

The Myth Of Sisyphus And Other Essays

Albert Camus

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The Myth Of Sisyphus

AN ABSURD REASONING

Absurdity and Suicide

There is but one truly serious philosophical problem, and that is suicide. Judging whether life is or is not worth living amounts to answering the fundamental question of philosophy. All the rest— whether or not the world has three dimensions, whether the mind has nine or twelve categories—comes afterwards. These are games; one must first answer. And if it is true, as Nietzsche claims, that a philosopher, to deserve our respect, must preach by example, you can appreciate the importance of that reply, for it will precede the definitive act. These are facts the heart can feel; yet they call for careful study before they become clear to the intellect.

If I ask myself how to judge that this question is more urgent than that, I reply that one judges by the actions it entails. I have never seen anyone die for the ontological argument. Galileo, who held a scientific truth of great importance, abjured it with the greatest ease as soon as it endangered his life. In a certain sense, he did right. That truth was not worth the stake. Whether the earth or the sun revolves around the other is a matter of profound indifference. To tell the truth, it is a futile question. On the other hand, I see many people die because they judge that life is not worth living. I see others paradoxically getting killed for the ideas or illusions that give them a reason for living (what is called a reason for living is also an excellent reason for dying). I therefore conclude that the meaning of life is the most urgent of questions. How to answer it? On all essential problems (I mean thereby those that run the risk of leading to death or those that intensify the passion of living) there are probably but two methods of thought: the method of La Palisse and the method of Don Quixote. Solely the balance between evidence and lyricism can allow us to achieve simultaneously emotion and lucidity. In a subject at once so humble and so heavy with emotion, the learned and classical dialectic must yield, one can see, to a more modest attitude of mind deriving at one and the same time from common sense and understanding.

Suicide has never been dealt with except as a social phenomenon. On the contrary, we are concerned here, at the outset, with the relationship between individual thought and suicide. An act like this is prepared within the silence of the heart, as is a great work of art. The man himself is ignorant of it. One evening he pulls the trigger or jumps. Of an apartment-building manager who had killed himself I was told that he had lost his daughter five years before, that he had changed greatly since, and that that experience had “undermined” him. A more exact word cannot be imagined. Beginning to think is beginning to be undermined. Society has but little connection with such beginnings. The worm is in man’s heart. That is where it must be sought. One must follow and understand this fatal game that leads from lucidity in the face of existence to flight from light.

There are many causes for a suicide, and generally the most obvious ones were not the most powerful. Rarely is suicide committed (yet the hypothesis is not excluded) through reflection. What sets off the crisis is almost always unverifiable. Newspapers often speak of “personal sorrows” or of “incurable illness.” These explanations are plausible. But one would have to know whether a friend of the desperate man had not that very day addressed him indifferently. He is the guilty one. For that is enough to precipitate all the rancors and all the boredom still in suspension.

But if it is hard to fix the precise instant, the subtle step when the mind opted for death, it is easier to deduce from the act itself the consequences it implies. In a sense, and as in melodrama, killing yourself amounts to confessing. It is confessing that life is too much for you or that you do not understand it. Let’s not go too far in such analogies, however, but rather return to everyday words. It is merely confessing that that “is not worth the trouble.” Living, naturally, is never easy. You continue making the gestures commanded by existence for many reasons, the first of which is habit. Dying voluntarily implies that you have recognized, even instinctively, the ridiculous character of that habit, the absence of any profound reason for living, the insane character of that daily agitation, and the uselessness of suffering.

What, then, is that incalculable feeling that deprives the mind of the sleep necessary to life? A world that can be explained even with bad reasons is a familiar world. But, on the other hand, in a universe suddenly divested of

illusions and lights, man feels an alien, a stranger. His exile is without remedy since he is deprived of the memory of a lost home or the hope of a promised land. This divorce between man and this life, the actor and his setting, is properly the feeling of absurdity. All healthy men having thought of their own suicide, it can be seen, without further explanation, that there is a direct connection between this feeling and the longing for death.

The subject of this essay is precisely this relationship between the absurd and suicide, the exact degree to which suicide is a solution to the absurd. The principle can be established that for a man who does not cheat, what he believes to be true must determine his action. Belief in the absurdity of existence must then dictate his conduct. It is legitimate to wonder, clearly and without false pathos, whether a conclusion of this importance requires forsaking as rapidly as possible an incomprehensible condition. I am speaking, of course, of men inclined to be in harmony with themselves.

Stated clearly, this problem may seem both simple and insoluble. But it is wrongly assumed that simple questions involve answers that are no less simple and that evidence implies evidence. *A priori* and reversing the terms of the problem, just as one does or does not kill oneself, it seems that there are but two philosophical solutions, either yes or no. This would be too easy. But allowance must be made for those who, without concluding, continue questioning. Here I am only slightly indulging in irony: this is the majority. I notice also that those who answer "no" act as if they thought "yes." As a matter of fact, if I accept the Nietzschean criterion, they think "yes" in one way or another. On the other hand, it often happens that those who commit suicide were assured of the meaning of life. These contradictions are constant. It may even be said that they have never been so keen as on this point where, on the contrary, logic seems so desirable. It is a commonplace to compare philosophical theories and the behavior of those who profess them. But it must be said that of the thinkers who refused a meaning to life none except Kirilov who belongs to literature, Peregrinos who is born of legend, and Jules Lequier who belongs to hypothesis, admitted his logic to the point of refusing that life. Schopenhauer is often cited, as a fit subject for laughter, because he praised suicide while seated at a well-set table. This is no subject for joking. That way of

not taking the tragic seriously is not so grievous, but it helps to judge a man.

In the face of such contradictions and obscurities must we conclude that there is no relationship between the opinion one has about life and the act one commits to leave it? Let us not exaggerate in this direction. In a man's attachment to life there is something stronger than all the ills in the world. The body's judgment is as good as the mind's and the body shrinks from annihilation. We get into the habit of living before acquiring the habit of thinking. In that race which daily hastens us toward death, the body maintains its irreparable lead. In short, the essence of that contradiction lies in what I shall call the act of eluding because it is both less and more than diversion in the Pascalian sense. Eluding is the invariable game. The typical act of eluding, the fatal evasion that constitutes the third theme of this essay, is hope. Hope of another life one must "deserve" or trickery of those who live not for life itself but for some great idea that will transcend it, refine it, give it a meaning, and betray it.

Thus everything contributes to spreading confusion.

