region, Cameroon (77)); 59.8% (A. daniellii, Ibadan, Nigeria (78)). 4-Terpineol (10.4%, A. corrorima (22)); limonene (12.8%) and β-pinene (12.7%) (A. daniellii (77)) and β-pinene (13.2%) (A. daniellii (78)) are the second major constituents in A. corrorima and A. daniellii EOs (Table 1).

A. tsao-ko is widely distributed in the south-west of China (66). Its dried fruit is a commercially important spice and flavoring in south-east Asia. A. tsao-ko is used in Traditional Chinese Medicine (TCM), and its EO displays various biological activities (3,16,20,28,29,60,65,71).

Pungent principles (with trigeminal effect) were also isolated from *A. tsao-ko* (3). In China, it is popularly used for the treatment of stomach disorders, dyspepsia, nausea, vomiting, diarrhea, malaria, throat infections and abdominal pain (87). A. tsao-ko EO has sedative, analgesic and hypnotic effects, and could increase the percutaneous permeation rate of rutondine in vitro (88). 1,8-Cineole is the major constituent in EOs of A. tsaoko collected from various geographical locations (seeds: 30.6% (59); fruits: 45.2% (16), 33.8-38.4% (60), 40.9% (17), 35.3-37.0% (28), 23.9% (20), 34.6-37.8% (29), 44.-6-44.7% (23); whole pods: 22.6-28.1% (33)) (Table 1). 2-Decenal, undecane, geranial, geraniol, neral, nerol, cinnamaldehyde, propylbenzaldehyde, isopropylbenzaldehyde, α-terpineol, α-phellandrene and limonene are the other major constituents in A. tsao-ko EOs. Sim and coworkers (2019) described the odor characteristics of A. subulatum, A. tsao-ko and E. cardamomum EOs, and this study differentiated the odor of A. subulatum and A. tsao-ko EOs (from E. cardamomum EO) based on the smoky notes derived from the phenolics (thymol, carvacrol, eugenol) and their derivatives (33).

A. kravanh is widely distributed in Cambodia, Thailand, Vietnam and cultivated in South China. It is also used in Traditional Chinese Medicine (TCM) (90). Its fruits are used as spices throughout the world and are commonly used to treat stomach diseases and digestive disorders (46). A. kravanh fruit EOs from various locations in China also showed 1,8-cineole (fruits: 43.0-50.1% (43), 68.4% (46), 72.-6-78.0% (23), 58.5% (13)) as its major constituent (Table 1). Several studies on EOs of various Amomum species distributed in China are published in the Chinese language (33,48).

In Table 1, irrespective of variations in factors such as origin of the plant samples, plant parts, collection season/ecological parameters, isolation and analytical parameters, EOs of several Amomum species have 1,8cineole as their major constituent, viz., A. aromaticum (48.2%), A. caradamomum (66.8%), A. compactum (47.-6-48.6%), A. testaceum (64.3%), A. korarima (35.1%), A. kravanh (43.0-50.1%, 68.4%, 72.6-78.0%, 58.5%), A. subulatum (74.0%, 81.5-86.0%, 38.7%, 62.1%, 61.3%, 43.7%, 77.4%, 61.3%, 60.8%, 39.0%, 50.6–60.5%, 63.2-73.4%, 39.8%, 41.7%, 52.8%), A. tsao-ko (30.6%, 45.2%, 33.8-38.4%, 40.9%, 35.3-37.0%, 23.9%, 34.6-37.8%, 44.6-44.7%, 22.6-28.1%), A. verum (84.4%) (Table 1). The literature on these eight *Amomum* species viz., A. aromaticum, A. compactum, A. testaceum, A. korarima, A. kravanh, A. subulatum, A. tsao-ko, A. verum, corroborates their use as flavors and spices either locally, regionally or globally (5,14-20,22,23,27-29,33,37,43,45,46,55,56,58-60,63,91).

