



# STATISTICAL THINKING

Research Group: Statistical Diversity Lab

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# STATISTICS

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- Who wants to know more statistics? Why?
- Two different types of statistics
  - Inferential statistics
  - Exploratory statistics

# STATISTICS



exploratory statistics	inferential statistics

hypothesis testing	estimation	plotting	ordination
modelling	PCA	p-values	FDR control



# STATISTICS



exploratory statistics	inferential statistics
plotting PCA ordination	hypothesis testing p-values FDR control estimation modelling

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# INFERENCE STATISTICS

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- Inference of parameters
- Prediction
- Estimation
- Uncertainty
- Reproducibility

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# EXPLORATORY STATISTICS

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- What does your data say?
- How do we show what it says?
- How to visualise it?
- *Descriptive statistics*



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# POPULATION

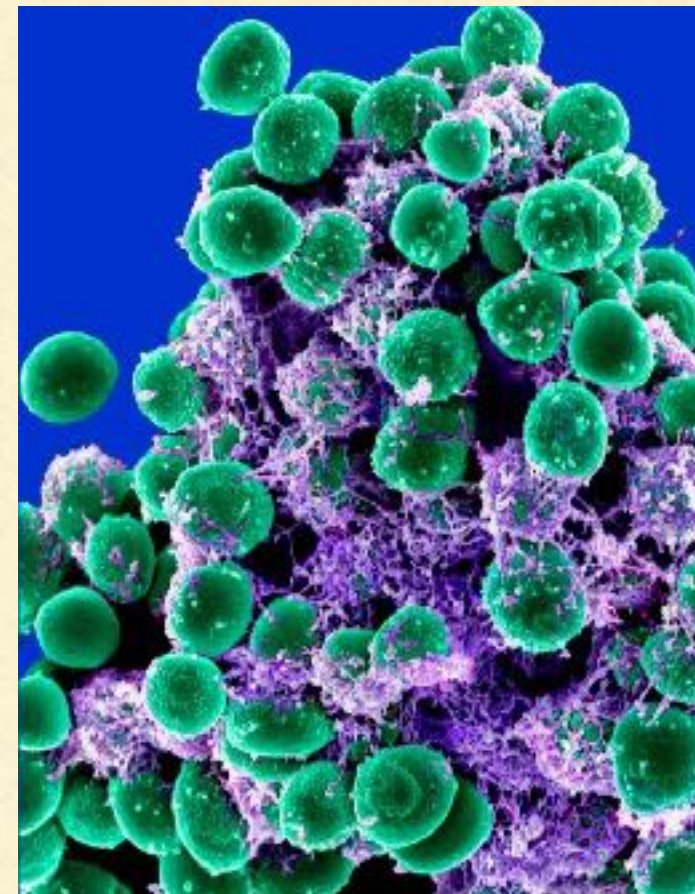
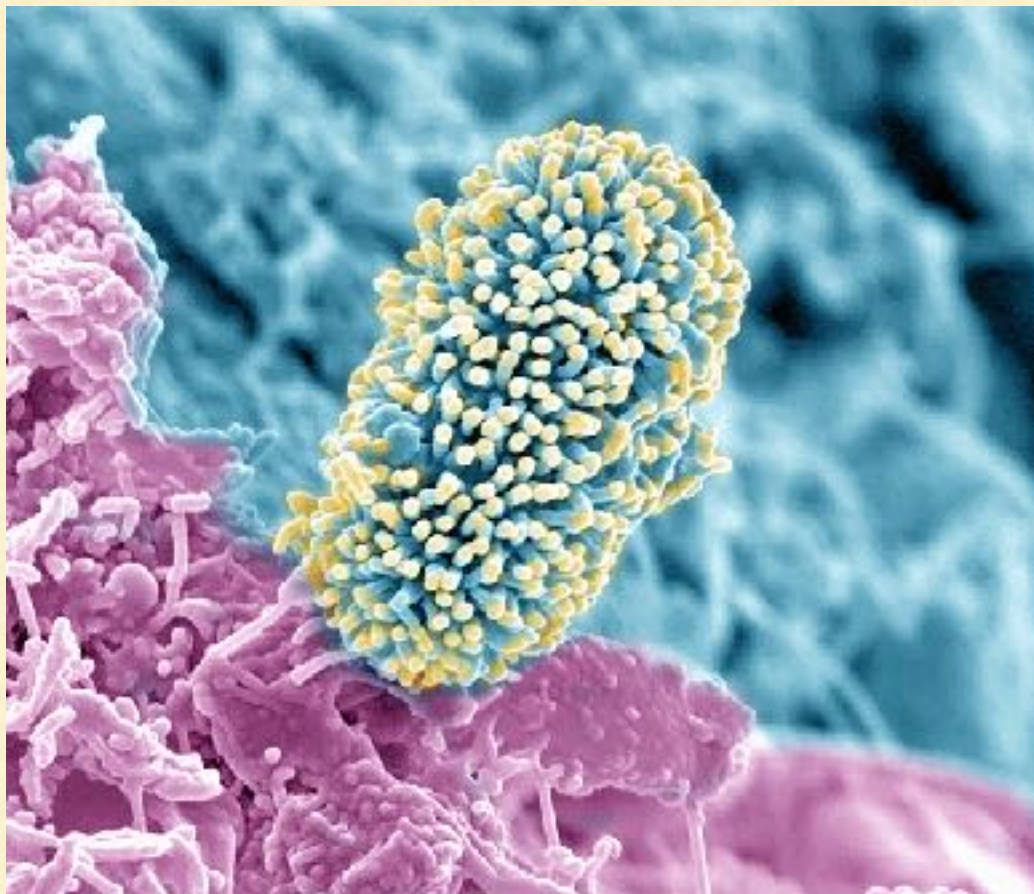
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- Stat101
  - "The population of women with breast cancer"
  - "The population of American citizens with graduate degrees"
  - "The voting population of Massachusetts"

**What is the population in microbial ecology?**

# MICROBIAL POPULATIONS

- The (A) microbiome is the (a) collection of microbes, and their genes and metabolites





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# MICROBIAL POPULATIONS

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- But which microbiome?
  - Are you interested in the gut microbiome of all folks with IBD?
    - ...white men 25-45y.o. with a clinical diagnosis?
    - ...who also live in the city that your study was conducted in?
    - ...Or are you only interested in their poop?

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# MICROBIAL POPULATIONS

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- Are you interested in microbes living in the ocean?
  - Which ocean?
  - At what depth?
  - What time of year and day?
    - Or only those you can detect with your primers?

**The population that you want to study may not be the population that you get to study**

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# MICROBIAL POPULATIONS

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- The 4 W's: **Who/What? Where? When? Why?**
  - **Who? What?** ...the poop of white men 25-45 y.o. with a clinical diagnosis?
  - **Where?** ... who also live in the city that your study was conducted in?
  - **When?** ... between January 2018-March 2018?
- Such observations can help us answer **why** certain patterns exist
  - and why certain patterns don't....



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# EXPERIMENTAL DESIGN

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**The population that you want to study may not be the population that you get to study**

- Before undertaking a microbiome study, think carefully about
  - the question you want to answer,
  - the data you have access to, and
  - the questions you can answer with the data that you have access to

# MICROBIAL POPULATIONS

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- Group exercise: (2 minutes)
- Come up with a microbiome-related question that you want to answer considering the following questions:
  - **Who/What? Where? When? Why?**
- Come up with a microbiome-related question that you could study
  - *How do (sequencing) technology and (bioinformatics) tools influence what populations you can study?*

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# POPULATIONS VERSUS SAMPLES

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- The difference between a *population* and a *sample from it* is fundamental in statistics
- Deductive logic: the evidence must imply the conclusion
- Inductive logic: the conclusion could be implied by the evidence



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# POPULATIONS VERSUS SAMPLES

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- Inferential statistics: using information about the sample to infer something about the population
  - Use the observed data to estimate the parameters
  - Inductive not deductive logic

# "SOMETHING ABOUT THE POPULATION"

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- Statisticians have a formal concept of this
- "Parameter": a numerical characteristic of a probability model
  - Can give any examples of a parameter of interest in a microbiome experiment?

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# PARAMETERS

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- The genus-level relative abundance of *Streptococcus* in your saliva right now
- The proportion of your *S. aureus* that are methicillin-resistant
- The fraction of #STAMPS18 attendees carrying MRSA in any abundance
- The phylum-level diversity of microbes on your hands



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# AN IMPORTANT DISTINCTION

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- The genus-level relative abundance of Streptococcus in your saliva right now is not the same as the relative abundance of 16S copies from Streptococcus obtained from a sample
  - Does adjusting for copy number fix this?
    - Why not?

# "INFORMATION ABOUT THE SAMPLE"

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- Statisticians have a formal concept of this too
- "Estimates": some function of your data
  - Can give any examples of an estimate in a microbiome experiment?

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# ESTIMATES ESTIMATE PARAMETERS

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- Estimates (n, pl) estimate (v) parameters (n)
- e.g. What is an example of a parameter in a microbiome study, and what is an example of an estimate of it?



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# EXAMPLE

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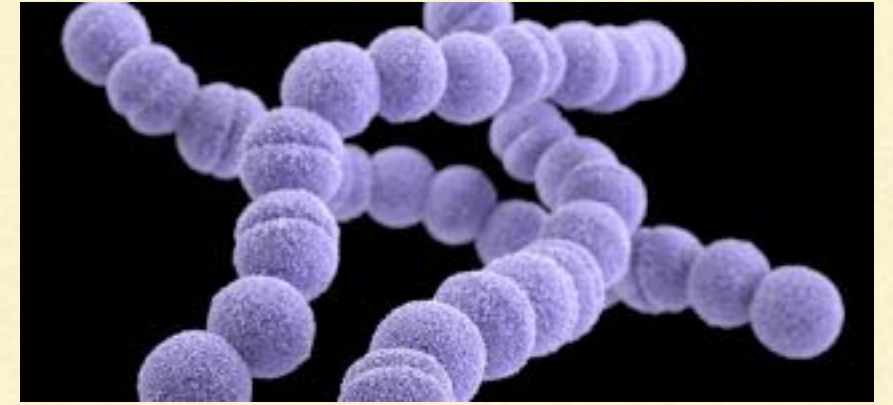


- **Motivation:** Estimate the genus-level relative abundance of 16S copies from Streptococcus in your saliva
- Relative abundance is commonly estimated by the observed relative abundance of 16S copies from Streptococcus
- Is that the only estimate? Why does it seem like a good one?

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# EXAMPLE

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- **Motivation:** Estimate the genus-level relative abundance of 16S copies from Streptococcus in *a group of people*
  - What if we have 10 people in our study?
  - What does relative abundance of Streptococcus mean now?

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# RELATIVE ABUNDANCE

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- Suppose...
  - $\mathbf{n}$  = samples, indexed by  $\mathbf{i} = 1, \dots, n$
  - $\mathbf{p}_i$  = the relative abundance in each subject
  - $\mathbf{W}_i$  = # of observed sequenced copies from Strep
  - $\mathbf{M}_i$  = total # of sequenced copies
- Most common estimate of  $p_i$  is  $W_i/M_i$



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# RELATIVE ABUNDANCE

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- Why?
  - (Seems reasonable)
  - Under a model where each observed copy of the 16S gene is from Strep with probability  $p_i$ , and all copies are independent, this estimate is
    - consistent, normally distributed, efficient, unbiased, minimum variance out of all unbiased estimates...

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# PARAMETERS

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- Two key concepts for evaluating estimates of parameters
  - bias: how far?
  - variance: how stable?
- Suppose we have a parameter  $\theta$  and an estimate  $\hat{\theta}$

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# ESTIMATES: NOTATION

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- The parameter *Amy*:



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# ESTIMATES: NOTATION

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- An estimate of the parameter *Amy*:



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# BIAS

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- If you care about a parameter  $\theta$ , then the bias is the expected difference between the parameter and any estimate

$$\text{Bias}(\hat{\theta}) = \mathbb{E}(\hat{\theta}) - \theta$$

where

$\mathbb{E}\hat{\theta}$  = “expected value” of  $\hat{\theta}$

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# EXPECTED VALUE

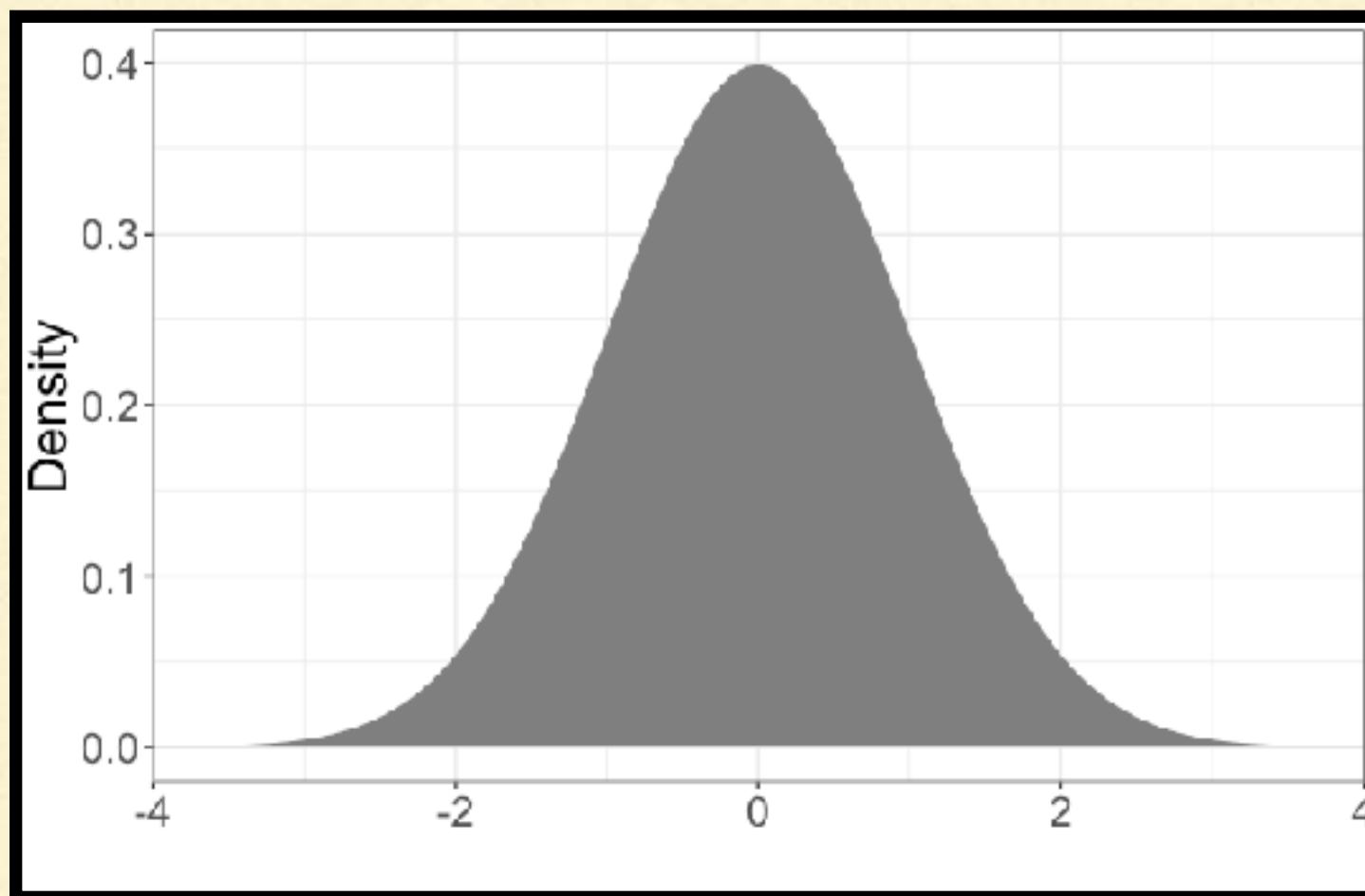
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- Expected value comes from the concept of a “distribution”
- It is the “middle” of the distribution



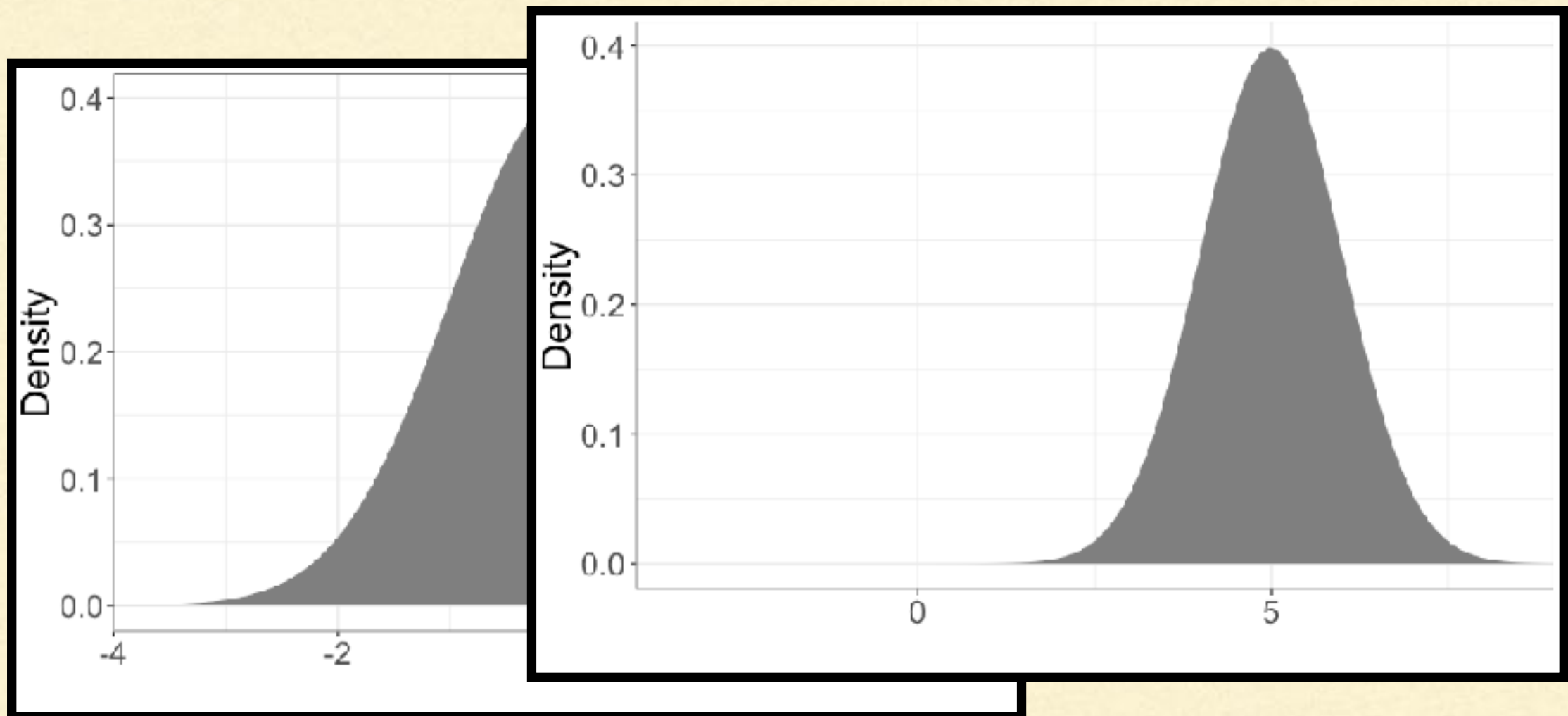
# EXPECTED VALUE

- What you think is the expected value of these distributions?



