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Lasagna



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# Lasagna



VEGAN



VEGETARIAN

Lasagna is a classic Italian dish made with layers of wide flat pasta sheets, rich meat or vegetable sauce (often ragù), creamy béchamel, and cheese—typically mozzarella and Parmesan. It's baked until bubbling and golden, offering a hearty, flavorful meal.

## Main Ingredients:

Ground beef, tomato, cheese, dough, olive oil

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## Ingredients

Ground beef (or a mix with pork)  
Onion, finely chopped  
Garlic, minced  
Crushed tomatoes or tomato sauce  
Tomato paste  
Olive oil  
Salt, pepper, sugar (optional)  
Italian herbs (basil, oregano, thyme)  
Butter  
All-purpose flour

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