docker network create shoppinglist\_network

docker volume create data

docker volume create logs

docker run -d --network shoppinglist\_network --name mongodb -v data:/data/db -e MONGO\_INITDB\_ROOT\_USERNAME=max -e MONGO\_INITDB\_ROOT\_PASSWORD=secret mongo

docker run -d -p 80:80 --name backend --network shoppinglist\_network -v logs:/logs -v node\_modules:/node\_modules shoppinglist\_backend

docker run -d --name frontend --network shoppinglist\_network -p 3000:3000 -v .\frontend\src:/src shoppinglist\_frontend