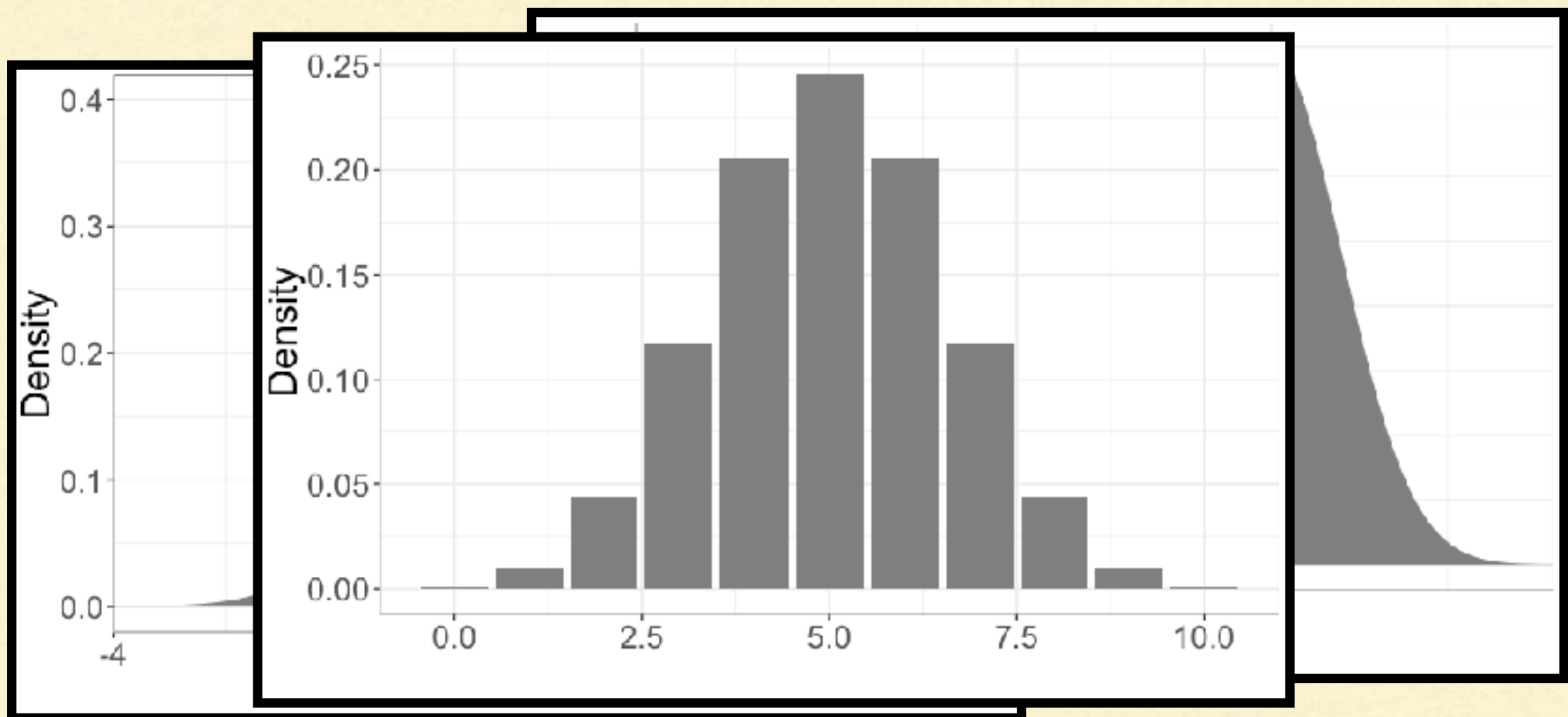
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- What you think is the expected value of these distributions?



# EXPECTED VALUE

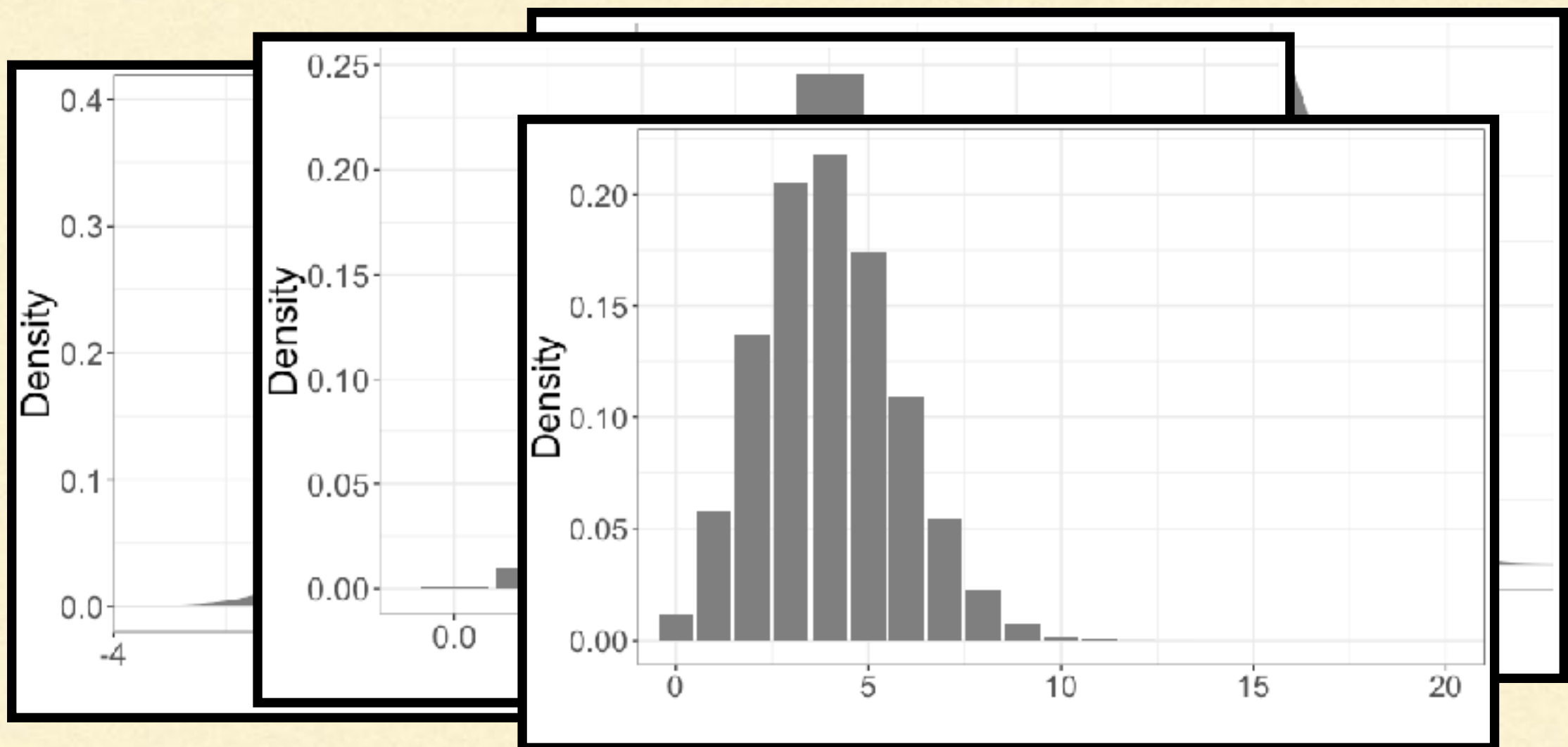
- What you think is the expected value of these distributions?





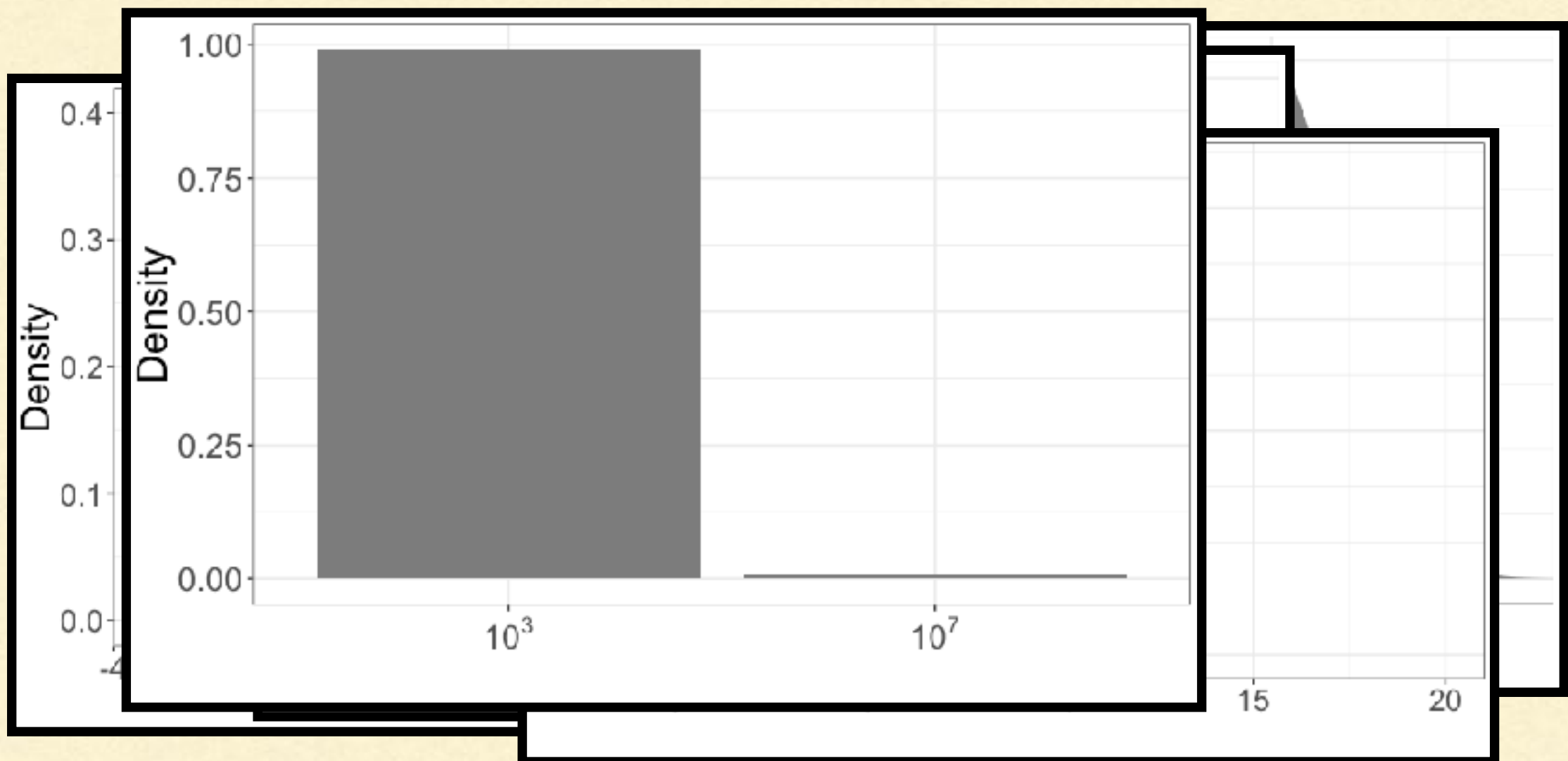
# EXPECTED VALUE

- What you think is the expected value of these distributions?



# EXPECTED VALUE

- What you think is the expected value of these distributions?



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# EXPECTED VALUE

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- Suppose we have a distribution with discrete support on  $x_1, \dots, x_n$ , and the probability of selecting each point is  $p(x_1), \dots, p(x_n)$ . Then

$$\text{Expected value} = x_1 p(x_1) + x_2 p(x_2) + \cdots + x_n p(x_n)$$

- Suppose we have a distribution with continuous support on  $x_{\text{lower}}$  to  $x_{\text{upper}}$ , and the density of a point  $x$  is  $f(x)$ . Then

$$\text{Expected value} = \int_{x_{\text{lower}}}^{x_{\text{upper}}} x f(x) dx$$



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# BIAS

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- An estimate is unbiased if its bias is zero
- The fine print:
  - An estimate of a parameter
    - is unbiased if
      - its bias is zero under the model
- The distribution of the estimate depends on the distribution of the data, and thus, on the model!

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# BIAS

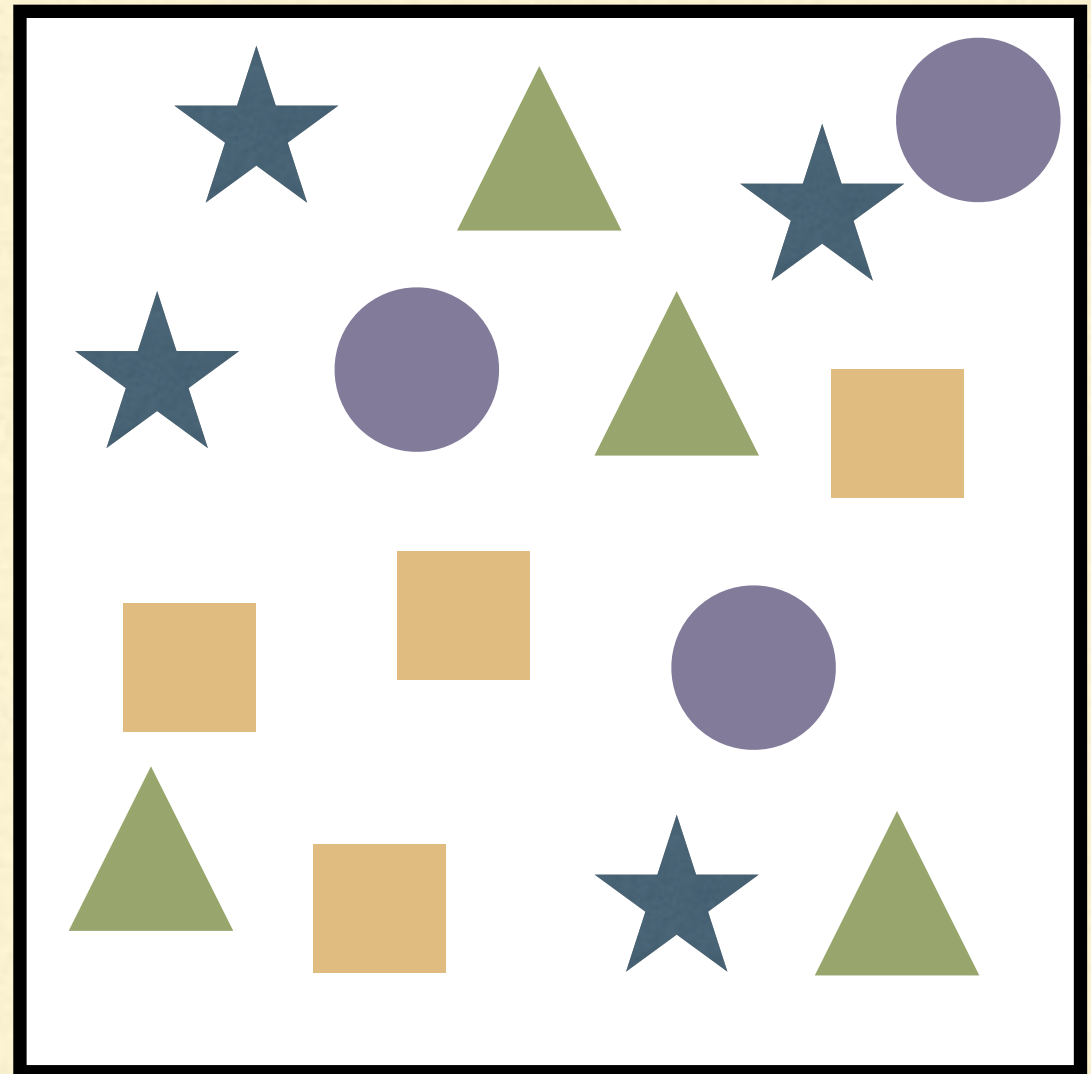
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- Be careful — this word is used frivolously
- Before being impressed, ask yourself
  - What is the estimate?
  - What is the model?
  - Is the model reasonable?
  - Why do they think its unbiased?

