
Don't Wait Too Long!

Once you have decided that there are some things about yourself that you would like to change, don't wait too long to start changing them! You may miss some golden opportunities because you aren't prepared. Instead, get started! In one column below, list some changes that you want to make.

Suggestions

- Your habits
- Your goals
- Your grades
- Your appearance

Changes I Want To Make	Steps I Can Take To Make The Changes

M/H