

Calorie Tracker

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Overview

A simple calorie/food tracking web app aimed at being simplistic and user driven without all the unnecessary features of other popular applications like MyFitnessPal. Simply track your calories, TDEE and optionally, your macros.

The Problem

Lots of calorie trackers are often bloated, often full of features that overwhelm the user which is a particular issue with someone who is already finding it hard to focus on their diet and health. To solve this problem, I believe that a simple, stripped back calorie tracker that does just that, it tracks calories and allows the user to set simple and achievable goals.

Milestones

MVP

- User profile to hold some personal information, such as age, weight and height
- Calculate the users TDEE and provide 3 calorie limits for both weight loss and weight gain (6 total)
- Allow the user to enter consumed calories and feedback the relevant information
- Provide a simple calculator for serving sizes

Extensions

TODO