Hitherto, and it has not been wasted effort, people have played on words and pretended to believe that refusing to grant a meaning to life necessarily leads to declaring that it is not worth living. In truth, there is no necessary common measure between these two judgments. One merely has to refuse to be misled by the confusions, divorces, and inconsistencies previously pointed out. One must brush everything aside and go straight to the real problem. One kills oneself because life is not worth living, that is certainly a truth yet an unfruitful one because it is a truism. But does that insult to existence, that flat denial in which it is plunged come from the fact that it has no meaning? Does its absurdity require one to escape it through hope or suicide—this is what must be clarified, hunted down, and elucidated while brushing aside all the rest. Does the Absurd dictate death? This problem must be given priority over others, outside all methods of thought and all exercises of the disinterested mind. Shades of meaning, contradictions, the psychology that an "objective" mind can always introduce into all problems have no place in this pursuit and this passion. It calls simply for an unjust—in other words, logical—thought. That is not easy. It is always easy to be logical. It is almost impossible to be logical to

the bitter end. Men who die by their own hand consequently follow to its conclusion their emotional inclination. Reflection on suicide gives me an opportunity to raise the only problem to interest me: is there a logic to the point of death? I cannot know unless I pursue, without reckless passion, in the sole light of evidence, the reasoning of which I am here suggesting the source. This is what I call an absurd reasoning. Many have begun it. I do not yet know whether or not they kept to it.

When Karl Jaspers, revealing the impossibility of constituting the world as a unity, exclaims: "This limitation leads me to myself, where I can no longer withdraw behind an objective point of view that I am merely representing, where neither I myself nor the existence of others can any longer become an object for me," he is evoking after many others those waterless deserts where thought reaches its confines. After many others, yes indeed, but how eager they were to get out of them! At that last crossroad where thought hesitates, many men have arrived and even some of the humblest. They then abdicated what was most precious to them, their life. Others, princes of the mind, abdicated likewise, but they initiated the suicide of their thought in its purest revolt. The real effort is to stay there, rather, in so far as that is possible, and to examine closely the odd vegetation of those distant regions. Tenacity and acumen are privileged spectators of this inhuman show in which absurdity, hope, and death carry on their dialogue. The mind can then analyze the figures of that elementary yet subtle dance before illustrating them and reliving them itself.

Absurd Walls

Like great works, deep feelings always mean more than they are conscious of saying. The regularity of an impulse or a repulsion in a soul is encountered again in habits of doing or thinking, is reproduced in consequences of which the soul itself knows nothing. Great feelings take with them their own universe, splendid or abject. They light up with their passion an exclusive world in which they recognize their climate. There is a universe of jealousy, of ambition, of selfishness, or of generosity. A universe in other words, a metaphysic and an attitude of mind. What is true of already specialized feelings will be even more so of emotions basically as indetermi-

nate, simultaneously as vague and as “definite,” as remote and as “present” as those furnished us by beauty or aroused by absurdity.

At any streetcorner the feeling of absurdity can strike any man in the face. As it is, in its distressing nudity, in its light without effulgence, it is elusive. But that very difficulty deserves reflection. It is probably true that a man remains forever unknown to us and that there is in him something irreducible that escapes us. But *practically* I know men and recognize them by their behavior, by the totality of their deeds, by the consequences caused in life by their presence. Likewise, all those irrational feelings which offer no purchase to analysis. I can define them *practically*, appreciate them *practically*, by gathering together the sum of their consequences in the domain of the intelligence, by seizing and noting all their aspects, by outlining their universe. It is certain that apparently, though I have seen the same actor a hundred times, I shall not for that reason know him any better personally. Yet if I add up the heroes he has personified and if I say that I know him a little better at the hundredth character counted off, this will be felt to contain an element of truth. For this apparent paradox is also an apologue. There is a moral to it. It teaches that a man defines himself by his make-believe as well as by his sincere impulses. There is thus a lower key of feelings, inaccessible in the heart but partially disclosed by the acts they imply and the attitudes of mind they assume. It is clear that in this way I am defining a method. But it is also evident that that method is one of analysis and not of knowledge. For methods imply metaphysics; unconsciously they disclose conclusions that they often claim not to know yet. Similarly, the last pages of a book are already contained in the first pages. Such a link is inevitable. The method defined here acknowledges the feeling that all true knowledge is impossible. Solely appearances can be enumerated and the climate make itself felt.

Perhaps we shall be able to overtake that elusive feeling of absurdity in the different but closely related worlds of intelligence, of the art of living, or of art itself. The climate of absurdity is in the beginning. The end is the absurd universe and that attitude of mind which lights the world with its true colors to bring out the privileged and implacable visage which that attitude has discerned in it.

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All great deeds and all great thoughts have a ridiculous beginning. Great works are often born on a street-corner or in a restaurant's revolving door. So it is with absurdity. The absurd world more than others derives its nobility from that abject birth. In certain situations, replying "nothing" when asked what one is thinking about may be pretense in a man. Those who are loved are well aware of this. But if that reply is sincere, if it symbolizes that odd state of soul in which the void becomes eloquent, in which the chain of daily gestures is broken, in which the heart vainly seeks the link that will connect it again, then it is as it were the first sign of absurdity.

It happens that the stage sets collapse. Rising, streetcar, four hours in the office or the factory, meal, streetcar, four hours of work, meal, sleep, and Monday Tuesday Wednesday Thursday Friday and Saturday according to the same rhythm—this path is easily followed most of the time. But one day the "why" arises and everything begins in that weariness tinged with amazement. "Begins"—this is important. Weariness comes at the end of the acts of a mechanical life, but at the same time it inaugurates the impulse of consciousness. It awakens consciousness and provokes what follows. What follows is the gradual return into the chain or it is the definitive awakening. At the end of the awakening comes, in time, the consequence: suicide or recovery. In itself weariness has something sickening about it. Here, I must conclude that it is good. For everything begins with consciousness and nothing is worth anything except through it. There is nothing original about these remarks. But they are obvious; that is enough for a while, during a sketchy reconnaissance in the origins of the absurd. Mere "anxiety," as Heidegger says, is at the source of everything.

Likewise and during every day of an unillustrious life, time carries us. But a moment always comes when we have to carry it. We live on the future: "tomorrow," "later on," "when you have made your way," "you will understand when you are old enough." Such irrelevancies are wonderful, for, after all, it's a matter of dying. Yet a day comes when a man notices or says that he is thirty. Thus he asserts his youth. But simultaneously he situates himself in relation to time. He takes his place in it. He admits that he stands at a certain point on a curve that he acknowledges having to travel to its end. He belongs to time, and by the horror that seizes him, he recog-

nizes his worst enemy. Tomorrow, he was longing for tomorrow, whereas everything in him ought to reject it. That revolt of the flesh is the absurd.

