
The Magic Box

This is an excellent exercise for elementary school children.

Construct a “magic box” which can be any kind of a box with a mirror placed so as to reflect the face of any one who looks inside. Begin the activity by asking, “Who do you think is the most special person in the whole world?” After allowing the child to respond, you may continue, “Well, I have a magic box with me, and you can look inside and discover the most special person in the world.”

Give the child a chance to look into the box after you ask who they think they will see. Some children may have to be coaxed because they may not believe what they will see. Be ready with some of the following comments:

- ☺ “Are you surprised?”
- ☺ “How does it feel to see that you are the special person?”
- ☺ “You smiled so big, like you’re happy to see that you’re the special person.”

Explain that the box is valuable because it shows that each of us is special. You might then want to ask how it is possible for each of us to be the special one. A discussion about each individual’s uniqueness may ensue.

