### Psalms

## Chapter 119

Praise Jah.   
  
  
  
  
1Those who are spotless are blest…  
 Those who obey the Laws of Jehovah.  
 2And blest are those who search for His [words]…  
 Those who seek Him with their whole hearts.  
 3But, those who practice what’s lawless  
 Will never walk in His ways.  
  
4You’ve told us to follow Your orders;  
 5So, straighten our paths to follow Your Laws,  
 6Then we’ll never be shamed  
 By failing to keep Your Commandments.  
  
7To You I’ll confess with a pure heart,  
 And I’ll study Your judgments and justice.  
 8I’ll always follow Your Laws,  
 So that You’ll never desert me!  
  
9How can a young man keep his ways straight?  
 By wholeheartedly obeying Your words.  
 10So, from my heart, I’ve inquired of You,  
 And from Your Commandments, don’t push me away!  
  
11I’ve hidden Your prophecies deep in my heart,  
 So against You, I’ll not sin.  
 12May You be praised, O Jehovah…  
 Please teach me Your ways!  
  
13With my lips, I’ll declare the decisions  
 That have come from Your mouth.  
 14I’ve found delight in the things that You’ve said,  
 And I view them as greater than treasure.  
  
15On Your Commandments, I’ll meditate,  
 And I’ll contemplate all Your ways.  
 16I’ll also think of Your Laws,  
 And never forget what You’ve promised.  
  
17So, bless and enliven Your servant,  
 And I’ll do as You’ve told me.  
 18Uncover my eyes and I’ll contemplate  
 The wondrous ways of Your Laws.  
  
19I’m just a sojourner on earth,  
 So, please don’t hide Your Commandments from me.  
 20For my soul has longed for Your judgments…  
 They’re the things that I’ve always desired.  
  
21You’ve scolded the proud,  
 And those who reject Your Commandments are cursed.  
 22So, take away my scorn and contempt;  
 For I’ve searched through the proofs that You’ve sent.  
  
23But against Your servant, the rulers speak badly,  
 Even though I’ve pondered Your ways.  
 24I’ve thought about the proofs You’ve provided,  
 And Your Laws have been my advice.  
  
25Although my soul has been pushed to the ground,  
 Your Word has kept me alive.  
 26My [foolish] ways, I’ve admitted to you,  
 And You’ve heard [all my prayers].  
  
So, teach me Your rules 27and show Me Your Laws…  
 Teach me to fully understand them,  
 And to contemplate all Your wonders.  
  
28My soul was asleep and indifferent;  
 But now, make me firm in Your words.  
 29Remove injustice from all of my ways,  
 And let Your Laws teach me mercy.  
  
30The way of truth, I’ve chosen,  
 And Your decisions, I’ve never forgotten.  
 31In Your just paths, I’ve always remained,  
 So Lord, don’t put me to shame.  
  
32Towards Your Commandments, I’ve run  
 From the time that You widened my heart.  
 33So, establish Your Laws deep within me,  
 And I’ll follow them always, O Lord.  
  
34Please teach me to understand,  
 And I’ll search for Your Laws,  
 Then guard them with my whole heart.  
 35Towards Your Commandments, please lead me;  
 For they’re what I’ve always desired.  
  
36Lean my heart towards Your righteous ways,  
 And remove my desire for wealth.  
 37To my eyes, please give good direction,  
 So they’ll never desire what’s foolish.  
  
Enliven me in Your ways,  
 38And send Your servant an omen of fear!  
 39Remove my scorn and the things that I dread;  
 For, all Your decisions are kind.  
  
40Your Commandments, I’ve always desired;  
 So, make me alive in Your righteous ways.  
 41Then send me Your mercies, O Lord…  
 And as You once promised, please save me,  
 42So I’ll be able to give a reply  
 To those who speak ill of me,  
 And I can put faith in Your words.  
  
43Don’t remove Your words of truth from my mouth;  
 For, in Your judgments, I’ve raised hopes.  
 44I’ll guard Your Laws throughout the ages  
 And into the age of the ages.  
  
45Because I’ve searched Your Commandments,  
 My life has become more important…  
 46I’ve spoken of Your ways before kings,  
 And for this, I’ve never been shamed.  
  
