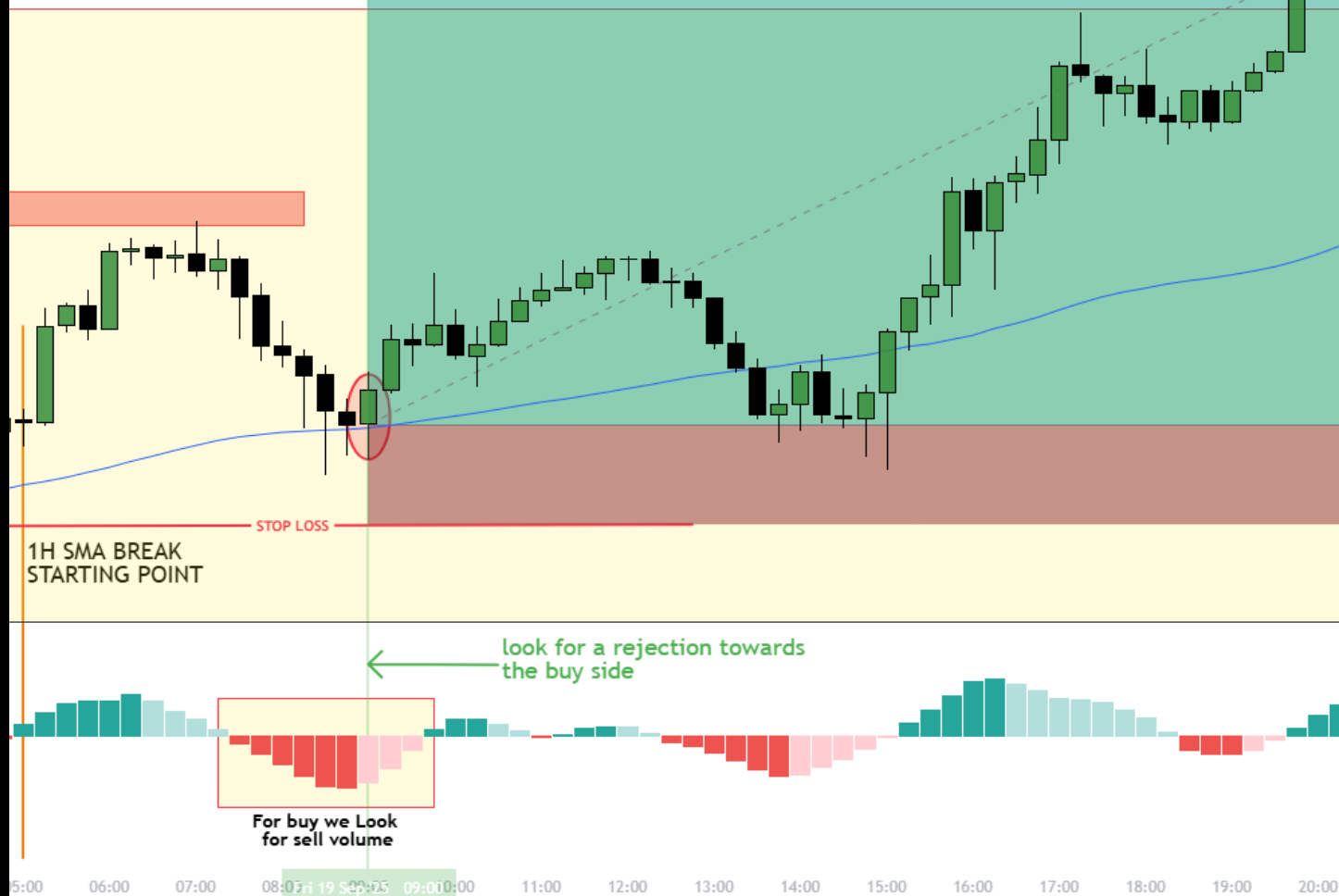


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9.68 C3,759.74 -2.80 (-0.07%)

