



Skins Challenge

Day 1 - 18th October 2025

Knox Grammar Aquatic Centre

Warm up 2:30 pm Race Start 3:30 pm

800m Freestyle

Event		Age	Distance	Stroke
Boys	Girls			
1 (Mixed)		Open	800m	Freestyle

Competition Format for Skins

There will be three rounds for swimmers aged 13 and under, and four rounds for those aged 14-16 and 17 and over.

Round Breakdown

Round 1

13/U: 48 Swimmers

14-15: 32 Swimmers

16/0: 32 Swimmers

Round 2

13/U: 8 Swimmers

14-15: 8 Swimmers

16/0: 8 Swimmers

Round 3

13/U: 4 Swimmers

14-15: 5 Swimmers

16/0: 5 Swimmers

Round 4

14-15: 2 Swimmers

16/0: 2 Swimmers

13/U Skins Challenge - Round 1

Event		Age	Distance	Stroke
Boys	Girls			
2	3	13/U	50m	Butterfly
4	5	13/U	50m	Backstroke
6	7	13/U	50m	Breaststroke
8	9	13/U	50m	Freestyle

13/U Skins Challenge - Round 2 & 3

Round	Event	Girls	Age	Distance	Stroke
2	2	Boys	13/U	50m	Freestyle
2	3	Girls	13/U	50m	Freestyle
3	2F	Boys	13/U	50m	Freestyle
3	3F	Girls	13/U	50m	Freestyle

13/U SC Relays

Unofficial - Swimmers who are in Round 2 & 4 will not be able to swim in the Relay

Event		Age	Distance	Stroke
Boys	Girls			
10	11	13/U	4 x 50m	Freestyle Relay
12 (Mixed)		13/U	4 x 50m	Medley Relay

14/0 Skins Challenge - Round 1

Event		Age	Distance	Stroke
Boys	Girls			
13	14	14-15	50m	Butterfly
15	16	16/0	50m	Butterfly
17	18	14-15	50m	Backstroke
19	20	16/0	50m	Backstroke
21	22	14-15	50m	Breaststroke
23	24	16/0	50m	Breaststroke
25	26	14-15	50m	Freestyle
27	28	16/0	50m	Freestyle

Relays

Unofficial - Swimmers who are in Round 2, 3 & 4 will not be able to swim in the Relay

Event		Age	Distance	Stroke
Boys	Girls			
29	30	14-15	4 x 50m	Freestyle Relay
31	32	16/0	4 x 50m	Freestyle Relay
33 (Mixed)		14-15	4 x 50m	Medley Relay
34 (Mixed)		16/0	4 x 50m	Medley Relay

Skins Challenge - Round 2, 3, 4

Round	Event	Girls	Age	Distance	Stroke
2	29	Boys	14-15	50m	Freestyle
2	30	Girls	14-15	50m	Freestyle
3	29	Boys	14-15	50m	Freestyle
3	30	Girls	14-15	50m	Freestyle
4	29F	Boys	14-15	50m	Freestyle
4	30F	Girls	14-15	50m	Freestyle

Skins round 2, 3, 4 this format will be repeated for all Events, Age Groups and Stroke

Entry fee, closing dates, Day 2 event details, and other relevant meet information are provided on the next page.



October Invitational

Day 2 - 19th October 2025
Pymble Ladies College Pool

Day 2

Pymble Ladies College Pool

Warm up 8:00 am Race start 9:00 am

Event #	Age	
35	Open	200m IM
36	Open	400m Freestyle
37	Open	400m IM
38	Open	800m Freestyle
39	Open	100m Butterfly
40	Open	200m Backstroke
41	Open	200m Freestyle
42	Open	200m Breaststroke
43	Open	200m Butterfly
44	Open	100m Freestyle
45	Open	100m Backstroke

POOL

Heated 50m Indoor Pool

Electronic / Touchpad Timing

ENTRIES

\$13.50 per event

Age as of 9th August 2025

Entries via [Swim Central](#)

CLOSING DATE

4th August 2025 @ 11:59 PM or when capacity has been reached.

NO LATE ENTRIES

RULES

- SNSW approved to meet under SNSW Ltd rules
- SAL rules apply for Multi Class (MC) swimmers
- All events are timed finals and will be run from fastest to slowest
- **Choose events carefully, we are not able to offer refunds**
- Only swimmers, coaches, technical officials and timekeepers are permitted on the pool deck
- Swimmer entries are accepted on the basis that parents help run the meet
- Backstroke ledges may be used at this meet

MEET DIRECTOR

- We reserve the right to vary the program
- Enquiries: Martina Huynh - huynhm@knox.nsw.edu.au

OTHER INFORMATION

- Clubs will be asked to assist with timekeeping
- The meet program will be available to download from our website
- Results will be uploaded to Swim Central and Meet Mobile