

# **Dynamics: Forces, Energy, & Momentum**

---

A comprehensive overview of the fundamental principles governing motion and interaction in our physical world.

PART 1

# Forces & Newton's Laws

# Newton's Three Laws of Motion

---



## 1. Inertia

An object at rest stays at rest, and an object in motion stays in motion unless acted upon by a net external force.



## 2. Acceleration

Force equals mass times acceleration. The acceleration is directly proportional to force and inversely proportional to mass.

$$F = ma$$



## 3. Interaction

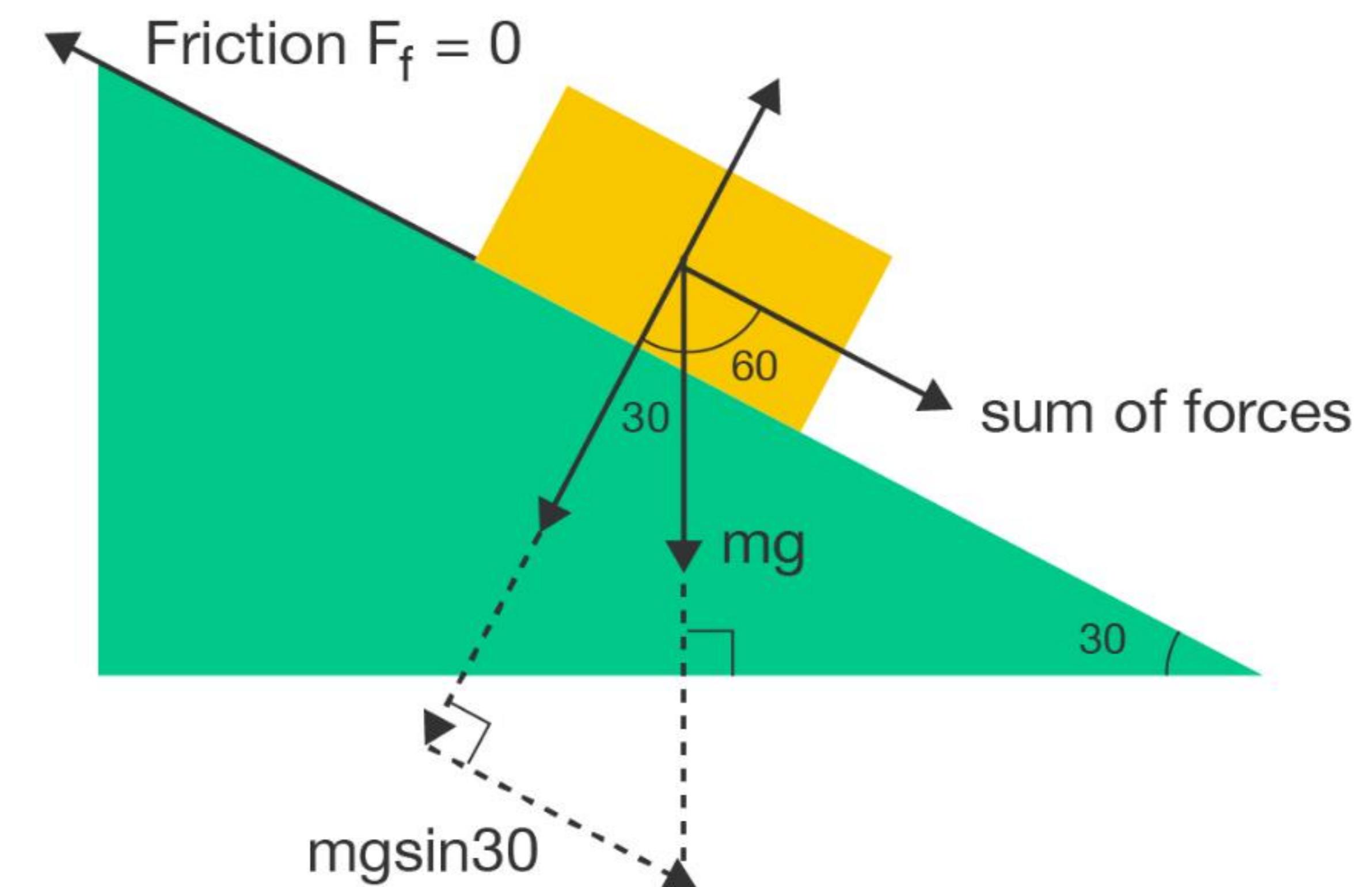
For every action, there is an equal and opposite reaction. Forces always occur in pairs.

