| Schedule  Insight Mapping System Framework  Free resources  Courses |
| --- |

| Picture  Name  Human Design Type  Goal |
| --- |

| Human Design BluePrint  (Client inserts) | IFS Parts Present  (Heather inserts) | Manifestation/Goal  (Client inserts) | Limiting Belief  (Client inserts) | Action Plan  (Heather inserts) |
| --- | --- | --- | --- | --- |
| Type  Profile  Authority  Strategy | Manager Name  Firefighter Name | Goal | Block | Specific  Measurable  Actionable |

| Journal questions |
| --- |
| (Heather to insert) |