PUP FITNESS CALENDAR
GIREMIE MARTINEZ
FLOPPY DISK
BSIT 1-2

```python
import tkinter as tk

from tkinter import messagebox

import sqlite3

import re

import webbrowser

from PIL import Image, ImageTk, ImageDraw

from tkcalendar import Calendar

import time


# Global variable to track session start time

session_start_time = None


# Initialize the database

def init_db():

    conn = sqlite3.connect("users.db")

    cursor = conn.cursor()

    cursor.execute("""

        CREATE TABLE IF NOT EXISTS users (

            id INTEGER PRIMARY KEY AUTOINCREMENT,

            username TEXT NOT NULL,
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        email TEXT NOT NULL UNIQUE,

        password TEXT NOT NULL

    )

""")

conn.commit()

conn.close()




# Function to handle registration

def handle_register():

    register_window = tk.Toplevel(root)

    register_window.title("Register")

    register_window.geometry("1610x900")

    register_window.configure(bg="#8B0000")  # Dark red background


    # Title for the registration window

    title_label = tk.Label(

        register_window, text="Register", font=title_font, bg="#8B0000", fg="white"

    )

    title_label.pack(pady=20)
```

```python
# Username Entry

username_label = tk.Label(

    register_window, text="Username", font=guest_font, bg="#8B0000",
fg="white"

)

username_label.pack(pady=5)

username_entry = tk.Entry(register_window, font=guest_font, width=30)

username_entry.pack(pady=5)


# Email Entry

email_label = tk.Label(

    register_window, text="Email", font=guest_font, bg="#8B0000", fg="white"

)

email_label.pack(pady=5)

email_entry = tk.Entry(register_window, font=guest_font, width=30)

email_entry.pack(pady=5)


# Password Entry

password_label = tk.Label(
```

```python
    register_window, text="Password", font=guest_font, bg="#8B0000",
fg="white"
    )

    password_label.pack(pady=5)

    password_entry = tk.Entry(register_window, font=guest_font, width=30,
show="*")

    password_entry.pack(pady=5)


    # Confirm Password Entry

    confirm_label = tk.Label(

        register_window, text="Confirm Password", font=guest_font, bg="#8B0000",
fg="white"
    )

    confirm_label.pack(pady=5)

    confirm_entry = tk.Entry(register_window, font=guest_font, width=30, show="*")

    confirm_entry.pack(pady=5)


    def submit_registration():

        username = username_entry.get()

        email = email_entry.get()

        password = password_entry.get()

        confirm_password = confirm_entry.get()
```

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```
# Validate if email is a PUP email

if not re.match(r"^[a-zA-ZO-9._%+-]+@iskolarngbayan\.pup\.edu\.ph$",
email):

    messagebox.showerror("Error", "Only @iskolarngbayan.pup.edu.ph email
addresses are allowed!")

    return


if not username or not email or not password or not confirm_password:

    messagebox.showerror("Error", "All fields are required!")

    return


if password != confirm_password:

    messagebox.showerror("Error", "Passwords do not match!")

    return


conn = sqlite3.connect("users.db")

cursor = conn.cursor()

try:

    cursor.execute("INSERT INTO users (username, email, password) VALUES
(?, ?, ?)", (username, email, password))

    conn.commit()
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        messagebox.showinfo("Success", "Registration successful! You can now log in.")

        register_window.withdraw()

    except sqlite3.IntegrityError:

        messagebox.showerror("Error", "Email already exists!")

    finally:

        conn.close()


submit_button = tk.Button(

    register_window, text="Submit",

    font=button_font,

    bg="#ba1414",

    fg="#c4c2c2",

    command=submit_registration,

    cursor='hand2',

    activebackground='#8B0000',

    activeforeground='white',

    highlightbackground='#8B0000',

    highlightthickness=2,

    highlightcolor='white',

    height=1,
```

```python
        width=8

    )

    submit_button.pack(pady=20)


