

“PAISAJE”

Instruction Manual

WELCOME READER / PLAYER.
YOU ARE READING THIS MANUAL
BECAUSE FOR SOME REASON
(BE IT YOU FOUND IT IN A
LIBRARY, IT WAS GIFTED TO YOU,
OR SIMPLY FOUND IT ON THE
FLOOR / WOODS) THE BOOK
"PAISAJE" (TRANSLATED IN
THE ENGLISH AS "LANDSCAPE")
MADE ITS WAY TO YOUR
HANDS AND YOU REQUIRE OF
A GUIDE TO USE IT.

IT SHOULD BE NOTED THAT
THIS MANUAL CARRIES THE
INTENTION WITH WHICH

"PAISAJE" APPEARED TO ME
AS I WAS MAKING IT BUT
AS WITH EVERYTHING IN LIFE
IF THE BOOK AND/OR YOUR
BEING ASK YOU TO USE IT
IN ANY OTHER WAY (WITH
TENDER & NICE INTENTIONS),
GO AHEAD :-)

HAPPY PLAYING,

A.B.L

“PAISAJE”

You have in your hands the instruction manual to what would be commonly called a “flipbook”. It is an animation, a landscape that’s alive and that in turn requires your will, hands and thumb.

A landscape comes to be a representation, mirroring of sorts of nature and so containing usually various aspects of nature inside.

“PAISAJE” was made intuitively and decisively, this being in an immediate manner and without hesitation. Its physicality, the drawings, were started in the month of March, 2021. These were done without a plan and with heart. Paisaje is unique :-)

“PAISAJE” and its adjacent “Instruction Manual” were printed in the month of June, 2021, in Mexico City. More information about its creation and about the editorial that publishes them is found at the end of this booklet.

TO PLAY:

1. Feel yourself in a comfortable place that allows you to be present. Believe in "PAISAJE"
2. Prepare something to say to Paisaje. It can be anything you'd like, a question, a song, a number even :-) The idea is to start a conversation with Paisaje and its symbols.
3. Once your question/intention has been made proceed to "activate" Paisaje. In other words, begin the animation. Paisaje will show you a little bit of its being. At the moment you start seeing the symbols, similar to a slot machine, listen to the message with your intuition and when ready, stop using your big thumb (assuming this is the finger that controls the speed of the animation).
4. The symbol that you landed on is your answer. This is what Paisaje has to say to

you. Paisaje has a very specific way of talking (with symbols) and their wisdom is unique. If you were looking for a yes or no answer then you will have to ask Paisaje what they mean with its symbols - not all of us speak the same way :-) Paisaje, with your reactions and answers to their answers, can show you your fears, your wishes, spaces of comfort and more. They can be a great friend if treated like one :-) In this manual there is a section for the interpretation of symbols, this being a guide of what I have spoken with Paisaje, the answer can always be found inside oneself.

5. Thank Paisaje! In the same manner we would say bye to any dear friend (or any friend for that matter) we say goodbye to Paisaje (until the next time ;-)), thanking them for their time and wisdom, I am sure Paisaje will do the same.

SYMBOL GUIDE

*These next few words are specific to the conversation I had with Paisaje. The player will be able to communicate with Paisaje as well and then have perhaps new information of what can be found here - this is exciting.



CHANGING GRASS

The changing grass are a reminder that everything changes, with the wind, by itself, this is the constant in life. Another constant can be found however and that is - love. Love can be found in any change, of course this is a personal believe so take it if you will. The mere existence of grass can be an act of love, given to us by nature.

In which ways can love manifest itself during change?

These changes, in which way can they present to us other sides to our evolving self?

To change doesn't have to mean to "lose", it

can also be cumulative in abundance. Maybe nothing goes away, it just transforms. Fear of change is fear of the unknown. Here, several quotes from Pema Chödrön: “Fear is a natural reaction to moving closer to the the truth”, “Letting there be room for not knowing”, “Things are always in transition”.



SPIRAL HIGHWAY

This spiral is a symbol of what the path of life can look or feel like, a reminder that everything comes backs and although it might feel the same, it is not. We can be at the same axis of the spiral but with certainty at another level, further out, further in, forever a spiral, who knows. Observing the differences that make our situations different can help take us out of fatalist thought (certainly a habit of some of us humans when we “relive” any hard situations). This fatalism, or rather a very specific treating of the self badly for reliving a situation the Buddha called “the se-

cond arrow" (something to look up for sure).
This situation how does it differ from those
of the past?

What have we learned since then?

To trust in the time passed is to celebrate our
life and our hearts.

This has very powerful consequences.

Spiral Highway is for any kind of situation,
celebrate Spiral Highway!

Famous Spirals: Snails, new born plants, ferns, swirls. Observe what grows in a spiral manner, they contain vast wisdom :-)



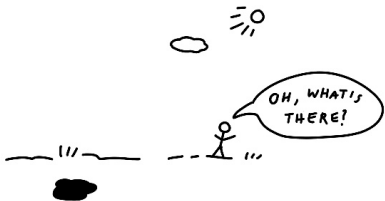
PASSING CLOUDS

Oh the passing clouds! They alone can cause a lot of terror. They can pass from above, through the middle, they can be small or big. To ask for help is a beautiful thing. Clouds aren't bad, they aren't evil, binary thinking is limited and lacking of imagination, creativity and love. Clouds pass through this landscape and bring with them diversity, they block the sun

and show us their shadows.

“What are shadows?
live impressions
of that which is hidden”*
(R.U.D)

Here a drawing:



Exercise:

Talk to the shadows of your life, if they ask you for a hat, draw them one.