# EXAMPLE



- (1 minute)
  - What are the true relative abundances in the community?





# EXAMPLE

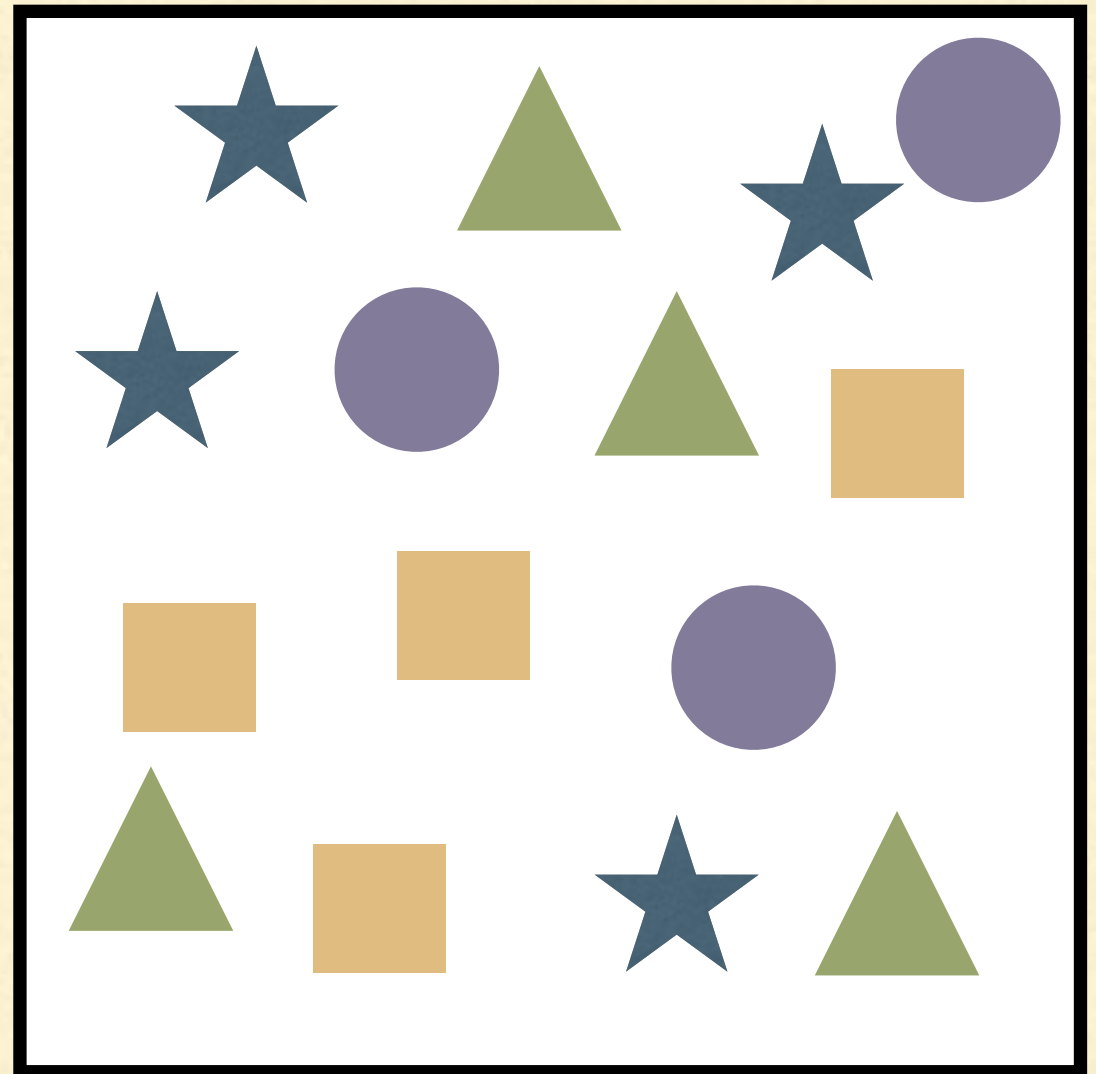
## True abundances:

- ★ =  $4/15$

- ● =  $3/15$

- ▲ =  $4/15$

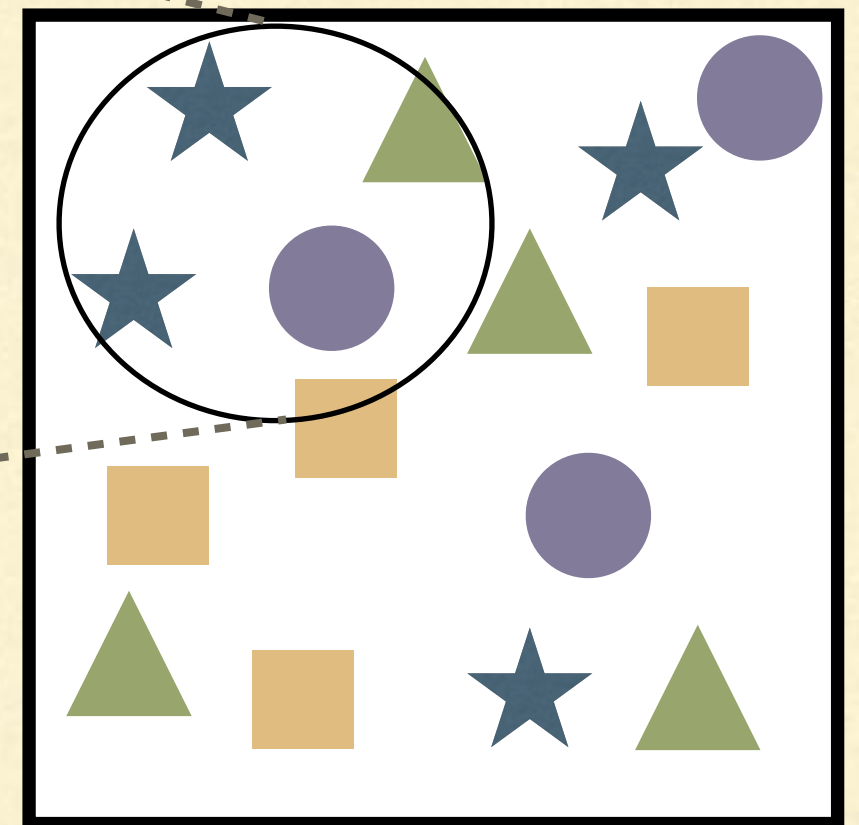
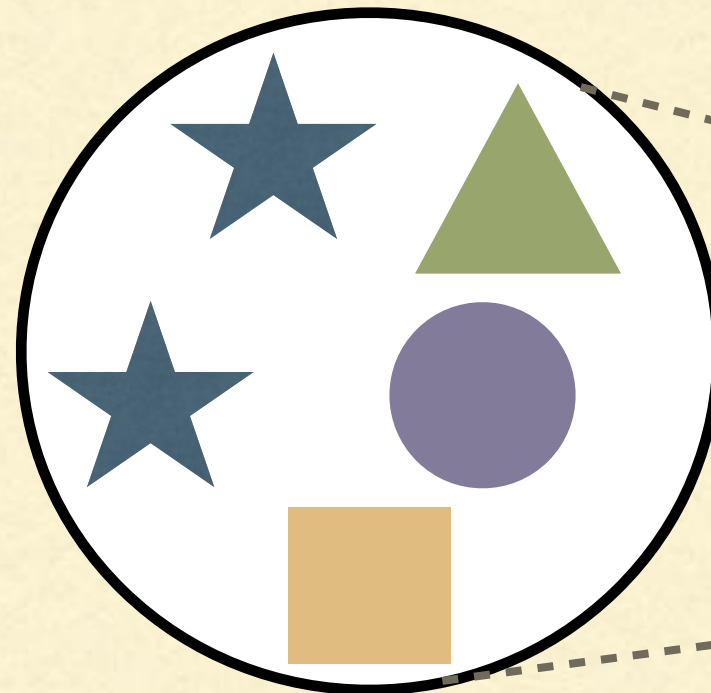
- ■ =  $4/15$



# EXAMPLE



- (3 minutes)
- Draw some nets. What are the observed relative abundances?



# EXAMPLE

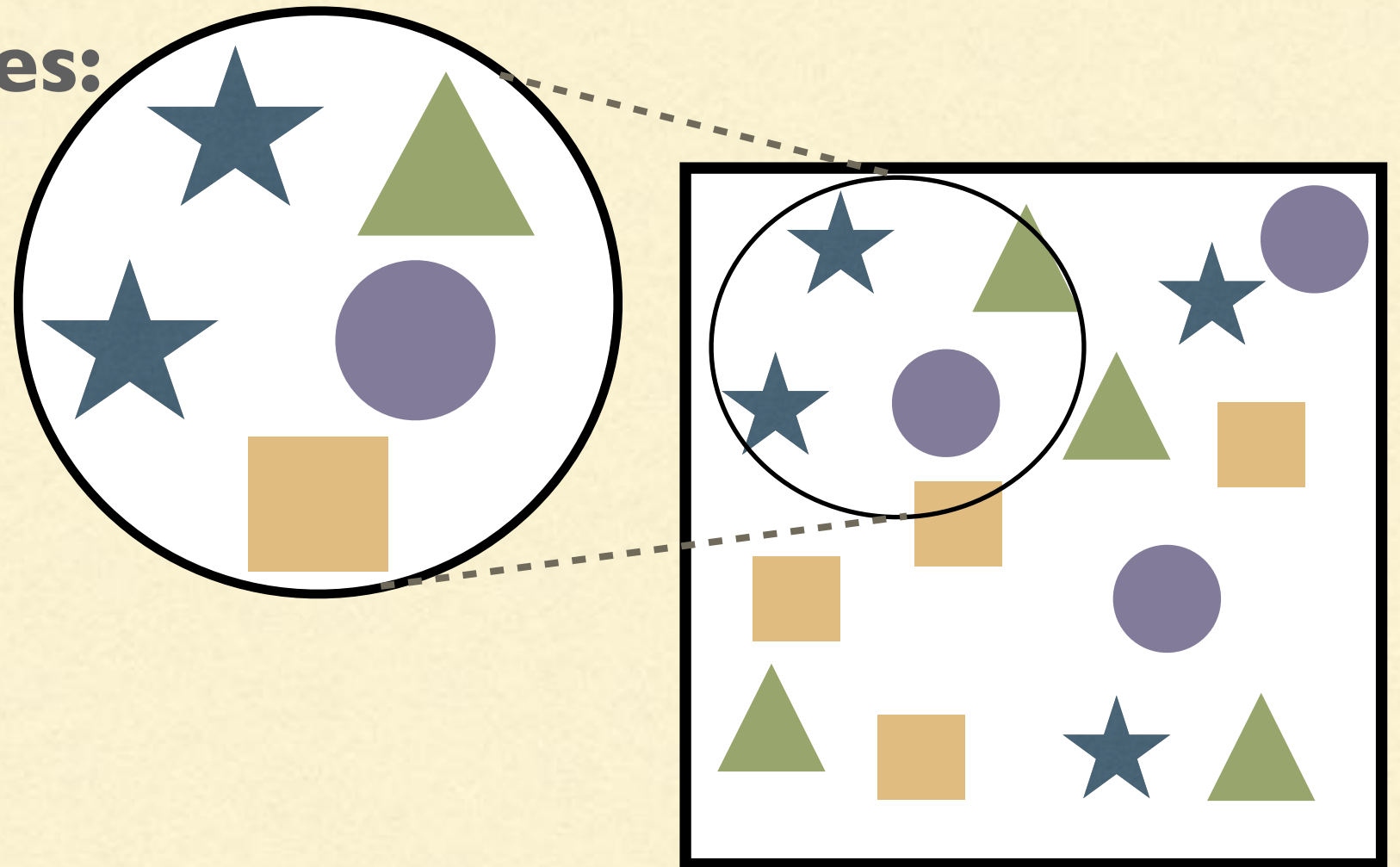
**Observed abundances:**

■ ★ =  $2/5$

■ ● =  $1/5$

■ ▲ =  $1/5$

■ ■ =  $1/5$

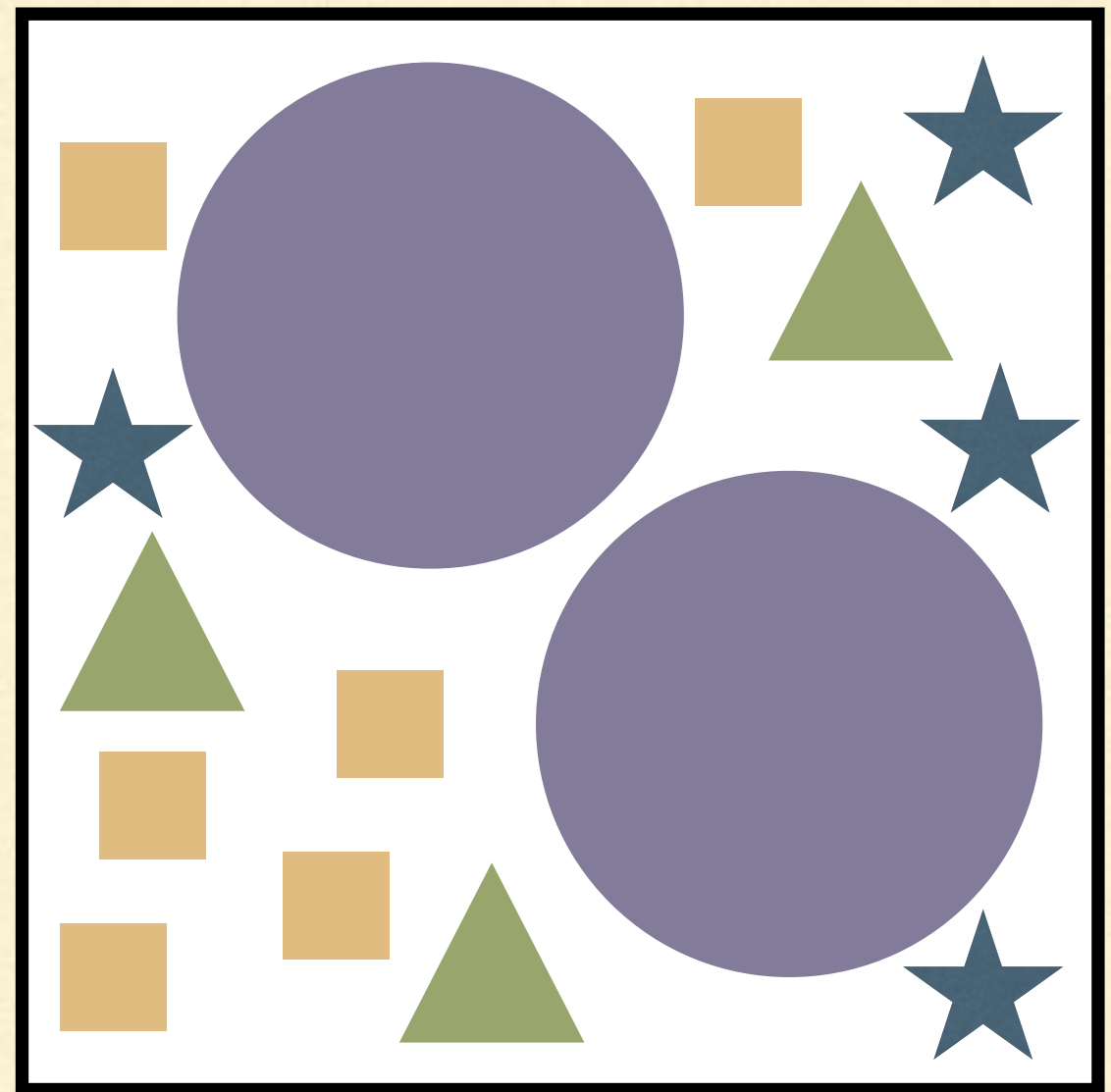




# BIAS



- (1 minute)
- What are the true relative abundances in the community?