A step lower and strangeness creeps in: perceiving that the world is “dense,” sensing to what a degree a stone is foreign and irreducible to us, with what intensity nature or a landscape can negate us. At the heart of all beauty lies something inhuman, and these hills, the softness of the sky, the outline of these trees at this very minute lose the illusory meaning with which we had clothed them, henceforth more remote than a lost paradise. The primitive hostility of the world rises up to face us across millennia, for a second we cease to understand it because for centuries we have understood in it solely the images and designs that we had attributed to it beforehand, because henceforth we lack the power to make use of that artifice. The world evades us because it becomes itself again. That stage scenery masked by habit becomes again what it is. It withdraws at a distance from us. Just as there are days when under the familial face of a woman, we see as a stranger her we had loved months or years ago, perhaps we shall come even to desire what suddenly leaves us so alone. But the time has not yet come. Just one thing: that denseness and that strangeness of the world is the absurd.

Men, too, secrete the inhuman. At certain moments of lucidity, the mechanical aspect of their gestures, their meaningless pantomime makes silly everything that surrounds them. A man is talking on the telephone behind a glass partition; you cannot hear him, but you see his incomprehensible dumb show: you wonder why he is alive. This discomfort in the face of man’s own inhumanity, this incalculable tumble before the image of what we are, this “nausea,” as a writer of today calls it, is also the absurd. Likewise the stranger who at certain seconds comes to meet us in a mirror, the familiar and yet alarming brother we encounter in our own photographs is also the absurd.

I come at last to death and to the attitude we have toward it. On this point everything has been said and it is only proper to avoid pathos. Yet one will never be sufficiently surprised that everyone lives as if no one “knew.” This is because in reality there is no experience of death. Properly speaking, nothing has been experienced but what has been lived and made conscious. Here, it is barely possible to speak of the experience of others’

deaths. It is a substitute, an illusion, and it never quite convinces us. That melancholy convention cannot be persuasive. The horror comes in reality from the mathematical aspect of the event. If time frightens us, this is because it works out the problem and the solution comes afterward. All the pretty speeches about the soul will have their contrary convincingly proved, at least for a time. From this inert body on which a slap makes no mark the soul has disappeared. This elementary and definitive aspect of the adventure constitutes the absurd feeling. Under the fatal lighting of that destiny, its uselessness becomes evident. No code of ethics and no effort are justifiable *a priori* in the face of the cruel mathematics that command our condition.

Let me repeat: all this has been said over and over. I am limiting myself here to making a rapid classification and to pointing out these obvious themes. They run through all literatures and all philosophies. Everyday conversation feeds on them. There is no question of reinventing them. But it is essential to be sure of these facts in order to be able to question oneself subsequently on the primordial question. I am interested let me repeat again—not go much in absurd discoveries as in their consequences. If one is assured of these facts, what is one to conclude, how far is one to go to elude nothing? Is one to die voluntarily or to hope in spite of everything? Beforehand, it is necessary to take the same rapid inventory on the plane of the intelligence.

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The mind's first step is to distinguish what is true from what is false. However, as soon as thought reflects on itself, what it first discovers is a contradiction. Useless to strive to be convincing in this case. Over the centuries no one has furnished a clearer and more elegant demonstration of the business than Aristotle: "The often ridiculed consequence of these opinions is that they destroy themselves. For by asserting that all is true we assert the truth of the contrary assertion and consequently the falsity of our own thesis (for the contrary assertion does not admit that it can be true). And if one says that all is false, that assertion is itself false. If we declare that solely the assertion opposed to ours is false or else that solely ours is not false, we are nevertheless forced to admit an infinite number of true or

false judgments. For the one who expresses a true assertion proclaims simultaneously that it is true, and so on *ad infinitum*.”

This vicious circle is but the first of a series in which the mind that studies itself gets lost in a giddy whirling. The very simplicity of these paradoxes makes them irreducible. Whatever may be the plays on words and the acrobatics of logic, to understand is, above all, to unify. The mind's deepest desire, even in its most elaborate operations, parallels man's unconscious feeling in the face of his universe: it is an insistence upon familiarity, an appetite for clarity. Understanding the world for a man is reducing it to the human, stamping it with his seal. The cat's universe is not the universe of the anthill. The truism “All thought is anthropomorphic” has no other meaning. Likewise, the mind that aims to understand reality can consider itself satisfied only by reducing it to terms of thought. If man realized that the universe like him can love and suffer, he would be reconciled. If thought discovered in the shimmering mirrors of phenomena eternal relations capable of summing them up and summing themselves up in a single principle, then would be seen an intellectual joy of which the myth of the blessed would be but a ridiculous imitation. That nostalgia for unity, that appetite for the absolute illustrates the essential impulse of the human drama. But the fact of that nostalgia's existence does not imply that it is to be immediately satisfied. For if, bridging the gulf that separates desire from conquest, we assert with Parmenides the reality of the One (whatever it may be), we fall into the ridiculous contradiction of a mind that asserts total unity and proves by its very assertion its own difference and the diversity it claimed to resolve. This other vicious circle is enough to stifle our hopes.

These are again truisms. I shall again repeat that they are not interesting in themselves but in the consequences that can be deduced from them. I know another truism: it tells me that man is mortal. One can nevertheless count the minds that have deduced the extreme conclusions from it. It is essential to consider as a constant point of reference in this essay the regular hiatus between what we fancy we know and what we really know, practical assent and simulated ignorance which allows us to live with ideas which, if we truly put them to the test, ought to upset our whole life. Faced with this inextricable contradiction of the mind, we shall fully grasp

the divorce separating us from our own creations. So long as the mind keeps silent in the motionless world of its hopes, everything is reflected and arranged in the unity of its nostalgia.

But with its first move this world cracks and tumbles: an infinite number of shimmering fragments is offered to the understanding. We must despair of ever reconstructing the familiar, calm surface which would give us peace of heart. After so many centuries of inquiries, so many abdications among thinkers, we are well aware that this is true for all our knowledge. With the exception of professional rationalists, today people despair of true knowledge. If the only significant history of human thought were to be written, it would have to be the history of its successive regrets and its impotences.

