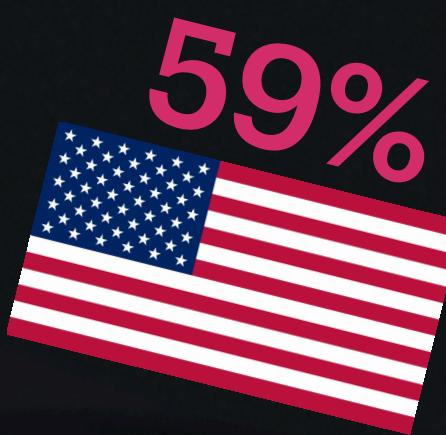


Mental Health

A look at treatment seeking behaviour in three different countries

Survey conducted 2014-2016

35 countries



292 000 participants

Focuses of the Study

Work and Social Dynamic

Coping Mechanisms

Treatment seeking behaviour

Self perceived changes in mental health status and habits

Demographics

Access to care options

Treatment seeking behaviour

Family History

Gender

Care Options



1%

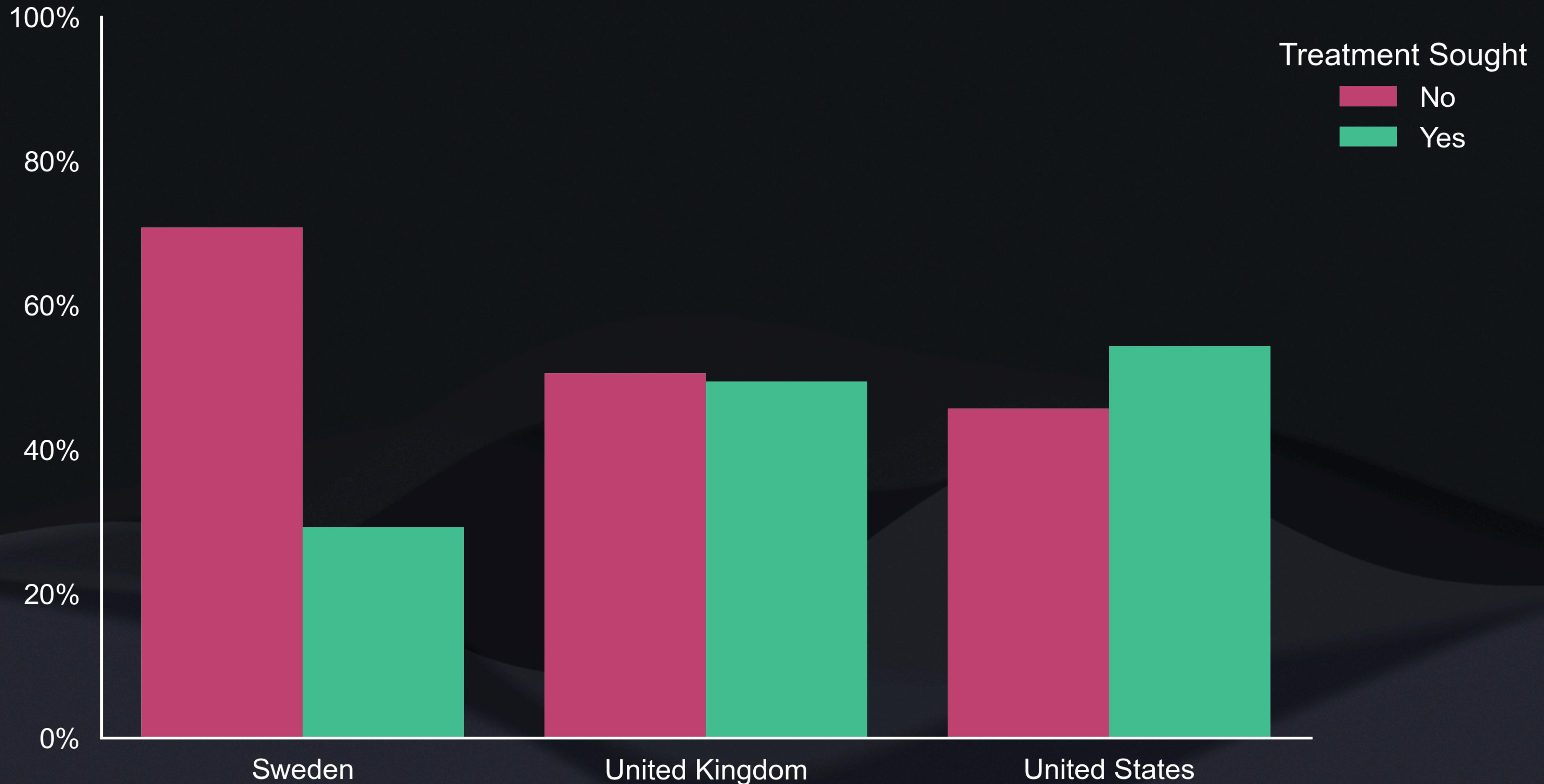


18%

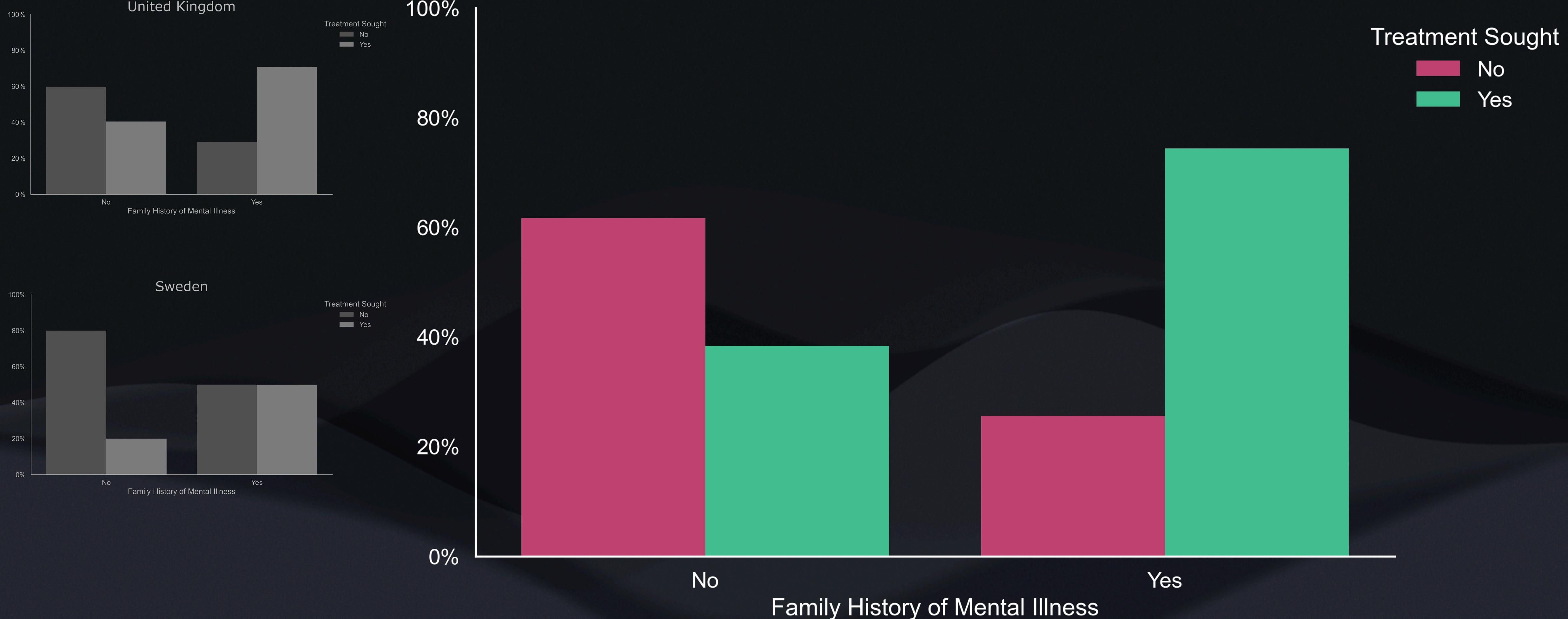


59%

Have you sought treatment for your mental illness?