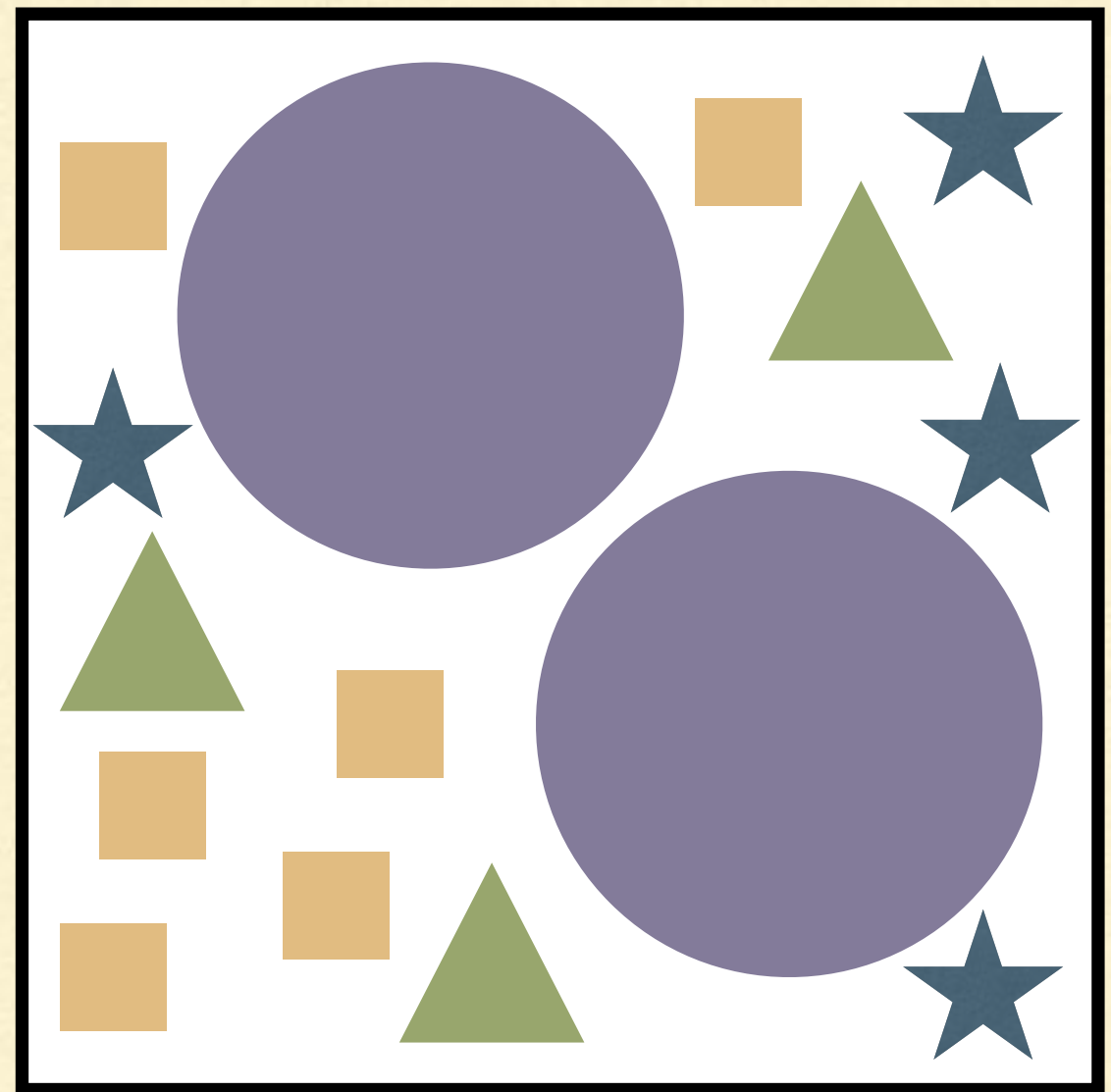
# BIAS

- ★ =  $4/15$

- ● =  $2/15$

- ▲ =  $1/5$

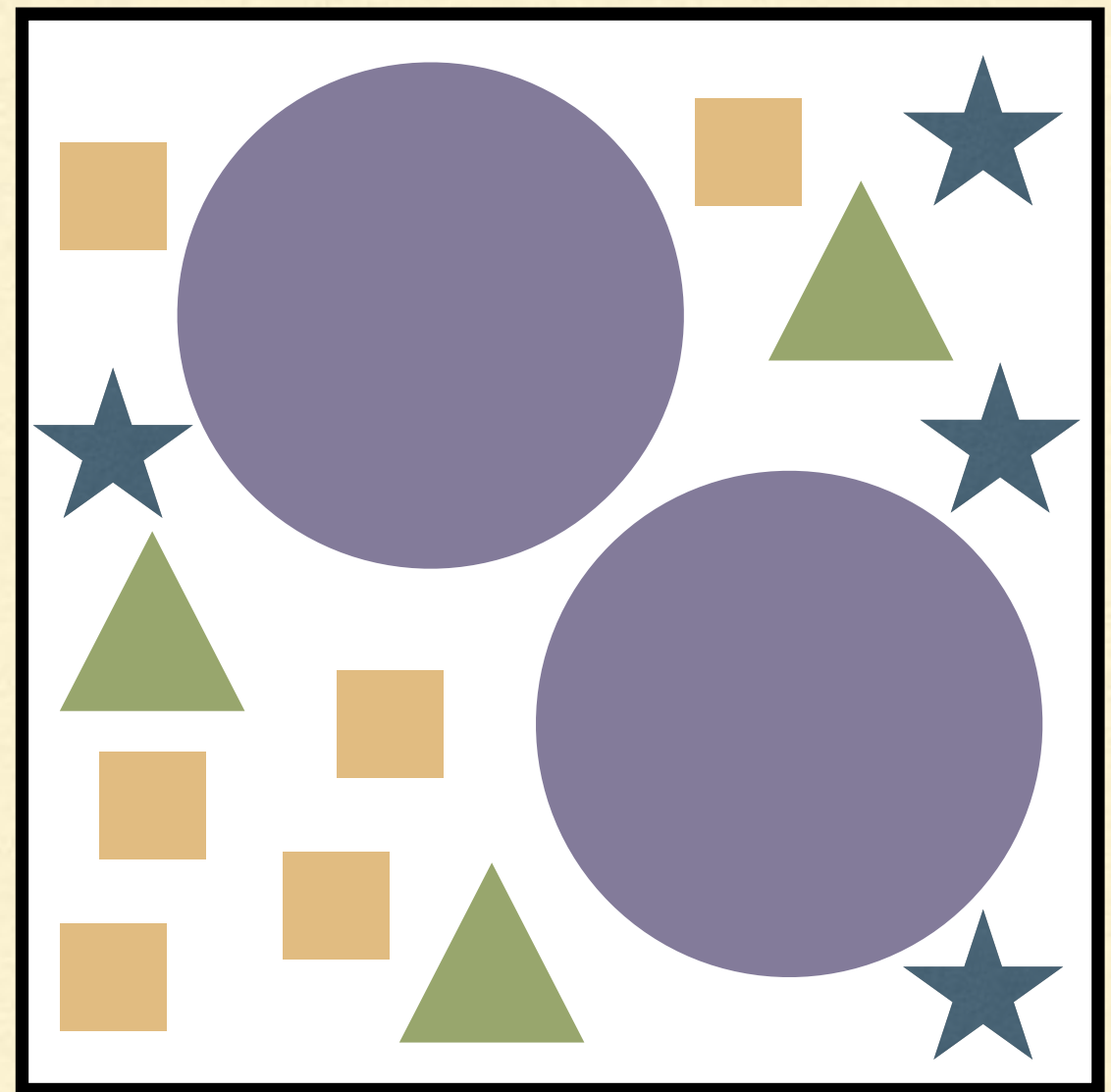
- ■ =  $2/5$



# BIAS



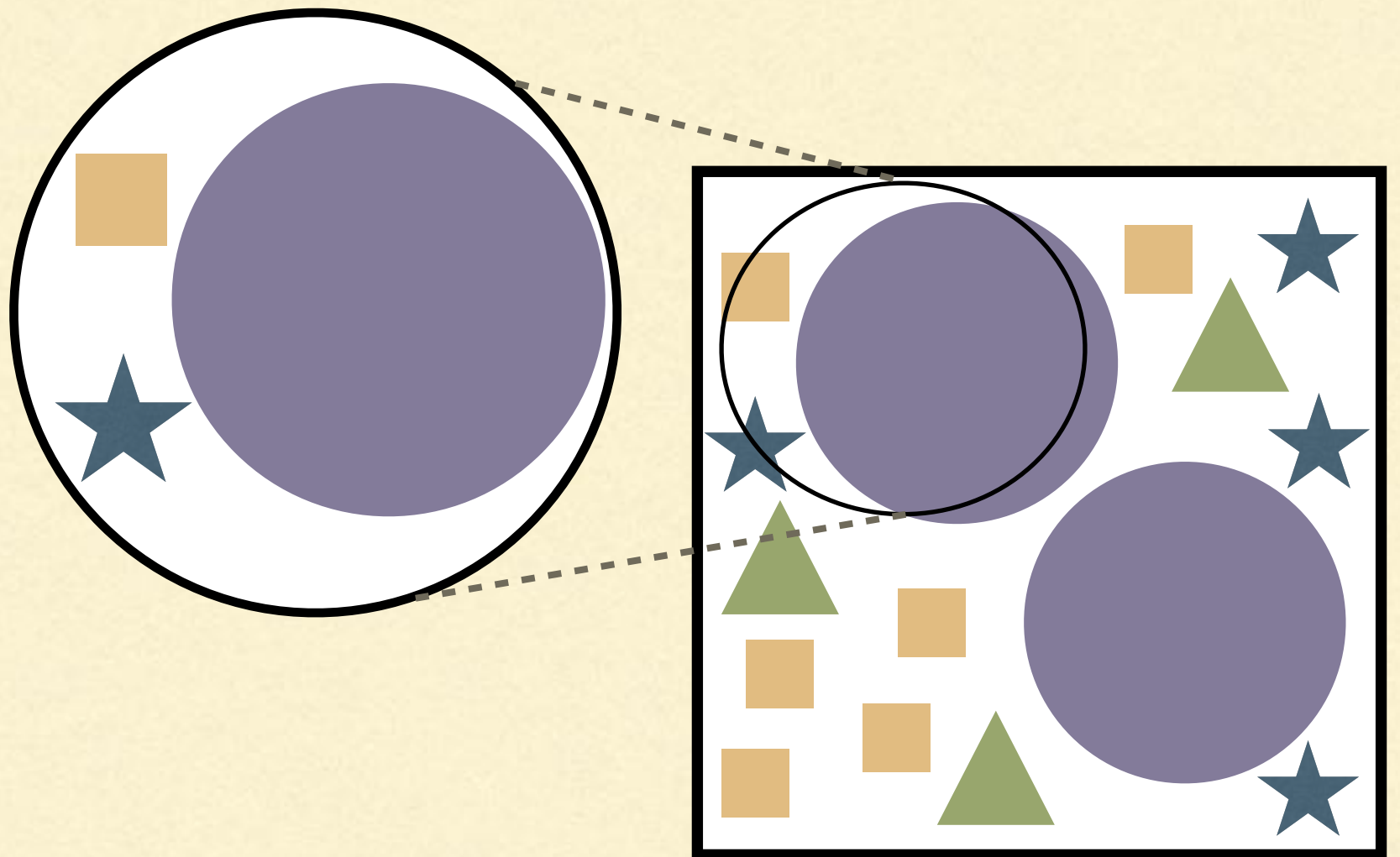
- (3 minutes)
- Draw some nets. What are the observed relative abundances?





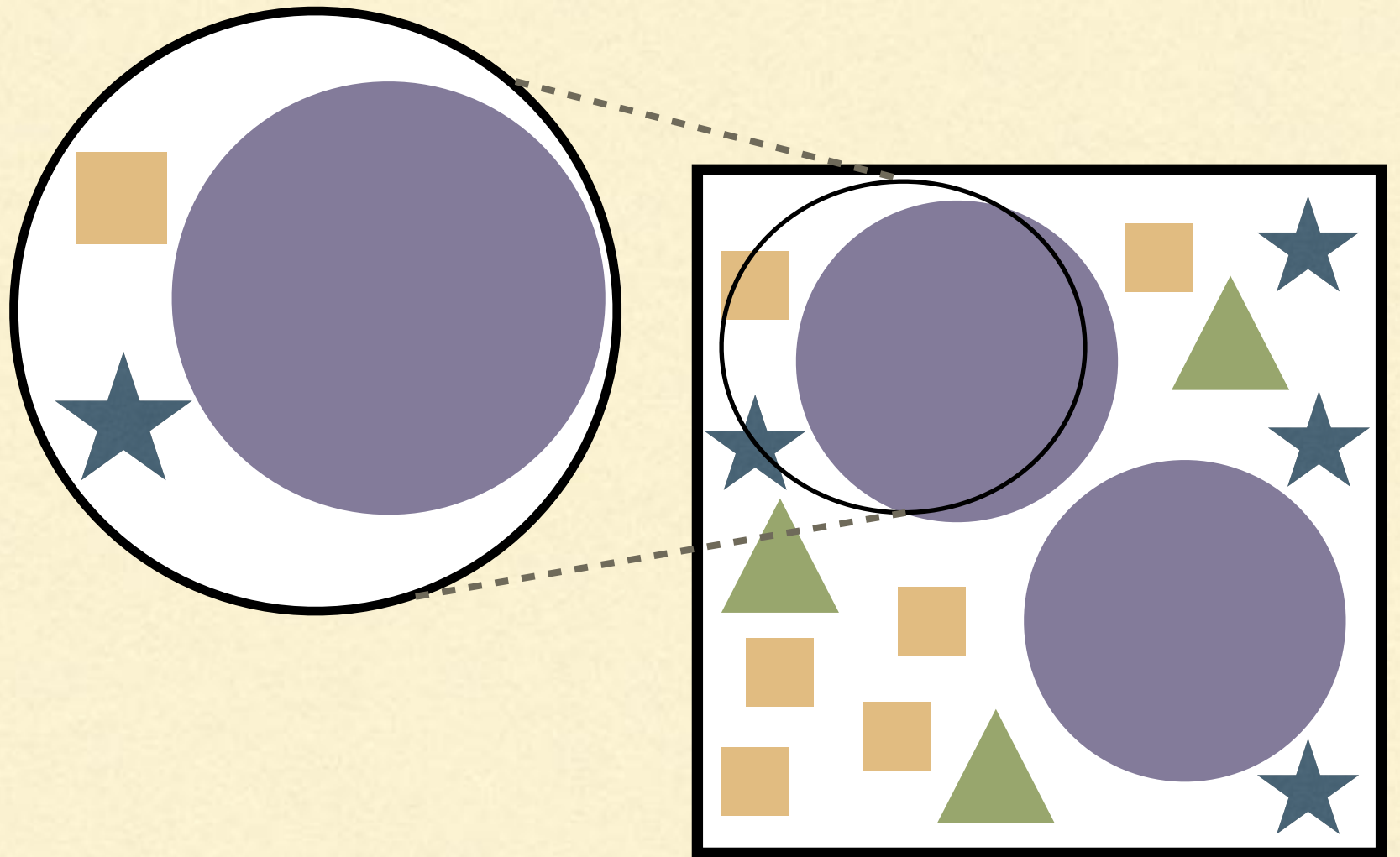
# BIAS

- ★ = 1/3
- ● = 1/3
- ■ = 1/3



# BIAS

- ★ = 5/15
- ● = 5/15
- ■ = 5/15



Truth:

$$\star = 4/15 \quad \bullet = 2/15 \quad \blacktriangle = 3/15 \quad \blacksquare = 6/15$$