# Function to handle login

def handle_login():

    global session_start_time

    login_window = tk.Toplevel(root)

    login_window.title("Login")

    login_window.geometry("1610x900")

    login_window.configure(bg="#8B0000")

    root.withdraw() #Close the Main Window after function the login


    # Email Entry

    email_label = tk.Label(

        login_window, text="Email", font=guest_font, bg="#8B0000", fg="white"

    )

    email_label.pack(pady=5)

    email_entry = tk.Entry(login_window, font=guest_font, width=30)

    email_entry.pack(pady=5)
```

```python
# Password Entry

password_label = tk.Label(

    login_window, text="Password", font=guest_font, bg="#8B0000", fg="white"

)

password_label.pack(pady=5)

password_entry = tk.Entry(login_window, font=guest_font, width=30, show="*")

password_entry.pack(pady=5)


def submit_login():

    global session_start_time

    email = email_entry.get()

    password = password_entry.get()


    if not email or not password:

        messagebox.showerror("Error", "Email and Password are required!")

        return


    conn = sqlite3.connect("users.db")

    cursor = conn.cursor()

    cursor.execute("SELECT * FROM users WHERE email = ? AND password = ?",
(email, password))
```

```python
user = cursor.fetchone()

conn.close()


if user:

    session_start_time = time.time()  # Start tracking time

    messagebox.showinfo("Success", f"Welcome back, {user[1]}!")

    login_window.destroy()

    open_gender_selection()
else:

    messagebox.showerror("Error", "Invalid Email or Password!")


submit_button = tk.Button(

    login_window,

    text="LOGIN",

    font=button_font,

    bg="#ba1414",

    fg="#c4c2c2",

    command=submit_login,

    cursor='hand2',

    activebackground='#8B0000',

    activeforeground='white',
```

```
        highlightbackground='#8B0000',

        highlightthickness=2,

        highlightcolor='white',

        height=1,

        width=8

    )

    submit_button.pack(pady=20)


# Gender Selection Window

def open_gender_selection():

    gender_window = tk.Toplevel(root)

    gender_window.title("Select Gender")

    gender_window.geometry("1610x900")

    gender_window.configure(bg="#8B0000")


    gender_label = tk.Label(gender_window, text="Select Gender", font=title_font,
bg="#8B0000", fg="white")

    gender_label.pack(pady=20)


    def set_gender(gender):

        messagebox.showinfo("Gender", f"Gender selected: {gender}")
```

```python
    gender_window.destroy() #Close the gender selection window

    open_bmi_section()


male_button = tk.Button(gender_window,

    text="MALE",

    font=button_font,

    bg="#ba1414",

    fg="#c4c2c2",

    command=lambda: set_gender("Male"),

    cursor='hand2',

    activebackground='#8B0000',

    activeforeground='white',

    highlightbackground='#8B0000',

    highlightthickness=2,

    highlightcolor='white',

    height=1,

    width=13

    )


male_button.pack(pady=10)
```

```python
female_button = tk.Button(gender_window,

        text="FEMALE",

        font=button_font,

        bg="#ba1414",

        fg="#c4c2c2",

        command=lambda: set_gender("Female"),

        cursor='hand2',

        activebackground='#8B0000',

        activeforeground='white',

        highlightbackground='#8B0000',

        highlightthickness=2,

        highlightcolor='white',

        height=1,

        width=13

        )


    female_button.pack(pady=10)


# BMI Section

def open_bmi_section():

    bmi_window = tk.Toplevel(root)
```

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```python
bmi_window.title("BMI Calculation")

bmi_window.geometry("1610x900")

bmi_window.configure(bg="#8B0000")




bmi_label = tk.Label(bmi_window, text="Enter your weight and height to
calculate BMI", font=title_font, bg="#8B0000", fg="white")

bmi_label.pack(pady=20)




weight_label = tk.Label(bmi_window, text="Weight (kg)", font=guest_font,
bg="#8B0000", fg="white")

weight_label.pack(pady=5)

weight_entry = tk.Entry(bmi_window, font=guest_font, width=30)

weight_entry.pack(pady=5)




height_label = tk.Label(bmi_window, text="Height (m)", font=guest_font,
bg="#8B0000", fg="white")

height_label.pack(pady=5)

height_entry = tk.Entry(bmi_window, font=guest_font, width=30)

height_entry.pack(pady=5)
```