# Visualizing Forces: Free Body Diagrams

## The Key to Problem Solving

A Free Body Diagram (FBD) is a simplified sketch used to show all the forces acting on a specific object.

- ✓ Isolate the object of interest.
- ✓ Represent the object as a dot or box.
- ✓ Draw vectors (arrows) for each force (Gravity, Normal, Friction, Tension).
- ✓ Label each vector clearly.



PART 2

# Conservation of Energy

# Forms of Mechanical Energy

---

## Kinetic Energy (KE)

The energy of motion. Any object with mass that is moving possesses kinetic energy.

$$KE = \frac{1}{2}mv^2$$

## Gravitational Potential Energy (PE)

Stored energy based on an object's position relative to a reference height.

$$PE = mgh$$

**Principle:** Total Mechanical Energy (KE + PE) remains constant in an isolated system.

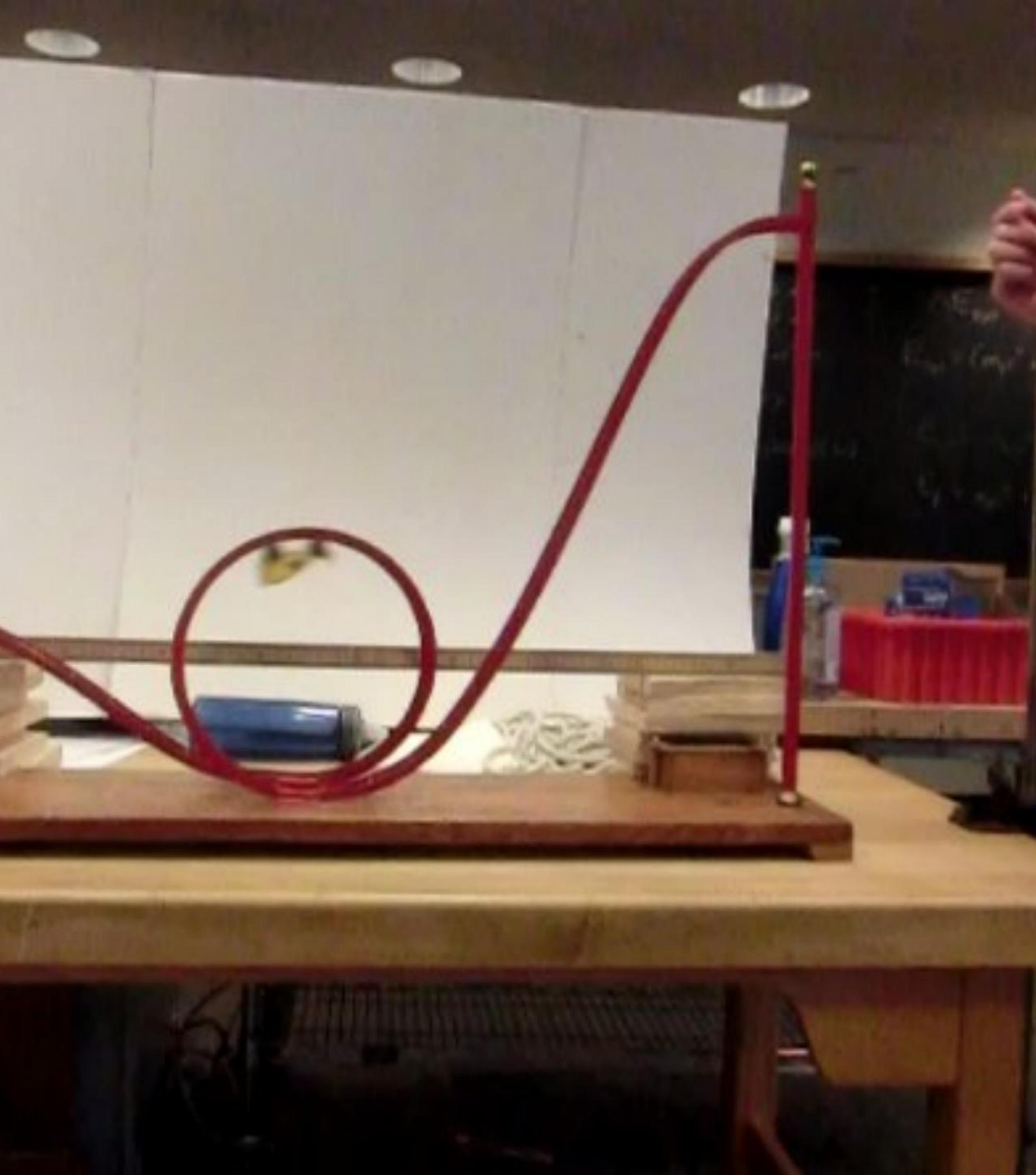
## Example: The Roller Coaster

A roller coaster is the classic example of energy conservation in action.