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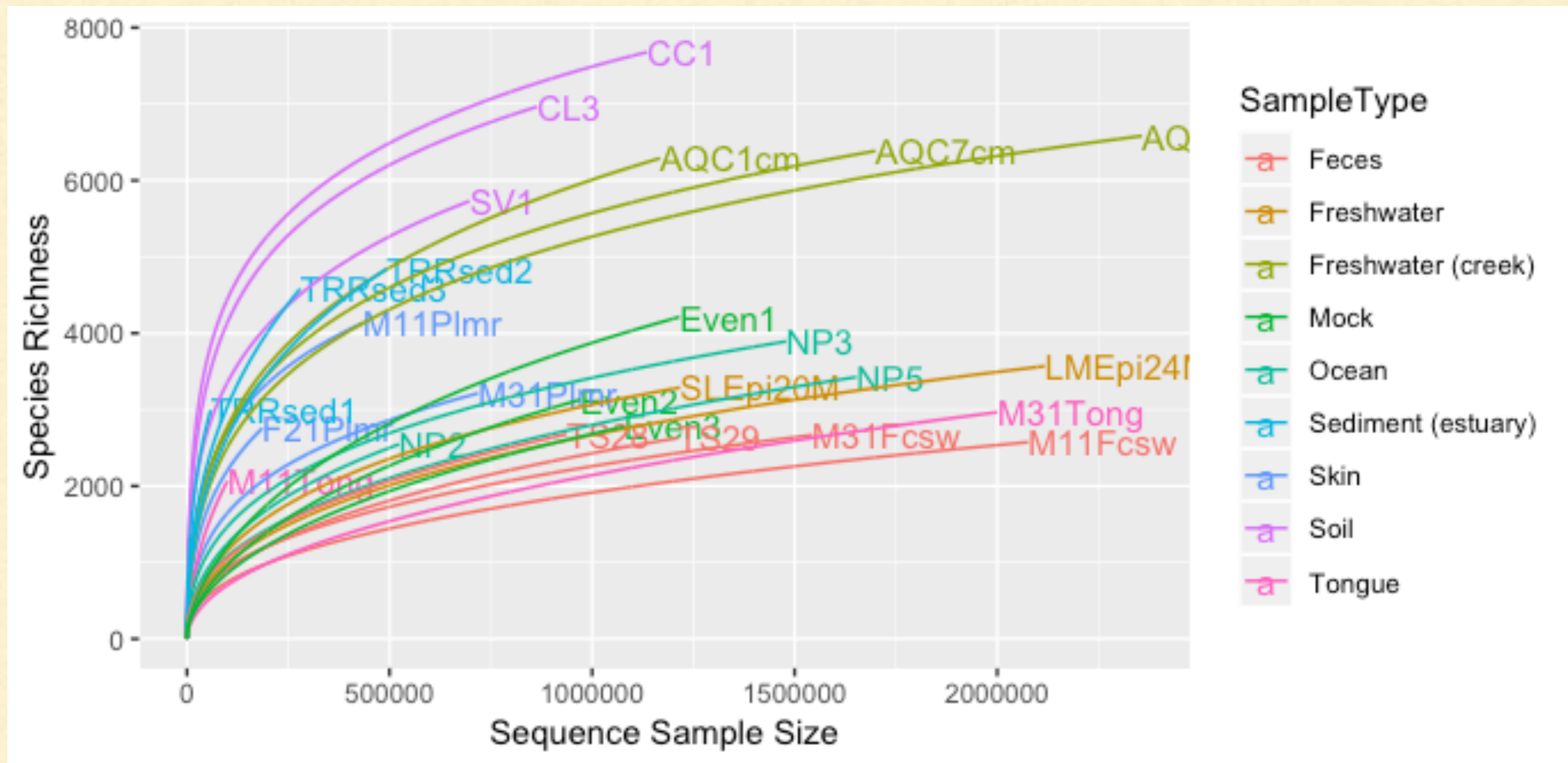
# BIAS AND DIVERSITY

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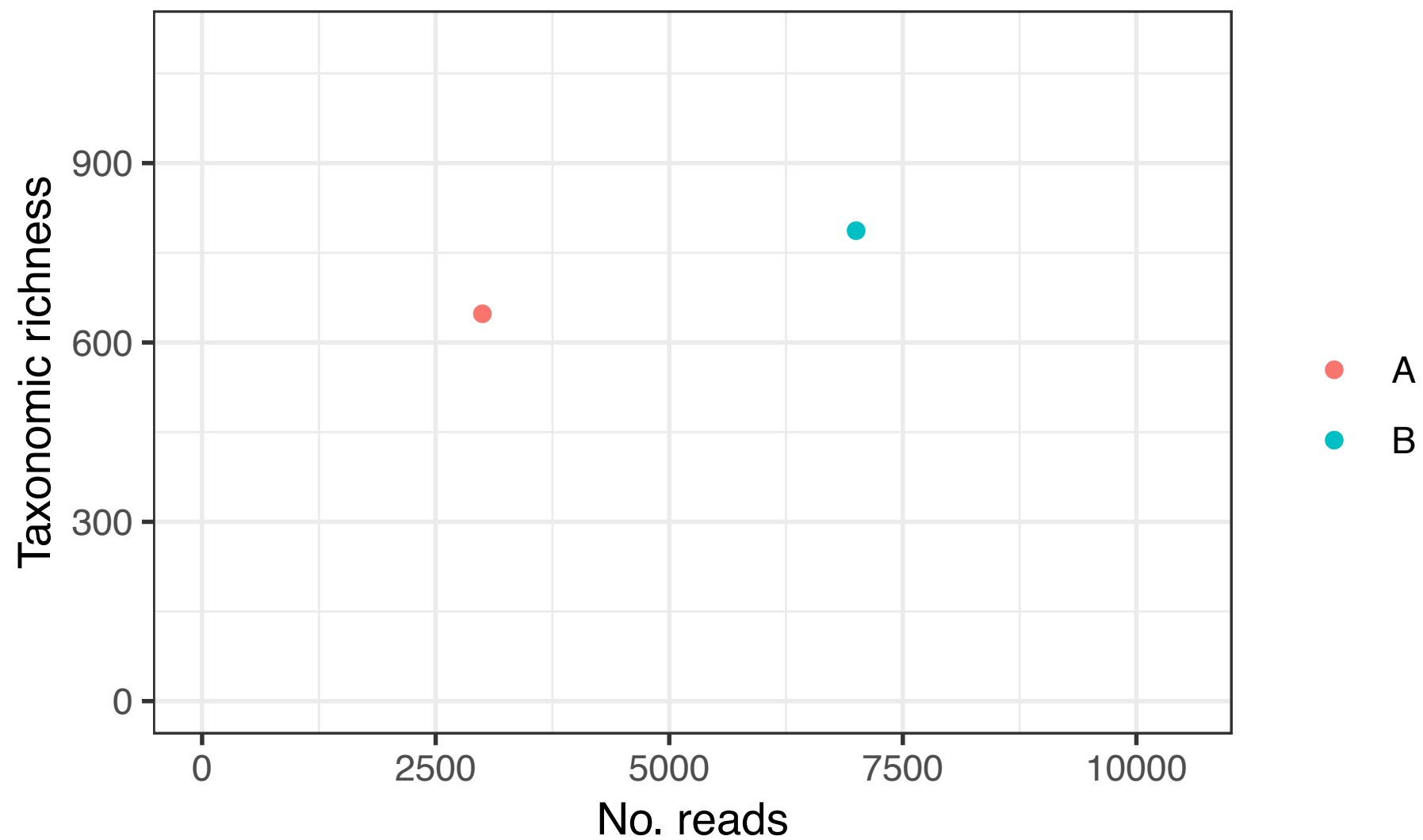
- Rarefaction curves are a fantastic illustration of what happens when people who don't understand statistics invent methods
- Rarefying, also called normalising, is a "method" for throwing away data to account for different levels of bias



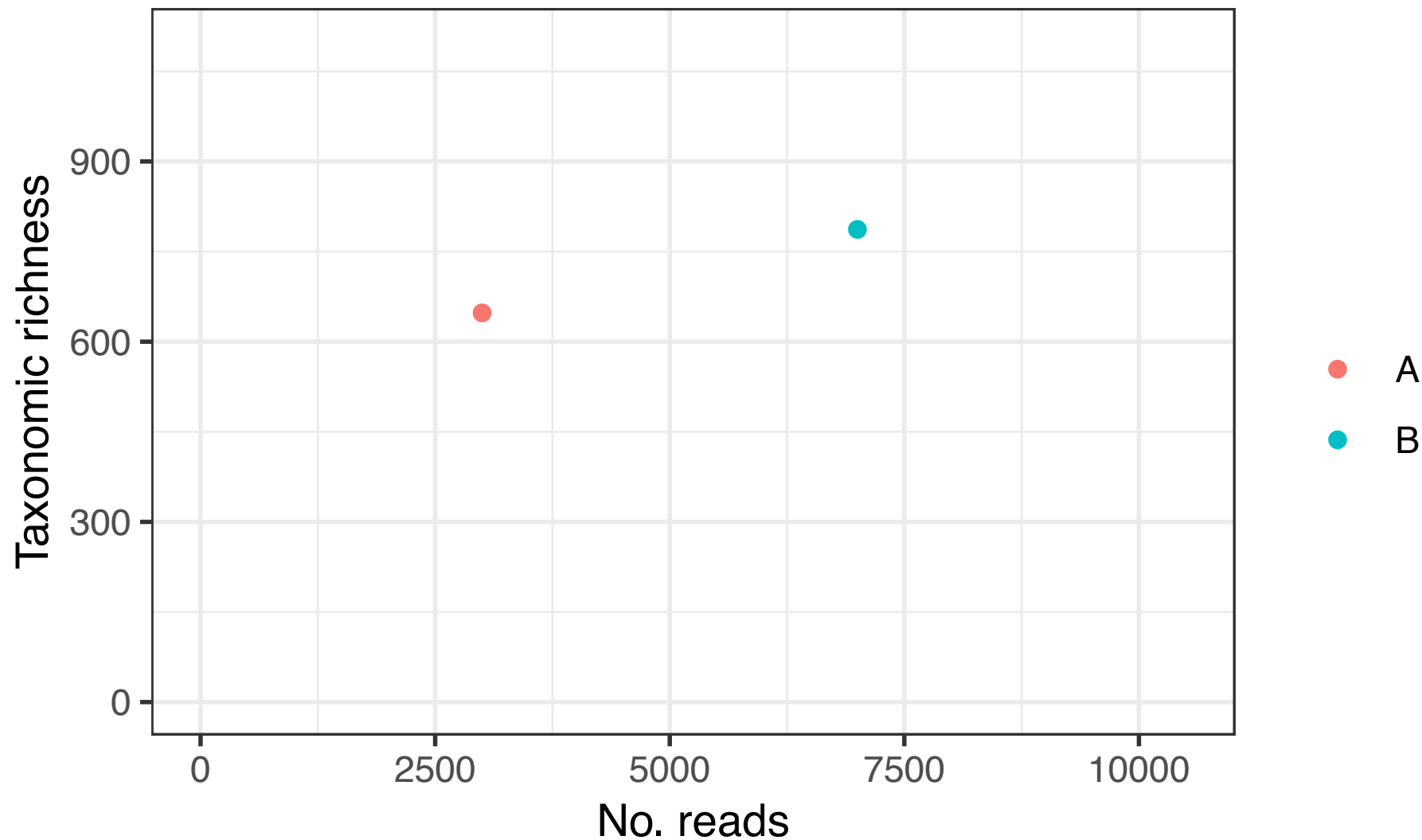
# RAREFACTION



# RAREFACTION



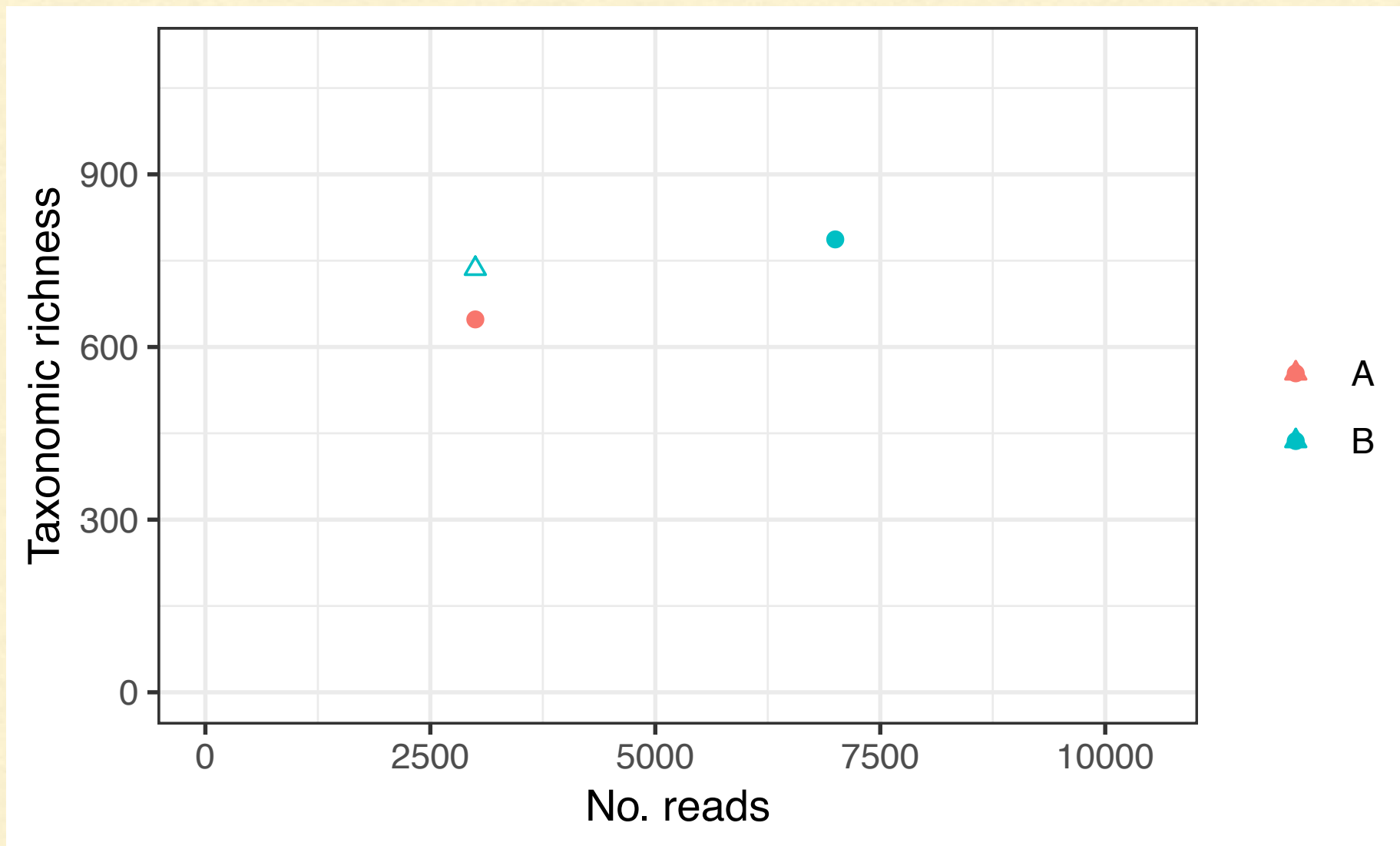
# RAREFACTION



What's the parameter?  
What's the estimate?

