### Psalms

## Chapter 91

A Psalm of Praise by David.   
  
  
  
  
1Those who live in the care of the Most High  
 And lodge under the God of heaven’s protection  
 2Will say:  
  
 ‘You’re my refuge and shield…  
 You’re my God, and You’re the One whom I trust.’  
  
3From the snares of hunters, He’ll save you…  
 He’ll rescue you from all your problems.  
 4With the shadow of His back, He will shield you,  
 And under His wings, He will hide you,  
 Where you’ll be surrounded by truth.  
  
5You won’t be afraid of things in the night;  
 Of arrows that fly during the day;  
 6Of things that happen, which you haven’t planned;  
 Of things that travel in darkness;  
 Or of the demon at noon.  
  
7A thousand will fall at your right,  
 And ten thousand, you’ll hold in your hand.  
 8You’ll see it all with your eyes and then think:  
  
 ‘This is the outcome for sinners.’  
  
9O Jehovah, You’re the One whom I trust.  
  
If you’ll make the Most High your refuge,  
 10Nothing bad will approach you  
 And the whip won’t enter your tent.  
 11For, to His messengers, He will give orders…  
 He’ll tell them to keep an eye on your ways,  
 12So then, with their hands, they’ll lift you,  
 And no stone will stumble your feet.  
 13You can step on an asp or a cobra,  
 And trample on lions or dragons.  
  
14[And God says:]  
  
 ‘Because he trusts Me, I’ll save him…  
 I’ll be his shelter, for he knows My Name.  
 15He will cry out to Me and I’ll listen,  
 And during hard times, I’ll be there.  
  
 ‘I’ll rescue and glorify him…  
 16I’ll extend the days of his life,  
 And show him the many ways that I can save.’