
Assess Your Study Habits

Have your mentee fill out this simple questionnaire by circling yes or no, then highlight the numbers that are important to him/her. This will give both of you a better idea of the areas that need improvement.

- 1 YES NO I never study more than an hour for tests.
- 2 YES NO I only study the night before a test.
- 3 YES NO If I study too much, I can't have time for fun.
- 4 YES NO If I study, I don't have time for anything else.
- 5 YES NO I study with music or the television on.
- 6 YES NO I don't have a quiet place to study.
- 7 YES NO I can't sit and study for long periods of time.
- 8 YES NO I often doodle or get distracted in class.
- 9 YES NO I have trouble taking notes.
- 10 YES NO I don't use class notes to study for tests.
- 11 YES NO I never organize my class notes.
- 12 YES NO I have trouble keeping up with my reading.
- 13 YES NO I don't always get my homework done.
- 14 YES NO I can't recognize the main ideas in a chapter.
- 15 YES NO I would like to read faster.
- 16 YES NO I have trouble writing papers.
- 17 YES NO I don't know how to create an outline.
- 18 YES NO I will put off difficult assignments.

From Take Stock in Children's Toolkit, p. 90

M/H