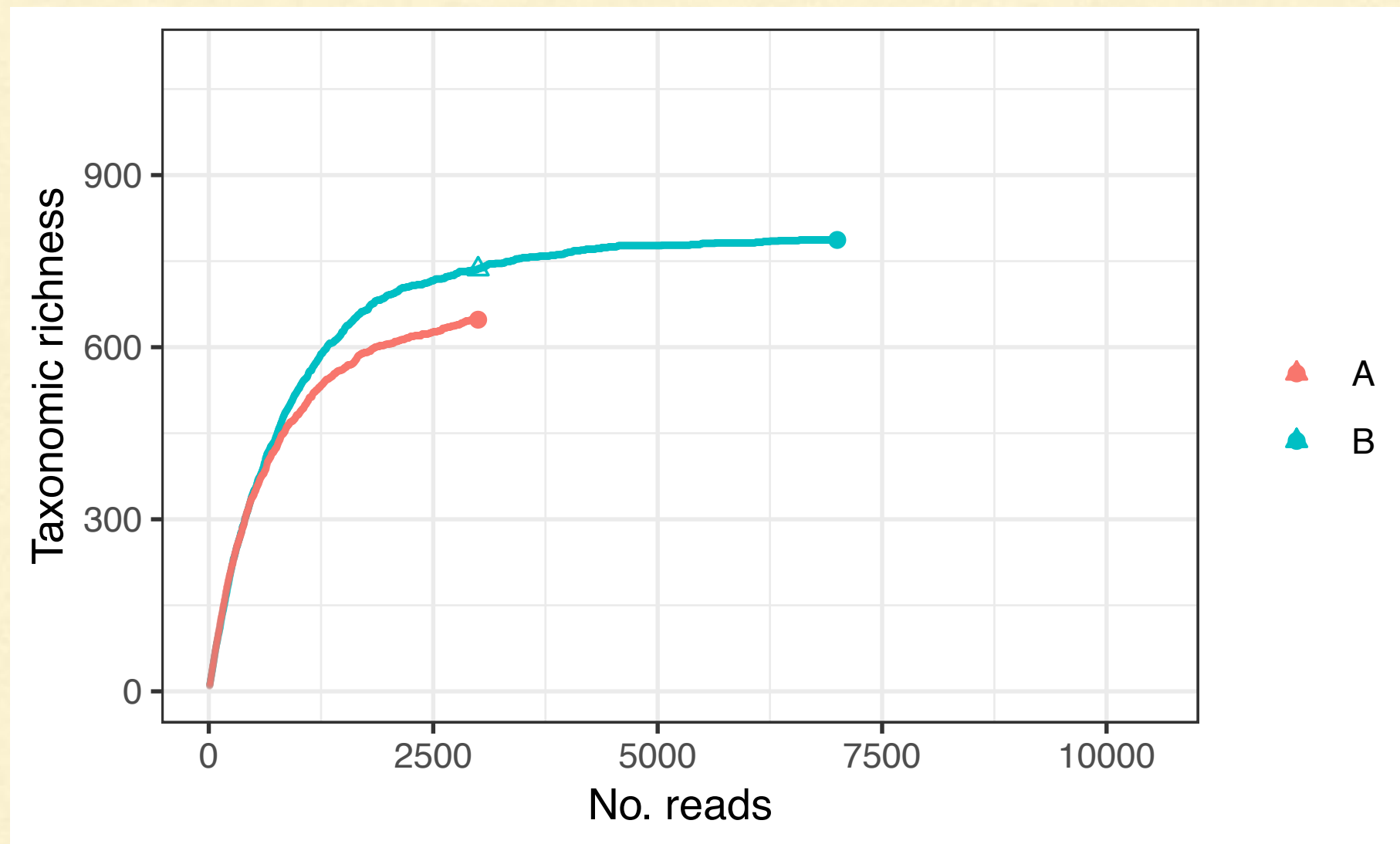


# RAREFACTION



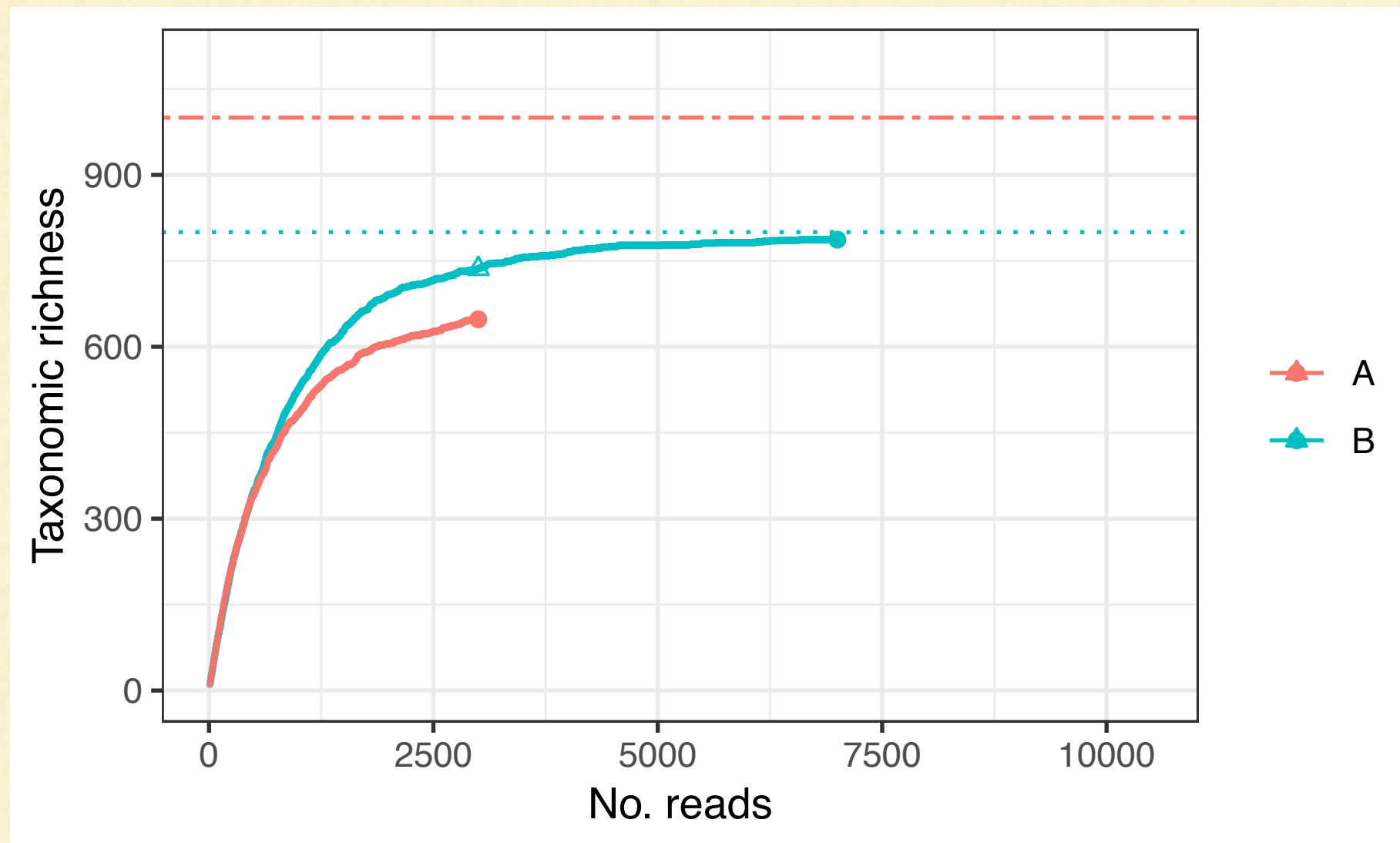
Now what's the parameter?  
Now what's the estimate?

# RAREFACTION



# RAREFACTION

What's the bias of each estimate? Which is more biased?



$$\text{Bias}(\hat{\theta}) = \mathbb{E}(\hat{\theta}) - \theta$$



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# BIAS

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- Some estimates are biased
- Biased estimates are not good, especially if the bias depends on sample size
- There is a solution (and it's not rarefying)
  - More discussion on Thursday when we talk about species richness

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# BREAK

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# VARIANCE

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- Variance is a property of the estimate
- It describes how much the estimate varies
- Variance actually isn't about the parameter
- Definition:

$$\text{Variance}(\hat{\theta}) = \mathbb{E} \left( \hat{\theta} - \mathbb{E}(\hat{\theta}) \right)^2$$



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# VARIANCE IN REAL LIFE

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- Definition:

$$\text{Variance}(\hat{\theta}) = \mathbb{E} \left( \hat{\theta} - \mathbb{E}(\hat{\theta}) \right)^2$$

- What does this expectation mean *in terms of your experiment*?

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# VARIANCE

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- The variance reflects how far apart the repeated estimates are
- If your estimates (from repeated experiments) are
  - 12, 12, 12, 12, 12...  $\Rightarrow$  variance is 0
  - 12, 12, 12, 13, 12...  $\Rightarrow$  variance is 0.167
  - 12, 12, 12, 13013, 12...  $\Rightarrow$  variance is 28171000
- A large change in the estimates equals a large variance

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# VARIANCE

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- Repeat the experiment, calculate the estimate  $\Rightarrow \hat{\theta}_1$
- Repeat the experiment again, calculate the same estimate  $\Rightarrow \hat{\theta}_2$
- ...
- Let  $\hat{\theta}_j$  be your estimate from the j-th time you do the experiment

Variance = limit of average  $\left( \hat{\theta}_{\text{repeat } j} - \text{average } \hat{\theta} \right)^2$



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# VARIANCE

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- Repeating our experiment is expensive, and so we use models to estimate the variance
  - the variance we would get if we repeated the experiment again and again and again...

$$\text{Variance} = \text{limit of average } \left( \hat{\theta}_{\text{repeat } j} - \text{average } \hat{\theta} \right)^2$$

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# STANDARD DEVIATION

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- The standard deviation is the square root of the variance
  - Sometimes it's more convenient to work on the original scale of the data
- *What is a standard error?*

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# ESTIMATING THE VARIANCE

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- The variance and standard deviation *of an estimate* are not known!
  - The data is random
  - The estimate is a function of your data  $\Rightarrow$  estimate is random
  - Distribution of the data is not known
    - That's why we're estimating a parameters
  - Distribution of the estimate is not known
  - The variance is therefore not known



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# STANDARD ERROR

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- **standard error = estimate of standard deviation**
- Distinction:
  - If you have one-dimensional data, it has a standard deviation
  - If you have a one-dimensional estimate, it has a standard error



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# STANDARD ERRORS

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- "Model-based standard errors"
  - are based on models!
  - Your standard error is only as good as your model!

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# A MODEL

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- Model: you have a community of  $Q$  microbes, which have relative abundances  $p_1, \dots, p_Q$
- You observe them independently
- The probability of observing microbe  $i$  on any draw is  $p_i$



# A MODEL



- You observe  $M_i$  individuals,  $W_i$  from group  $i$

MICROBE $i$	1	2	3	4	5
$W_i$	5	1	1	2	1

# A MODEL



MICROBE	1	2	3	4	5
WI	5	1	1	2	1

- Invent.... (4 minutes)
  - ...an estimate of  $Q$
  - ...an estimate of  $p_1$  and  $p_2$  (probability of observing microbe 1 & 2)
  - ...a standard error for your estimate of  $Q$
  - ...standard errors for your estimates of  $p_1$  and  $p_2$

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# A PROPOSAL

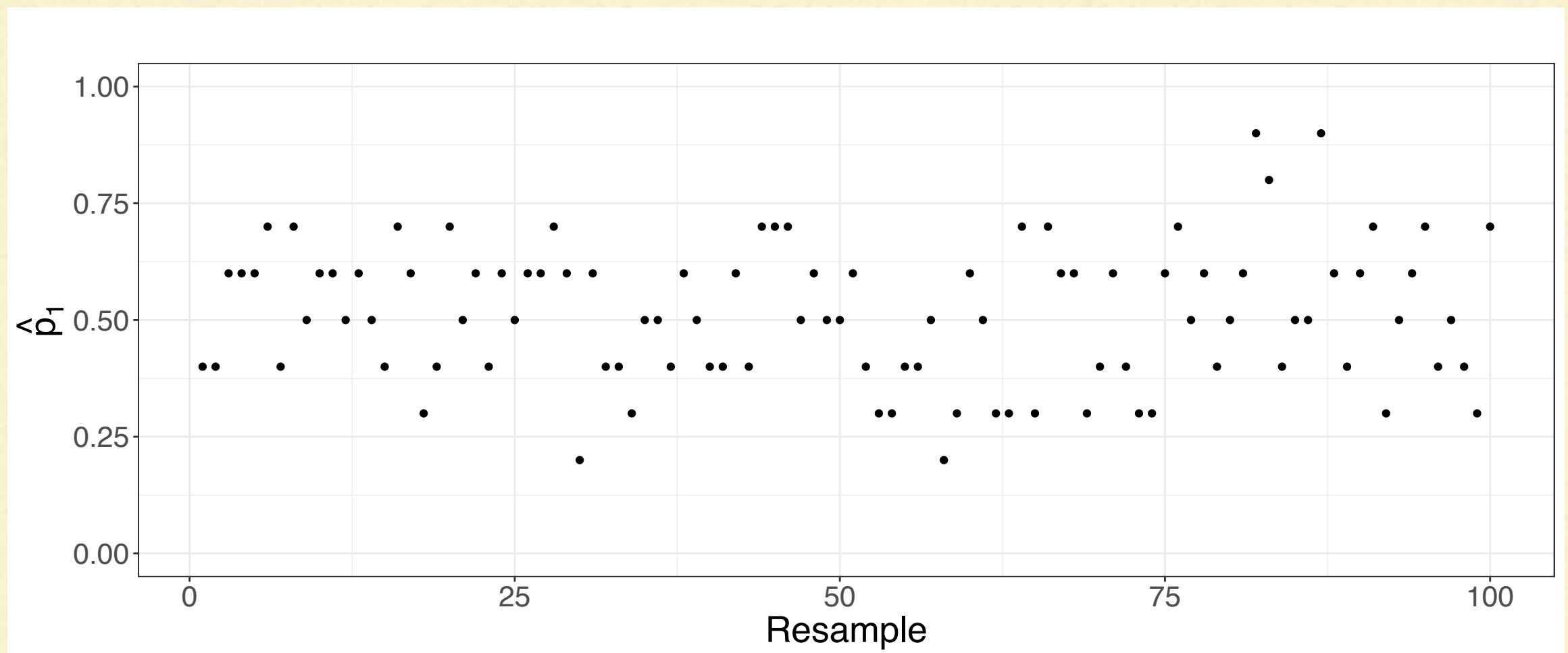
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- (to illustrate; don't do this!)
- You could take your sample and randomly sample  $M_i$  individuals from it

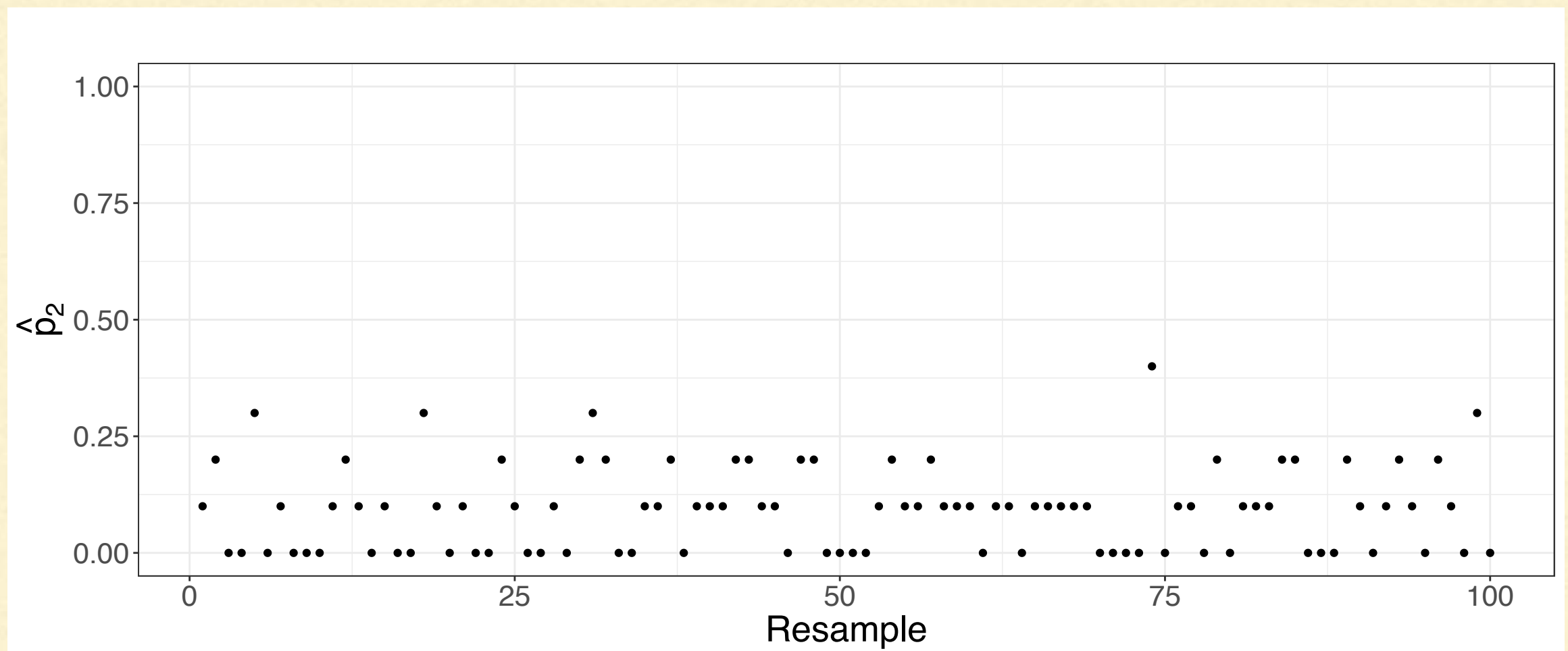
MICROBE	1	2	3	4	5
ORIGINAL	5	1	1	2	1
RESAMPLE 1	4	1	1	1	3
RESAMPLE 2	4	2	2	1	1
RESAMPLE 3	6	0	0	4	0
RESAMPLE 4	6	0	2	1	1



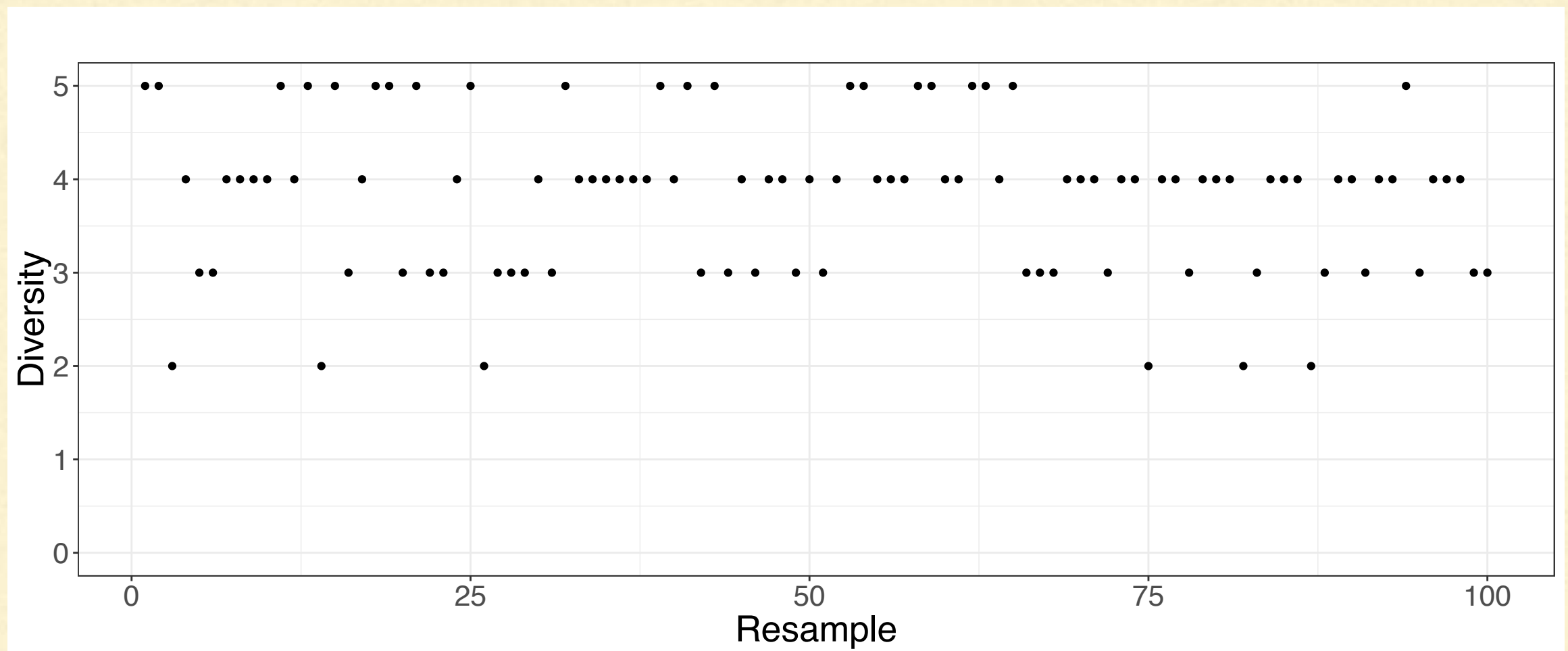
# A PROPOSAL



# A PROPOSAL



# A PROPOSAL





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# IS THIS A REASONABLE MODEL?