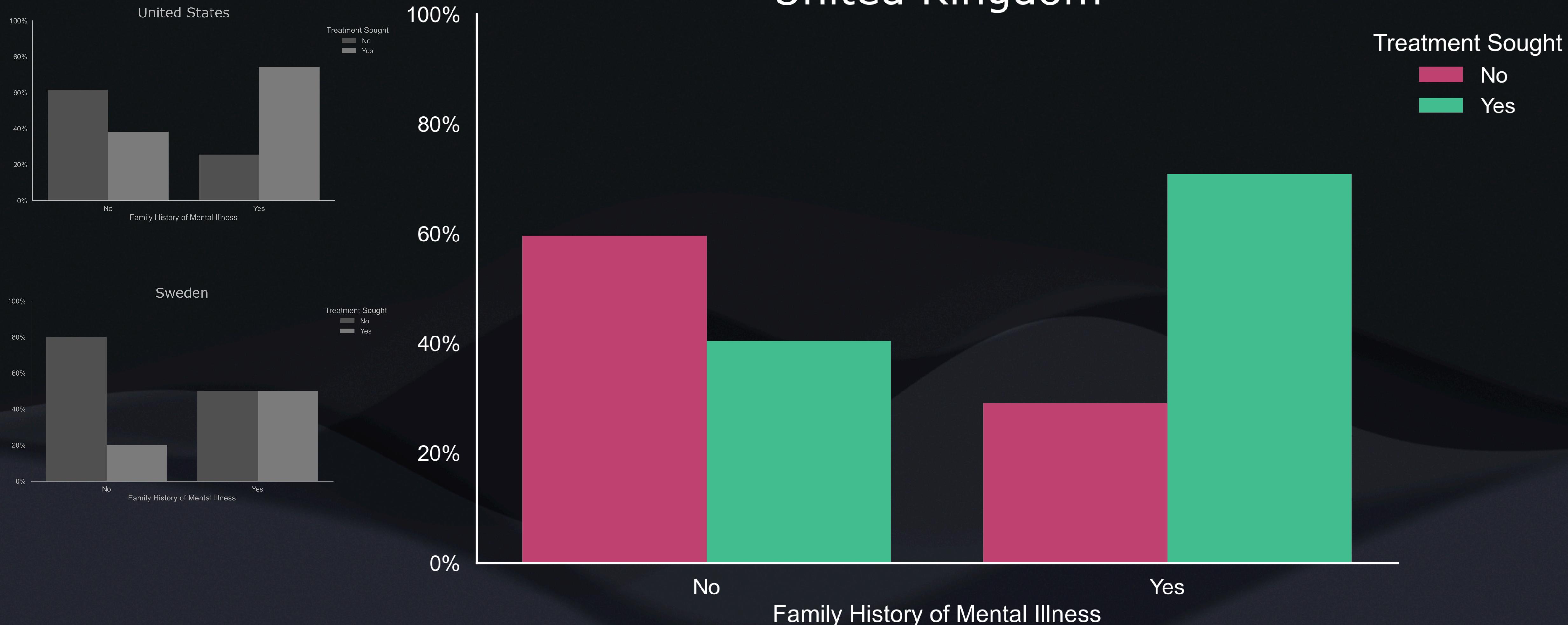


Do you have a history of mental illness in your family?



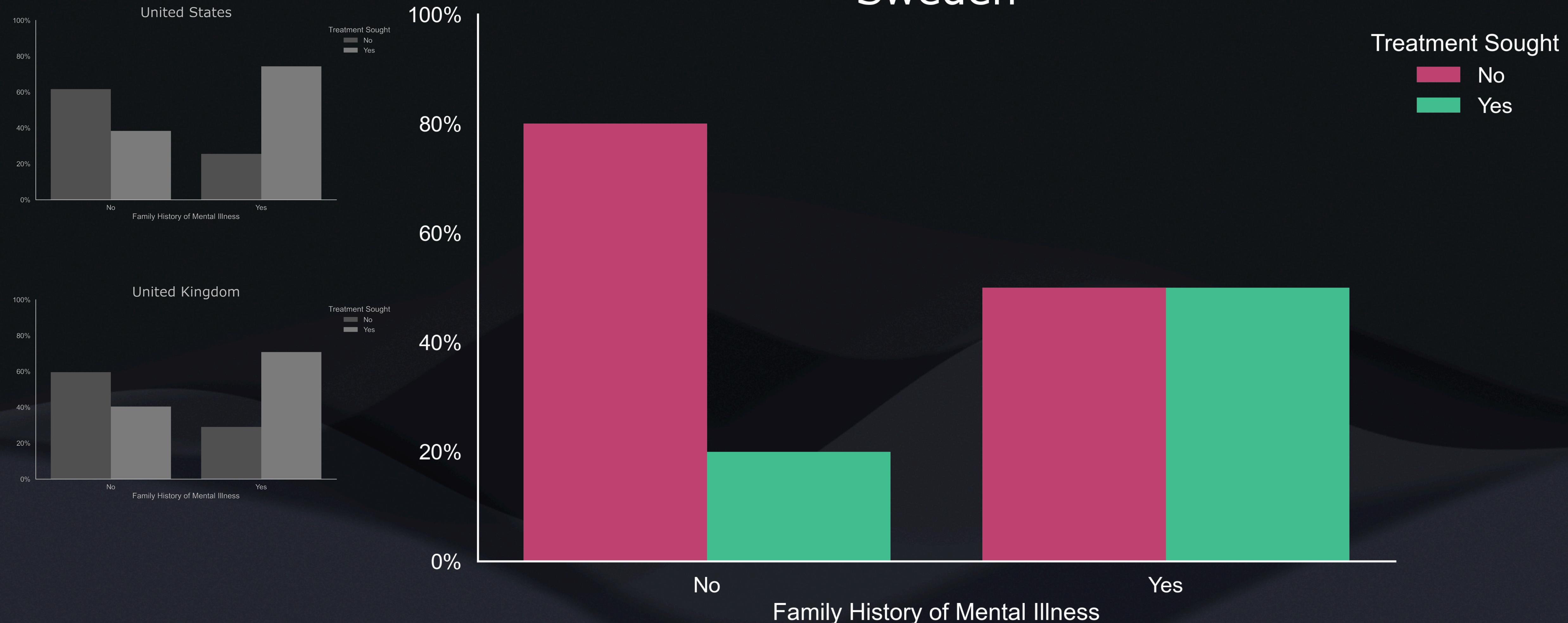
Do you have a history of mental illness in your family?

United Kingdom



Do you have a history of mental illness in your family?