STRUCTURE



The Ultimate Trading Blueprint: Feni4Real's Approach to Consistency

52 Trading Academy

Sbusiso Feni

9/28/25



52 TRADING
ACADEMY
SIGNAL AND STRATEGY
PROVIDER

Feni4Real Trading Plan

I. Trading Style & Overview

- **Primary Instruments:** US30 indices and Gold
 - **Time Frame:** 1 Hour (for 1HSMA strategy), 15-Minute (for CIS strategy).
 - **Session Focus:** Focus on **London** and **New York** sessions.
 - **Risk Management:** Risk no more than 1-2% of your account balance per trade.
-

II. Trading Strategy Components

1. 1HSMA Strategy (50-SMA on 1-Hour Chart)

A. Identifying the Entry Zone (Label A)

- **Step 1:** Wait for the price to approach the 50-period Simple Moving Average (SMA) on the 1-Hour chart.
- **Step 2:** Ensure the current candle is in the same direction as the overall trend (the trend is determined by the position of the price relative to the 50-SMA).

B. Trend Confirmation (Label B)

- **Step 3:** If the price is above the 50-SMA, the market is in an **uptrend**, and you will look for **buy opportunities**.
- **Step 4:** If the price is below the 50-SMA, the market is in a **downtrend**, and you will look for **sell opportunities**.
- **Step 5:** **Do not** take any trade if the price is moving sideways (i.e., it's stuck around the SMA without clear direction).

C. Entry Point

- **Step 6:** For **buy** entries: Look for **bullish engulfing** or other **bullish candlestick patterns** near the 50-SMA.
- **Step 7:** For **sell** entries: Look for **bearish engulfing** or other **bearish candlestick patterns** near the 50-SMA.
- **Step 8:** Confirm with **RSI** (relative strength index) or other momentum indicators for additional confirmation.

D. Exit Strategy (Take Profit & Stop Loss)

- **Step 9:** Set **take profit** at a level based on recent **support and resistance** zones, or a risk-to-reward ratio of 2:1.

- **Step 10:** Set **stop loss** below/above the most recent swing point or 1% of your account balance.
-

2. CIS Strategy (Change in Session)

A. Conditions for Buying

- **Step 1:** Look at the **15-minute chart** for the London session, specifically the 14:45 and 15:15 candles (South African time).
- **Step 2:** The 14:45 candle must be **bullish** (price should close higher than it opened).
- **Step 3:** The **entry level** is the closing price of the **15:15 candle**.
- **Step 4:** The **stop loss** is the **opening price** of the 14:45 candle.
- **Step 5:** The **take profit** is set at the **previous day's New York session high**.

B. Conditions for Selling

- **Step 1:** For the **selling setup**, focus on the same 15-minute chart for the 14:45 and 15:15 candles.
 - **Step 2:** The 14:45 candle must be **bearish** (price closes lower than it opened).
 - **Step 3:** The **entry level** is the closing price of the **15:15 candle**.
 - **Step 4:** The **stop loss** is the **opening price** of the 14:45 candle.
 - **Step 5:** The **take profit** is set at the **previous day's New York session low**.
-

III. Trade Management

A. Risk Management

- **Risk per trade:** 10 - 20 % of your account balance.
- **Stop-loss strategy:** Always set a stop loss according to the entry strategy to protect your capital!!!!.
- **Position sizing:** Adjust the position size based on your risk percentage.

B. Trade Review

- **Pre-trade checklist:**
 - . ☐ Have I confirmed the trend on the 1-Hour SMA chart?
 - . ☐ Is the price near a key support/resistance level?
 - . ☐ Have I waited for proper candlestick patterns for confirmation?
 - . ☐ Have I set my stop-loss and take-profit levels?

- **During the trade:**

- ☐ Is the market respecting the trend?

- ☐ If the price moves 50% in favor of the trade, consider moving your stop loss to break-even.

- **Post-trade review:**

- ☐ Was my risk-to-reward ratio met?

- ☐ Did the trade follow my strategy and trade rules?