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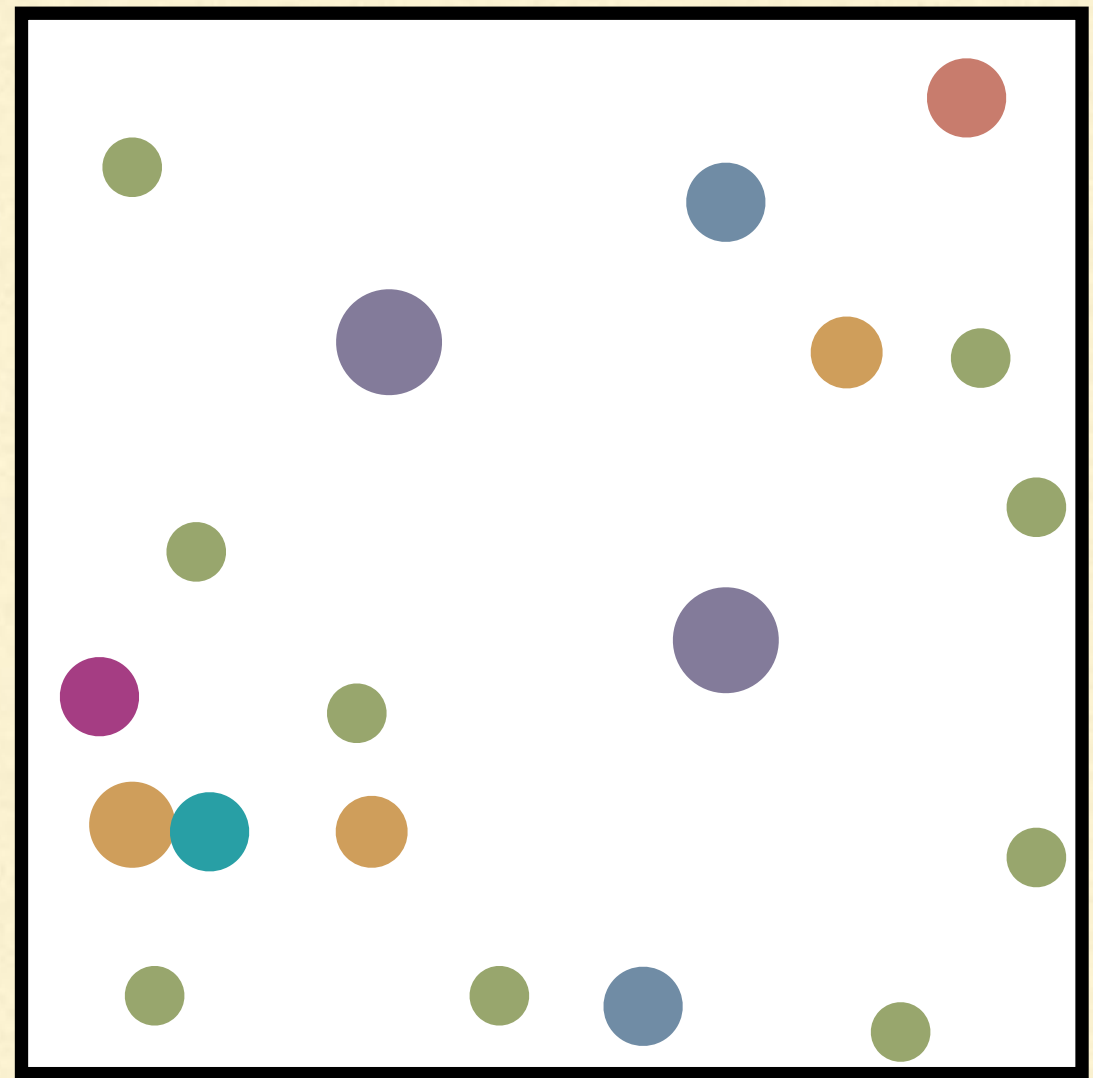
- This is a reasonable way to generate estimates and standard errors if this is a reasonable model
  - this is (one type of) the bootstrap
- Is this a reasonable model?

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# REASONABLE MODELS

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- Is subsampling reasonable here?

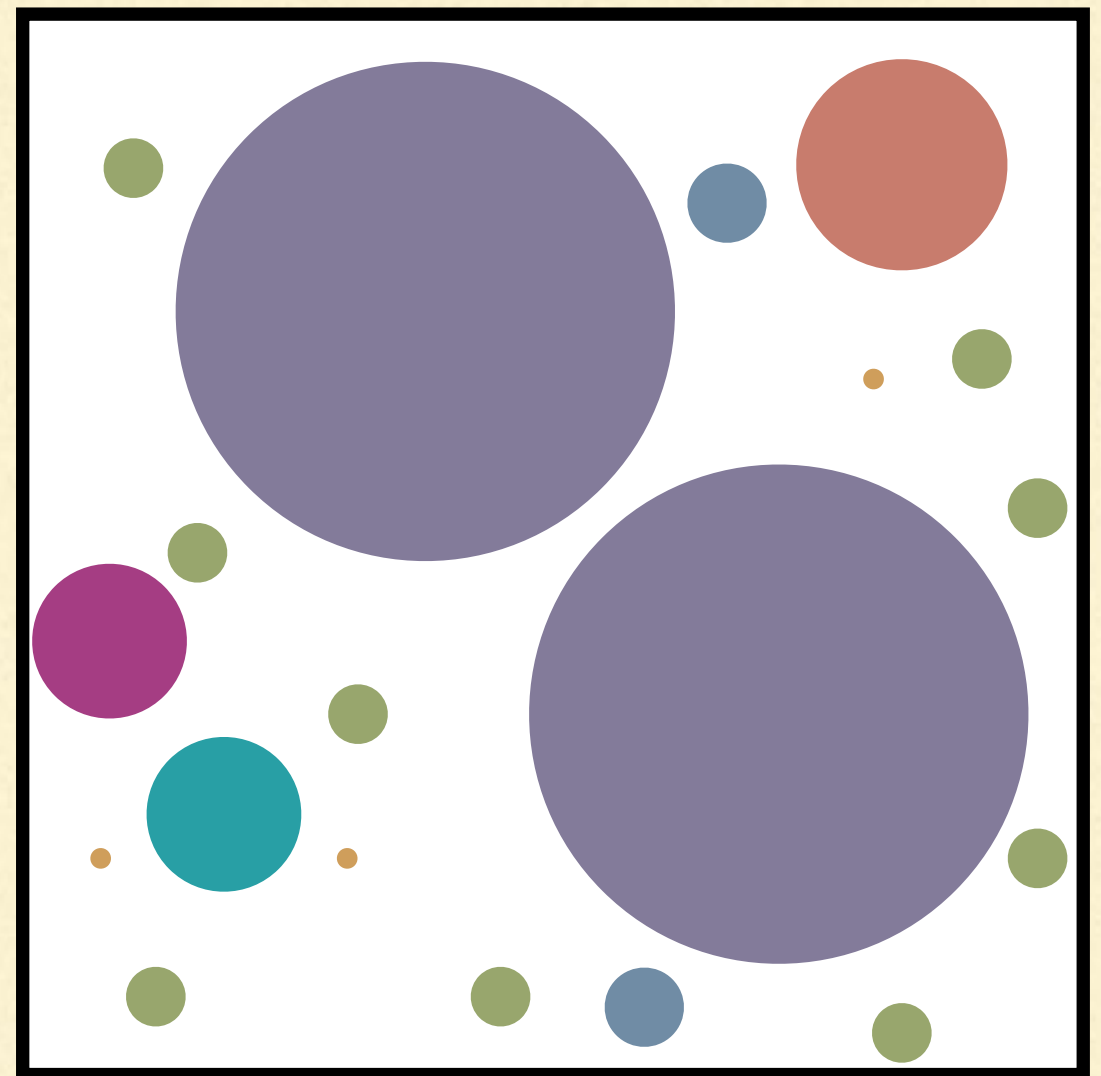


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# REASONABLE MODELS

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- What about here?
- Does the parameter that you care about change your answer?





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# UNREASONABLE MODELS

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- Our model from earlier is called a multinomial model
  - microbes observed independently
  - microbes observed in their abundances
  - which of these assumptions doesn't hold if we have a probability-proportional-to-size model?

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# INDEPENDENCE

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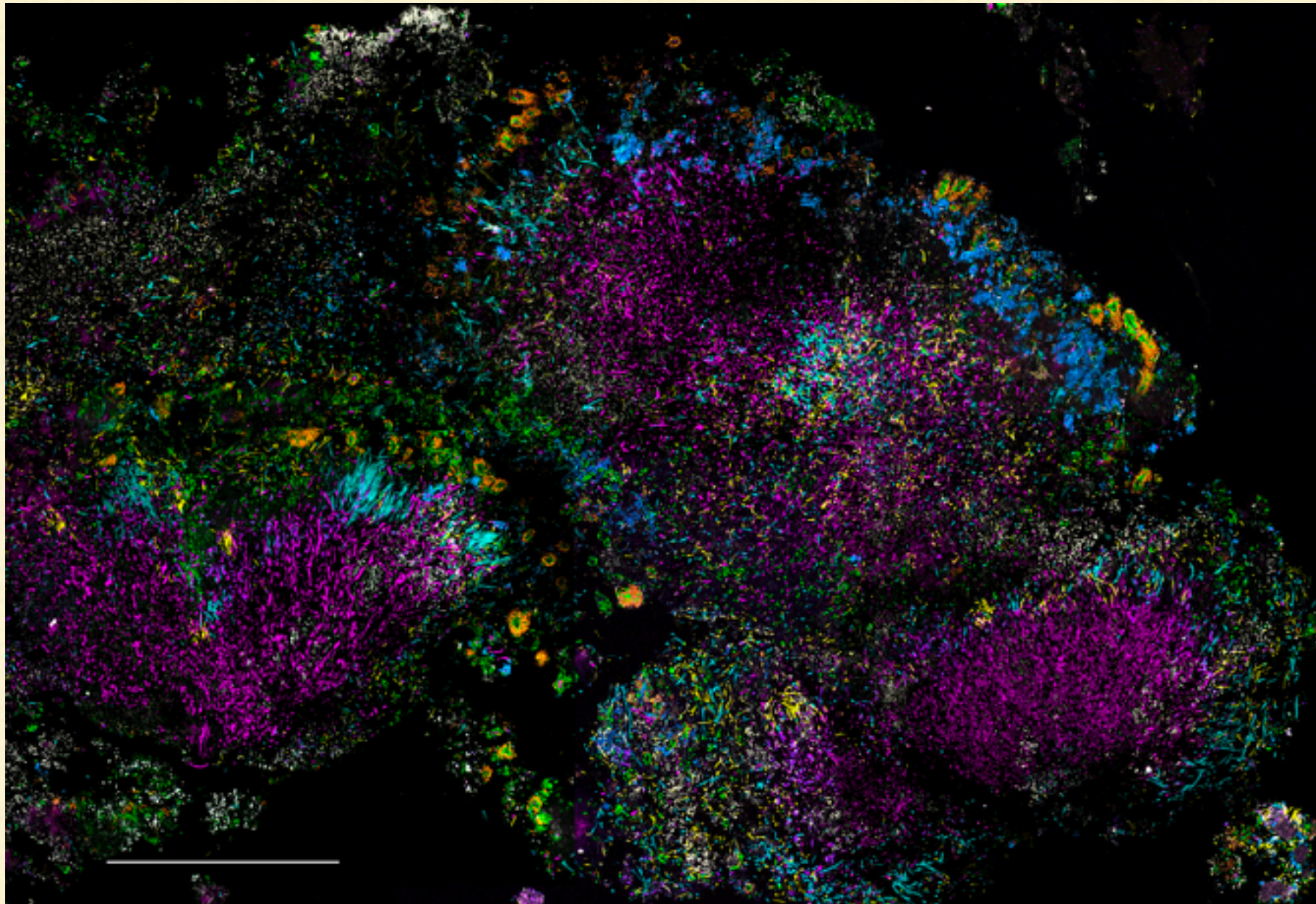
- Now let's play with the independence assumption of a multinomial model



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# INDEPENDENCE

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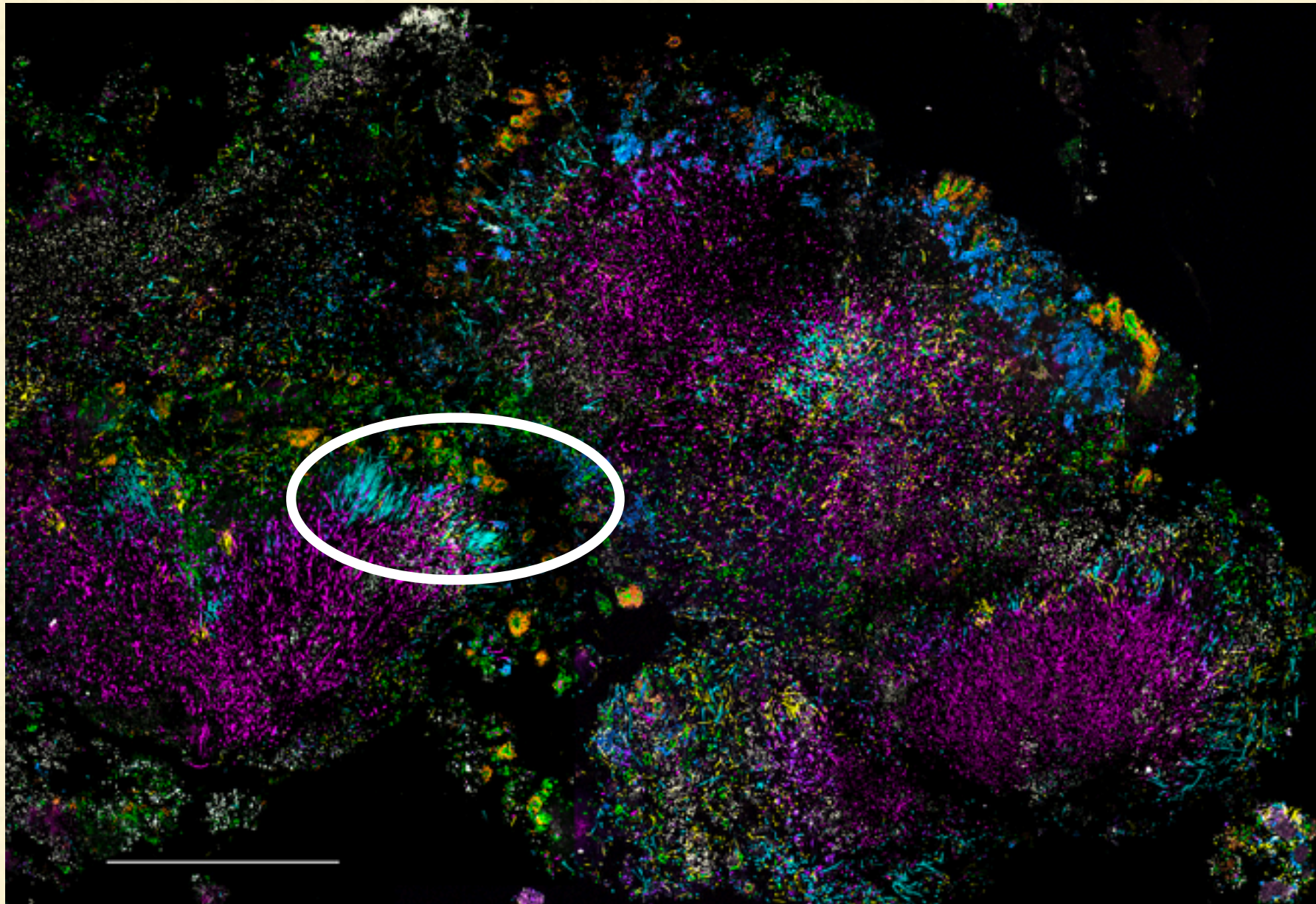




