

# Real-time fitness monitor. A project proposal

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April 14, 2013

## **Abstract**

IMPACT is a multidisciplinary project in which students of computer science (more precisely: software engineering), material sciences, mechatronics and embedded system design come together to create Thai-boxing pads with builtin impact sensors and wireless connection to a base station. In this project, we will implement a multi-sensor tracking and analysis tool for a physical workout routine specific to Thai/kick-boxing or similar contact sports to track and display performance and fitness level of a practitioner over a single and over multiple sessions. It will be used to record and correlate the inputs from impact sensors and technique recognition and track improvements of practitioners over time.

# **1 Introduction**

\* A small introduction here.\*

## **1.1 Problem**

In the world of martial arts, there is no accurate way to study and analyze the performance of the trainee. This absence of analysis is due to the lack of tools presented to the trainers.

## **1.2 Aim of this project**

The aim of this project is to deliver an easy-to-use interface that displays training sessions' info and statistics. This in turn will help the trainers to get an accurate analysis of the trainee's performance. This interface should have the capability to get several plugins connected to it.

# **2 Technologies and frameworks**

A lot of technologies and frameworks have been researched, some of them were chosen to be used and others not. Following is a list of them

## **2.1 Not used**

Most of the technologies researched were not used because of their violation of the core feature of the interface being generic.

### **2.1.1 Depthjs**

Depthjs was developed by four MIT students, Aaron Zinman, Doug Fritz, Greg Elliott and Roy Shilkrot in 2010. Depthjs allows any web page to interact with the Microsoft Kinect using Javascript. It provides the low-level raw access to the Kinect as well as high-level hand gesture events to simplify development.

Depthjs is an open source project, but with no enough documentation, compatible with Google chrome only, and is more helpful in web navigation.

### **2.1.2 Zigfu**

Zigfu was developed by Ted Blackman, Shlomo Zippel, Roee Shenberg, Amir Hirsch, Bryce Tucker. They developed the ZDK (Zigfu Development Kit) to make cross-platform, motion-controlled apps with Kinect in HTML5/Javascript, Unity3D and Flash. Applications made with this development kit are portable across all operating systems, web browsers, computer vision middlewares, and 3D sensors.

Zigfu is not an open source project, still have problems in performance and accuracy in gesture recognition.

### 2.1.3 OpenDepth

OpenDepth - Extending the Web - is a client server application developed by Ecaterina Paun, Narcis Paun and Mircea Piturca. OpenDepth brings Kinect SDK methods and data to the web with the server side written on C# and built on top of Kinect SDK 1.5, while the client side is a written in JavaScript and uses the Three.js WebGL rendering engine.

It is an open source project, with enough documentation, and is more helpful in web navigation.

## 2.2 Used

\*Few words here\*

### 2.2.1 Django

\*Advantages\*

\*Disadvantages\*

\*Why I will use it\*

### 2.2.2 Web Sockets

\*Advantages\*

\*Disadvantages\*

\*Why I will use it\*

## 3 The interface

\*Few words here describing the interface and what it does\*

### 3.1 Architecture

\* Architecture's description \*

\* Architecture Image \*

#### 3.1.1 Interpreter

\* Interpreter's description \*

#### 3.1.2 Database

\*Few words here\*

#### 3.1.3 Statistics module

\* Module's description \*

#### 3.1.4 Monitor

\*Few words here\*