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```python
def calculate_bmi():

    try:

        weight = float(weight_entry.get())

        height = float(height_entry.get())


        if weight < 0 or height < 0:

            messagebox.showerror("Error", "Weight and height must be non-negative!")

            return


        if height == 0:

            messagebox.showerror("Error", "Height cannot be zero!")

            return


        if weight == 0:

            messagebox.showerror("Error", "Weight cannot be zero!")

            return


        bmi = weight / (height ** 2)

        messagebox.showinfo("BMI Result", f"Your BMI is: {bmi:.2f}")

        bmi_window.destroy() #Close the BMI window
```

```python
        open_calendar_section()

    except ValueError:

        messagebox.showerror("Error", "Please enter valid values!")


calculate_button = tk.Button(bmi_window,

        text="CALCULATE BMI",

        font=button_font,

        bg="#ba1414",

        fg="#c4c2c2",

        command=calculate_bmi,

        cursor='hand2',

        activebackground='#8B0000',

        activeforeground='white',

        highlightbackground='#8B0000',

        highlightthickness=2,

        highlightcolor='white',

        height=2,

        width=16

    )


calculate_button.pack(pady=20)
```

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```python
session_start_time = None  # Assuming a global variable for session time tracking


def open_calendar_section():

    calendar_window = tk.Toplevel(root)

    calendar_window.title("Calendar and Settings")

    calendar_window.geometry("1610x900")


    # Left frame for calendar

    left_frame = tk.Frame(calendar_window, width=600, height=600,
bg="#C0C0C0")

    left_frame.pack(side="left", fill="both", expand=True)


    # Right frame for settings

    right_frame = tk.Frame(calendar_window, width=600, height=600,
bg="#8B0000")  # Dark red background

    right_frame.pack(side="right", fill="both", expand=True)


    # Add Calendar to left frame

    calendar_widget = Calendar(left_frame,

                    selectmode="day",
```

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```python
    year=2025,

    month=1,

    day=1,

    date_pattern='yyyy-mm-dd',

    font=("Arial", 16),

    background="#C0C0C0",

    foreground="white",

    selectbackground="#C0C0C0",

    selectforeground="black",

    weekendbackground="#03728c",

    weekendforeground="white",

    borderwidth=2,

    padding=5
    )


calendar_widget.pack(pady=20, padx=20, fill="both", expand=True)