1,8-Cineole, its combination with α-terpinyl acetate and the overall chemical profiles of EOs with several minor entities elucidate the spice/flavor characteristics of various Amomum, Elettaria and Aframomum EOs (viz., A. aromaticum, A. compactum, A. testaceum, A. korarima, A. kravanh, A. subulatum, A. tsao-ko, A. verum, E. cardamomum, A. daniellii, A. corrorima). 1,8-Cineole and several of its derivatives reported from other Zingiberaceae species (example, Alpinia galanga (92,93), A. mutica (39)) are proven aroma constituents, justifying the use of Amomum species enriched with them as flavors and spices. It has a pungent, cooling, spicy taste and it induces a strong camphoraceous odor to EOs (23,29,80,93,67). It is also minty, fresh and diffusive and has a poor tenacity (80). This monoterpene

(C10)-cyclic ether has been employed in diverse appli-

cations, including in flavors, fragrances and cosmetics,

medicinal purposes, as a therapeutic ingredient and as

an additive in cigarettes (70). Therapeutic applications

of 1,8-cineole for treatment of respiratory diseases, mus-

cle pain, neurosis, rheumatism and kidney stones have also been investigated (29). It is also used in a wide variety of products such as nasal inhalers and sprays, external analgesics and mouth washes (95). In genus *Amomum*, *A. subulatum*, *A. tsao-ko* and *A. kravanh* EOs are good sources of 1,8-cineole. It is also a major constituent in *Eucalyptus* sp., sage (*Salvia officinalis*) and tea tree (*Melaleuca alternifolia*) EOs (95).

Recently, more emphasis is given to the therapeutic

Recently, more emphasis is given to the therapeutic effects of 1,8-cineole in respiratory conditions such as anti-inflammatory and bronchodilatory effects (38). It has demonstrated therapeutic benefits in inflammatory airway diseases such as asthma, chronic obstructive pulmonary disease (COPD) and against viral infections (98,42). It is known to induce interferon regulatory factor 3 (IRF3), control nuclear factor kappa-lightchain-enhancer of activated B cells (NF-κB) and release of proinflammatory cytokines and decrease mucin genes (MUC2, MUC19) (11,42). 1,8-Cineole is also a licensed medicinal product used against respiratory infections, acute and chronic bronchitis and sinusitis (97,49). Volatile molecules (such as 1,8-cineole) are characterized by high vapor pressure, and consequently are easily exhaled by the lungs after ingestion. The physiochemical properties of 1,8-cineole (melting point 1.5 °C with flash point of 49 °C) allow significant concentrations to be achieved in the lungs through pulmonary exhalation. Currently, the possibility of 1,8-cineole as a treatment against the acute respiratory syndrome induced by SARS-CoV-2 is also being appraised (49). Since they are widely used as spices and food additives, 1,8-cineole-rich Amomum species (fruits, seeds) viz., A. aromaticum, A. compactum,

A. testaceum, A. korarima, A. kravanh, A. subulatum, A. tsao-ko, A. verum, could strengthen immunity, prevent infection, and function against SARS-CoV-2 and other viral infections (51). However, more experimental data are to be obtained to substantiate these claims.

A. villosum is grown in south east Asia, especially in southern China. A. villosum has diverse medicinal functions such as dissipating dampness, warming the spleen, regulating Qi flow and preventing miscarriage. Dried ripe fruits (with aromatic seeds) of A. villosum (also known as Fructus Amomi) have been used to treat digestive diseases such as abdominal pain, vomiting and dysentery. Fructus Amomi is a common TCM (52,57). In addition, Fructus Amomi has been approved by China Food and Drug Administration, and due to its aroma and flavor characteristics, it has been widely used in Chinese cuisine for preparation of food, liquors and tea (102,61). The desired characteristics of Fructus Amomi in medicine and cuisine are mainly attributed to its EO (66,102,104). Owing to the nature of the effective components in its oil, Fructus Amomi is usually added to tea and wine. Fructus Amomi EOs mainly consist of camphor (34.4-37.0% (65), 37.9% (66), 16.8-28.9% (71)) and bornyl acetate (11.4–11.5% (65), 15.5% (66), 41.3–60.2% (71) as its major terpenoids. EOs of the dried fruits of A. villosum (Fructus amomi) obtained from Guangdong, Yunnan, Hainan, Jiangxi and Fujian provinces in China isolated by PHWE-LPME and SD showed borneol (31.1-31.6%) as one of the major terpenoid entities (65) (Table 1). Camphor is an oxygenated monoterpene with strong aroma. Bornyl acetate (ester of borneol, a bicyclic monoterpene alcohol) is the quality standard of Fructus Amomi according to the Chinese Pharmacopeia (102). Moreover, bornyl acetate extracted from A. villosum showed analgesic and anti-inflammatory effects (60). Again, with a strong piney aroma, bornyl acetate is used as a food additive and a flavoring agent and reported to have antioxidant, anti-inflammatory, anticancer and antiabortion activities (102).