**Top of the Hill:** Potential energy is at its maximum, while kinetic energy is nearly zero.

**Bottom of the Drop:** Potential energy converts to kinetic energy, resulting in maximum speed.

**The Loop:** A mix of KE and PE keeps the car moving safely through the inversion.



PART 3

# Conservation of Momentum

# Understanding Momentum

---

## "Mass in Motion"

Momentum ( $p$ ) is a vector quantity defined as the product of an object's mass and velocity.

$$p = mv$$

## Conservation Principle

In a closed system with no external forces, the total momentum before an event equals the total momentum after the event.

$$p_{\text{initial}} = p_{\text{final}}$$

### Why it matters:

- ✓ Explains recoil in cannons/rockets.
- ✓ Critical for analyzing car accidents.
- ✓ Used in sports (pool, bowling).
- ✓ Fundamental to particle physics.

# Types of Collisions

---

## Elastic vs. Inelastic

**Elastic Collision:** Both momentum and Kinetic Energy are conserved. Objects bounce off each other perfectly (e.g., ideal gas molecules, billiard balls approx).

**Inelastic Collision:** Only momentum is conserved. Kinetic Energy is lost to heat, sound, or deformation. Objects may stick together (e.g., car crash, clay hitting floor).

*Note: In the real world, perfectly elastic collisions are rare.*



# Summary: Key Formulas & Units

Concept	Formula	SI Unit	Vector/Scalar
Force	$F = ma$	Newton (N)	Vector
Kinetic Energy	$KE = \frac{1}{2}mv^2$	Joule (J)	Scalar
Potential Energy	$PE = mgh$	Joule (J)	Scalar
Momentum	$p = mv$	kg·m/s	Vector
Impulse	$J = F\Delta t$	N·s	Vector

# Practice Problems

---

Simple

## Newton's Second Law

A 10 kg block is pushed across a frictionless surface with a net force of 50 N.

**Calculate the acceleration of the block.**

Intermediate

## Conservation of Energy

A 2 kg rock falls from a cliff that is 20 m high. Assume air resistance is negligible.

**Use energy conservation to find its speed just before impact. ( $g = 10 \text{ m/s}^2$ )**

Hard

## Inelastic Collision

A 2000 kg truck moving at 10 m/s collides with a stationary 1000 kg car. They lock bumpers and move together.

**What is their final combined velocity?**

# Solutions

Simple

**Given:**  $m = 10 \text{ kg}$ ,  $F = 50 \text{ N}$

**Formula:**  $F = ma$  implies  $a = \frac{F}{m}$

**Calculation:**

$$a = \frac{50}{10} = 5 \text{ m/s}^2$$

Intermediate

**Given:**  $m=2$ ,  $h=20$ ,  $g=10$ . Start  $v=0$ .

**Concept:**  $\text{PE}_{\text{top}} = \text{KE}_{\text{bottom}}$

$$mgh = \frac{1}{2}mv^2$$

$$10 ( 20 ) = 0.5v^2$$

$$200 = 0.5v^2 \rightarrow v^2 = 400$$

$$v = 20 \text{ m/s}$$

Hard

**Given:**  $m_1=2000$ ,  $v_1=10$ ;  $m_2=1000$ ,  $v_2=0$ .

**Formula:**  $p_i = p_f$

$$m_1 v_1 + m_2 v_2 = (m_1 + m_2) v_f$$
$$2000 ( 10 ) + 0 = 3000 v_f$$

$$20,000 = 3000 v_f$$

$$v_f \approx 6.67 \text{ m/s}$$

PART 4

# Interactive Learning

# Group Activity: The Egg Drop Challenge

---



## The Mission

Design a container that can protect a raw egg from a fall of 3 meters.