# Link each date to a URL

date_to_url = {

    '2025-01-01': 'https://youtu.be/-hSma-BRzoo?si=tU-87WyAz9OFBDTs',

    '2025-01-02': 'https://youtu.be/UIPvIYsjfpo?si=zUAOmF6f2s_Y1tMG',
```

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'2025-01-03': 'https://youtu.be/Yu2Oj5jGHTc?si=7oOVfqy3gRRksMBC',

'2025-01-04': 'https://youtu.be/OGrvq1Kz6L8?si=sRmgMWOS5XvE25Ic',

'2025-01-05': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

'2025-01-06': 'https://youtu.be/FeR-4_Opt-g?si=rDKhjosmhaV7wjpy',

'2025-01-07': 'https://youtu.be/8aXwejFPDTw?si=qqcTnYuKkUOZP_mp',

'2025-01-08': 'https://youtu.be/Tz9d7By2ytQ?si=ijawAmYWG96LigyM',

'2025-01-09': 'https://youtu.be/BdhqubW1GJE?si=uVemsGx8BIdhxkFM',

'2025-01-10': 'https://youtu.be/uUKAYkQZXko?si=27SOYq7t4VMCnR-S',

'2025-01-11': 'https://youtu.be/-MRNjTr6xrE?si=dVvZ_pUuOgcs47Pe',

'2025-01-12': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

'2025-01-13': 'https://youtu.be/KeNObkhENKQ?si=LPdjTfJgWVqOIxjE',

'2025-01-14': 'https://youtu.be/8gQbgyTlS-8?si=P5ot6zYfHUPZYPJ2',

'2025-01-15': 'https://youtu.be/lJlaO_b8spI?si=kTFO4j9clzjZU1zC',

'2025-01-16': 'https://youtu.be/L7OWsJ97ANs?si=k84XqHvNBvrH2Tyy',

'2025-01-17': 'https://youtu.be/N-15wUPnqpc?si=J9TUaN_sAwsrftXB',

'2025-01-18': 'https://youtu.be/ho8fvPH_RoO?si=NSMwLZf5_GUEdjyE',

'2025-01-19': 'https://youtu.be/TGiFtW8zy3w?si=TcAnP2fZ4crOMNWM',

'2025-01-20': 'https://youtu.be/h5tFiJVTQBw?si=3HXx2wuj7RE9fp7N',

'2025-01-21': 'https://youtu.be/Q2cMMnUuKYQ?si=Pw4joB9mJOFoWjnM',

'2025-01-22': 'https://youtu.be/59tchbMrjIg?si=JssXGkvR3TwwLkym',

'2025-01-23': 'https://youtu.be/kuUZYUBHryw?si=CrEqOCOsUdIEemBX',

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'2025-01-24': 'https://youtu.be/OGrvq1Kz6L8?si=jPN6t7cxXyB8wOm_',

'2025-01-25': 'https://youtu.be/J212vz33gU4?si=ih-p8the1Qk_Z7VR',

'2025-01-26': 'https://youtu.be/qs8_VefQvpk?si=C9wNe3Q84J2MvDKR',

'2025-01-27': 'https://youtu.be/Dk21IuMwpec?si=Mj5vs3wPjqhi5DXY',

'2025-01-28': 'https://youtu.be/kWO-IK5AvUY?si=gOZPVTBt1-lFvXXi',

'2025-01-29': 'https://youtu.be/FeR-4_Opt-g?si=tT4KUx9s-XPwBGGP',

'2025-01-30': 'https://youtu.be/_fesO5oNcEs?si=fL7M-wkLmnBYVqrO',

'2025-01-31': 'https://youtu.be/cbKkB3POqaY?si=lTJxZeCKWvgBPKcv',

'2025-02-01': 'https://youtu.be/-hSma-BRzoo?si=tU-87WyAz9OFBDTs',

'2025-02-02': 'https://youtu.be/UIPvlYsjfpo?si=zUAOmF6f2s_Y1tMG',

'2025-02-03': 'https://youtu.be/Yu2Oj5jGHTc?si=7oOVfqy3gRRksMBC',

'2025-02-04': 'https://youtu.be/OGrvq1Kz6L8?si=sRmgMWOS5XvE25Ic',

'2025-02-05': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

'2025-02-06': 'https://youtu.be/FeR-4_Opt-g?si=rDKhjosmhaV7wjpy',

'2025-02-07': 'https://youtu.be/8aXwejFPDTw?si=qqcTnYuKkUOZP_mp',

'2025-02-08': 'https://youtu.be/Tz9d7By2ytQ?si=ijawAmYWG96LigyM',

'2025-02-09': 'https://youtu.be/BdhqubW1GJE?si=uVemsGx8BldhxkFM',

'2025-02-10': 'https://youtu.be/uUKAYkQZXko?si=27SOYq7t4VMCnR-S',

'2025-02-11': 'https://youtu.be/-MRNjTr6xrE?si=dVvZ_pUuOgcs47Pe',

'2025-02-12': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