The chemical profiles of EOs of several Amonum species were reported from south India (Table 1). We recently studied the chemical profiles of rhizome EOs of A. sahyadrica and A. fulviceps collected from the evergreen forests of Agastyamala Hills in Kerala in south India. Major constituents in A. sahyadrica rhizome oil were bulnesol (36.2%), longiborneol acetate (6.1%), butylated hydroxytoluene (5.5%) and 7-epi- $\alpha$ -selinene (5.4%) (unpublished data). Similarly, camphene (23.4%), trans-isolimonene (11.6%) and  $\gamma$ -terpinene (5.5%) were the major terpenoids in A. fulviceps rhizome oil (unpublished data). These two Amonum species, A. sahyadrica and A. fulviceps, were recently transferred to the genus Meistera as Meistera sahyadrica

(V.P.Thomas & M.Sabu) Škorničk. & M.F. Newman and Meistera fulviceps (Thwaites) Škorničk. & M.F. Newman (64). Similarly, EO chemical profiling studies of Amomum species were reported from Vietnam (Table 1). Ao and co-workers (2019) used GC-MS profiles of EOs and chemometric techniques to differentiate between A. villosum and A. villosum var. xanthioides collected from various locations in China, Vietnam, Thailand and Myanmar (71) (Table 1).

These studies also display the species-specific chemical patterns of EOs in genus Amomum (26). A combination of the EO profile and major marker compounds in each Amomum species is distinct (species-specific) within the genus and across members of other genera in the family Zingiberaceae (Tables 1; 8, 68, 69). These distinct chemical profiles of Amomum species could be used for (chemo-)-taxonomic assessments.

#### Essential oil constituents, flavor characteristics

Most Amomum species have monoterpenes and their oxygenated derivatives as major constituents in their EOs (Table 1, references therein). Camphor is the major constituent in EOs of A. globosum (38.9% (39)), A. villosum (Fructus amomi) (34.4-37.0% (65), 37.9% (66), 22.3% (67), 19.8% (30), 17.9% (70), 39.4-41.8% (23), 16.8–28.9% (71)), A. villosum var. xanthioides (29.-1-44.8% (71)) and A. biflorum (17.6% (38)). It is a commercially important aroma chemical. Camphor is widely used as a flavoring food additive, fragrance in cosmetics and preservative in confectionary goods. Several biological activities are also attributed to camphor and EOs enriched with it (109).

Methyl chavicol (phenyl propene) is the major constituent in A. linguiforme (93.2%) and A. pavieanum (91.6%) (Table 1). It is used in food flavoring and perfumery and as the main raw material for the manufacture of its isomer, anethole. A. schmidtti showed trans-p-(1-butenyl) anisole as the major constituent in EOs of its leaves (91.2%), stem (94.7%) and roots (90.0%) (Table 1). Similarly, santolina triene (42.2%) is the major constituent in EO of A. newmanii from the southern Western Ghats in India (Table 1).

 $\beta$ -Pinene is the major component in EOs of A. cannicarpum (fruits 14.0% (42)), A. maximum (fruits 23.4% (12), leaves 40.8%, stem 20.4%, roots 28.0% (49)), A. muricarpum (leaves 25.9%, roots 14.3%, fruits 17.9%, flower 14.1% (49)), A. muricatum (35.9% (50)), A. pterocarpum (rhizomes 65.5%, leaves 41.7% (52)), A. repoense (leaves 33.5% (26)), A. subulatum (pericarp 13.6% (15), rind 17.7% (18), seeds 4.0–11.1% (5)), A. testaceum (fruits 15.9% (57)), A. uliginosum (rhizomes 29.9% (61)), A. velutinum (leaves 46.3%, pseudo-stem 43.5%, rhizomes 45.9% (62)) and A. villosum (leaves 58.5% (64), leaves 53.6–56.6%, roots 34.7–41.6% (43), stem 48.1% (69)) (Table 1). The aroma characteristics of βpinene (at a concentration of 10%) are cooling, woody, piney and turpentine, with traces of fresh mint, eucalyptus and camphor. It can be detected at a threshold of 140 ppb. At 15 to 100 ppm, it has a characteristically fresh, pine, woody and resinous taste and a slight nuance of spicy, mint and camphor (36).