Sweden



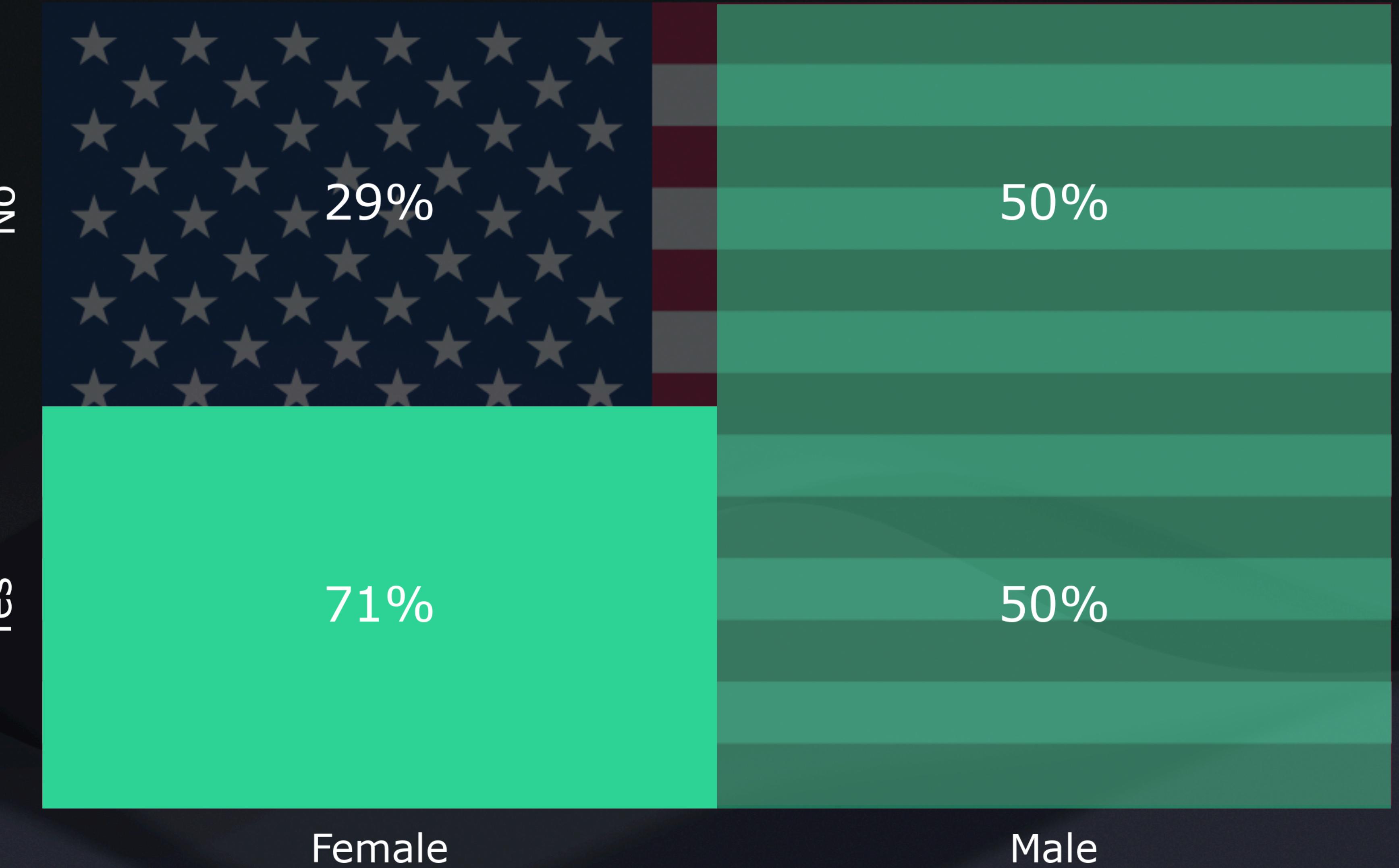
Do you have a history of mental illness in your family?

- More likely to have sought treatment if mental illness is in the family
- Swedens lower treatment seeking is in line with overall findings

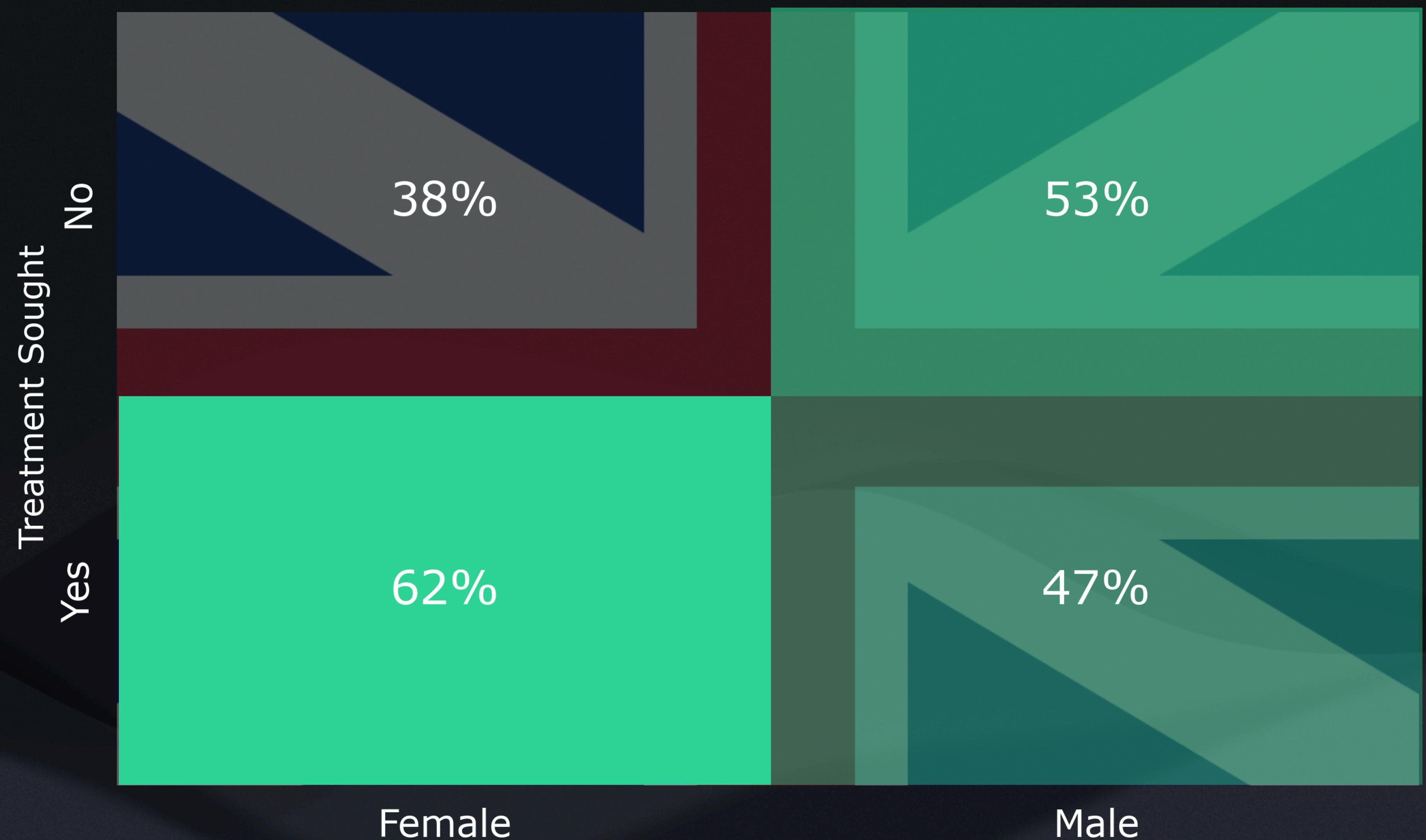
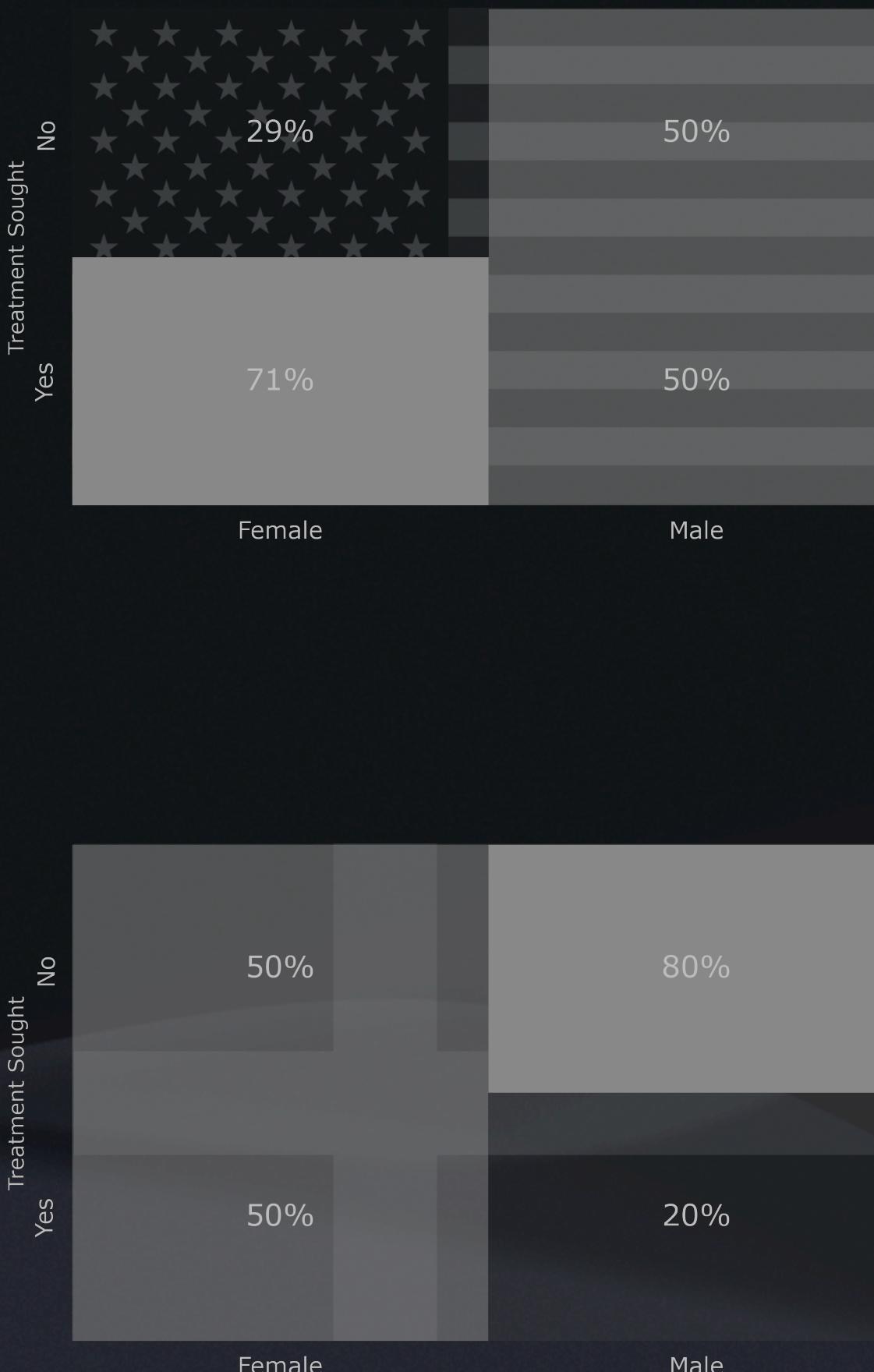
Are you male or female and have you sought treatment?



