
Crafting a Personal Mission Statement (continued)

D. Imagine that today is your 30th birthday, and a reporter is writing a story about what you have done. What would you hope your friends, the people you work with, family members would say about you to this reporter? What difference would you hope you had made in their lives? How do you want to be remembered?

E. Imagine yourself to be 100 years old, surrounded by your loved ones who have gathered to learn from you and your wisdom. What would you tell them is important in life? What really matters, looking back on your life?

STEP 2: DRAFTING A MISSION STATEMENT

Look over what you've written during Step 1. Then look again at the 3 questions a mission statement should answer:

- 1) What is my life about—what is my life's purpose?
- 2) What do I stand for—what are my values?
- 3) What accomplishments am I working toward that will help me fulfill my life's purpose in a manner consistent with my values?

Write a rough draft of your personal mission statement in 20 words or less.

Keep your draft personal mission statement with you and look at it several times during the day—see how it makes you feel. You may want to bring it to the next several meetings with your mentor to talk about it and see if you want to change it.

Adapted from the *Learn to Mentor Toolkit*, [http://apps.mentoring.org/training/TMT/Mentor_training_toolkit.pdf]