Of whom and of what indeed can I say: "I know that!" This heart within me I can feel, and I judge that it exists. This world I can touch, and I likewise judge that it exists. There ends all my knowledge, and the rest is construction. For if I try to seize this self of which I feel sure, if I try to define and to summarize it, it is nothing but water slipping through my fingers. I can sketch one by one all the aspects it is able to assume, all those likewise that have been attributed to it, this upbringing, this origin, this ardor or these silences, this nobility or this vileness. But aspects cannot be added up. This very heart which is mine will forever remain indefinable to me. Between the certainty I have of my existence and the content I try to give to that assurance, the gap will never be filled. Forever I shall be a stranger to myself. In psychology as in logic, there are truths but no truth. Socrates' "Know thyself" has as much value as the "Be virtuous" of our confessionals. They reveal a nostalgia at the same time as an ignorance. They are sterile exercises on great subjects. They are legitimate only in precisely so far as they are approximate.

And here are trees and I know their gnarled surface, water and I feel its taste. These scents of grass and stars at night, certain evenings when the heart relaxes—how shall I negate this world whose power and strength I feel? Yet all the knowledge on earth will give me nothing to assure me that this world is mine. You describe it to me and you teach me to classify it. You enumerate its laws and in my thirst for knowledge I admit that they are true. You take apart its mechanism and my hope increases. At the final

stage you teach me that this wondrous and multicolored universe can be reduced to the atom and that the atom itself can be reduced to the electron. All this is good and I wait for you to continue. But you tell me of an invisible planetary system in which electrons gravitate around a nucleus. You explain this world to me with an image. I realize then that you have been reduced to poetry: I shall never know. Have I the time to become indignant? You have already changed theories. So that science that was to teach me everything ends up in a hypothesis, that lucidity founders in metaphor, that uncertainty is resolved in a work of art. What need had I of so many efforts? The soft lines of these hills and the hand of evening on this troubled heart teach me much more. I have returned to my beginning. I realize that if through science I can seize phenomena and enumerate them, I cannot, for all that, apprehend the world. Were I to trace its entire relief with my finger, I should not know any more. And you give me the choice between a description that is sure but that teaches me nothing and hypotheses that claim to teach me but that are not sure. A stranger to myself and to the world, armed solely with a thought that negates itself as soon as it asserts, what is this condition in which I can have peace only by refusing to know and to live, in which the appetite for conquest bumps into walls that defy its assaults? To will is to stir up paradoxes. Everything is ordered in such a way as to bring into being that poisoned peace produced by thoughtlessness, lack of heart, or fatal renunciations.

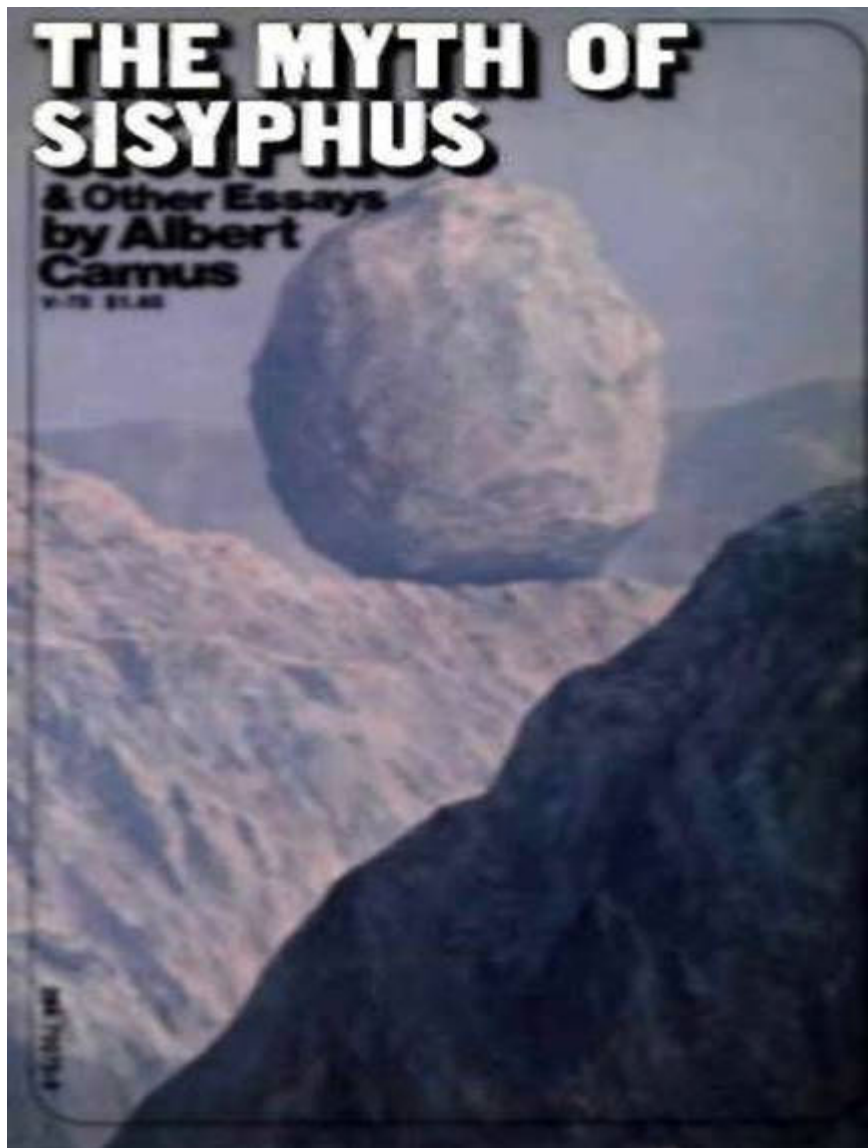
Hence the intelligence, too, tells me in its way that this world is absurd. Its contrary, blind reason, may well claim that all is clear; I was waiting for proof and longing for it to be right. But despite so many pretentious centuries and over the heads of so many eloquent and persuasive men, I know that is false. On this plane, at least, there is no happiness if I cannot know. That universal reason, practical or ethical, that determinism, those categories that explain everything are enough to make a decent man laugh. They have nothing to do with the mind. They negate its profound truth, which is to be enchained. In this unintelligible and limited universe, man's fate henceforth assumes its meaning. A horde of irrationals has sprung up and surrounds him until his ultimate end. In his recovered and now studied lucidity, the feeling of the absurd becomes clear and definite. I said that the world is absurd, but I was too hasty. This world in itself is not reasonable, that is all that can be said. But what is absurd is the confrontation of

this irrational and the wild longing for clarity whose call echoes in the human heart. The absurd depends as much on man as on the world. For the moment it is all that links them together. It binds them one to the other as only hatred can weld two creatures together. This is all I can discern clearly in this measureless universe where my adventure takes place. Let us pause here. If I hold to be true that absurdity that determines my relationship with life, if I become thoroughly imbued with that sentiment that seizes me in face of the world's scenes, with that lucidity imposed on me by the pursuit of a science, I must sacrifice everything to these certainties and I must see them squarely to be able to maintain them. Above all, I must adapt my behavior to them and pursue them in all their consequences. I am speaking here of decency. But I want to know beforehand if thought can live in those deserts.