### Physics at Play:

- ✓ **Impulse:** Increasing the time of impact to reduce force ( $F = \frac{\Delta p}{\Delta t}$ ).
- ✓ **Air Resistance:** Using parachutes to reach terminal velocity.
- ✓ **Energy Absorption:** Crumple zones to dissipate kinetic energy.

# Physics in the Real World

---



Rocket Propulsion (Momentum)



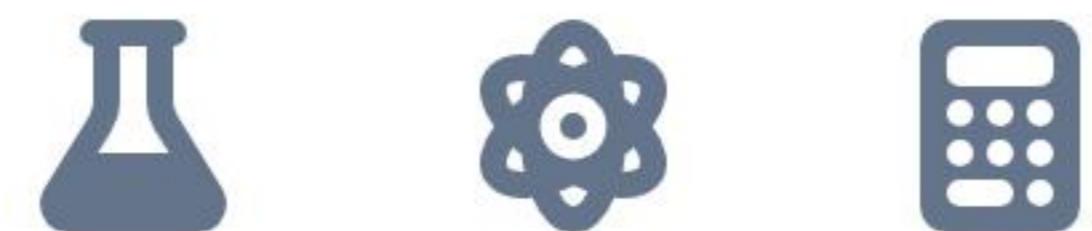
Safety Engineering (Impulse)



Sports Dynamics (Energy Transfer)

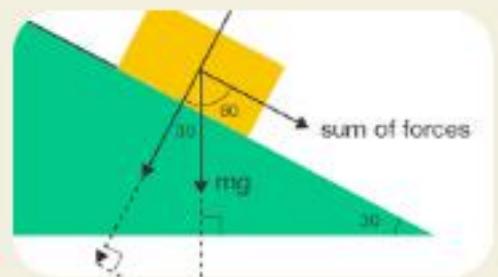
# Questions?

Thank you for exploring dynamics with us.



# Image Sources

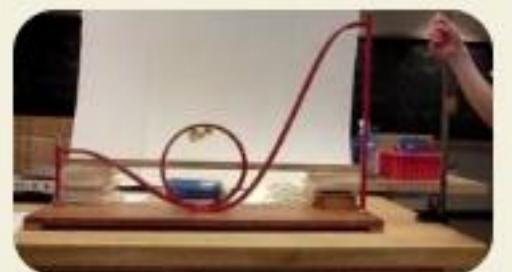
---



<https://rmitlibrary.github.io/cdn/learninglab/illustration/subject-support/physics/forces-on-incline-parallel.png>

Source: [learninglab.rmit.edu.au](http://learninglab.rmit.edu.au)

---



[http://chadorzel.com/principles/wp-content/uploads/2015/05/roller\\_coaster\\_still.jpg](http://chadorzel.com/principles/wp-content/uploads/2015/05/roller_coaster_still.jpg)

Source: [chadorzel.com](http://chadorzel.com)

---



[https://static.vecteezy.com/system/resources/thumbnails/047/425/143/small\\_2x/moment-of-collision-between-two-billiard-balls-which-results-in-one-of-them-falling-into-the-pocket-close-up-slow-motion-video.jpg](https://static.vecteezy.com/system/resources/thumbnails/047/425/143/small_2x/moment-of-collision-between-two-billiard-balls-which-results-in-one-of-them-falling-into-the-pocket-close-up-slow-motion-video.jpg)

Source: [www.vecteezy.com](http://www.vecteezy.com)

---



<https://www.educationalinsights.com/media/wp-content/uploads/2016/03/eggdrop-blog.jpg>

Source: [www.educationalinsights.com](http://www.educationalinsights.com)

---



<https://insite.ipwea.org/wp-content/uploads/2022/11/Space-Launch.png>

Source: [insite.ipwea.org](http://insite.ipwea.org)

---



[https://images.pond5.com/tu-ms-side-view-shot-010702023\\_prevstill.jpeg](https://images.pond5.com/tu-ms-side-view-shot-010702023_prevstill.jpeg)

Source: [www.pond5.com](http://www.pond5.com)

# Image Sources

---



[https://png.pngtree.com/png-vector/20251108/ourlarge/pngtree-baseball-player-hitting-ball-in-action-pose-png-image\\_17938783.webp](https://png.pngtree.com/png-vector/20251108/ourlarge/pngtree-baseball-player-hitting-ball-in-action-pose-png-image_17938783.webp)

Source: [pngtree.com](https://pngtree.com)