'2025-02-13': 'https://youtu.be/KeNObkhENKQ?si=LPdjTfJgWVqOIxjE',

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'2025-02-14': 'https://youtu.be/8gQbgyTlS-8?si=P5ot6zYfHUPZYPJ2',

'2025-02-15': 'https://youtu.be/lJla0_b8spI?si=kTFO4j9clzjZU1zC',

'2025-02-16': 'https://youtu.be/L7OWsJ97ANs?si=k84XqHvNBvrH2Tyy',

'2025-02-17': 'https://youtu.be/N-15wUPnqpc?si=J9TUaN_sAwsrftXB',

'2025-02-18': 'https://youtu.be/ho8fvPH_RoO?si=NSMwLZf5_GUEdjyE',

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'2025-02-21': 'https://youtu.be/Q2cMMnUuKYQ?si=Pw4joB9mJOFoWjnM',

'2025-02-22': 'https://youtu.be/59tchbMrjIg?si=JssXGkvR3TwwLkym',

'2025-02-23': 'https://youtu.be/kuUZYUBHryw?si=CrEqOCOsUdIEemBX',

'2025-02-24': 'https://youtu.be/OGrvq1Kz6L8?si=jPN6t7cxXyB8wOm_',

'2025-02-25': 'https://youtu.be/J212vz33gU4?si=ih-p8the1Qk_Z7VR',

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'2025-02-27': 'https://youtu.be/Dk21luMwpec?si=Mj5vs3wPjqhi5DXY',

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'2025-03-01': 'https://youtu.be/-hSma-BRzoo?si=tU-87WyAz9OFBDTs',

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'2025-03-03': 'https://youtu.be/Yu2Oj5jGHTc?si=7oOVfqy3gRRksMBC',

'2025-03-04': 'https://youtu.be/OGrvq1Kz6L8?si=sRmgMWOS5XvE25lc',

'2025-03-05': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

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'2025-03-10': 'https://youtu.be/uUKAYkQZXko?si=27SOYq7t4VMCnR-S',

'2025-03-11': 'https://youtu.be/-MRNjTr6xrE?si=dVvZ_pUuOgcs47Pe',

'2025-03-12': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

'2025-03-13': 'https://youtu.be/KeNObkhENKQ?si=LPdjTfJgWVqOIxjE',

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'2025-03-17': 'https://youtu.be/N-15wUPnqpc?si=J9TUaN_sAwsrftXB',

'2025-03-18': 'https://youtu.be/ho8fvPH_RoO?si=NSMwLZf5_GUEdjyE',

'2025-03-19': 'https://youtu.be/TGiFtW8zy3w?si=TcAnP2fZ4crOMNWM',

'2025-03-20': 'https://youtu.be/h5tFiJVTQBw?si=3HXx2wuj7RE9fp7N',

'2025-03-21': 'https://youtu.be/Q2cMMnUuKYQ?si=Pw4joB9mJOFoWjnM',

'2025-03-22': 'https://youtu.be/59tchbMrjIg?si=JssXGkvR3TwwLkym',

'2025-03-23': 'https://youtu.be/kuUZYUBHryw?si=CrEqOCOsUdIEemBX',

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'2025-03-25': 'https://youtu.be/J212vz33gU4?si=ih-p8the1Qk_Z7VR',

'2025-03-26': 'https://youtu.be/qs8_VefQvpk?si=C9wNe3Q84J2MvDKR',

'2025-03-27': 'https://youtu.be/Dk21IuMwpec?si=Mj5vs3wPjqhi5DXY',

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'2025-03-29': 'https://youtu.be/FeR-4_0pt-g?si=tT4KUx9s-XPwBGGP',

'2025-03-30': 'https://youtu.be/_fesO5oNcEs?si=fL7M-wkLmnBYVqrO',

'2025-03-31': 'https://youtu.be/cbKkB3POqaY?si=lTJxZeCKWvgBPKcv',

'2025-04-01': 'https://youtu.be/-hSma-BRzoo?si=tU-87WyAz9OFBDTs',

'2025-04-02': 'https://youtu.be/UlPvlYsjfpo?si=zUAOmF6f2s_Y1tMG',

'2025-04-03': 'https://youtu.be/Yu2Oj5jGHTc?si=7oOVfqy3gRRksMBC',

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PUP FITNESS CALENDAR
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'2025-10-03': 'https://youtu.be/Yu2Oj5jGHTc?si=7oOVfqy3gRRksMBC',