Philosophical Suicide

The feeling of the absurd is not, for all that, the notion of the absurd. It lays the foundations for it, and that is all. It is not limited to that notion, except in the brief moment when it passes judgment on the universe. Subsequently it has a chance of going further. It is alive; in other words, it must die or else reverberate. So it is with the themes we have gathered together. But there again what interests me is not works or minds, criticism of which would call for another form and another place, but the discovery of what their conclusions have in common. Never, perhaps, have minds been so different. And yet we recognize as identical the spiritual landscapes in which they get under way. Likewise, despite such dissimilar zones of knowledge, the cry that terminates their itinerary rings out in the same way. It is evident that the thinkers we have just recalled have a common climate.

To say that that climate is deadly scarcely amounts to playing on words. Living under that stifling sky forces one to get away or to stay. The important thing is to find out how people get away in the first case and why people stay in the second case. This is how I define the problem of suicide and the possible interest in the conclusions of existential philosophy.



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Albert Camus

Translated from the French by Justin O'Brien
1955

The Myth Of Sisyphus

AN ABSURD REASONING

Absurd Freedom

Now the main thing is done, I hold certain facts from which I cannot separate. What I know, what is certain, what I cannot deny, what I cannot reject—this is what counts. I can negate everything of that part of me that lives on vague nostalgias, except this desire for unity, this longing to solve, this need for clarity and cohesion. I can refute everything in this world surrounding me that offends or enraptures me, except this chaos, this sovereign chance and this divine equivalence which springs from anarchy. I don't know whether this world has a meaning that transcends it. But I know that I do not know that meaning and that it is impossible for me just now to know it. What can a meaning outside my condition mean to me? I can understand only in human terms. What I touch, what resists me—that is what I understand. And these two certainties—my appetite for the absolute and for unity and the impossibility of reducing this world to a rational and reasonable principle—I also know that I cannot reconcile them. What other truth can I admit without lying, without bringing in a hope I lack and which means nothing within the limits of my condition?

If I were a tree among trees, a cat among animals, this life would have a meaning, or rather this problem would not arise, for I should belong to this world. I should *be* this world to which I am now opposed by my whole consciousness and my whole insistence upon familiarity. This ridiculous reason is what sets me in opposition to all creation. I cannot cross it out with a stroke of the pen. What I believe to be true I must therefore preserve. What seems to me so obvious, even against me, I must support. And what constitutes the basis of that conflict, of that break between the world and my mind, but the awareness of it? If therefore I want to preserve it, I can through a constant awareness, ever revived, ever alert. This is what, for the moment, I must remember. At this moment the absurd, so obvious and yet so hard to win, returns to a man's life and finds its home there. At this moment, too, the mind can leave the arid, dried-up path of lucid effort. That path now emerges in daily life. It encounters the world of the anonymous impersonal pronoun "one," but henceforth man enters in with his revolt and his lucidity. He has forgotten how to hope. This hell of the present is his Kingdom at last. All problems recover their sharp edge. Abstract evidence retreats before the poetry of forms and

colors. Spiritual conflicts become embodied and return to the abject and magnificent shelter of man's heart. None of them is settled. But all are transfigured. Is one going to die, escape by the leap, rebuild a mansion of ideas and forms to one's own scale? Is one, on the contrary, going to take up the heart-rending and marvelous wager of the absurd? Let's make a final effort in this regard and draw all our conclusions. The body, affection, creation, action, human nobility will then resume their places in this mad world. At last man will again find there the wine of the absurd and the bread of indifference on which he feeds his greatness.

Let us insist again on the method: it is a matter of persisting. At a certain point on his path the absurd man is tempted. History is not lacking in either religions or prophets, even without gods. He is asked to leap. All he can reply is that he doesn't fully understand, that it is not obvious. Indeed, he does not want to do anything but what he fully understands. He is assured that this is the sin of pride, but he does not understand the notion of sin; that perhaps hell is in store, but he has not enough imagination to visualize that strange future; that he is losing immortal life, but that seems to him an idle consideration. An attempt is made to get him to admit his guilt. He feels innocent. To tell the truth, that is all he feels—his irreparable innocence. This is what allows him everything. Hence, what he demands of himself is to live *solely* with what he knows, to accommodate himself to what is, and to bring in nothing that is not certain. He is told that nothing is. But this at least is a certainty. And it is with this that he is concerned: he wants to find out if it is possible to live *without appeal*.

Now I can broach the notion of suicide. It has already been felt what solution might be given. At this point the problem is reversed. It was previously a question of finding out whether or not life had to have a meaning to be lived. It now becomes clear, on the contrary, that it will be lived all the better if it has no meaning. Living an experience, a particular fate, is accepting it fully. Now, no one will live this fate, knowing it to be absurd, unless he does everything to keep before him that absurd brought to light by consciousness. Negating one of the terms of the opposition on which he lives amounts to escaping it. To abolish conscious revolt is to elude the problem. The theme of permanent revolution is thus carried into individual experience. Living is keeping the absurd alive. Keeping it alive is, above all, contemplating it. Unlike Eurydice, the absurd dies only when we turn away from it. One of the only coherent philosophical positions is thus revolt. It is a constant confrontation between man and his own obscurity. It is an insistence upon an impossible transparency. It challenges the world anew every second. Just as danger provided man the unique opportunity of seizing awareness, so metaphysical revolt extends

awareness to the whole of experience. It is that constant presence of man in his own eyes. It is not aspiration, for it is devoid of hope. That revolt is the certainty of a crushing fate, without the resignation that ought to accompany it.

