Question Ideas

Subject: Self-analysis. Exploring student lifestyles and how it relates to their self-perception.

Gather without asking

1) Gender
      a. Boy
      b. Girl

2) Grade
      • _____

Categorical Questions (pick 4)

3) How often do you eat breakfast?
      a. Every day
      b. 5-6 times a week
      c. 3-4 times a week
      d. 1-2 times a week
      e. Rarely

4) What is your horoscope sign?
      a. Aries (March 21-April 19)
      b. Taurus (April 20-May 20)
      c. Gemini (May 21-June 20)
      d. Cancer (June 21-July 22)
      e. Leo (July 23-August 22)
      f. Virgo (August 23-September 22)
      g. Libra (September 23-October 22)
      h. Scorpio (October 23-November 21)
      i. Sagittarius (November 22-December 21)
      j. Capricorn (December 22-January 19)
      k. Aquarius (January 20 to February 18)
      l. Pisces (February 19 to March 20)

5) What is your favorite subject?
      a. Science
      b. Math
      c. Art
      d. History
      e. Geography
      f. Gym

6) Are you an introvert or extravert?
      a. Introvert
      b. Extravert

7) Are you an optimist or pessimist?
      a. Optimist
      b. Pessimist

8) Are you interested in fashion?
   a. Yes
   b. No

Numerical Questions (pick 4)

1) How many hours of screen time a day to you typically have?
   a. _____ (number)
   *Note "screen time" can be computer, ipad, phone, tv

2) How many hours a night do you typically sleep?
   a. _____ (number)

3) How many minutes a day do you typically spend "getting ready"? (choosing clothes, doing hair etc)
   a. _____ (number)

4) How many hours a week do you spend being physically active?
   a. _____ (number)

5) How many hours a week do you spend on homework?
   a. _____ (number)

6) How many hours a week do you spend hanging out with friends outside of school and organized activities (such as sports)?
   a. _____ (number)

7) How many hours a week do you spend hanging out with family?
   a. _____ (number)

Open Text Questions (pick 1-2)

1) What are your top three favorite ways to spend your time?
   a. _____, _____, _____

2) What three words would you use to describe yourself?
   a. _____, _____, _____

3) What makes you the happiest in life?
   a. _____, _____, _____

4) What do you want to be when you grow up?
   a. _____

5) If you could have one super power, what would it be?
   a. _____

Project Notes

- Eating Habits
  - Sugar intake
  - Are kids eating breakfast
- Screen time
- Lifestyle
  - How you spend your time
    - Types of hobbies
    - Active time
    - Screen time
    - School work time
    - Sleep time
    - Time spent with others (friends, family)
- Personal Factors
  - Horoscope
  - Use three words to describe yourself
  - Would your friends say you are _____
  - Introvert / Extravert
  - Favorite Subjects and type of work in free time (art, math etc) – Right brain/left brain
  - Optimist / Pessimist
  - Fashionable/ Not worried about Fashion
  - Time to get ready

- Life experiences
  - Broken bones
  - Overall injury or sickness that had an impact on your life
  - Deaths close to you
  - Did you go on any fun trips? Which kind of trip?
- Eating practices
  - How often
  - What is eaten
  - Breakfast Y/N