P.s. Its a little sad when the shadow goes, when you've drawn them hats, a lil bed and so. But alas! They will come again, in the same manner they left, they come, after all they are passing. And your friend the shadow? Maybe they only transformed into another thing inside your heart.



CATERPILLAR

Our very loved caterpillar friend, green and energized by the sun! Caterpillar lives and moves around the ground, contracting and expanding. An omen of the moment before the cocoon, caterpillar is a tender symbol of all that is initiative, the drive and the innocence that this calls for, a very hungry moment indeed. And yet ever so humble, with its body in direct connection with the soil. A very near communication to Earth, suppor-

ted and connected to the skies, eternal energy source. Oh great caterpillar! Sweet friend.



RED MOUNTAINS

Deep symbol of the internal and of the mystical. The certainly uncertain. Eminences who remind us of the vast world that we don't know. Monumental and majestic beauties of nature. The red mountains remind us of the vast wisdom found in the non-physical planes and invite us to recognize it within ourselves.

“Life is much more interesting than necessary because the forces that guide it are not only practical”* (quote from my neighbor Rita's house, who does not remember where the quote came from)

What lies inside a mountain?

How does cosmological wisdom and inner wisdom converge?



BLUE PALM TREE

Oh Blue Palm Tree, a faithful ambassador of the jungle, place of vast density and diversity. A place of confusion or inspiration? Blue palm tree makes us wonder what inspires us, causes expansion and what contracts us, causes confusion and overwhelms. The blue colour of the palm tree indicates its closeness to the night, perhaps an allusion to the subconscious, the moon, the sensitive and that which, although it seems hidden, is always available (the palm tree is present throughout the landscape!). Palm tree also reminds us that we can talk with plants and that they can teach us their different and wonderful ways of being. What does palm tree tell you?



PASTEL SQUARE

From the ground (with a little bit of heaven) the pastel square is born. Symbol of equanimity and stability. The square represents the

four directions, the four elements and thus, a very terrestrial stability. Its soft color indicates sweetness and tenderness. A stable and sweet foundation? Pastel square invites us to celebrate those soft and stable structures in our lives. Which of these structures gives us this security and this feeling of care? How can we nurture them and in turn foster them? Thank you square :-)



JADE HEXAGON

Here two great omens appear : the number 6 and the jade. The number 6 is a number that relates to balance, harmony and equilibrium. The 6 forms two triangles that if put in opposition, one points to the heavens and the other down to the earth. The harmony of two worlds, the terrestrial and the cosmological? An awakening of spirituality with foundations stable in the earth. Harmony. A number connected to love, reconciliation and the mysteries of the heart. For some pre-Hispanic

cultures of mesoamerica, jade was the stone of creation, meaning life force. The color of the jade hexagon refers specifically to the color of the pure energy of the heart. A jade hexagon? A treasure.



YELLOW SPARK

Somehow it all started with a yellow spark. A spark, something new that started from two (or more) energies, their collision, compatibility and love. This yellow spark has 6 points (see "Jade Hexagon"). A spark is a gift, like everything, because everything changes, everything comes and goes, as in a spiral, everything, one, nothing and everything. A spark goes away but its memory endures and that memory is another gift. It is force, it is life, it is the first moment, it is cosmic, it empowers, it gives ecstasy, it surprises with vast magnitude, it is perfect, the harmonious combination of various physical and energetic factors. Many things taken into

consideration! Many hidden ones whose understanding evades the mind but perhaps not the heart. Yellow spark, reason to exist, infinite gift.

THANK YOU

*all citations with an asterisk where translated
from the spanish by me.



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PAISAJE & INSTRUCTION MANUAL

Drawings, Text and Edition : Alexandra Butrón Landivar

“PAISAJE” and “Instruction Manual” were printed in the month of July, 2021, in “Impresos de Calidad” with the help of Martha and Eduardo. 300 copies of “PAISAJE” were printed, 150 of “Manual de Instrucciones” in spanish and 150 of “Instruccion Manual” - its english version.

This text is written in Minio Pro.

ONLINE VERSION:

Paisaje has an online version, free of cost for those that have access to the physical version. The web page was created and designed by Lena Hierzi:

gigahierz.github.io/paisaje

LA SOMBRA DEL MADERITO

La Sombra del Maderito, an editorial born in Ciudad de los deportes (CDMX) that lives in the hearts of its creators prints with much gusto "PAISAJE" and its adjacent "Instruction Manual".

About the editorial :

In the centre: "La Sombra del Maderito", is guarded by the words fun, poetry, gratitude and emotion. Of the latter an arrow points to *movement*, a spiral walks outwards while one reads "honour the moment of creation" and also "respect the seed, the plant, the flower". Coming down and through the left, the spiral continues through the words *inclusion, kind and concious*, to go up through the right to a circle that encloses the title *rest*. The curve rises over the edge of the page with a chant: "to recognize oneself in the other": to accept the magical processes".

ABOUT THE AUTHOR

Alexandra Butrón Landivar is a tattoo artist, ceramicst and drawer. They like plants, the planet, earth, games, crochet and anything that makes them smile. Ale aspires that their stay in this world brings love, as much as the one that she receives. Ale does not bite and likes correspondance via email :-)

Their work can be found in instagram under the usernames @qualasiki, @ale.bl and @la_sombra_del_maderito. She has a newsletter that was created with the intention of establishing connections of presence that an app such as instagram usually does not facilitate. You can send her an email to alexandra.bu-tron@gmail.com



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