This is where it is seen to what a degree absurd experience is remote from suicide. It may be thought that suicide follows revolt—but wrongly. For it does not represent the logical outcome of revolt. It is just the contrary by the consent it presupposes. Suicide, like the leap, is acceptance at its extreme. Everything is over and man returns to his essential history. His future, his unique and dreadful future—he sees and rushes toward it. In its way, suicide settles the absurd. It engulfs the absurd in the same death. But I know that in order to keep alive, the absurd cannot be settled. It escapes suicide to the extent that it is simultaneously awareness and rejection of death. It is, at the extreme limit of the condemned man's last thought, that shoelace that despite everything he sees a few yards away, on the very brink of his dizzying fall. The contrary of suicide, in fact, is the man condemned to death.

That revolt gives life its value. Spread out over the whole length of a life, it restores its majesty to that life. To a man devoid of blinders, there is no finer sight than that of the intelligence at grips with a reality that transcends it. The sight of human pride is unequalled. No disparagement is of any use. That discipline that the mind imposes on itself, that will conjured up out of nothing, that face-to-face struggle have something exceptional about them. To impoverish that reality whose inhumanity constitutes man's majesty is tantamount to impoverishing him himself. I understand then why the doctrines that explain everything to me also debilitate me at the same time. They relieve me of the weight of my own life, and yet I must carry it alone. At this juncture, I cannot conceive that a skeptical metaphysics can be joined to an ethics of renunciation.

Consciousness and revolt, these rejections are the contrary of renunciation. Everything that is indomitable and passionate in a human heart quickens them, on the contrary, with its own life. It is essential to die unreconciled and not of one's own free will. Suicide is a repudiation. The absurd man can only drain everything to the bitter end, and deplete himself. The absurd is his extreme tension, which he maintains constantly by solitary effort, for he knows that in that consciousness and in that day-to-day revolt he gives proof of his only truth, which is defiance. This is a first consequence.

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If I remain in that prearranged position which consists in drawing all the conclusions (and nothing else) involved in a newly discovered notion, I am faced with a second paradox. In order to remain faithful to that method, I have nothing to do with the problem of metaphysical liberty. Knowing whether or not man is free doesn't interest me. I can experience only my own freedom. As to it, I can have no general notions, but merely a few clear insights. The problem of "freedom as such" has no meaning, for it is linked in quite a different way with the problem of God. Knowing whether or not man is free involves knowing whether he can have a master. The absurdity peculiar to this problem comes from the fact that the very notion that makes the problem of freedom possible also takes away all its meaning. For in the presence of God there is less a problem of freedom than a problem of evil. You know the alternative: either we are not free and God the all-powerful is responsible for evil. Or we are free and responsible but God is not all powerful. All the scholastic subtleties have neither added anything to nor subtracted anything from the acuteness of this paradox.

This is why I cannot act lost in the glorification or the mere definition of a notion which eludes me and loses its meaning as soon as it goes beyond the frame of reference of my individual experience. I cannot understand what kind of freedom would be given me by a higher being. I have lost the sense of hierarchy. The only conception of freedom I can have is that of the prisoner or the individual in the midst of the State. The only one I know is freedom of thought and action. Now if the absurd cancels all my chances of eternal freedom, it restores and magnifies, on the other hand, my freedom of action. That privation of hope and future means an increase in man's availability.

Before encountering the absurd, the everyday man lives with aims, a concern for the future or for justification (with regard to whom or what is not the question). He weighs his chances, he counts on "someday," his retirement or the labor of his sons. He still thinks that something in his life can be directed. In truth, he acts as if he were free, even if all the facts make a point of contradicting that liberty. But after the absurd, everything is upset. That idea that "I am," my way of acting as if everything has a meaning (even if, on occasion, I said that nothing has)—all that is given the lie in vertiginous fashion by the absurdity of a possible death. Thinking of the future, establishing aims for oneself, having preferences—all this presupposes a belief in freedom, even if one occasionally ascertains that one doesn't feel it. But at that moment I am well aware that that higher liberty, that freedom *to be*, which alone can serve as basis for a truth, does not exist. Death is there as the only reality. After death the chips are

down. I am not even free, either, to perpetuate myself, but a slave, and, above all, a slave without hope of an eternal revolution, without recourse to contempt. And who without revolution and without contempt can remain a slave? What freedom can exist in the fullest sense without assurance of eternity?

But at the same time the absurd man realizes that hitherto he was bound to that postulate of freedom on the illusion of which he was living. In a certain sense, that hampered him. To the extent to which he imagined a purpose to his life, he adapted himself to the demands of a purpose to be achieved and became the slave of his liberty. Thus I could not act otherwise than as the father (or the engineer or the leader of a nation, or the post-office sub-clerk) that I am preparing to be. I think I can choose to be that rather than something else. I think so unconsciously, to be sure. But at the same time I strengthen my postulate with the beliefs of those around me, with the presumptions of my human environment (others are so sure of being free, and that cheerful mood is so contagious!). However far one may remain from any presumption, moral or social, one is partly influenced by them and even, for the best among them (there are good and bad presumptions), one adapts one's life to them. Thus the absurd man realizes that he was not really free. To speak clearly, to the extent to which I hope, to which I worry about a truth that might be individual to me, about a way of being or creating, to the extent to which I arrange my life and prove thereby that I accept its having a meaning, I create for myself barriers between which I confine my life. I do like so many bureaucrats of the mind and heart who only fill me with disgust and whose only vice, I now see clearly, is to take man's freedom seriously.

The absurd enlightens me on this point: there is no future. Henceforth this is the reason for my inner freedom. I shall use two comparisons here. Mystics, to begin with, find freedom in giving themselves. By losing themselves in their god, by accepting his rules, they become secretly free. In spontaneously accepted slavery they recover a deeper independence. But what does that freedom mean? It may be said, above all, that they *feel* free with regard to themselves, and not so much free as liberated. Likewise, completely turned toward death (taken here as the most obvious absurdity), the absurd man feels released from everything outside that passionate attention crystallizing in him. He enjoys a freedom with regard to common rules. It can be seen at this point that the initial themes of existential philosophy keep their entire value. The return to consciousness, the escape from everyday sleep represent the first steps of absurd freedom. But it is existential *preaching* that is alluded to, and with it that spiritual leap which basically escapes consciousness. In the same way (this is my

second comparison) the slaves of antiquity did not belong to themselves. But they knew that freedom which consists in not feeling responsible. Death, too, has patrician hands which, while crushing, also liberate.

