

SMART GOAL BLOCK

Specific: Increase consistent visibility in alignment with my Projector design to create new income streams and manifest my ideal home environment.

Measurable: Weekly: (1) Genuine invitations received; (2) Rest periods before burnout; (3) Decisions made using Mental Authority.

Actionable: Create a visibility rhythm that honors my energy: share when invited, then rest. Use my defined Throat to express insights authentically.

Realistic: This works with my Projector design, not against it. It conserves energy and brings deeper engagement.

Time-Based: Commit to this approach for 90 days with weekly check-ins and monthly assessments.