'2025-10-04': 'https://youtu.be/OGrvq1Kz6L8?si=sRmgMWOS5XvE25Ic',

'2025-10-05': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

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'2025-10-14': 'https://youtu.be/8gQbgyTlS-8?si=P5ot6zYfHUPZYPJ2',

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'2025-10-16': 'https://youtu.be/L7OWsJ97ANs?si=k84XqHvNBvrH2Tyy',

'2025-10-17': 'https://youtu.be/N-15wUPnqpc?si=J9TUaN_sAwsrftXB',

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'2025-10-19': 'https://youtu.be/TGiFtW8zy3w?si=TcAnP2fZ4crOMNWM',

'2025-10-20': 'https://youtu.be/h5tFiJVTQBw?si=3HXx2wuj7RE9fp7N',

'2025-10-21': 'https://youtu.be/Q2cMMnUuKYQ?si=Pw4joB9mJOFoWjnM',

'2025-10-22': 'https://youtu.be/59tchbMrjIg?si=JssXGkvR3TwwLkym',

'2025-10-23': 'https://youtu.be/kuUZYUBHryw?si=CrEqOCOsUdIEemBX',

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'2025-10-24': 'https://youtu.be/OGrvq1Kz6L8?si=jPN6t7cxXyB8wOm_',

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'2025-10-26': 'https://youtu.be/qs8_VefQvpk?si=C9wNe3Q84J2MvDKR',

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'2025-11-25': 'https://youtu.be/J212vz33gU4?si=ih-p8the1Qk_Z7VR',

'2025-11-26': 'https://youtu.be/qs8_VefQvpk?si=C9wNe3Q84J2MvDKR',

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'2025-12-07': 'https://youtu.be/8aXwejFPDTw?si=qqcTnYuKkUOZP_mp',

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'2025-12-09': 'https://youtu.be/BdhqubW1GJE?si=uVemsGx8BldhxkFM',

'2025-12-10': 'https://youtu.be/uUKAYkQZXko?si=27SOYq7t4VMCnR-S',

'2025-12-11': 'https://youtu.be/-MRNjTr6xrE?si=dVvZ_pUuOgcs47Pe',

'2025-12-12': 'https://youtu.be/M7qogNry8t4?si=M6JHAbHbZvqqHyfC',

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'2025-12-14': 'https://youtu.be/8gQbgyTlS-8?si=P5ot6zYfHUPZYPJ2',

'2025-12-15': 'https://youtu.be/lJlaO_b8spI?si=kTFO4j9clzjZU1zC',

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'2025-12-17': 'https://youtu.be/N-15wUPnqpc?si=J9TUaN_sAwsrftXB',

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'2025-12-19': 'https://youtu.be/TGiFtW8zy3w?si=TcAnP2fZ4crOMNWM',

'2025-12-20': 'https://youtu.be/h5tFiJVTQBw?si=3HXx2wuj7RE9fp7N',

'2025-12-21': 'https://youtu.be/Q2cMMnUuKYQ?si=Pw4joB9mJOFoWjnM',

'2025-12-22': 'https://youtu.be/59tchbMrjIg?si=JssXGkvR3TwwLkym',

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```python
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    '2025-12-27': 'https://youtu.be/Dk21IuMwpec?si=Mj5vs3wPjqhi5DXY',

    '2025-12-28': 'https://youtu.be/kW0-IK5AvUY?si=g0ZPVTBt1-lFvXXi',

    '2025-12-29': 'https://youtu.be/FeR-4_Opt-g?si=tT4KUx9s-XPwBGGP',

    '2025-12-30': 'https://youtu.be/_fesO5oNcEs?si=fL7M-wkLmnBYVqrO',

    '2025-12-31': 'https://youtu.be/cbKkB3POqaY?si=lTJxZeCKWvgBPKcv',




}




def on_date_click(event):

    selected_date = calendar_widget.get_date()

    if selected_date in date_to_url:

        video_url = date_to_url[selected_date]  # Get the corresponding URL for the selected date

        webbrowser.open(video_url)  # Open the URL in the default web browser