Losing oneself in that bottomless certainty, feeling henceforth sufficiently remote from one's own life to increase it and take a broad view of it—this involves the principle of a liberation. Such new independence has a definite time limit, like any freedom of action. It does not write a check on eternity. But it takes the place of the illusions of *freedom*, which all stopped with death. The divine availability of the condemned man before whom the prison doors open in a certain early dawn, that unbelievable disinterestedness with regard to everything except for the pure flame of life—it is clear that death and the absurd are here the principles of the only reasonable freedom: that which a human heart can experience and live. This is a second consequence. The absurd man thus catches sight of a burning and frigid, transparent and limited universe in which nothing is possible but everything is given, and beyond which all is collapse and nothingness. He can then decide to accept such a universe and draw from it his strength, his refusal to hope, and the unyielding evidence of a life without consolation.

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But what does life mean in such a universe? Nothing else for the moment but indifference to the future and a desire to use up everything that is given. Belief in the meaning of life always implies a scale of values, a choice, our preferences. Belief in the absurd, according to our definitions, teaches the contrary. But this is worth examining.

Knowing whether or not one can live *without appeal* is all that interests me. I do not want to get out of my depth. This aspect of life being given me, can I adapt myself to it? Now, faced with this particular concern, belief in the absurd is tantamount to substituting the quantity of experiences for the quality. If I convince myself that this life has no other aspect than that of the absurd, if I feel that its whole equilibrium depends on that perpetual opposition between my conscious revolt and the darkness in which it struggles, if I admit that my freedom has no meaning except in relation to its limited fate, then I must say that what counts is not the best living but the most living. It is not up to me to wonder if this is vulgar or revolting, elegant or deplorable. Once and for all, value judgments are discarded here in favor of factual judgments. I have merely to draw the conclusions from what I can see and to risk nothing that is

hypothetical. Supposing that living in this way were not honorable, then true propriety would command me to be dishonorable.

The most living; in the broadest sense, that rule means nothing. It calls for definition. It seems to begin with the fact that the notion of quantity has not been sufficiently explored. For it can account for a large share of human experience. A man's rule of conduct and his scale of values have no meaning except through the quantity and variety of experiences he has been in a position to accumulate. Now, the conditions of modern life impose on the majority of men the same quantity of experiences and consequently the same profound experience. To be sure, there must also be taken into consideration the individual's spontaneous contribution, the "given" element in him. But I cannot judge of that, and let me repeat that my rule here is to get along with the immediate evidence. I see, then, that the individual character of a common code of ethics lies not so much in the ideal importance of its basic principles as in the norm of an experience that it is possible to measure. To stretch a point somewhat, the Greeks had the code of their leisure just as we have the code of our eight-hour day. But already many men among the most tragic cause us to foresee that a longer experience changes this table of values. They make us imagine that adventurer of the everyday who through mere quantity of experiences would break all records (I am purposely using this sports expression) and would thus win his own code of ethics. Yet let's avoid romanticism and just ask ourselves what such an attitude may mean to a man with his mind made up to take up his bet and to observe strictly what he takes to be the rules of the game.

Breaking all the records is first and foremost being faced with the world as often as possible. How can that be done without contradictions and without playing on words? For on the one hand the absurd teaches that all experiences are unimportant, and on the other it urges toward the greatest quantity of experiences. How, then, can one fail to do as so many of those men I was speaking of earlier—choose the form of life that brings us the most possible of that human matter, thereby introducing a scale of values that on the other hand one claims to reject?

But again it is the absurd and its contradictory life that teaches us. For the mistake is thinking that that quantity of experiences depends on the circumstances of our life when it depends solely on us. Here we have to be over-simple. To two men living the same number of years, the world always provides the same sum of experiences. It is up to us to be conscious of them. Being aware of one's life, one's revolt, one's freedom, and to the maximum, is living, and to the maximum. Where lucidity dominates, the

scale of values becomes useless. Let's be even more simple. Let us say that the sole obstacle, the sole deficiency to be made good, is constituted by premature death. Thus it is that no depth, no emotion, no passion, and no sacrifice could render equal in the eyes of the absurd man (even if he wished it so) a conscious life of forty years and a lucidity spread over sixty years. Madness and death are his irreparables. Man does not choose. The absurd and the extra life it involves *therefore do not depend on man's will*, but on its contrary, which is death. Weighing words carefully, it is altogether a question of luck. One just has to be able to consent to this. There will never be any substitute for twenty years of life and experience.

By what is an odd inconsistency in such an alert race, the Greeks claimed that those who died young were beloved of the gods. And that is true only if you are willing to believe that entering the ridiculous world of the gods is forever losing the purest of joys, which is feeling, and feeling on this earth. The present and the succession of presents before a constantly conscious soul is the ideal of the absurd man. But the word "ideal" rings false in this connection. It is not even his vocation, but merely the third consequence of his reasoning. Having started from an anguished awareness of the inhuman, the meditation on the absurd returns at the end of its itinerary to the very heart of the passionate flames of human revolt.

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Thus I draw from the absurd three consequences, which are my revolt, my freedom, and my passion. By the mere activity of consciousness I transform into a rule of life what was an invitation to death—and I refuse suicide. I know, to be sure, the dull resonance that vibrates throughout these days. Yet I have but a word to say: that it is necessary. When Nietzsche writes: "It clearly seems that the chief thing in heaven and on earth is to *obey* at length and in a single direction: in the long run there results something for which it is worth the trouble of living on this earth as, for example, virtue, art, music, the dance, reason, the mind—something that transfigures, something delicate, mad, or divine," he elucidates the rule of a really distinguished code of ethics. But he also points the way of the absurd man. Obeying the flame is both the easiest and the hardest thing to do. However, it is good for man to judge himself occasionally. He is alone in being able to do so.

"Prayer," says Alain, "is when night descends over thought."

“But the mind must meet the night,” reply the mystics and the existentials. Yes, indeed, but not that night that is born under closed eyelids and through the mere will of man—dark, impenetrable night that the mind calls up in order to plunge into it. If it must encounter a night, let it be rather that of despair, which remains lucid—polar night, vigil of the mind, whence will arise perhaps that white and virginal brightness which outlines every object in the light of the intelligence. At that degree, equivalence encounters passionate understanding. Then it is no longer even a question of judging the existential leap. It resumes its place amid the age-old fresco of human attitudes. For the spectator, if he is conscious, that leap is still absurd. In so far as it thinks it solves the paradox, it reinstates it intact. On this score, it is stirring. On this score, everything resumes its place and the absurd world is reborn in all its splendor and diversity.

