

# Understanding Newton's First Law of Motion

# Introduction to Newton's First Law

- Newton's First Law states: An object at rest stays at rest, and an object in motion continues in motion unless acted upon by a net force.
- This law emphasizes the concept of inertia.
- Inertia is the tendency of an object to resist changes in its state of motion.

# Key Concepts of the Law

- An object will remain at rest unless a force is applied:  $F = 0 \rightarrow a = 0$ .
- An object in motion will maintain its velocity unless acted upon by a net force:  $F \neq 0 \rightarrow a \neq 0$ .
- Net force ( $F_{\text{net}}$ ) is the vector sum of all forces acting on an object.

# Illustrating the Law with Examples

- Example 1: A 5 kg block at rest on the ground.
- It remains at rest until a force is applied:  $F = m \times a$  (where  $a = 0$ ).
- Example 2: A ball rolling on a carpet eventually stops due to friction.

# Understanding Forces

- A force is defined as a push or pull that can cause an object to accelerate.
- Types of forces include gravitational, frictional, and applied forces.
- Formula:  $F = m \times a$ , where  $F$  is force,  $m$  is mass, and  $a$  is acceleration.

# The Role of Friction

- Friction opposes motion and is a force that acts on moving objects.
- It causes objects to slow down and eventually stop.
- Example: A ball rolling on a carpet stops faster than on ice due to higher friction.

# Reducing Friction

- Reducing friction allows objects to move more freely.
- Example: Rolling a ball on smooth ice vs. a carpet.
- The ball travels further on ice due to less frictional force acting against it.

# Real-World Applications

- Bowling: The ball travels in the direction it is rolled unless acted upon by friction or other forces.
- Space: In a vacuum, objects can travel indefinitely without friction.
- Formula:  $F_{\text{net}} = 0$  in space, leading to constant velocity.



# Acceleration and Net Force

- Acceleration occurs when there is a net force acting on an object.
- Formula:  $a = F_{\text{net}} / m$ .
- If an object is accelerating, it indicates that a net force is present.

# Examples of Acceleration

- Example 1: A car speeding up ( $F_{\text{net}} > 0$ ).
- Example 2: A ball changing direction while moving at constant speed ( $F_{\text{net}} \neq 0$ ).
- Remember: Changing direction also involves acceleration.

# Newton's Third Law Connection

- For every action, there is an equal and opposite reaction.
- This law explains how forces interact between objects.
- Example: When you push a wall, the wall pushes back with equal force.

# Conclusion and Reflection

- Newton's First Law is fundamental in understanding motion and forces.
- Reflect on how this law applies to everyday situations.