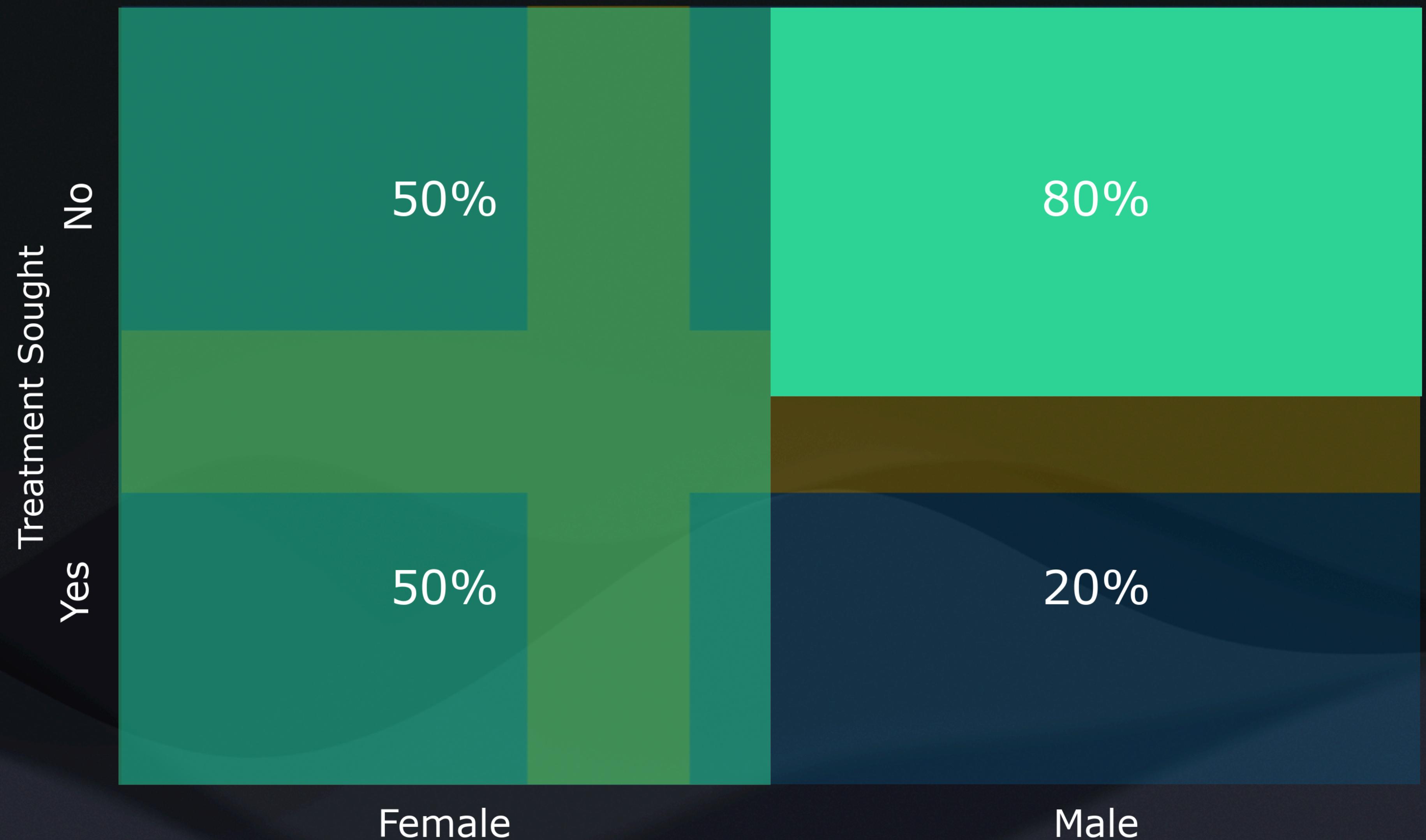
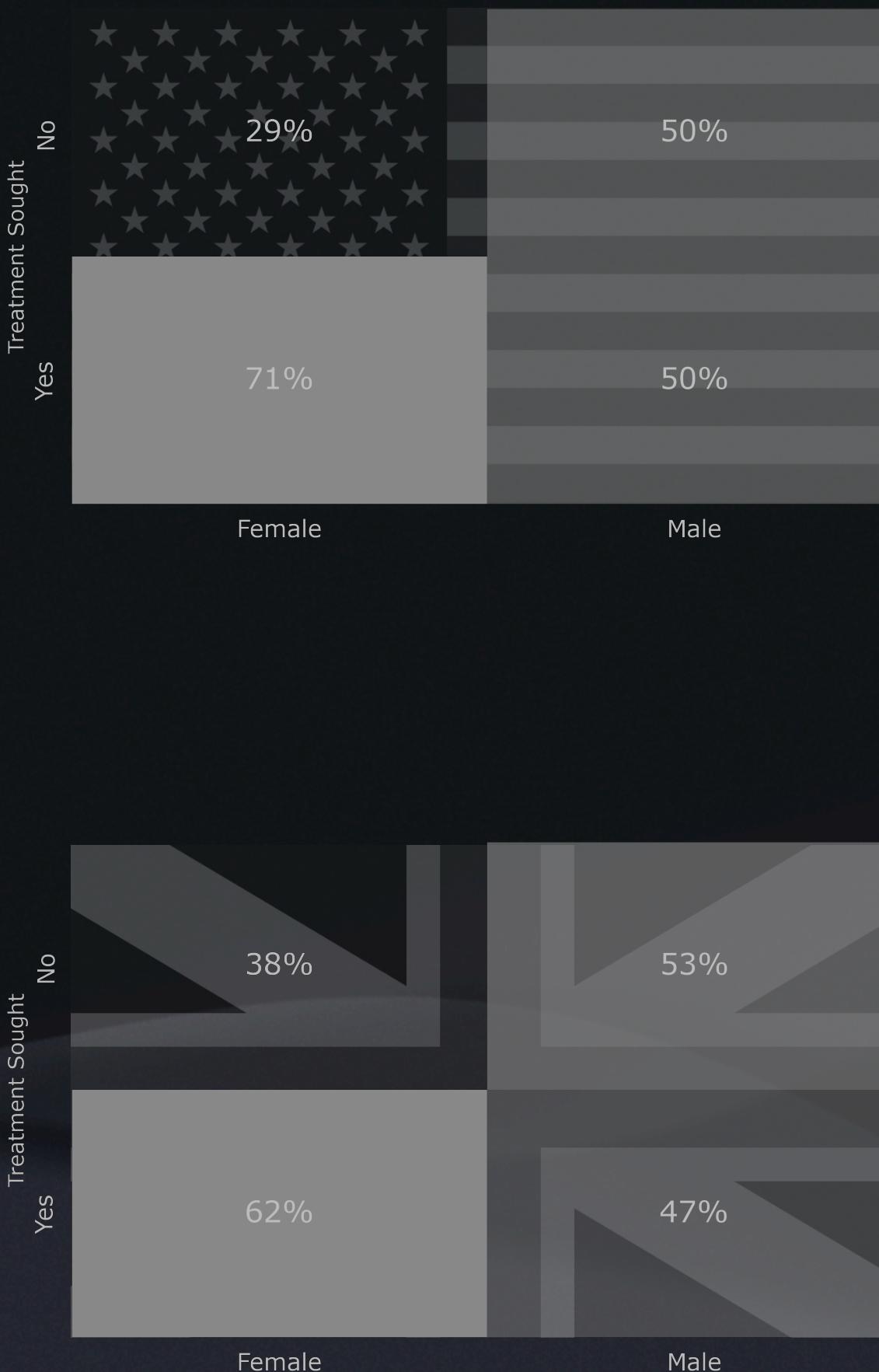
Treatment Sought
Yes
No