But it is bad to stop, hard to be satisfied with a single way of seeing, to go without contradiction, perhaps the most subtle of all spiritual forces. The preceding merely defines a way of thinking. But the point is to live.

THE MYTH OF SISYPHUS

The gods had condemned Sisyphus to ceaselessly rolling a rock to the top of a mountain, whence the stone would fall back of its own weight. They had thought with some reason that there is no more dreadful punishment than futile and hopeless labor.

If one believes Homer, Sisyphus was the wisest and most prudent of mortals. According to another tradition, however, he was disposed to practice the profession of highwayman. I see no contradiction in this. Opinions differ as to the reasons why he became the futile laborer of the underworld. To begin with, he is accused of a certain levity in regard to the gods. He stole their secrets. Ægina, the daughter of Æsopus, was carried off by Jupiter. The father was shocked by that disappearance and complained to Sisyphus. He, who knew of the abduction, offered to tell about it on condition that Æsopus would give water to the citadel of Corinth. To the celestial thunderbolts he preferred the benediction of water. He was punished for this in the underworld. Homer tells us also that Sisyphus had put Death in chains. Pluto could not endure the sight of his deserted, silent empire. He dispatched the god of war, who liberated Death from the hands of her conqueror.

It is said also that Sisyphus, being near to death, rashly wanted to test his wife's love. He ordered her to cast his unburied body into the middle of the public square. Sisyphus woke up in the underworld. And there, annoyed by an obedience so contrary to human love, he obtained from Pluto permission to return to earth in order to chastise his wife. But when he had seen again the face of this world, enjoyed water and sun, warm stones and the sea, he no longer wanted to go back to the infernal darkness. Recalls, signs of anger, warnings were of no avail. Many years more he lived facing the curve of the gulf, the sparkling sea, and the smiles of earth. A decree of the gods was necessary. Mercury came and seized the impudent man by the collar and, snatching him from his joys, led him forcibly back to the underworld, where his rock was ready for him.

You have already grasped that Sisyphus is the absurd hero. He *is*, as much through his passions as through his torture. His scorn of the gods, his hatred of death, and his passion for life won him that unspeakable penalty in which the whole being is exerted toward accomplishing nothing. This is the price that must be paid for the passions of this earth. Nothing is told us about Sisyphus in the underworld. Myths are made for the imagination to breathe life into them. As for this myth, one sees merely the whole effort

of a body straining to raise the huge stone, to roll it and push it up a slope a hundred times over; one sees the face screwed up, the cheek tight against the stone, the shoulder bracing the clay-covered mass, the foot wedging it, the fresh start with arms outstretched, the wholly human security of two earth-clotted hands. At the very end of his long effort measured by skyless space and time without depth, the purpose is achieved. Then Sisyphus watches the stone rush down in a few moments toward that lower world whence he will have to push it up again toward the summit. He goes back down to the plain.

It is during that return, that pause, that Sisyphus interests me. A face that toils so close to stones is already stone itself! I see that man going back down with a heavy yet measured step toward the torment of which he will never know the end. That hour like a breathing-space which returns as surely as his suffering, that is the hour of consciousness. At each of those moments when he leaves the heights and gradually sinks toward the lairs of the gods, he is superior to his fate. He is stronger than his rock.

If this myth is tragic, that is because its hero is conscious. Where would his torture be, indeed, if at every step the hope of succeeding upheld him? The workman of today works every day in his life at the same tasks, and this fate is no less absurd. But it is tragic only at the rare moments when it becomes conscious. Sisyphus, proletarian of the gods, powerless and rebellious, knows the whole extent of his wretched condition: it is what he thinks of during his descent. The lucidity that was to constitute his torture at the same time crowns his victory. There is no fate that cannot be surmounted by scorn.

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If the descent is thus sometimes performed in sorrow, it can also take place in joy. This word is not too much. Again I fancy Sisyphus returning toward his rock, and the sorrow was in the beginning. When the images of earth cling too tightly to memory, when the call of happiness becomes too insistent, it happens that melancholy rises in man's heart: this is the rock's victory, this is the rock itself. The boundless grief is too heavy to bear. These are our nights of Gethsemane. But crushing truths perish from being acknowledged. Thus, Oedipus at the outset obeys fate without knowing it. But from the moment he knows, his tragedy begins. Yet at the same moment, blind and desperate, he realizes that the only bond linking him to the world is the cool hand of a girl. Then a tremendous remark rings out: "Despite so many ordeals, my advanced age and the nobility of my soul make me conclude that all is well." Sophocles' Oedipus, like

Dostoevsky's Kirilov, thus gives the recipe for the absurd victory. Ancient wisdom confirms modern heroism.

One does not discover the absurd without being tempted to write a manual of happiness. "What! by such narrow ways—?" There is but one world, however. Happiness and the absurd are two sons of the same earth. They are inseparable. It would be a mistake to say that happiness necessarily springs from the absurd discovery. It happens as well that the feeling of the absurd springs from happiness. "I conclude that all is well," says Oedipus, and that remark is sacred. It echoes in the wild and limited universe of man. It teaches that all is not, has not been, exhausted. It drives out of this world a god who had come into it with dissatisfaction and a preference for futile sufferings. It makes of fate a human matter, which must be settled among men.

All Sisyphus' silent joy is contained therein. His fate belongs to him. His rock is his thing. Likewise, the absurd man, when he contemplates his torment, silences all the idols. In the universe suddenly restored to its silence, the myriad wondering little voices of the earth rise up. Unconscious, secret calls, invitations from all the faces, they are the necessary reverse and price of victory. There is no sun without shadow, and it is essential to know the night. The absurd man says yes and his effort will henceforth be unceasing. If there is a personal fate, there is no higher destiny, or at least there is but one which he concludes is inevitable and despicable. For the rest, he knows himself to be the master of his days. At that subtle moment when man glances backward over his life, Sisyphus returning toward his rock, in that slight pivoting he contemplates that series of unrelated actions which becomes his fate, created by him, combined under his memory's eye and soon sealed by his death. Thus, convinced of the wholly human origin of all that is human, a blind man eager to see who knows that the night has no end, he is still on the go. The rock is still rolling.

I leave Sisyphus at the foot of the mountain! One always finds one's burden again. But Sisyphus teaches the higher fidelity that negates the gods and raises rocks. He too concludes that all is well. This universe henceforth without a master seems to him neither sterile nor futile. Each atom of that stone, each mineral flake of that night-filled mountain, in itself forms a world. The struggle itself toward the heights is enough to fill a man's heart. One must imagine Sisyphus happy.