IV. Psychological Management

- **Emotion Control:** Stick to the plan. Do not chase trades or deviate from your strategy, especially after a loss.
 - **Patience:** Wait for the right setups to appear, don't force trades.
 - **Confidence:** Trust in your strategy's 92% win rate with the CIS method and the trend-following 1HSMA strategy.
-

V. Feni4Real Trading Checklist

Before the Trade:

- ☐ I have reviewed the market sentiment.

- ☐ I have identified the trend on the 1-Hour chart using the 50-SMA.

- ☐ I have confirmed the entry pattern (candlestick confirmation) on the 15-minute chart.

- ☐ I have set a clear stop-loss and take-profit level.

During the Trade:

- ☐ I am managing the trade, moving the stop to break-even if needed.

- ☐ I am not overtrading.

After the Trade:

- ☐ I have reviewed my trade to learn from mistakes or successes.

☐ I have updated my trading journal with details of the trade.

VI. Final Thoughts

This plan combines both trend-following (1HSMA) and session-based breakout setups (CIS). With **proper risk management**, patience, and emotional control, you're set to consistently follow a structured approach. Stick to the plan, adapt, and adjust based on what works best for you!



Gold 1-Hour SMA Strategy – Full Setup



Time Frames:

- **H1 (1-Hour):** 50 SMA → Trend filter & main zone
- **M15 (15-Minute):** Entry timing & confirmation

Indicator: 50-period SMA

Step 1 – Identify Trend (H1 SMA)

Label C – 50 SMA (H1):



- Determine trend direction:
 - **Uptrend:** Price above 50 SMA & SMA slopes upward → only consider buy setups
 - **Downtrend:** Price below 50 SMA & SMA slopes downward → only consider sell setups

Key Tip: Only trade in the direction of H1 trend to increase success rate.

Step 2 – Define Entry Zone (Label A)



- **Label A:** Zone where the price interacts with 50 SMA on H1.
- This is the **starting point for trade observation**.
- Look for **price touching, closing near, or slightly piercing the SMA**.
- H1 SMA acts as **dynamic support/resistance** depending on trend direction.

Step 3 – Draw Trend Validation Line (Label B)



- Label B = the **trend line** that must **remain unbroken for the trade to stay valid**.
- Draw line connecting **recent swing highs/lows** in the trend direction.
- If price breaks this line → trade is **invalid**.

Step 4 – Zoom to M15 for Entry

- Go to **15-minute chart** inside Label A zone.
- Look for **confirmation patterns** in trend direction:



Buy Setups (H1 trend up, price above SMA):

- Bullish engulfing candle
- Hammer / Pin bar with rejection
- Inside bar breakout to the upside

Sell Setups (H1 trend down, price below SMA):

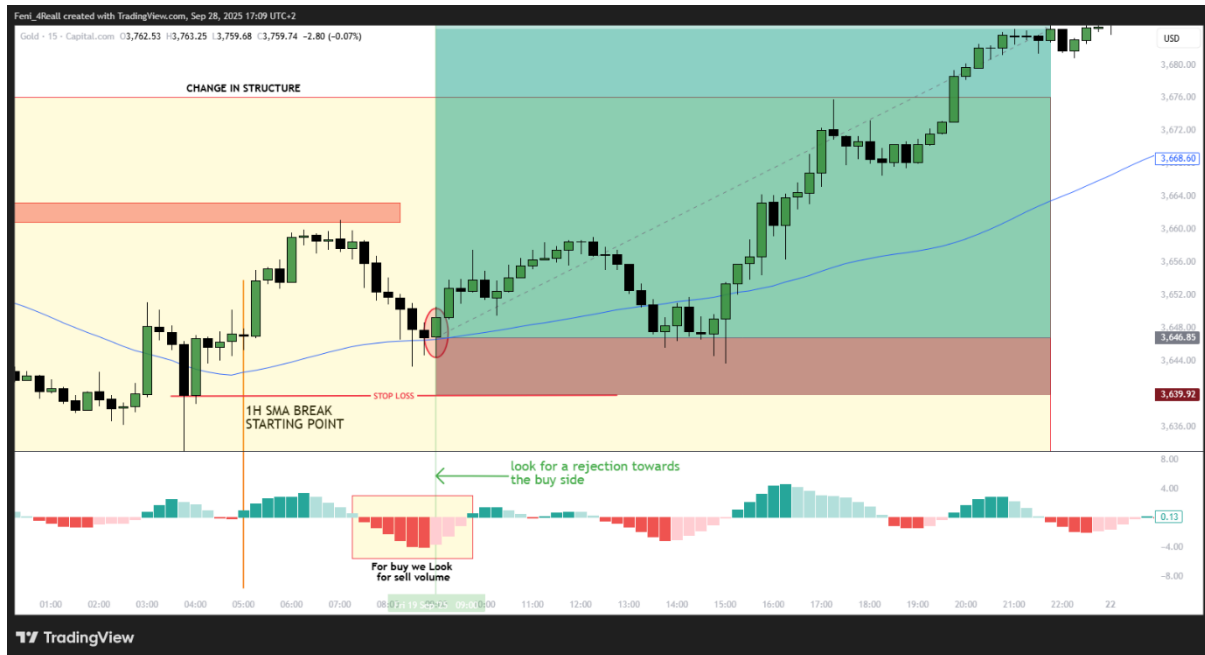
- Bearish engulfing candle
- Shooting star / Pin bar rejection
- Inside bar breakout to the downside