Are you male or female and have you sought treatment?



Are you male or female and have you sought treatment?

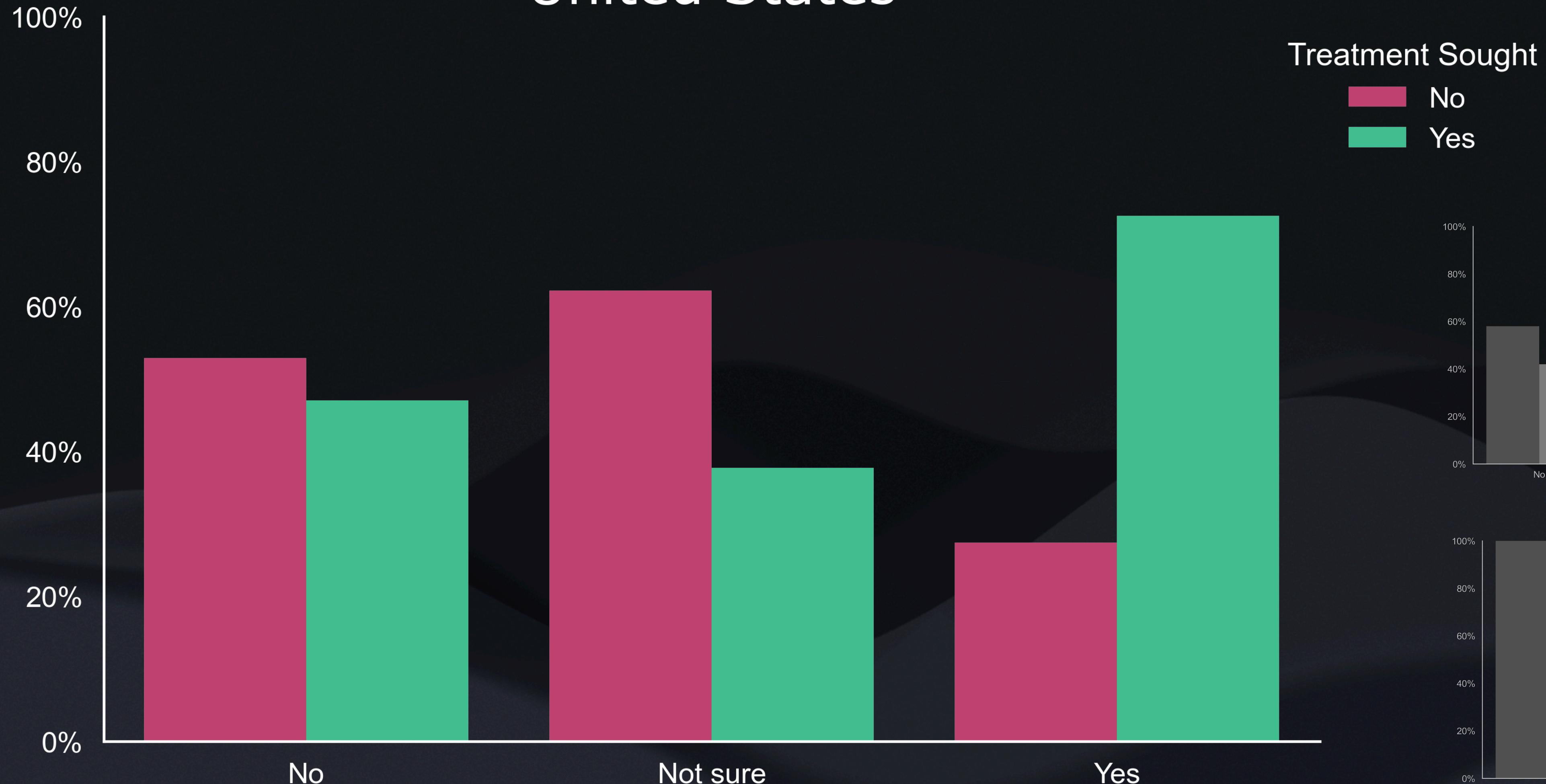


Are you male or female and have you sought treatment?

- Women are more likely to have sought treatment
- Swedish men seems very averse to the idea of treatment for mental illness

Do you have different care options available and have you sought treatment for your mental illness?

