

# CURRICULUM VITAE

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Getruda Marianyakyura Vitus

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## Personal Profile

A dedicated and compassionate psychologist with a strong commitment to improving the mental health and well-being of vulnerable populations, especially children and adolescents. Skilled in providing psychosocial support, counseling, and crisis intervention. Passionate about community-based work and contributing to child protection and empowerment initiatives.

## Professional Experience

- Volunteer Psychologist – P5Wellness  
March 2025 – Present
  - Provide individual and group therapy to employees and community members through the Employee Wellness Programme.
  - Participate in psychosocial support outreach and awareness campaigns.
  - Collaborate with multidisciplinary teams to support mental health and well-being across work sites.

- Intern Psychologist – Temeke Hospital (HPSI)

November 2023 – July 2024

- Conducted psychological assessments and provided counseling services to patients.
- Supported survivors of trauma and abuse with therapeutic interventions.
- Assisted in mental health education and awareness sessions within the hospital and community.

## **Education**

Bachelor of Psychology

University of Iringa, Tanzania

Graduated: 2024

## **Skills**

- Psychosocial Support & Trauma Counseling
- Child and Adolescent Mental Health
- Case Management and Crisis Intervention
- Group Facilitation and Community Engagement
- Confidential Record Keeping and Reporting
- Empathetic Communication & Cultural Sensitivity

## Languages

- English – Fluent
- Swahili – Fluent

## Referees

Cassian Vitus

Police Inspector – Mtwara

☎ 0737 303 9XX

Dr. Zack Gwalipo

Psychologist – Mwanza

P5Wellness

☎ 0758 999 420

Dr. Frances Benedict

Psychiatrist – Temeke RRH, Dar es Salaam

☎ 0758 035 792

Dr. Doroth Lubawa

Head, Counselling Psychology Department

University of Iringa

☎ 0754 477 392