    else:

        messagebox.showwarning("No link available", "No URL is linked to this date.")
```

```python
calendar_widget.bind("<<CalendarSelected>>", on_date_click)


# Settings Section

settings_title = tk.Label(

    right_frame, text="Settings", font=("Arial", 18), bg="#8B0000", fg="white"

)

settings_title.pack(pady=20)


logo_label = tk.Label(settings_title, image=logo1, bg="#8B0000")

logo_label.pack(pady=10)




# Account Settings Section

def open_account_settings():

    account_window = tk.Toplevel(calendar_window)

    account_window.title("Account Settings")

    account_window.geometry("500x500")

    account_window.configure(bg="#8B0000")


    logo_label = tk.Label(account_window, image=logo1, bg="#8B0000")
```

```python
logo_label.pack(pady=10)


# Account Info

account_label = tk.Label(account_window,

text="Account Settings",

font=("Arial", 16),

bg="#8B0000",

fg="white")


account_label.pack(pady=20)


# Display Time Spent on the App

def show_time_spent():

    if session_start_time is None:

        messagebox.showinfo("Session Time", "You haven't logged in yet.")

    else:

        session_end_time = time.time()  # Get the current time when user is
checking

        time_spent = session_end_time - session_start_time

        hours = int(time_spent // 3600)

        minutes = int((time_spent % 3600) // 60)
```

```python
        seconds = int(time_spent % 60)

        messagebox.showinfo("Time Spent", f"Time spent in the app: {hours}h {minutes}m {seconds}s")


    time_spent_button = tk.Button(

        account_window,

        text="Check Time Spent",

        font=("Arial", 14),

        bg="#ba1414",

        fg="#c4c2c2",

        command=show_time_spent,

        activebackground='#8B0000',

        activeforeground='white',

        cursor='hand2',

        height=1,

        width=15,

        highlightbackground='#8B0000',

        highlightthickness=2,

        highlightcolor='#8B0000'

    )

    time_spent_button.pack(pady=10)
```

```python
# Close Account Settings Window

close_button = tk.Button(

    account_window,

    text="Close",

    font=("Arial", 14),

    bg="#ba1414",

    fg="#c4c2c2",

    command=account_window.destroy,

    activebackground='#8B0000',

    activeforeground='white',

    cursor='hand2',

    height=1,

    width=15,

    highlightbackground='#8B0000',

    highlightthickness=2,

    highlightcolor='#8B0000'

)

close_button.pack(pady=10)


account_settings_button = tk.Button(
```

```python
    right_frame,

    text="Account Settings",

    font=("Arial", 14),

    bg="#ba1414",

    fg="#c4c2c2",

    command=open_account_settings,

    activebackground='#8B0000',

    activeforeground='white',

    cursor='hand2',

    height=1,

    width=13,

    highlightbackground='#8B0000',

    highlightthickness=2,

    highlightcolor='#8B0000'

)
account_settings_button.pack(pady=10)


# Display Section for Changing Theme
def open_display_settings():
    # Theme Change functionality

    theme_window = tk.Toplevel(calendar_window)
```