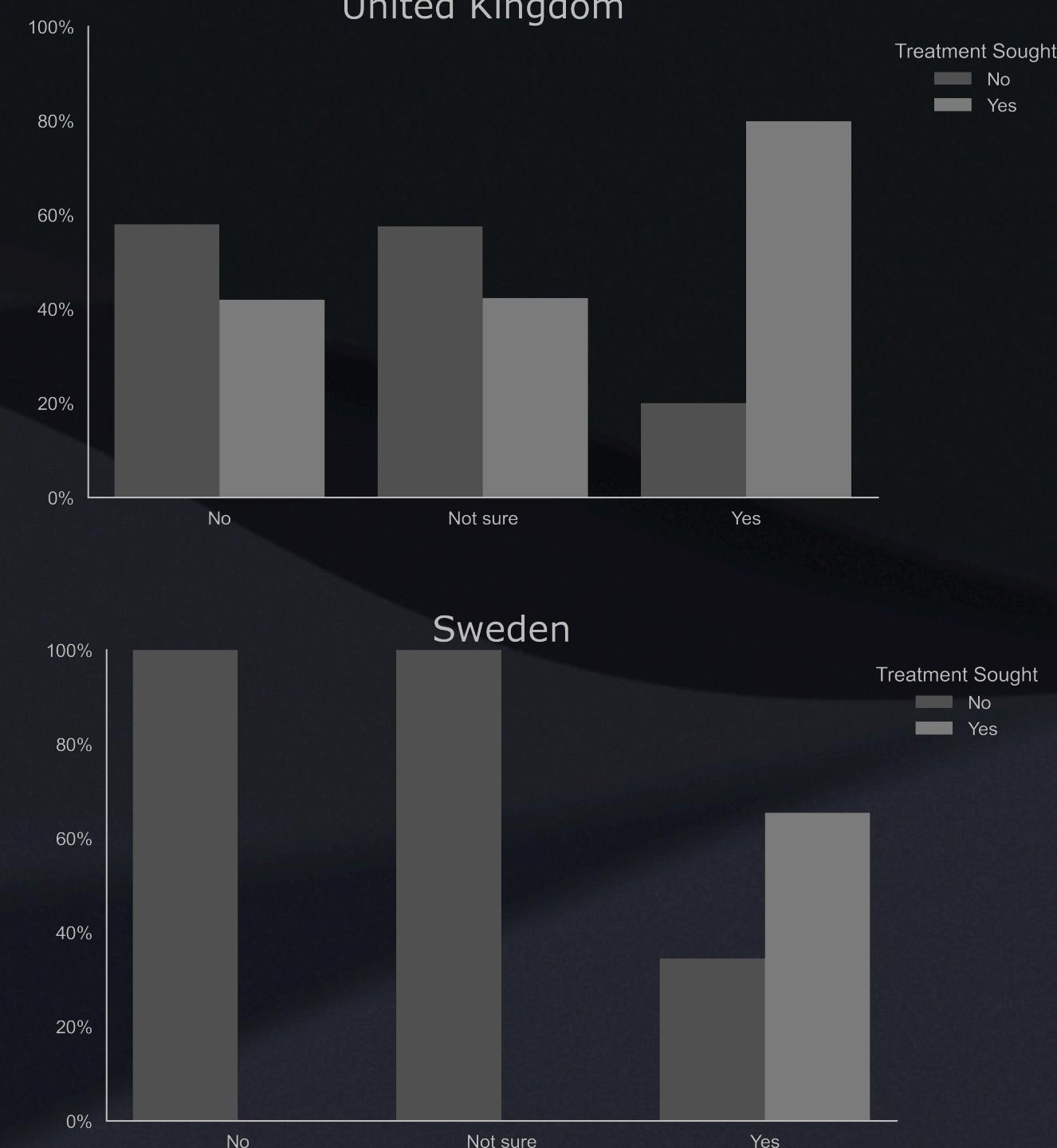
United States



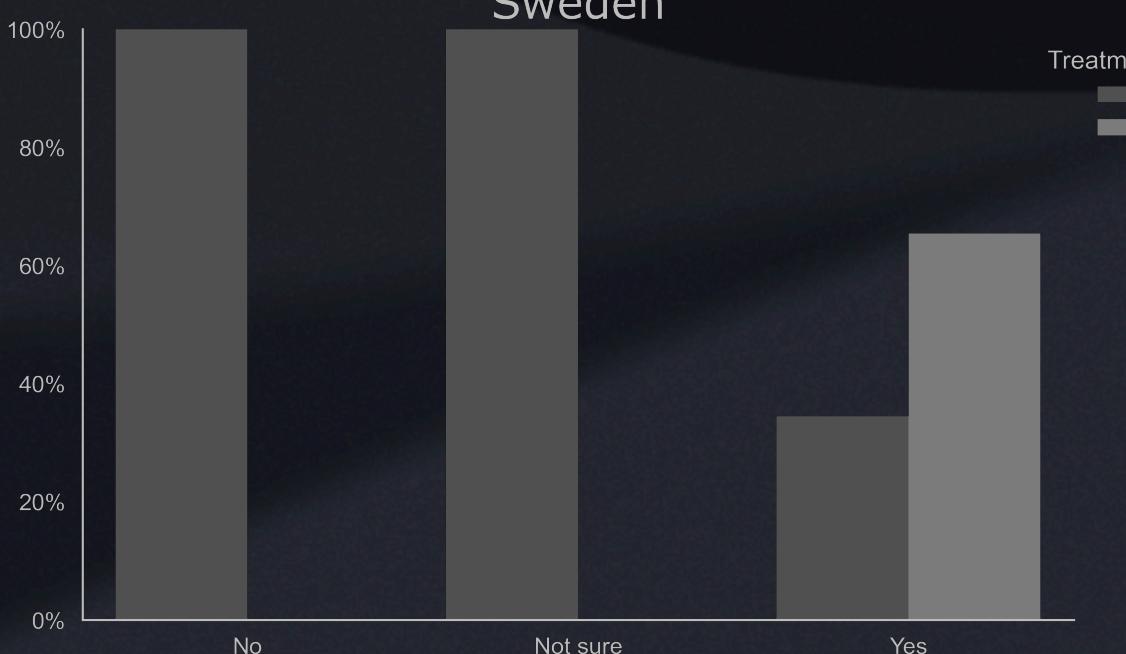
Treatment Sought

- No
- Yes

United Kingdom

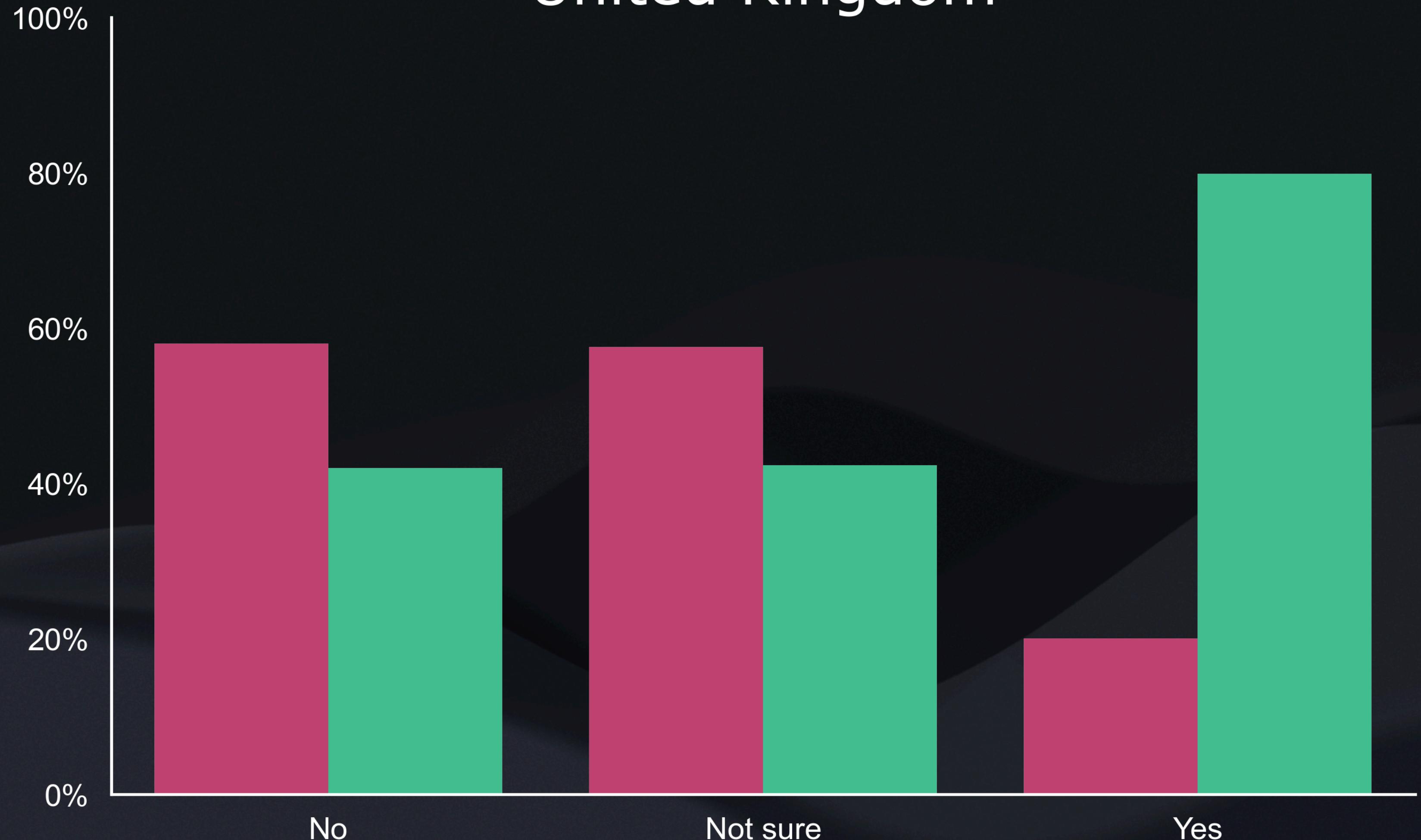


