### Psalms

## Chapter 46

To the [music] director:  
  
By the sons of KorAh, about secret things.  
  
  
  
  
1Our God is our refuge and powerful aid  
 Against the many problems we face.  
  
2Because of this, we won’t be afraid  
 When the whole earth is upset,  
 And the mountains fall into the seas.  
 3For, by His force, the waters will roar,  
 And the mountains will all be disturbed.  
  
4A river brings joy to the city of God…  
 To the Holy High Tent of Jehovah.  
 5Since God is in there, [the city] won’t fall;  
 For, morning-after-morning, God sends it His aid.  
  
6Kingdoms were tilted and nations had trembled,  
 For the Most High shouted and then shook the earth.  
 7But, Jehovah of Armies is with us;  
 Yes, Jacob’s God is our shield!  
  
8Come and witness the works of our God…  
 The miracles that He brings to our land!  
 9For He’s driven wars to the ends of the earth…  
 He’s destroyed all their bows,  
 And He’s burned all their weapons and shields in a fire!  
  
10[For He says:]  
  
 ‘Relax and know that I am your God;  
 And among the nations, I’ll be raised high…  
 Throughout the whole earth, I’ll be praised.’  
  
11Yes, Jehovah of Armies is with us;  
 The God of Jacob is our shield!