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RH2021 / AIG 26912 - 9866264676 - DIGITAL MARKETING - GRAPHIC DESIGNER

Name: JSAI SWAROOP Age: 23 yrs Sex: M Weight: 65 kg HT: 165 cms

MILD PAIN IN NECK AND LBA DURING MOVEMENTS H/O LOW BACK ACHE, NECK PAIN, NO COMPLAINTS, C/O LOW BACK ACHE - WITH EARLY MORNING STIFFNESS - 11 YRS, H/O NECK PAIN WITH RESTRICTED MOVEMENTS, NOCTURNAL PAINS +, H/O HIP PAIN H/O CHEST PAIN (COSTOCHONDRITIS), PAIN BOTH FEET, NO REDNESS OF EYES / DIARRHOEA / SKIN PSORIASIS / FAMILY HISTORY OF SIMILAR COMPLAINTS, NO H/O - APD / BLEEDING DIATHESIS/ BRONCHIAL ASTHMA / CAD / CKD / COPD/ CVA / DM / EPILEPSY / HTN / HYPOTHYROIDISM / KOCHS / KNOWN DRUG ALLERGY / T/H - USED ANALGESIC, ETANERCEPT FOR THE LAST 5 YRS NO H/O USING ALTERNATIVE MEDICINES - AYURVEDIC/ HOMEOPATHY/ UNANI NO F/H SIMILAR COMPLAINTS NIL O/E NO PALLOR/ ICTERUS/ LAN/ CLUBBING TEMP-N PR-72/MIN, APPP, BP-120/80 MM HG HEART - S1, S2, LUNGS - CL CLEAR MSK: TJC: 0/28, SIC: 0/28 LEFT HIP ROM PAINFUL - BETTER, ROM IMPROVING

Diagnosis: JUVENILE SPONDYLOARTHRITIS - ANKYLOSING SPONDYLITIS WITH PERIPHERAL ARTHRITIS, (HLA B27 - POSITIVE) (STEROID INDUCED ACNE)

Rx

1. Tab. INTA JAC 5 MG (TOFACITINIB) 1 TABLET TWO TIMES DAILY AFTER FOOD 9.00 am 9.00 pm O-O
2. Tab. RETOZ 60 MG (ETORICOXIB) 1 TAB 1 TAB (SQS FOR PAIN) 9.00 am 9.00 pm O-O
3. Tab. DAILYSHINE 60 K (CHOLECALCIFEROL 60000 IU) ONE TABLET ONCE IN 2 MONTH
4. PHYSIOTHERAPY AS ADVISED
5. INJ. DEPOMEDROL (METHYLPREDNISOLONE 40 MG/ML) 2 ML IM IN GLUTEAL REGION (STAT) / PFIZER - TODAY ONLY

ADV... TO REVIEW AFTER 3 MONTHS WITH
CBP, ESR, SGPT, CUE, CREATININE

TO DISPENSE FOR USE FOR 3 MONTHS ONLY

DISPENSED MEDICINES FOR MONTHS ON

INV	11/14	12/14	4/15	7/15	10/15	1/16	4/16	8/16	01/17	4/17	08/17	5/18	6/18	8/18	11/18	5/19	11/19	12/21	8/22	12/22	7/23
HB	11.9	11.9	11.5	11.7	14.0	12.1	10.5	12.3	12.2	12.0	13	11.9	12.7		16.2	16.2	15.7	16.3	13.0	15.8	14.6
TLC	9970	8160	7250	6690	8110	9120	9340	9080	9020	9390	7550	7670			9310	8070	8100	9100	7500	11000	8500
PLT	2.58	2.72	2.87	2.95	2.87	2.90	3.35	3.11	3.36	3.40	2.44	2.71		SAP-328	2.02	1.87	1.99	2.28	2.72	2.04	2.0
ESR	52	66/105	80	54	48	60	40	62	56		50	40		BIU-1.5	12	36	14	10	26	37	8
SGPT	10	14	16	11	10	13	15	24	15	11	8	8		15/18	22	19	14	13	28	11	14
CUE	NAD	NAD	NAD	NAD	NAD	ALB/SUGAR 2+	NAD	NAD	NAD	NAD	NAD	NAD			NAD	NAD	NAD	NAD	NAD	NAD	NAD
MBI HIP																					
CREAT													0.76		0.7	0.9	0.8	0.91	0.9	0.81	0.68
MANTOUX/HBSAG/HCV/HIV																					
CHSR																					

CE (CHEST EXPANSION) :- 82 - 86.5 CMS (4.5 CMS)
MS (MODIFIED SCHOBER) :- 6 CMS
SCHOBER :- 5 CMS
WALL TO TRAGUS LEFT :- 10 CMS
WALL TO TRAGUS RIGHT :- 10 CMS
WALL TO OCCIPUT :- 2 CMS

***** I HAVE BEEN EXPLAINED IN MY OWN LANGUAGE ABOUT THE NATURE OF THE DISEASE AND ITS COMPLICATIONS, LONG TERM PROGNOSIS, TREATMENT OPTIONS AVAILABLE, ADVERSE EFFECTS ASSOCIATED WITH THE USE OF MEDICINES FOR LONG TERM, REGULAR MONITORING FOR ADVERSE EFFECTS AND DISEASE ACTIVITY IN DETAIL.

PATIENT/ ATTENDER SIGNATURE

DR. JUGAL KISHORE KADEL
Consultant Adult and Paediatric Rheumatologist

9550601010