Sweden

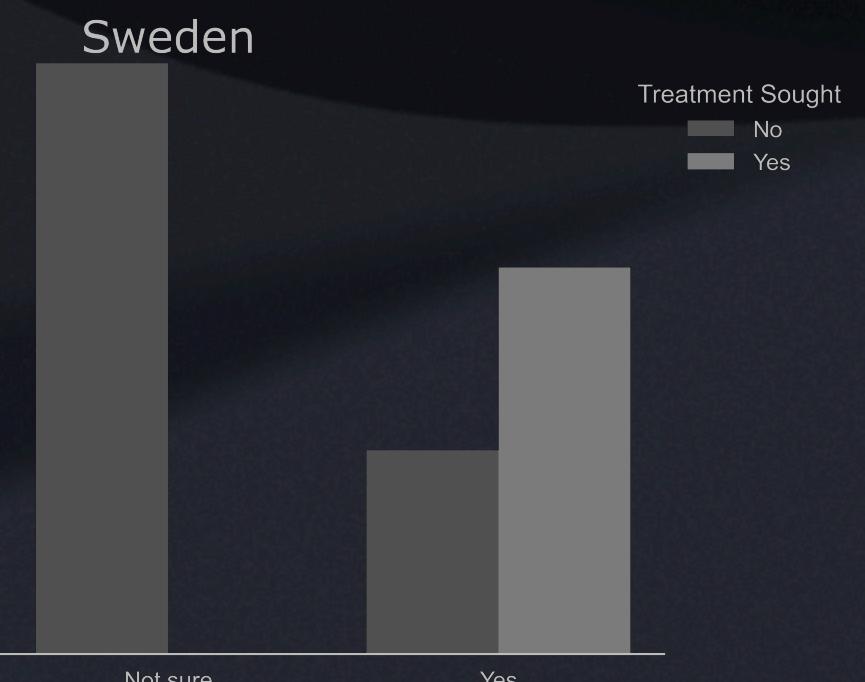
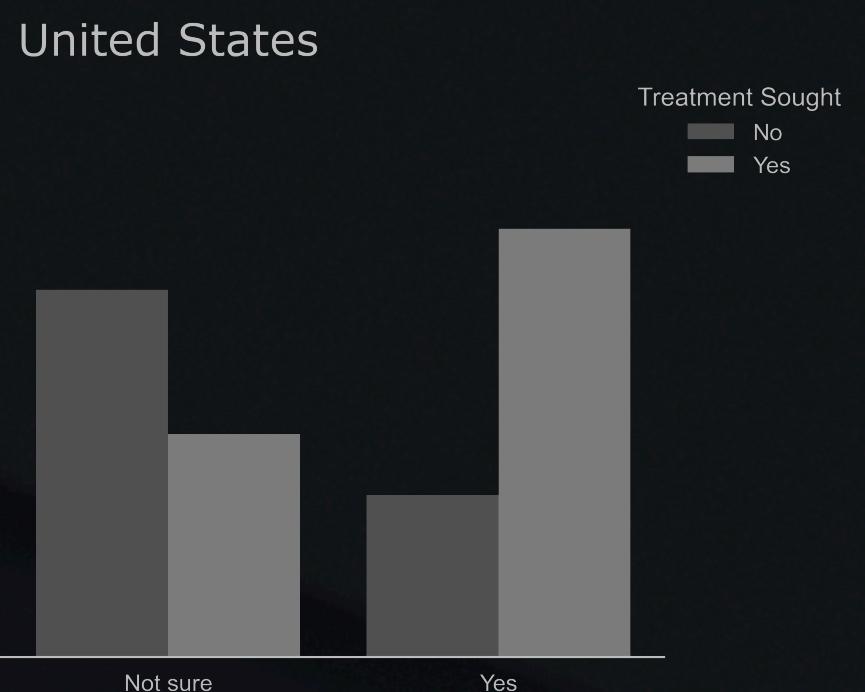


Do you have different care options available and have you sought treatment for your mental illness?