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# INDEPENDENCE

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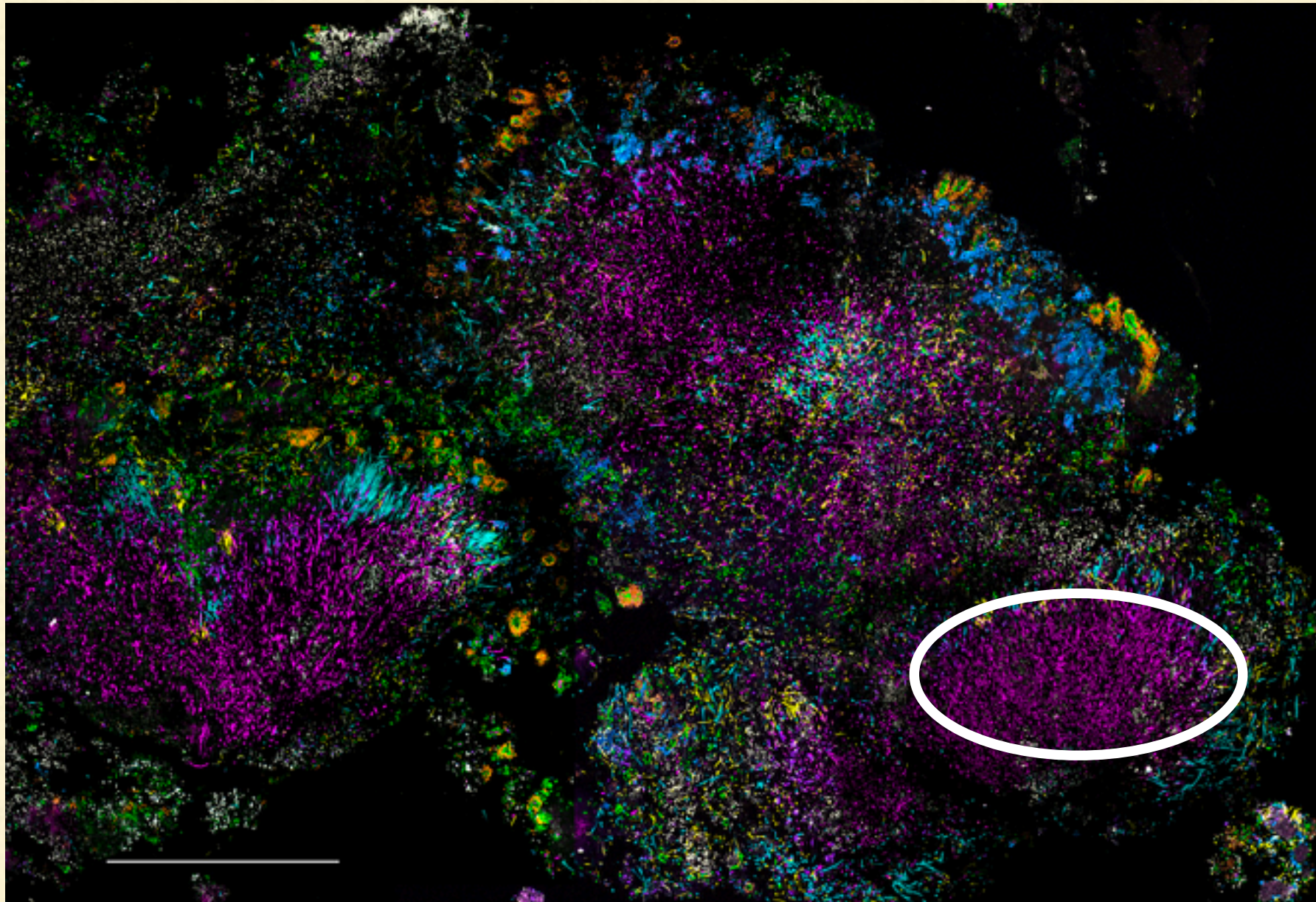




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# INDEPENDENCE

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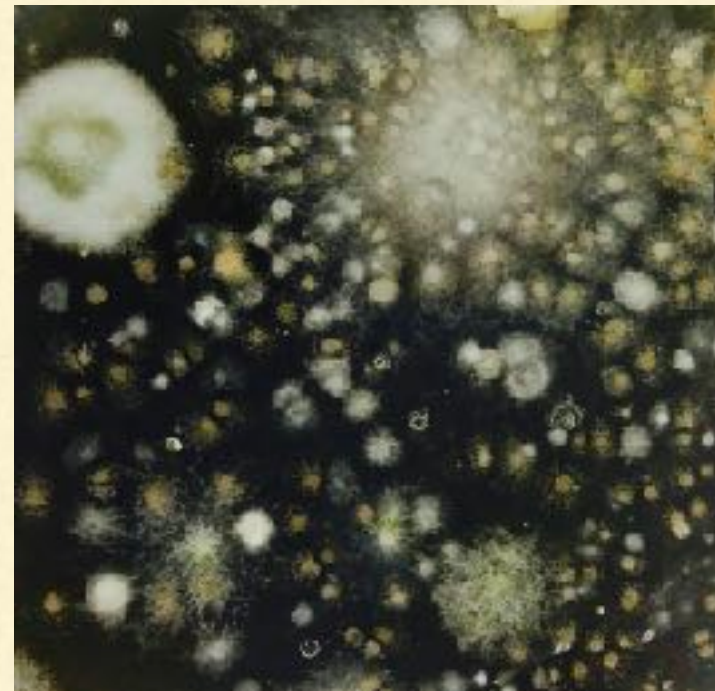
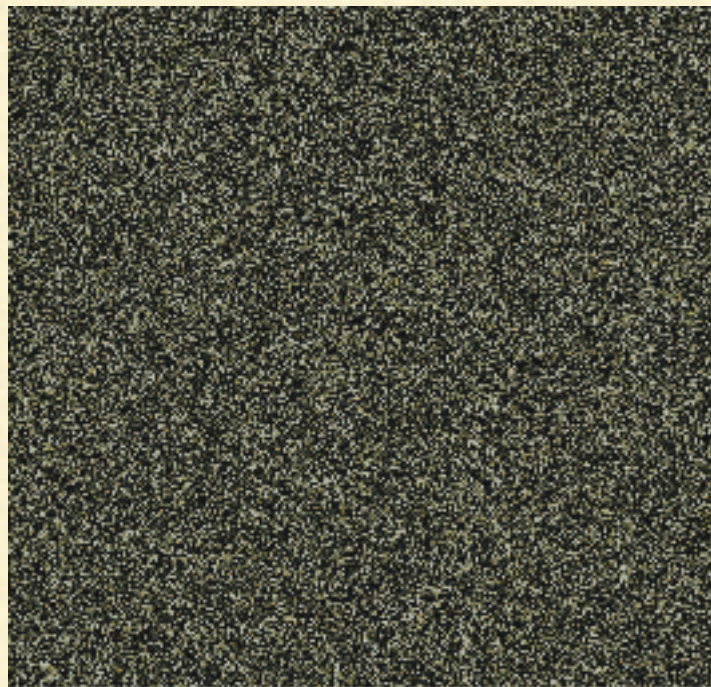


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# INDEPENDENCE

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- Cooccurrence of microbes, community dynamics, spatial structures all lead to non-independence
- Think about your ecology before deciding on a model





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# MULTINOMIAL MODEL

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- Unfortunately the multinomial model has been used almost universally in microbiome data analysis
  - Subsampling
  - Rarefying
  - Bootstrapping
- are all fancy ways of using getting "model-based standard errors" from the multinomial model

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# DECEPTION

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- Reiterating, seemingly "nonparametric" approaches to variance estimates are highly parametric
- The variance estimates that you get drastically understate the true variance -- the variance if you repeated the experiment
  - This is why every signal appears significant in microbiome science

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# VARIANCE AND HYPOTHESIS TESTS

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- Why is estimating variance important?
- Hypothesis testing
- Most hypothesis tests take the form

$$\frac{\text{estimate}}{\text{standard error}} \sim N(0, 1)$$



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# VARIANCE AND HYPOTHESIS TESTS

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- Wald test statistic

$$\frac{\text{estimate}}{\text{standard error}} \sim N(0, 1)$$

- Suppose your variance is half what it should be
- What happens to p-values?

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# VARIANCE AND HYPOTHESIS TESTS

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- If your estimate was 1, and the (true) standard deviation is 1...

STANDARD ERROR	1	0.5	0.33	0.25
P-VALUE	0.318	0.046	0.002	<0.001

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# P VALUES AND CONFIDENCE INTERVALS

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- Common adage: don't quote p-values, give confidence intervals
  - (I actually agree with this)
  - BUT confidence intervals almost never overlap



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# REPLICATION WITH YOUR EXPERIMENT

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- Amy's recommendations for how to deal with this
  - Use the most reasonable models you can
    - We will discuss in more detail on Thursday
- Be skeptical
  - Don't be sucked in by flashy math or machine learning or methods
  - If you don't understand it, it may not make sense
- Take biological replicates, and use them effectively

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# BIOLOGICAL REPLICATES

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- Using biological replicates effectively
  - Validate your own findings before someone else can't

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# BIOLOGICAL REPLICATES

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- Validation using biological replicates involves
  - Carefully considering the parameter you care about
  - Splitting your data into 2 sections
  - Constructing a confidence interval for your parameter using 1 section
  - Repeating with the second section
  - Confirming that your interval estimates are at least close



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# IN PRACTICE

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- Example:
  - 12 patients, before/after antibiotics, strain-level diversity
  - Use 8 to estimate the difference in before/after, construct a confidence interval
  - Use the remaining 4 to construct another confidence interval
    - If they overlap, your model seems reasonable
    - If they don't, your model may not be reasonable

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# REALISTICALLY

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- No, unfortunately this is not how papers get published
- Even if you use all 12 patients for your paper, as a responsible scientist you should be doing some sort of validation of your results

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# STATISTICAL MODELS

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- Statisticians generally don't believe their models
  - Models are simple approximations to complex realities
  - They turn unsolvable problems into solvable ones
- Parameters can be useful descriptions of biology
  - e.g., diversity and relative abundance



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# 3 BIG QUESTIONS

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1. What is a reasonable model?
2. How do we estimate the parameters?
3. How reasonable are those estimates?

Today's lecture was intended to give you some high-level understanding of how to evaluate models and estimates

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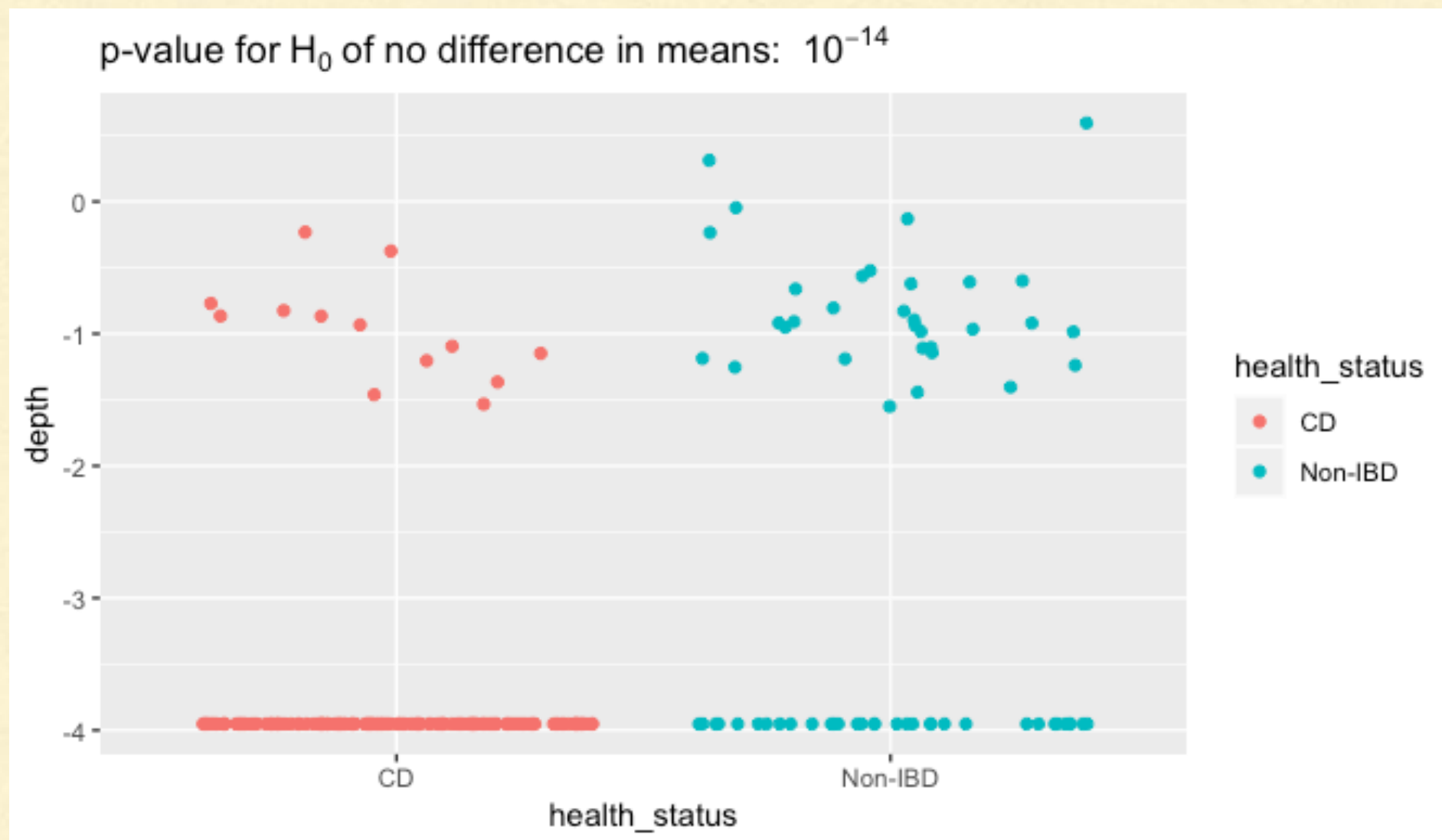
# REPLICATES

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- Technical replicates help you assess technical variation (**important!**), but are useless for assessing biological variation
  - Samples from different patients help you understand patient-to-patient variability
  - Samples from different sites help you understand within-patient variability
  - Samples from different instances of the same protocol help you understand within-protocol variability
- Technical variability is only one source of variability

# REMINDERS ABOUT P VALUES

- If there is no accompanying plot, it's probably not interesting





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# REMINDERS ABOUT P VALUES

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- Small p-values tell you about "statistical significance," and nothing about "biological significance"
- Prediction is a totally different problem
  - which we currently have no ability to solve

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# WHAT CAN WE DO?

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- Take replicates
  - Independently repeating the experiment is the gold standard for confirming the study is reproducible
    - independently = in a different lab
    - Dependence is induced by using the same lab
- Think critically
- Use plots, not p-values

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# A NOTE ON WORDS

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- Efficient, optimal, uninformative, admissible, best, unbiased...
- These words have extremely precise meanings. Do not mislead your with statistical words!



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# WHAT ELSE CAN WE DO?

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- Be honest
  - Keep all analyses that you ran, not just the final one
- Write down all of the hypotheses that you care about
  - Before doing the experiment
  - Before doing the analysis
- Your university might house a statistician; try to involve them...
  - ...in the entire process, not just calculating p-values

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# MANY THANKS

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- Pauline Trinh and Bryan Martin TAs @ #STAMPS2018
  - For their help with this presentation!!!
- Tracy & Mihai
  - For all of their organisation of this wonderful workshop
- YOU!
  - For engaging in reproducible and ethical science



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# ACTIVITY & PRESENTATIONS

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- Pick a microbiome paper where a sequencing experiment was performed to make a claim about the microbiology/ecology
  - Read the abstract/intro and write down what parameters the authors were interested in
  - Read the experimental design and data collection and write down whether this was reasonable and why
  - Were the tools/methods/claims convincing? Why/not?
- Explain the idea of the paper to the person next to you, and talk through your answers to the above questions.





# STATISTICAL THINKING

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