47On Your Commandments, I’ve pondered,  
 And I’ve come to love them so dearly.  
 48I’ve sworn to obey all Your orders…  
 I’ve considered and loved all Your rules.  
  
49Remember Your words to Your servant,  
 For, they’ve given me hope.  
 50They’ve provided me comfort in times of shame,  
 And Your signs have given me life.  
  
51Although the proud have all been unjust;  
 From Your Laws, I’ve not turned away.  
 52Throughout the age, I’ve remembered Your rules;  
 And Jehovah, they’ve brought me much comfort.  
  
53Because of the sinners, I was depressed…  
 By those who’ve abandoned Your Laws.  
 54But Your rules became like music to me,  
 And [remain within me] wherever I go.  
  
55During the night, I think of Your Name;  
 And Jehovah, I’ve followed Your Laws.  
 56All the [good] that has happened to me,  
 Has come because I’ve searched for Your ways.  
  
57O Lord, You’re the share I was given,  
 And of guarding Your Laws, I’ve spoken.  
 58With my whole heart, I’ve begged to Your face:  
  
 ‘Show mercy on me as You’ve promised.’  
  
59Although against Your ways, I once argued;  
 My feet then turned towards the things that You said.  
 60So, I’ve prepared to keep Your Commandments,  
 And by them, I won’t be disturbed.  
  
61Although in the cords of the sinners, I’ve been twisted;  
 I’ve not forgotten Your Laws.  
 62So at midnight, I wake up to thank You  
 For Your decisions and justice.  
  
63I’m a partner to all those who fear You…  
 To those who obey Your Commandments.  
 64For the earth is filled with Your mercy,  
 And I’ve learned from Your rules.  
  
65You’ve used Your servant to do what’s good,  
 According to Your Word, O Jehovah.  
 66Now, teach me to know what’s right  
 And to ever trust in Your judgments.  
  
67I was a sinner before I was humbled;  
 But since then, I’ve guarded Your words.  
 68You’ve provided so kindly for me, O my Lord,  
 So in kindness, please teach me Your Laws.  
  
69The injustice of the proud is a burden to me;  
 But I’ll seek Your Commandments with my whole heart.  
 70Although the hearts of such ones have curdled like milk,  
 I’ve still pondered Your Laws.  
  
71It’s good that I’ve been humbled by You,  
 So I’d learn to follow Your rules.  
 72For to me, the Laws that come from Your mouth  
 Are worth more than silver and gold.  
  
73It was Your hands that made me and shaped me;  
 So, help me to understand better  
 And to comprehend Your Commandments.  
  
74Now, those who fear You, rejoice when they see me,  
 For I’ve raised their hopes through Your words.  
  
75O Jehovah,  
  
Through Your judgments, I’ve learned to be just,  
 And by Your truth, I’ve been humbled.  
  
76May Your mercy bring comfort to me  
 As You’ve revealed to Your servant in signs.  
 77Show compassion on me and I’ll live,  
 So I can continue to study Your Laws.  
  
78May the proud be shamed for treating me badly;  
 For, they’ve broken Your Laws,  
 While I’ve kept Your Commandments in mind.  
  
79May those who fear You support me…  
 Those who’ve heard the things that You’ve said.  
 80So, put Your rules in my heart,  
 Then I’ll never be shamed.  
 81Yes, Your salvation is what I’ve sought,  
 And Your words have given me hope.  
  
82My eyes have failed as I’ve searched for Your signs;  
 So, when will You send me some comfort?  
 83Although I’m like a leather bag in the frost,  
 I haven’t forgotten Your rules.  
  
84How many more days will Your servant remain,  
 And when will You judge those who chase me?  
 85For lawbreakers are plotting against me,  
 But not by Your Laws, O Jehovah.  
  
86Your Commandments are true… So please help me!  
 For, they’re chasing me down for no reason.  
 87Yes, soon they’ll wipe me out of this land,  
 Even though I’ve never left Your Commandments.  
  
88In Your mercy, please strengthen my soul,  
 And I’ll guard the words that have come from Your mouth.  
 89For, throughout the ages, O [God],  
 Your Words have been in the heavens…  
 90From one generation to another,  
 Your truth has always [been found] there.  
  
