### Psalms

## Chapter 4

To the music director:  
  
A Psalm by David.  
  
  
  
  
1When I called to my God in difficult times,  
 He felt pity and heard what I prayed.  
  
2[So hear me], O sons of men;  
 How long will you stay so hardhearted,  
 And why do you love what’s foolish,  
 Always searching for things that aren’t true?  
  
3You must be aware of the wonders  
 That God has performed for His clean one;  
 For, He listened to me when I called out to Him.  
  
4So be angry with me, but don’t sin…  
 Complain as you pray in your beds.  
 5To Him, offer pure sacrifices,  
 And put all your trust in Jehovah!  
  
6Many have asked:  
  
 ‘Who’ll show us His good things…  
 Who’ll show us the light from God’s face?’  
  
7He’s the One who put joy in my heart,  
 And provided me with fruit, grain, and oil.  
  
8So, I’ll lie down in peace, O my Lord,  
 Since You’ve filled me with hope.