Entry Rule:

- Enter after M15 candle closes in trend direction at Label A zone.

Step 5 – Stop-Loss Placement

- Place **SL just beyond recent M15 swing low/high**:
 - Buy → below nearest M15 low inside Label A zone
 - Sell → above nearest M15 high inside Label A zone



- Ensures **tight risk control** while allowing the trade to breathe.

Step 6 – Take-Profit (TP) Placement

- TP can be based on:
 1. Previous H1 swing highs/lows
 2. Trend continuation zones
 3. UNIT TREND CHANGES



Optional: Partial TP at first support/resistance level, move SL to breakeven after partial exit.

Step 7 – Trade Management

1. Monitor **Label B (trend line)** – if broken, exit immediately.
2. Optionally scale out partial profits at intermediate zones.
3. Trail SL if trend continues strongly in your direction.

Step 8 – Summary – Full Flow

1. **H1 SMA Check:** Confirm trend using Label C (50 SMA).
2. **Identify Label A Zone:** Price approaches H1 SMA.
3. **Draw Label B:** Trend line validation.
4. **Switch to M15:** Look for **entry confirmation patterns** in trend direction.
5. **Enter Trade:** After M15 candle closes in confirmation.
6. **Set SL & TP:** According to M15 swings & H1 trend levels.
7. **Manage Trade:** Monitor trend line, move SL, and take profits strategically.