United Kingdom



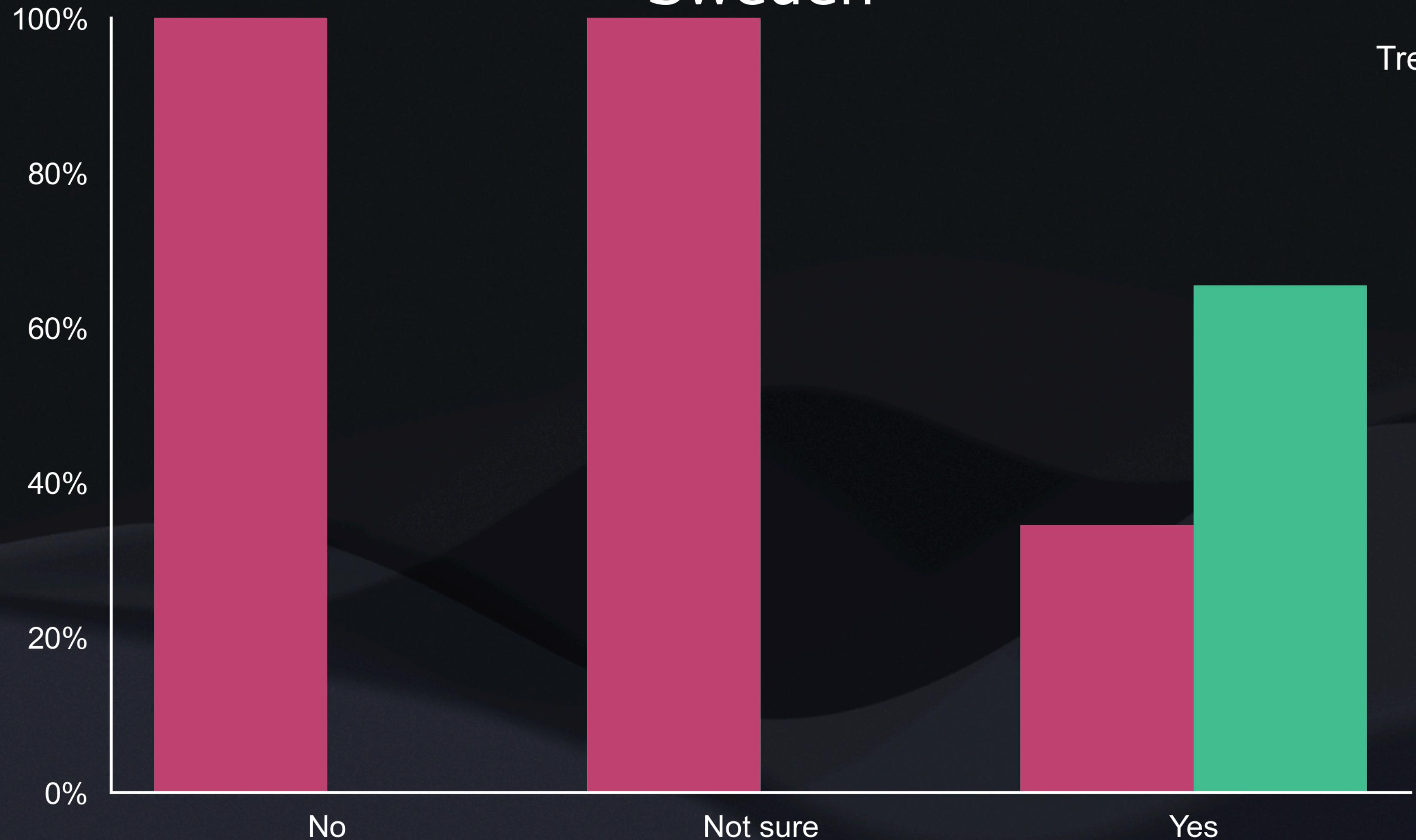
Treatment Sought
No
Yes



Treatment Sought
No
Yes

Do you have different care options available and have you sought treatment for your mental illness?

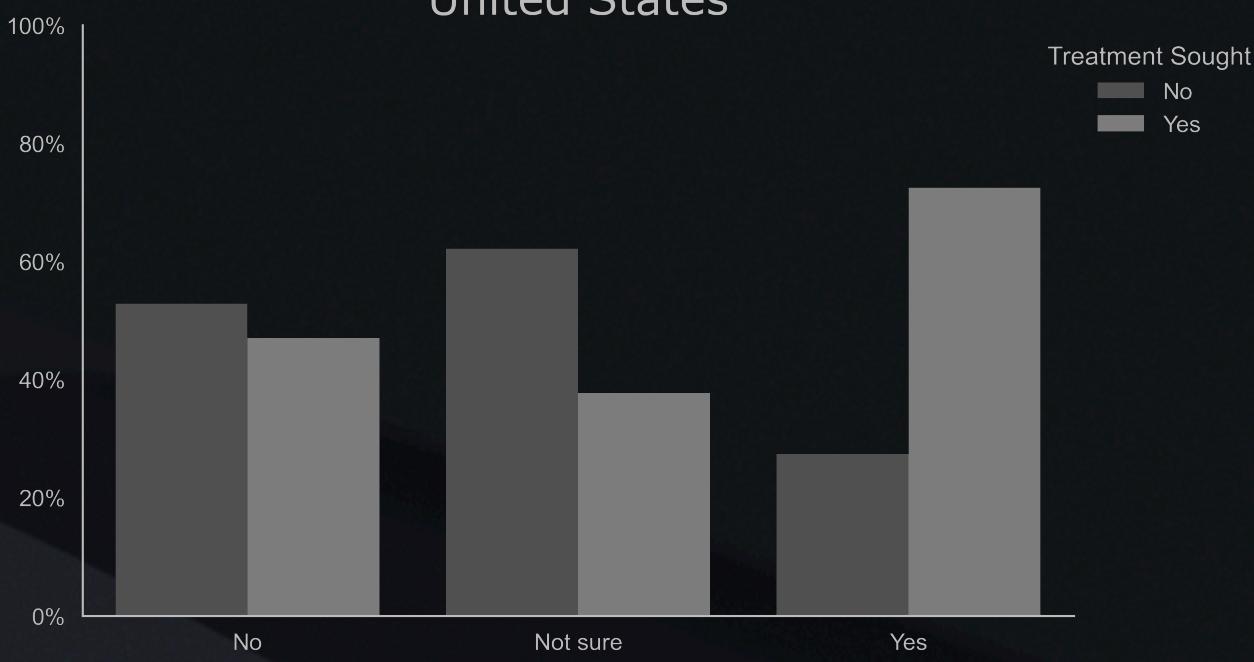
Sweden



Treatment Sought

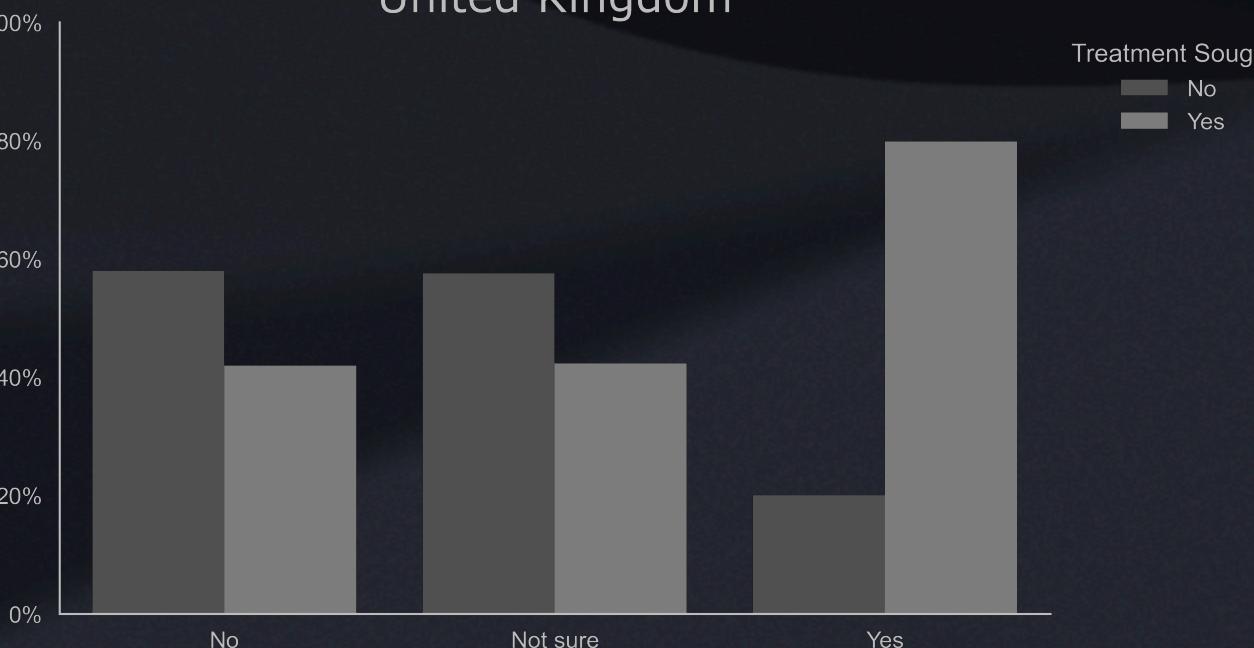
- No (Pink)
- Yes (Green)

United States



- No (Dark Grey)
- Yes (Light Grey)

United Kingdom



- No (Dark Grey)
- Yes (Light Grey)

Do you have different care options available and have you sought treatment for your mental illness?

- Swedish participants without different options have universally not sought treatment
 - This might be a fault of the dataset not containing as many Swedish entries
 - Otherwise you are more likely to seek treatment if you know you have more options

Review

Learnings, highlights and improvements

- I did not choose a great dataset, mainly because it was lacking a lot of clarifications
- I'm really enjoying putting these presentations together
- Expand the findings with more combinations of questions
- Since I chose a survey the amount of applicable graphs is limited

END

Thanks for listening