You laid the foundations of the earth,  
 And it has continued to be…  
 91It’s at Your choosing that each day arrives;  
 For, it’s all under Your power.  
  
92Had I not thought of Your Laws,  
 In shame, I’d have now been destroyed.  
 93So, don’t let me forget Your rules throughout the age,  
 Since they’ve given me life.  
  
94Because I’m Yours, please save me;  
 For, I’ve searched for Your rules!  
 95But sinners now wait to destroy me,  
 Because I’ve followed Your ways.  
  
96When I thought that I was seeing the end,  
 Your Commandments brought me [more] time.  
 97So I’ve loved Your Laws, O Jehovah;  
 Throughout the whole day, they stay on my mind.  
  
98For You’ve made me wiser than my enemies,  
 And Your Commandments are mine throughout the age.  
 99I’ve seen more than all those who taught me,  
 Because I’ve obeyed Your instructions.  
 100I’ve also seen more than the elders,  
 Because I’ve searched for Your rules.  
  
101I’ve held back my feet from what’s evil,  
 So I can guard all Your words.  
 102From Your judgments, I’ve not turned aside,  
 And You’ve established my laws.  
  
103How sweet to my throat are the things that You say…  
 They’re like honey inside of my mouth.  
 104And from Your Commandments I’ve learned  
 To hate the ways of injustice.  
  
105Your Law is a lamp to my feet,  
 And it’s a light to my paths.  
 106So I’ve stood before You and sworn with an oath  
 To guard Your justice and judgments.  
  
107O Jehovah,  
  
I’ve been knocked down;  
 So, lift me back up, as You promised.  
  
108The offerings that come from my mouth  
 Bring pleasure to me, O my Lord.  
 So, teach me all Your decisions.  
  
109O Lord,  
  
My life is now in Your hands,  
 And Your Laws, I haven’t forgotten.  
 110Although sinners set snares in my paths,  
 From Your Commandments, I’ve never strayed.  
  
111I’ve inherited Your proofs throughout the age,  
 And they’ve made my heart leap for joy.  
 112I’ve inclined my heart to follow Your rules  
 Throughout the age, in repayment to You.  
  
113I’ve detested lawbreakers,  
 And I’ve loved all Your rules.  
 114So, You’re my helper and shield,  
 And by Your words, I’ve raised other’s hopes.  
  
115Please turn me away from what’s wicked,  
 And for Your Commandments, I’ll search.  
 116Take hold of me, [as You promised] in signs…  
 Make me strong and don’t shame my faith.  
  
117Send me help and I’ll be saved…  
 For I’ll always think of Your rules.  
 118But, those who turned from me in contempt  
 Have broken Your Laws with unrighteous thoughts…  
 119This land’s sinners are breaking Your Laws,  
 While I’ve loved the things that You’ve said.  
  
120Nail down my bodyNail down my body<sup class="difference">[LXX] due to my fear of You,  
 For I [reverentially] feared Your judgments,  
 121Yes, I’ve done what’s just and right…  
 So don’t hand me over to those abusing me.  
  
122Keep an eye on Your servant for good…  
 Don’t allow the proud to extort me.  
 123For my eyes await Your salvation  
 And to hear the sacred words of Your justice.  
  
124Deal with Your servant in mercy  
 And teach me all Your righteous ways.  
 125Help me to know, for I’m Your slave;  
 Then, I’ll teach [others] Your words.  
  
126It’s now time to act, O Jehovah;  
 For, they’ve wiped away all Your Laws!  
 127But, I’ve loved Your Commandments  
 More than topaz or gold.  
 128I’ve also followed Your Laws,  
 And their unrighteous ways, I have hated!  
  
129Wondrous are the proofs that You’ve given;  
 So, with my whole soul, I’ll search for Your words.  
 130For, the revealing of them sheds much light,  
 And they bring understanding to the simple.  
  
131I’ve opened my mouth and I’ve sighed…  
 And for Your Commandments, I’ve longed.  
 132So, look upon me and show mercy…  
 Show mercy to those who are loving Your Name.  
  
133Please straighten my steps towards the ways I should walk,  
 And by lawless ways, may I never be ruled.  
 134From men’s extortions, please save me,  
 And I’ll keep Your Commandments.  
  
