# **Recession Analysis**

A recession is an economic situation that arrives when the circulation of money in the economy is low for two consecutive quarters.

Recession is calculated and analyzed according to the growth in GDP, the growth in the unemployment rate, and the growth in consumer spending rate. But the most common way of measuring recession is by analyzing the monthly GDP growth data.

So, for the task of Recession analysis, we are going to use a dataset of the monthly Greece's GDP from 2016 to 2019.

# **Recession Analysis using Python**

Now let's start this task of Recession analysis by importing the necessary Python libraries and the dataset:

```
In [1]: import pandas as pd
import plotly.express as px
import plotly.graph_objects as go
import plotly.io as pio

In [2]: df = pd.read_excel('gdp_gr.xlsx')

In [14]: df.head(15)
```

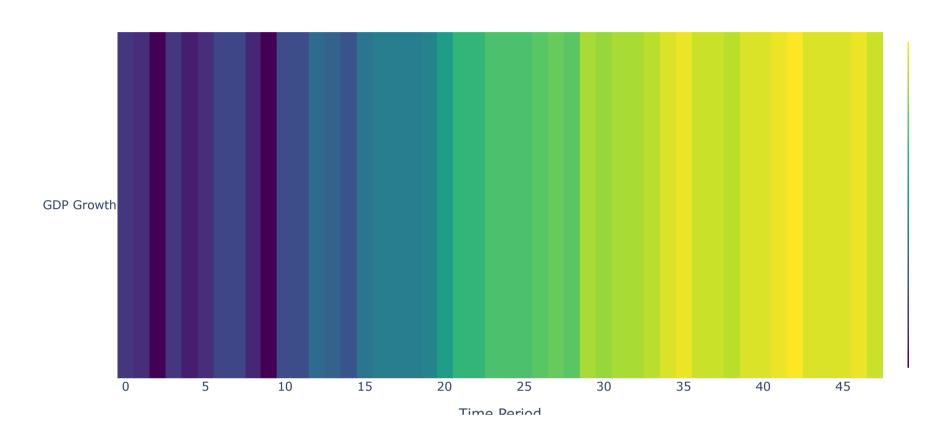
### Out[14]:

## **GDP Growth**

Date	
2016-01-01	-0.8
2016-02-01	-0.9
2016-03-01	-1.4
2016-04-01	-0.8
2016-05-01	-1.1
2016-06-01	-0.9
2016-07-01	-0.6
2016-08-01	-0.6
2016-09-01	-1.0
2016-10-01	-1.4
2016-11-01	-0.5
2016-12-01	-0.5
2017-01-01	-0.1
2017-02-01	-0.2
2017-03-01	-0.4

## Let's have a look at the GDP growth over time:

#### **GDP** Growth over Time



# As a recession means the decline in the circulation of money for two consecutive quarters, I will convert our monthly data into quarterly data to analyze the recession:

```
In [5]: # Convert monthly data to quarterly data using resample method
        df['Date'] = pd.to_datetime(df['Date'], format='/%m/%Y')
        df.set_index('Date', inplace=True)
        quarterly_data = df.resample('Q').mean()
        print(quarterly_data)
                    GDP Growth
        Date
        2016-03-31 -1.033333
        2016-06-30 -0.933333
        2016-09-30 -0.733333
        2016-12-31 -0.800000
        2017-03-31 -0.233333
        2017-06-30 0.166667
        2017-09-30
                      0.400000
        2017-12-31
                      1.166667
        2018-03-31
                      1.333333
        2018-06-30
                     1.600000
        2018-09-30
                      1.866667
        2018-12-31
                      2.166667
        2019-03-31
                      2.066667
        2019-06-30
                      2.233333
                      2.266667
        2019-09-30
```

2.200000

2019-12-31

### Now we can calculate and analyze recession based on quarterly GDP growth:

```
In [6]: # Calculate recession based on quarterly GDP growth
        quarterly_data['Recession'] = ((quarterly_data['GDP Growth'] < 0) & (quarterly_data['GDP Growth'].shift(1) < 0))</pre>
In [7]: # Fill missing values with False (since the first quarter cannot be in a recession)
        quarterly_data['Recession'].fillna(False, inplace=True)
In [8]: # Plot the GDP growth and recession data
        fig = go.Figure()
        fig.add_trace(go.Scatter(x=quarterly_data.index,
                                 y=quarterly_data['GDP Growth'],
                                 name='GDP Growth',
                                 line=dict(color='green', width=2)))
        fig.add_trace(go.Scatter(x=quarterly_data[quarterly_data['Recession']].index,
                                 y=quarterly_data[quarterly_data['Recession']]['GDP Growth'],
                                 name='Recession', line=dict(color='red', width=2)))
        fig.update_layout(title='GDP Growth and Recession over Time (Quarterly Data)',
                          xaxis_title='Time Period',
                          yaxis_title='GDP Growth')
        fig.show()
```

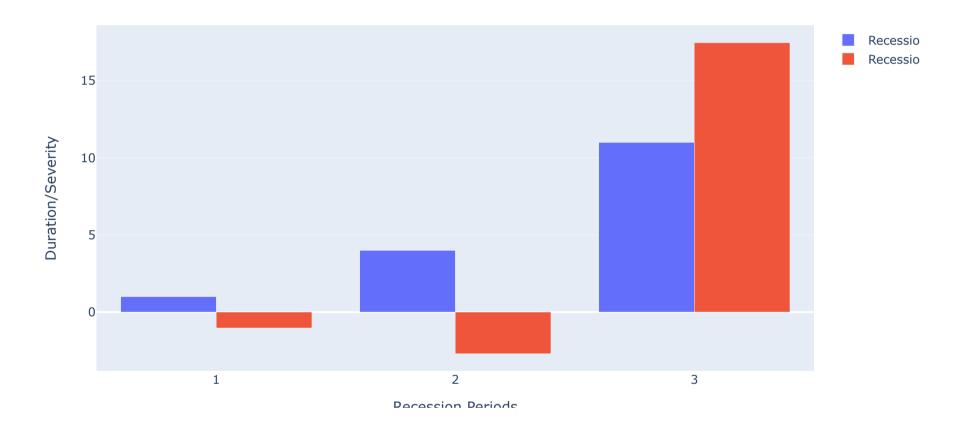
### GDP Growth and Recession over Time (Quarterly Data)



The red line shows the periods of negative GDP growth (considered recessions), and the green line shows the overall trend in GDP growth over time.

The severity of a recession refers to the extent to which the economy contracts during a recession. A severe recession involves a deeper and more prolonged decline in economic activity, resulting in negative effects on employment, incomes and other economic indicators

### Duration and Severity of Recession



## **Summary**

A recession is an economic situation that arrives when the circulation of money in the economy is low for two consecutive quarters. Recession is calculated and analyzed according to the growth in GDP, the growth in the unemployment rate, and the growth in consumer spending rate.