

# Leadership Map

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## 0 Introduction

## 1 My Story

### 1.1 Childhood: Setting The Stage

#### 1.1.1 Establishing Norms

#### 1.1.2 Building Humility

### 1.2 Adolescence: Building Character in “The Woods”

#### 1.2.1 Antifragility: Resilience built through Adversity

#### 1.2.2 Lessons from Antiquity: Lao Tze and “The Way”

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##### 1.2.4.1 Life Is Long If You Know How To Use It - Seneca

##### 1.2.4.2 Wake and Do The Work of Man - Marcus Aurelius



- 1.2.5 Lessons from Modernity: Positive Existentialism
- 1.2.6 Lessons from the Community: Friends That Promote You
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## 2 Life Mission

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## 3 Success, Happiness, and Meaning

- 3.1 Success
  - 3.1.1 What is Success?
  - 3.1.2 How do you measure it?
  - 3.1.3 Why chase it?
- 3.2 Happiness
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- 3.3 Meaning
  - 3.3.1 What is it?
  - 3.3.2 How do you measure it?
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- Managing conflict and negotiating
- Time management

## **7 Twenties Journey: Objective, Direction, and Path**

### **7.1 Master my Craft**

### **7.2 Prioritize Health**

### **7.3 Widen my T**

## **8 Implementation: 3-year plan**

## **9 Implementation: Senior Year**

## **10 Closing Comments and Reflections**