135Please show Your face to Your servant  
 And teach me Your righteous rules.  
 136For, streams of water will flow from my eyes  
 Should I find myself breaking Your Laws.  
  
137You are so righteous, Jehovah,  
 And all Your decisions are straight.  
 138For You’ve told us [that we must be] fair,  
 And the things that we say must be true.  
  
139But Your zeal is being [overlooked],  
 For my enemies have forgotten the things that You said…  
 140Although the signs that You sent them were blazing like fire,  
 And Your servant has loved them as truth.  
  
141Because of my youth, I’m shown no respect;  
 But Your rules, I haven’t forgotten.  
 142Throughout the ages, it has proven true,  
 That You and Your Laws are righteous and just.  
  
143Although distress and afflictions have found me,  
 About Your Commandments, I’ve pondered.  
 144Throughout the ages, Your words have all proven true;  
 So, help me to fully understand them,  
 That I may continue to live.  
  
145With my whole heart, I’ve cried out to You:  
  
 ‘Hear me, O Lord, and I’ll search for Your rules.’  
  
146To You, I’ve called out:  
  
 ‘Please save me; and in Your righteous ways, I’ll walk.’  
  
147Before midnight, I called out [to You],  
 And in Your words, I’ve put hope.  
 148Then, as my eyes opened at dawn,  
 I noticed the signs You provided.  
  
149In mercy, O Jehovah, please hear my voice…  
 In Your justice, please save my life!  
 150Turn from those who chase me unjustly;  
 For, they’ve turned from Your Laws.  
  
151You’re always near me, O Lord,  
 And truthful are all of Your ways.  
 152From the beginning, I’ve known of Your words,  
 And they’ve served as my rock throughout the age.  
  
153Look down and save me, so I’m not disgraced,  
 For I’ve not forgotten Your Laws.  
 154Judge my case and [give justice]…  
 For the sake of Your Word, let me live!  
  
155Take me away from the sinners…  
 Those who haven’t searched for Your rules.  
 156But, You’re filled with compassion, O Lord…  
 With Your righteous decisions, please save my life.  
  
157Although many are trying to drive me away,  
 And many are those who oppress me;  
 I haven’t strayed from Your words.  
  
158I’ve seen others that are lacking good sense,  
 And because they don’t follow Your words,  
 They’re just wasting away.  
  
159Notice how I’ve loved Your Commandments, O Lord!  
 So in mercy, please save my life!  
 160For Your words have been true from the start…  
 Age-long are Your judgments and justice.  
  
161Without any reason, I’m being pursued,  
 And my heart is in dread of Your words.  
 162But I’ll shout in praise if You’ll send me a sign,  
 As one who’s found great rewards.  
  
163I’ve detested and abhorred all injustice,  
 And Your Law, I’ve always loved.  
 164Seven times each day, I praise Your decisions,  
 And I think well of Your justice.  
  
165Peace comes to those who are loving Your Laws,  
 And nothing can stand in their way.  
 166So, in Your salvation, I’ve trusted, O God,  
 Because I’ve loved Your Commandments.  
  
167My soul has guarded Your words…  
 I can prove how I truly have loved them.  
 168I’ve kept Your words and Commandments,  
 And my ways, O Jehovah, are open before You.  
  
169O Lord, please hear what I’m begging,  
 And help me to understand all Your signs.  
  
170If You find me worthy, please let me approach…  
 Save me, as You’ve shown me through omens.  
 171Then, with my lips, I’ll sing hymns,  
 And I’ll let You teach me Your rules.  
 172With my tongue, I’ll sing of Your omens,  
 And of how Your Commandments are righteous.  
  
173Please send Your hand down to save me,  
 For I’ve accepted all Your Commandments.  
 174Your salvation is what I’ve longed for, O Lord,  
 And I’ve meditated on all of Your Laws.  
  
175So, if You’ll allow me to live,  
 I’ll [continue to] praise You,  
 And Your decisions will serve as my guide.  
  
176But, I’ve strayed like a lamb  
 Who would’ve perished alone.  
 So, please come and search for Your servant,  
 For Your Commandments, I’ve never forgotten.