

IlajNow.

Email.

Password.

SignUp.

Login.

Registration: Step 1

Personal Information

Full Name

Email

Password

Age Gender Male ▼

Number

House No. Area

City Karachi ▼

Emergency Contact Name

Emergency Contact Number

Next: Health Information

Registration: Step 2

Health Information

Medical
Conditions

| (Optional)

Input and disorders, any health risk like seizures.

Allergies

| (Optional)

Enter your allergies, add multiple seprated with a ","

Current
Medication

| (Optional)

Enter your medication with doses and timing, add multiple seprated with a ","

Scan the
Prscription

Current
Doctor

|

Creat Account

Welcome, [Ghulam Mustufa <3 uWu]!

Personalized Health Tips:

Flue season is approaching! Make sure to wash your hands regularly and avoid close contact with anyone who's sick.

Medication Reminder

Next Dose: 9:00 AM - Take your
blood pressure medication

Mark As Taken

Manage Your
Medication

Seosonal Health Tips:

Stay hyderated this summer! Drink at least 8 glasses of water a day to avoid dehydration

View More

Health Alerts:

Alert: High pollen levels today - avoid outdoor activities if you're allergic.

Disssmiss

Quick Actions

Book An Appointment

Symptom Checker

Call Emergency

Manage Your
Personal Health
Data

Symptom Checker

Enter Your Symptoms

|

Describe the symptoms you are experience...

Additional Information

|

Any other relevant inofrmation (e.g., duration of symptoms, severity and any other medical conditions)

Check Symptoms

Symptoms Results

Possible Condition: Flu

Symptoms: Fever, body aches, cough, fatigue

Treatment: Rest, over-the-counter medications (e.g., ibuprofen)

Consult a Doctor

Possible Condition: Common Cold

Symptoms: Fever, body aches, cough, fatigue

Treatment: Rest, over-the-counter medications (e.g., ibuprofen)

Consult a Doctor

Buy Medicines and View Remedies

Back

Medication Suggestions

Peracetamol (Acetaminophen)

Use for: Mild fever, headaches, and body aches

Dosage: 500 mg every 4-6 hours (not to exceed 4g per day)

Order Online

Ibuprofen

Use for: Inflammation, pain relief, and fever reduction

Dosage: 200 - 400 mg every 4 - 6 hours.

Order Online

Honey and Lemon Team

Home Remedy: Soothing for sore throat and cough relief.

Instructions: Mix 1 tbsp of honey and juice from half lemon in warm water.

View Full Recipe

View All Medications

Back

Health Risk Alerts

Flu Alert: Flu Season Is Here

Risk: The flu virus is more active during the winter months.

Precautions: Get your flu shots, wash your hands regularly, and avoid close contact with sick individuals.

[Learn More](#)

Heatwave Warning: Stay Cool and Hydrated

Risk: Temperatures are expected to exceed 40C today.

Precautions: Drink plenty of water, avoid direct sun exposure, and wear light clothing. If you feel dizziness or nausea, seek shade immediately.

[Tips for Heat Safety](#)

High Pollen Count: Allergy Alert

Risk: High pollen levels today could trigger allergic reaction according to your story

Precautions: Stay Indoors, keep windows closed, and take antihistamines if needed.

[View Allergy Tips](#)

[Back](#)

Manage Your Medication

Current Medications

Peracetamol (500 mg)

Dosage: 500mg every 4-6 hours

Next Dose: 3:00 PM

Edit

Remove

Order Online

Ibrprofen

Dosage: 200mg every 6 hours

Next Dose: 6:00 PM

Edit

Remove

Order Online

Vitamin D

Dosage: 1 tablet daily

Next Dose: 9:00 AM

Edit

Remove

Order Online

Add New Medication

Back

Edit Medication

Medication Details

Medication Name:

Parametomol

Dosage:

500mg

Frequency:

Every 4 - 6 hours



Next Dose:

03:00 pm

Save Changes

Cancel

Add New Medication

Medication Details

Medication Name:

● - - - - -

Dosage:

● - - - -

Frequency:

● - - - - ▼

Next Dose:

- - - : - - - - -

Save Changes

Cancel

Order Medication

Paracetamol (500mg)

Dosage: 500mg every 4-6 hours

Next Dose: 3:00 PM

Running Supply: 10 tablets

Order Details

Quantity to Order

Delivery Method

Place Order

Cancel

Book an Appointment

Existing Doctor

Dr. Sarah Miller

Specialization: General Practitioner

Location: 123 Health Street, Wellness City

Available: Monday - Friday, 9:00 AM - 5:00 PM

Select Appointment Details

Select Date:

dd / mm / yyyy ▼

Select Time:

__:__ : __:__ ▼

Book Appointment with Dr. Sarah Miller

Book with New Doctor

Back

Find a New Doctor

Search for a Doctor

Enter Symptoms/Condition

Enter symptoms or conditions (e.g., headache flu)

Specialization

General Practitioner



Location

Enter Location (City or Zip Code)



Find Doctors

Back

Matching Doctors

Dr. John Smith

Specialization: General Practitioner

Location: 123 Health Street, Wellness City

Available: Monday - Friday, 9:00 AM - 5:00 PM

Fees: 1000 - 1500

Select this Doctor

Dr. Emily Smith

Specialization: Dermatologist

Location: 123 Health Street, Wellness City

Available: Wednesday and Friday, 9:00 AM - 5:00 PM

Fees: 2500 - 3500

Select this Doctor

Cancel Search

Set Appointment Date and Time

Dr. John Smith

Specialization: General Practitioner

Location: 123 Health Street, Wellness City

Available: Monday - Friday, 9:00 AM - 5:00 PM

Fees: 1000 - 1500

Appointment Details

Select Date:

Select Time:

Confirm Appointment

Back

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Current
Medication

(Optional)

Enter your medication with doses and timing, add multiple seprated with a ","

Scan the Priscription

Current
Doctor

Age

39

Weight

67 kg

Height

179 cm

Disability

always laugh

Emergency Contact Name

Emergency Contact Number

Save Changes

Cancel