## Statement

In my art, I delve deep into the intricate emotional landscape of human experience, particularly focusing on the societal stereotypes that impact women emotionally, mentally, and physically. Born and brought up in Nigeria, my work is a reflection of the cultural and societal nuances I have observed and experienced throughout my life.

My artistic journey is driven by a profound curiosity about human emotion and expression. I am passionate about capturing the nuanced bodily and facial expressions that reveal the hidden layers of human emotion, serving as a lens through which I interpret the complexities of the human emotional experience.

Venturing beyond the surface, I explore the intricate relationship between societal stereotypes and the unconscious mind. I am fascinated by how deeply ingrained societal norms and expectations seep into our subconscious, shaping our beliefs, perceptions, and self-conceptions. Drawing from the realm of the unconscious mind, I delve into the hidden desires, fears, and fantasies that manifest in our dreams, thoughts, and creative expressions. I am intrigued by the ways in which we create alternate realities and narratives as a means of coping with and navigating the complexities of life, often influenced and constrained by societal stereotypes and expectations.

Inspired by the Baroque movement, my artistic style is characterized by a masterful use of muted and dark color palettes, imbuing my paintings with a sense of subdued yet profound mood. I employ lights, shadows, and short brush strokes to create depth and texture, predominantly using oil colors for my paintings.

## Biography

Chidimma Nwafor (b. 1995) is a Nigerian visual artist born in Anambra, Nigeria. Her artistry delves into the societal stereotypes impacting women and the subtle intricacies of human emotion. Through her paintings, characterized by muted and dark color palettes inspired by the Baroque movement, she challenges and questions gender stereotypes and societal expectations. Nwafor holds a Bachelor of Arts degree in Fine Arts from the University of Benin. Currently based in Lagos, Nigeria, she works as a full-time artist, exploring and reflecting upon these themes in her compelling artwork.