### Hebrews

## Chapter 4

1Therefore, we should all be afraid that some of us might actually be left behind [like they were in the desert] when it comes to the promise of entering His Rest.  
  
2For we’ve been preached to, just as they were – but what they heard didn’t benefit them, because those who heard it didn’t combine it with faith.For we’ve been preached to, just as they were – but what they heard didn’t benefit them, because those who heard it didn’t combine it with faith.<sup class="difference">[Syr] 3But we, who actually have believed [what we heard], yes – we do enter into [God’s] Rest.  
  
  
Yet... As He said, ‘So in My rage, I swore: They will not enter My rest’... [So what does that mean?]  
  
Well, note [how during] God’s works [back] at the founding of the world,Well, note [how during] God’s works [back] at the founding of the world,<sup class="difference">[Syr] 4he said this about the seventh day:  
  
 ‘God rested from all His of works on the seventh day.’ [Genesis 2:2]  
  
5Hence, once again, [when] He said, ‘They will not enter My rest,’ 6[it means that] they all had the opportunity to enter it – but those who were first preached to didn’t enter it, because they weren’t reconciled [to God].  
  
7Furthermore, notice how He appointed another day, much later, mentioned in the same [psalm of] David quoted above.  
  
For He went on to say:  
  
 ‘If you should hear His voice today, don’t harden your hearts.’ [Psalm 95:8]  
  
8So if they’d already been led to this place of [God’s] Rest by JoShua, then [God] wouldn’t have spoken of another day in the future. 9So it’s well-established that God’s people will [enter God’s] Rest 10(for whoever has entered into His Rest will rest from their own works, just as God is [resting] from His own).  
  
11Therefore, we should be doing everything we can to enter that Rest, and not to fall into being like those who weren’t reconciled [to God]!  
  
  
12Understand that God’s word is living – it’s at work, and it’s sharper than any double-edged sword! It cuts so fine that it can separate the breath from the breather, as well as his joints from his marrow!  
  
It can even judge our thoughts and the desires of [our] hearts! 13For nothing in creation is invisible to His eyes… Everything is naked and open before the One we [all] have to answer to.  
  
14So in view of the fact that we have such a great High Priest who went up [into] the sky – Jesus the Anointed One,So in view of the fact that we have such a great High Priest who went up [into] the sky – Jesus the Anointed One,<sup class="difference">[Syr] the Son of The God – let’s keep talking about him!  
  
15For we don’t have a High Priest who can’t sympathize with our weakness; rather, we have one who’s been tested in every way just like us – except he didn’t sin!  
  
16Therefore, let’s approach his throne of loving kindness confidently, so that we can receive his mercy, and find loving care and help when we need it.