# **Top 100 Self-Development Books (All Categories)**

## **Habits & Behavior Change**

- Atomic Habits James Clear
- The Power of Habit Charles Duhigg
- Tiny Habits BJ Fogg
- The Compound Effect Darren Hardy
- The Slight Edge Jeff Olson
- Mini Habits Stephen Guise
- Habit Stacking S.J. Scott
- Make Your Bed Admiral William H. McRaven
- Eat That Frog! Brian Tracy
- Finish Jon Acuff

#### **Mindset & Motivation**

- Mindset Carol S. Dweck
- Grit Angela Duckworth
- Can't Hurt Me David Goggins
- The Motivation Myth Jeff Haden
- Relentless Tim Grover
- The War of Art Steven Pressfield
- Limitless Jim Kwik
- The Magic of Thinking Big David J. Schwartz
- The 10X Rule Grant Cardone
- You Are a Badass Jen Sincero

#### Mindfulness & Inner Peace

- The Power of Now Eckhart Tolle
- A New Earth Eckhart Tolle
- The Untethered Soul Michael A. Singer
- Radical Acceptance Tara Brach
- Wherever You Go, There You Are Jon Kabat-Zinn

- The Art of Happiness Dalai Lama
- Stillness Is the Key Ryan Holiday
- Peace Is Every Step Thich Nhat Hanh
- The Book of Joy Dalai Lama & Desmond Tutu
- The Miracle of Mindfulness Thich Nhat Hanh

### **Classics of Self-Help**

- How to Win Friends & Influence People Dale Carnegie
- Think and Grow Rich Napoleon Hill
- The 7 Habits of Highly Effective People Stephen Covey
- As a Man Thinketh James Allen
- The Power of Positive Thinking Norman Vincent Peale
- Man's Search for Meaning Viktor E. Frankl
- Awaken the Giant Within Tony Robbins
- Success Through a Positive Mental Attitude Napoleon Hill & W. Clement Stone
- The Greatest Salesman in the World Og Mandino
- The Strangest Secret Earl Nightingale

## **Leadership & Success**

- Start with Why Simon Sinek
- Leaders Eat Last Simon Sinek
- Good to Great Jim Collins
- Extreme Ownership Jocko Willink
- Dare to Lead Brené Brown
- The 21 Irrefutable Laws of Leadership John C. Maxwell
- Principles: Life & Work Ray Dalio
- Drive Daniel H. Pink
- Measure What Matters John Doerr
- Tribes Seth Godin

## **Emotional Intelligence & Mental Clarity**

- Emotional Intelligence - Daniel Goleman

- The Four Agreements Don Miguel Ruiz
- The Gifts of Imperfection Brené Brown
- No More Mr. Nice Guy Robert A. Glover
- The Road Less Traveled M. Scott Peck
- Attached Amir Levine & Rachel Heller
- The Body Keeps the Score Bessel van der Kolk
- Rewire Your Anxious Brain Catherine M. Pittman
- Codependent No More Melody Beattie
- Boundaries Henry Cloud & John Townsend

### **Productivity & Focus**

- Deep Work Cal Newport
- Essentialism Greg McKeown
- The One Thing Gary Keller
- Getting Things Done David Allen
- Hyperfocus Chris Bailey
- Indistractable Nir Eyal
- The Now Habit Neil Fiore
- Smarter Faster Better Charles Duhigg
- 168 Hours Laura Vanderkam
- Willpower Doesn't Work Benjamin Hardy

#### **Financial & Wealth Mindset**

- Rich Dad Poor Dad Robert Kiyosaki
- The Millionaire Next Door Thomas J. Stanley
- The Psychology of Money Morgan Housel
- I Will Teach You to Be Rich Ramit Sethi
- Your Money or Your Life Vicki Robin
- The Richest Man in Babylon George S. Clason
- The Intelligent Investor Benjamin Graham
- Unshakeable Tony Robbins
- The Science of Getting Rich Wallace D. Wattles

## **Spiritual Growth & Meaning**

- The Alchemist Paulo Coelho
- Conversations with God Neale Donald Walsch
- The Seat of the Soul Gary Zukav
- Autobiography of a Yogi Paramahansa Yogananda
- The Bhagavad Gita Various translations
- The Tao of Pooh Benjamin Hoff
- Be Here Now Ram Dass
- The Seven Spiritual Laws of Success Deepak Chopra
- Living Buddha, Living Christ Thich Nhat Hanh
- Zen and the Art of Motorcycle Maintenance Robert M. Pirsig

### **Modern Favorites & Niche Gems**

- The Subtle Art of Not Giving a F\*ck Mark Manson
- Everything Is Figureoutable Marie Forleo
- Think Like a Monk Jay Shetty
- 100 Ways to Motivate Yourself Steve Chandler
- Greenlights Matthew McConaughey
- Designing Your Life Bill Burnett & Dave Evans
- The Art of Possibility Rosamund & Benjamin Zander
- Show Your Work! Austin Kleon
- Die With Zero Bill Perkins
- The Courage to Be Disliked Ichiro Kishimi & Fumitake Koga