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```python
theme_window.title("Display Settings")

theme_window.geometry("400x300")

theme_window.configure(bg="#8B0000")


def change_theme(theme):

    if theme == "Dark":

        calendar_window.configure(bg="black")

        right_frame.configure(bg="black")

        left_frame.configure(bg="gray")

        messagebox.showinfo("Theme Change", "Dark theme activated!")

    elif theme == "Light":

        calendar_window.configure(bg="white")

        right_frame.configure(bg="white")

        left_frame.configure(bg="lightgray")

        messagebox.showinfo("Theme Change", "Light theme activated!")

    elif theme == "Normal":

        calendar_window.configure(bg="#C0C0C0")

        right_frame.configure(bg="#8B0000")

        left_frame.configure(bg="#C0C0C0")

        messagebox.showinfo("Theme Change", "Normal theme activated!")
```

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```python
    theme_window.destroy()


dark_button = tk.Button(theme_window,

        text="Dark Theme",

        command=lambda: change_theme("Dark"),

        font=("Arial", 14),

        bg='BLACK',

        fg='WHITE',

        cursor='hand2')

dark_button.pack(pady=10)


light_button = tk.Button(theme_window,

        text="Light Theme",

        command=lambda: change_theme("Light"),

        font=("Arial", 14),

        bg='WHITE',

        fg='BLACK',

        cursor='hand2')


light_button.pack(pady=10)

normal_button = tk.Button(theme_window,
```

```
        text="Normal Theme",

        command=lambda: change_theme("Normal"),

        font=("Arial", 14),

        bg='#ba1414',

        fg='WHITE',

        cursor='hand2')

    normal_button.pack(pady=10)


display_button = tk.Button(

    right_frame,

    text="Display Settings",

    font=("Arial", 14),

    bg="#ba1414",

    fg="#c4c2c2",

    command=open_display_settings,

    activebackground='#8B0000',

    activeforeground='white',

    cursor='hand2',

    height=1,

    width=13,

    highlightbackground='#8B0000',
```

```
        highlightthickness=2,

        highlightcolor='#8B0000'

    )

    display_button.pack(pady=10)


    # About Section

    def open_about():

        messagebox.showinfo("About", "This app helps you monitor your fitness
progress and track your health.")


    about_button = tk.Button(

        right_frame,

        text="About",

        font=("Arial", 14),

        bg="#ba1414",

        fg="#c4c2c2",

        command=open_about,

        activebackground='#8B0000',

        activeforeground='white',

        cursor='hand2',

        height=1,
```

```python
        width=13,

        highlightbackground='#8B0000',

        highlightthickness=2,

        highlightcolor='#8B0000'

    )

    about_button.pack(pady=10)


    # Logout Button

    def logout():

        global session_start_time

        session_start_time = None  # Reset session start time

        messagebox.showinfo("Logout", "You have logged out.")

        calendar_window.destroy()


    logout_button = tk.Button(

        right_frame,

        text="Logout",

        font=("Arial", 14),

        bg="#ba1414",

        fg="#c4c2c2",

        command=logout,
```

```
        activebackground='#8B0000',

        activeforeground='white',

        cursor='hand2',

        height=1,

        width=13,

        highlightbackground='#8B0000',

        highlightthickness=2,

        highlightcolor='#8B0000'

    )

    logout_button.pack(pady=20)




# Main Tkinter window

root = tk.Tk()

root.title("PUP Fitness Calendar")

root.geometry("1610x900")

root.configure(bg="#8B0000")


# Custom font

title_font = ("Helvetica", 16, "bold")
```

```python
button_font = ("Times New Roman", 12, "bold")

guest_font = ("Arial", 14, "bold")



# Load the image

image_path = r"C:\\Users\\pc\\Downloads\\PUP.png"

image = Image.open(image_path)

image = image.resize((100, 100))  # Resize the image




logo1 = ImageTk.PhotoImage(image)




# Add the image to the window

logo_label = tk.Label(root, image=logo1, bg="#8B0000")

logo_label.pack(pady=10)


# Add "PUP Fitness Monitor" text

title_label = tk.Label(

    root, text="PUP Fitness Monitor",

    font=title_font,

    bg="#8B0000",
```

```python
        fg="white"

)

title_label.pack(pady=10)


# Register and Login Buttons

register_button = tk.Button(

    root, text="REGISTER",

    font=button_font,

    bg="#ba1414",

    fg="#c4c2c2",

    command=handle_register,

    activebackground='#8B0000',

    activeforeground='white',

    cursor='hand2',

    height=1,

    width=11,

    highlightbackground='#8B0000',

    highlightthickness=2,

    highlightcolor='white'

)

register_button.pack(pady=10)
```

```python
login_button = tk.Button(

    root, text="LOGIN", font=button_font,

    width=11,

    height=1,

    bg="#ba1414",

    fg="#c4c2c2",

    command=handle_login,

    activebackground='#8B0000',

    activeforeground='white',

    cursor='hand2',

    highlightbackground='#8B0000',

    highlightthickness=2,

    highlightcolor='white'

)
login_button.pack(pady=10)


root.mainloop()
```