CHANGE IN SESSION STRATEGY - PE

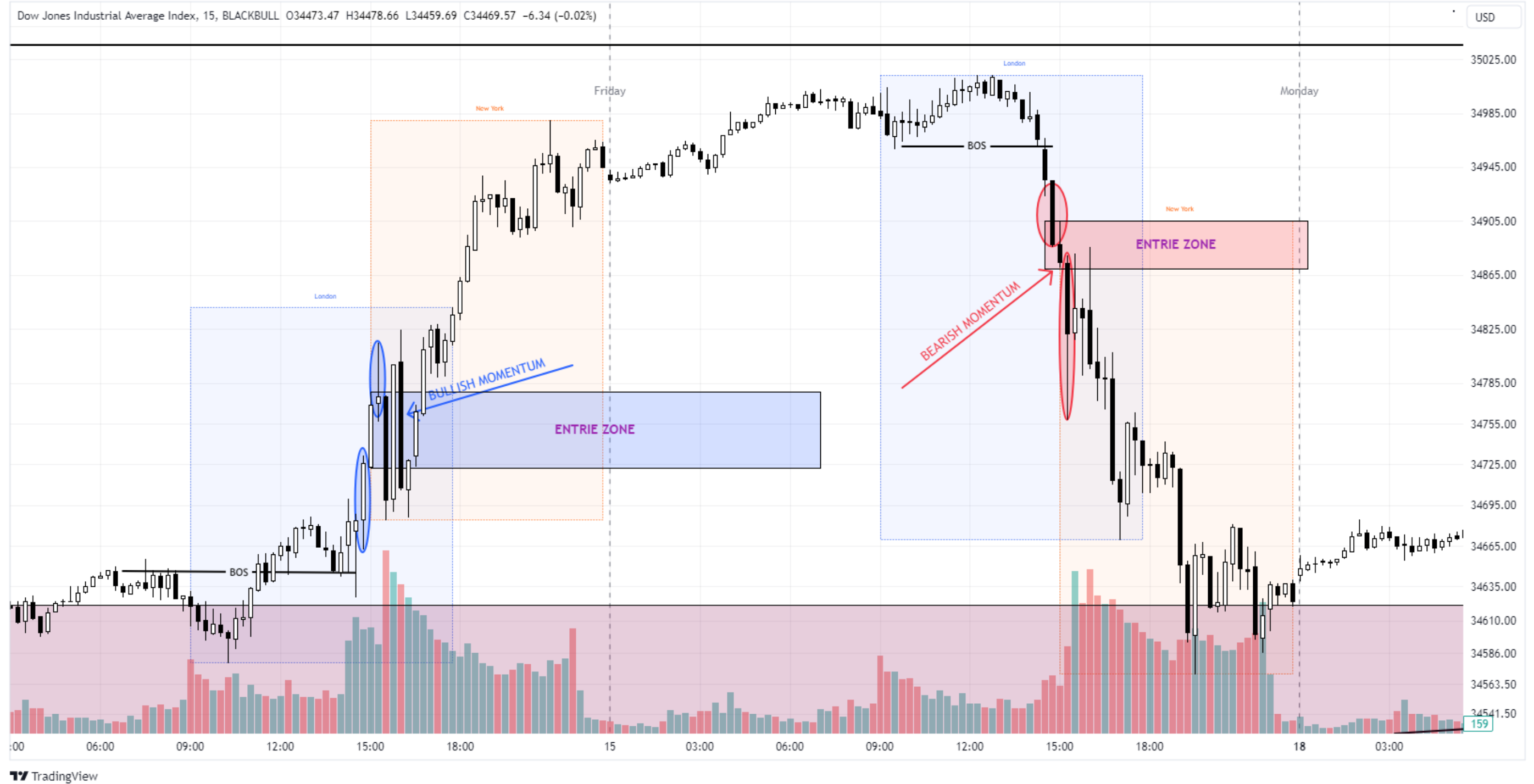
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CHANGE IN SESSION STRATEGY