Similarly, α-pinene is a major component of EOs of *A. kravanh* (0.7–10.2% (23)), *A. longiligulare* (15.6% (48)), A. maximum (root 15.0% (49)), A. muricarpum (leaf 48.4%, stem 47.2%, root 54.7%, fruit 29.3%, flower 24.1% (49)), A. newmanii (rhizomes 17.1% (36)), A. uliginosum (rhizomes 10.4% (61)) and A. villosum (leaves 31.3% (64), leaves 22.0-22.1%, roots 11.6-14.0% (68), stem 16.9% (69)) (Table 1). α-Pinene has an intense and characteristic odor similar to pine and turpentine. α-Pinene (at 1 ppm) has citrus and spicy, woody-pine and turpentine like aroma. Its gustative threshold is 10 ppm, and it presents an intense, woody, piney taste with a notable camphor-like and turpentine taste (36).

1,8-Cineole, the major constituent in several Amomum EOs, displays a characteristic fragrance, camphoraceous features and a spicy flavor (see previous sections for details). Similar characteristics of various other major and minor terpenoids in Amomum EOs were reported in previous studies viz., α-terpinyl acetate (mildly herbaceous, sweet spicy; piney variations in odor, warm, mild spicy taste), a-terpineol (delicately floral, sweet, lilac like), 4-terpinenol (warm peppery woody with earthy, musty notes pleasantly green), linalyl acetate (sweet, floral, fruity odor and taste; poor tenacity, but stronger than terpinyl acetate), linalool (floral, woody, with citrusy note; creamy floral taste at low levels), geranyl acetate (sweet, floral, fruity with green note; stronger than geraniol), geraniol (floral, rosy with warm dry tones), geranial (citrus-like aroma), neryl acetate (very sweet, fruity, floral), nerol (isomeric to geraniol, citrus-like floral odor), farnesol (sweet oily, changing to floral green note), citronellol (fresh rosy odor and floral rosy bitter taste), nerolidol (woody, floral, slightly green), borneol (dry camphoraceous, woody peppery), camphor (warm minty odor, bitter, warm and cool mouth feel), citral (mixture of neral and geranial, powerful lemon fruity odor), citronellal (powerful fresh green, citrusy, slightly woody), methyl eugenol (musty tea like, mildly spicy, warm, slightly earthy), dl-limonene (citrus-like), α-pinene (woody), β-myrcene (metallic), α-bisabolol (floral), transsabinene hydrate (sweet) and α-caryophyllene (woody) (5,19,29,80,93,96,111,112).

These constituents, their relative composition and flavor characteristics, decide the flavor or spice value



of EOs and their parent *Amomum* species. Pungent non-volatile entities (3,6–10) also play a role in the flavor/spice value of aromatic plants.

## **Conclusions, future perspectives**

Of the 108 Amomum species, the chemical profiles of EOs of only 29 (and one variety) were studied so far. EOs in rest of the Amomum species are to be investigated for their chemistry and spice and flavor potentials. Similarly, to date, only few non-volatile pungent principles are isolated from genus Amomum. Flavor characteristics of 1,8-cineole and several other terpenoids are already described. But, more similar data of Amomum EOs and their minor constituents are necessary. Moreover, there is scope for more biological activity studies of Amomum EOs and their constituents. The complete chloroplast genome sequence of A. villosum has been elucidated recently (103). Biosynthesis of most EO constituents remains unknown (102). Biosynthetic, transcriptomic and metabolomic studies on Amomum species could help enhance the yield of desired terpenoids through genetic/metabolic engineering. Quality of plant materials and EOs are determined by numerous factors from genetic material to chromatographic analysis, and these parameters are to be standardized.

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