1,000 watts like Velodyne, but in my room (30 by 18ish with a 25 foot ceiling) it ROCKS.

I love music, all kinds; loud or quiet no matter I like both, but I do like depth more than volume. However, I believe if you are going to listen to something real loud, being able to feel the music is as important as being able to here it. And let me say you can FEEL music if

I looked around a long time for the right sub, and, I like to think I got a good one here. You want power? Ok, it's only 250 watts -not

you want to. one of the things I love most about this sub is it's range; it can (maybe) reach 20 hertz. that is astounding. 20Hz is the lowest frequency the human ear can hear, in fact it's starting into the range of sounds that are felt more than heard.

Maybe I have good ears and maybe I don't, but to hear rich airy low-end, and, bass notes. bass is not one big boomy lump of noise, it's huge, open, grazing pasture of distinct sounds!

In short, music sounds great, even hip-hop (which I don't like) sounds, well, better. Also, their is no need to turn the volume way up to

hear a improvement; at very quiet levels too, you can hear good clean bass notes. But, if you do a lot of quite listening, we're talking back ground music levels: disable the auto-on feature and manually turn it on and off, because if you happen to be listening to something quiet, even if you still can here low notes from this, it does not seem to be enough signal to keep the auto-on, well... on.

It improves movies as well, take something with a lot of dynamics like, "The Hitchhiker's Guide to the Galaxy" or, "Sky Captain and the World of Tomorrow" there are a lot of sudden loud, and very low sounds in those movie's and the Yamaha handles it all with aplomb.

With most of the controls are on the front set-up is and tweaking is made easy, and if you are wondering about the "BASS" button: if the button is in the "music" position you will have to turn the volume to a higher level to shake the termites out of the walls than if its set to the "movie" position (I think "music" is a flatter frequency response). As this review seems to be getting a bit long I'll some it up: yes, there are far better subwoofers out there (like from B&W), but I don't have the money for those, and if someone gave me a 1,000 watt Velodyne I would take it in a heartbeat- but, I wouldn't want to give this one up too. It's a absolute pleasure to listen to.

Update: I have run some test tones on this subwoofer, and well, it can not reach 20Hz. 38Hz seems to be the limit for usable bass, although it is still audible to around 32Hz, 20Hz is a stretch. If 38Hz sounds to high: their are not many movie's or CD's that have any sounds below 35Hz. And very, very few have sound below 25Hz. Although it does not go as low as I would have hoped, it is still a good sub for the money.