CHANGE IN SESSION STRATEGY - PE

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CHANGE IN SESSION STRATEGY

CHANGE IN SESSION STRATEGY - PE

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TradingView

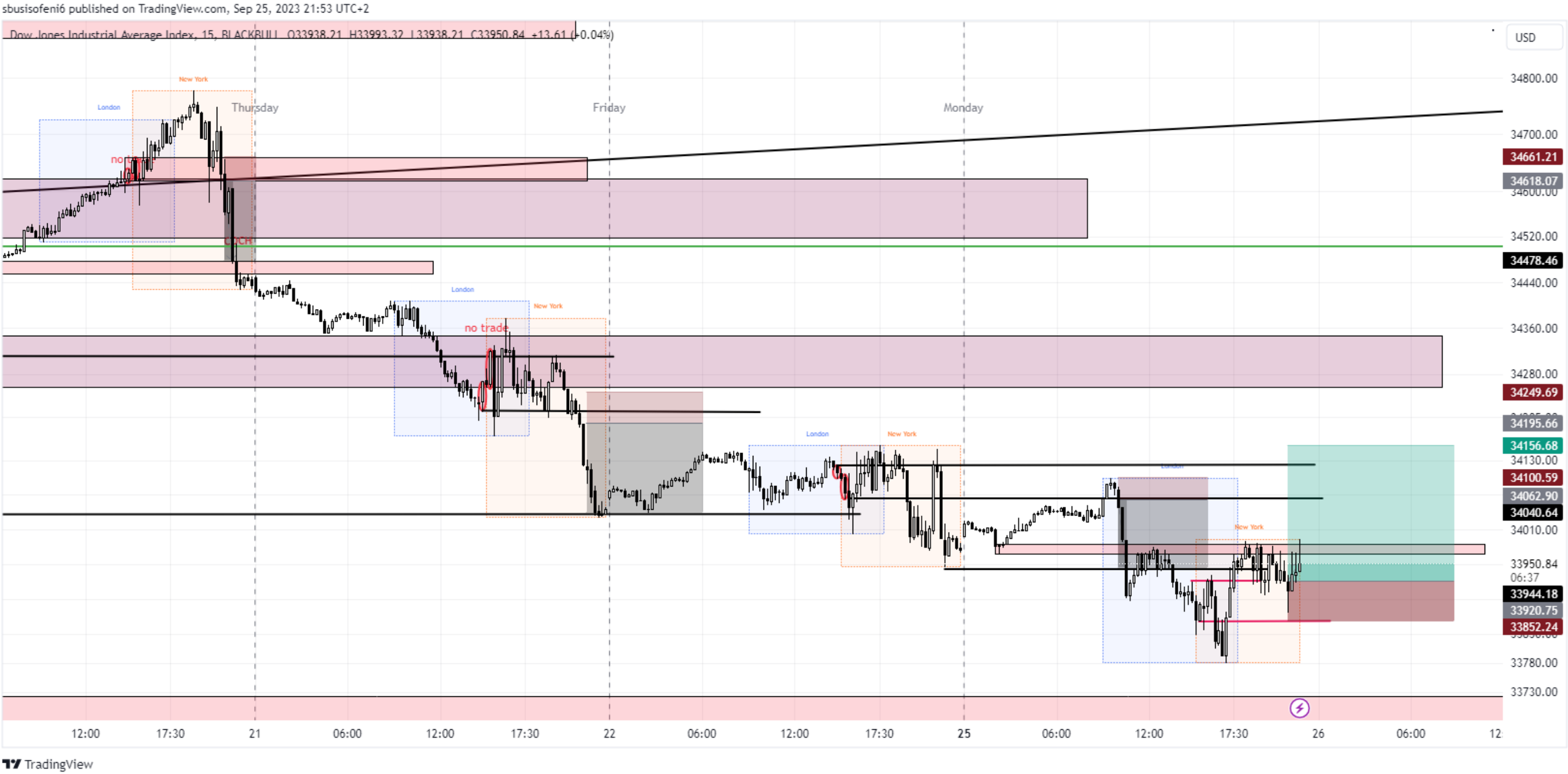
CHANGE IN SESSION STRATEGY

CHANGE IN SESSION STRATEGY - PE



CHANGE IN SESSION STRATEGY

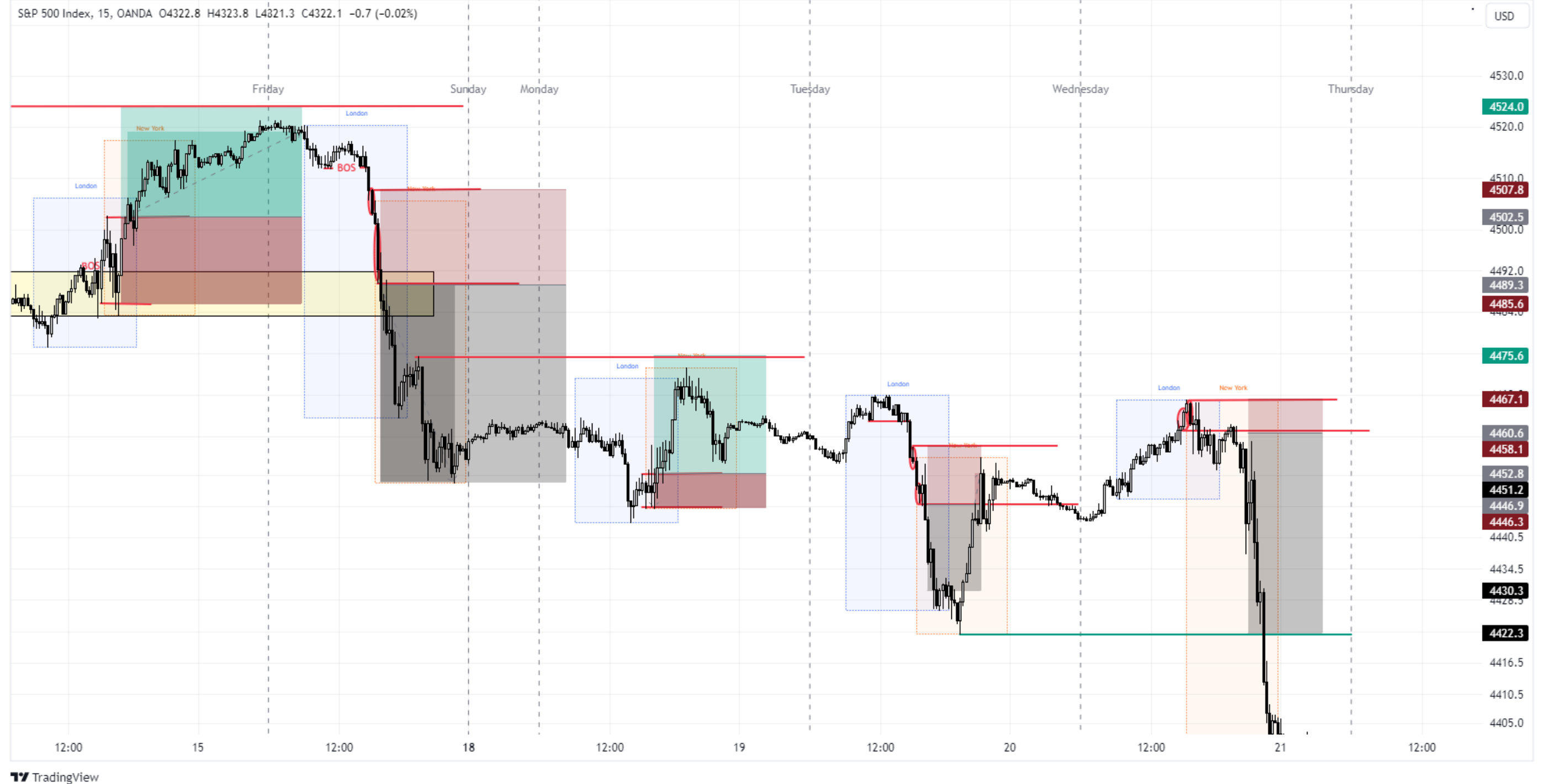
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CHANGE IN SESSION STRATEGY

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TradingView

CHANGE IN SESSION STRATEGY

CHANGE IN SESSION STRATEGY - PE

1. **Pairs:** You're focusing on the US 30, US 100, and US 500, which are indices representing the Dow Jones Industrial Average, Nasdaq 100, and S&P 500, respectively.
2. **Time Frame:** You're using a 15-minute time frame for your analysis.
3. **London Session:** You're looking for a BOS (Breakout Setup) or COCH (Continuation of the Current High/Low) during the London session. This is a common approach as London is one of the major forex trading sessions and often sees increased volatility.
4. **Identify Pre-NY Session Candle:** Before the New York session, you're identifying a specific candle and placing horizontal lines for entry and stop loss. This is likely a candle pattern or a specific price level you're watching.
5. **Identify Post-NY Session Candle:** After the New York session, you're doing the same, identifying a candle and setting entry and stop loss levels.
6. **Take Profits:** You plan to take profits at the previous session's low if you're in a sell trade or at the previous session's high if it's a buy trade. This approach utilizes support and resistance levels.

CHANGE IN SESSION STRATEGY