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NATIONAL SERVICE SCHEME REPORT

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NATIONAL SERVICE SCHEME (NSS)

Aims and Objectives

As the third component of education, the NSS is a part of our academic, social, and personal lives. It enables students to actively offer their time and talents to the betterment of their society and country, thereby assisting in the development of their personalities. As a result, the NSS provides the ideal venue for students and youth across the country to become involved in real-life social activities and, as a result, become responsible citizens of India.

Motto of NSS

“NOT ME BUT YOU”

The Motto

This embodies the essence of democratic living and emphasizes the importance of unselfish service, respect for the other's point of view, and consideration for fellow humans. It emphasizes that an individual's well-being is ultimately dependent on the well-being of society as a whole. As a result, the NSS should make it a goal to live up to this philosophy in its daily activities.

The National Service Scheme's symbol, which appears on the cover page, is based on the chariot wheel of Odisha's Konark Sun Temple. The Sun Temple's massive wheels represent the cycle of creation, preservation, and release, as well as the movement of life across time and space. The symbol's design, a simplified version of the sun-chariot wheel, emphasizes movement. The wheel represents life's ever-increasing cycle. It represents both continuity and change, implying the NSS's ongoing commitment to societal development and advancement.

About the NSS

The National Service Scheme (NSS) had its birth on September 24, 1969, during the Gandhi centenary year. The scheme was first launched in 37 universities comprising 40,000 students.

Today the NSS has become the largest Government organization of students in the country comprising members from the +2 level to the college and university levels. The strength of volunteers has now increased to more than 30 lakhs, which makes the NSS one of the largest student forces in the world. The number of students strength increased from 40,000 to over 3.8 million up to the end of March 2018 students in various universities, colleges, and institutions of higher learning have volunteered to take part in various community service programs. The strength of NSS volunteers makes the NSS one of the largest student forces in the world

The NSS has good relations with different government agencies and non-government organizations in implementing its programs for building up community assets and helping the underprivileged people through education and social services.

The NSS is useful not only for the development of the student's personality but also helps promote the unity and integrity of the nation by bringing together young people from diverse geographical and socio-cultural backgrounds. The National Service Scheme (NSS) started functioning at Jadavpur university in 1969 and the performance of this scheme is highly satisfactory.

The objective of the NSS is the “development of the personality of students through community service.”

REPORT ON PUBLIC POND , LAKE CLEANING

OBJECTIVE OF THE EVENT:

The objective of the Public Pond and Lake Cleaning NSS activity can be multifaceted ,encompassing environmental, social, and educational aspects.

Environmental:

- **Improve water quality:** Removing debris, pollutants, and excessive algae growth from ponds and lakes can significantly improve water quality, making it healthier for aquatic life and potentially even suitable for recreation.

Social:

- **Raise awareness:** Conducting a public cleaning event can generate awareness about the importance of clean water bodies and the environmental consequences of pollution. This can inspire others to take action and adopt sustainable practices.

Educational:

- **Environmental education:** The cleaning activity can serve as a platform for environmental education, teaching participants about the importance of water conservation, pollution prevention, and responsible waste disposal.

DESCRIPTION OF THE PROGRAM :

Why does it matter?

Our beautiful ponds and lakes are facing the brunt of pollution and neglect. Plastic waste, debris, and excessive algae growth threaten the delicate balance of these ecosystems, harming aquatic life and jeopardizing water quality. This vital resource deserves our attention and care.

What we'll do:

- **Roll up our sleeves:** We'll come together as a team to remove litter, debris, and invasive plants from the ponds and lakes. Every scoop makes a difference!
- **Spread awareness:** Through educational activities and interactions with the community, we'll raise awareness about the importance of clean water bodies and responsible waste management.
- **Foster collaboration:** This event is an opportunity to connect with fellow NSS volunteers and the local community, building relationships and working together towards a common goal.



REPORT ON PUBLIC PARKS CLEANING

OBJECTIVE OF THE EVENT :

The main objective of public park cleaning is to create a safe, aesthetically pleasing environment for the community, fostering a positive experience for visitors while preserving the natural ecosystem and promoting overall well being.

1. Environmental Restoration:

- **Combating Pollution:** Bid adieu to plastic bags, overflowing bins, and discarded wrappers. Your efforts will directly combat pollution, safeguarding the health of local ecosystems and wildlife.
- **Preserving Biodiversity:** Parks teeming with diverse plant and animal life are crucial for environmental balance. By removing invasive species and restoring native habitats, you'll nurture a thriving biodiversity hotspot.
- **Promoting Sustainability:** Cleaning up the park is just the first step. Encourage participants to adopt sustainable practices like composting, recycling, and responsible waste disposal, creating a ripple effect of environmental consciousness.

2. Community Engagement:

- **Fostering a Sense of Ownership:** When communities take an active role in caring for their parks, a sense of ownership and responsibility flourishes. This collaborative effort strengthens the bond between people and their green spaces.
- **Promoting Social Interaction:** The park becomes a melting pot of ages and backgrounds as volunteers come together. This fosters social interaction, building bridges of understanding and camaraderie within the community.
- **Sparkling Environmental Awareness:** The act of cleaning itself serves as a powerful learning experience. Participants gain firsthand knowledge about the impact of pollution and the importance of environmental conservation.

3. Educational Enrichment:

- **Hands-on Learning:** Ditch the textbooks and embrace experiential learning! This activity provides a unique opportunity to understand ecological concepts like waste management, habitat restoration, and the interconnectedness of nature.
- **Leadership Development:** As volunteers take initiative, delegate tasks, and motivate others, they hone their leadership skills, valuable assets for both personal and professional growth.

- **Promoting Civic Responsibility:** Participating in community service instills a sense of civic responsibility, encouraging young minds to become active and engaged citizens who contribute to the betterment of their surroundings.

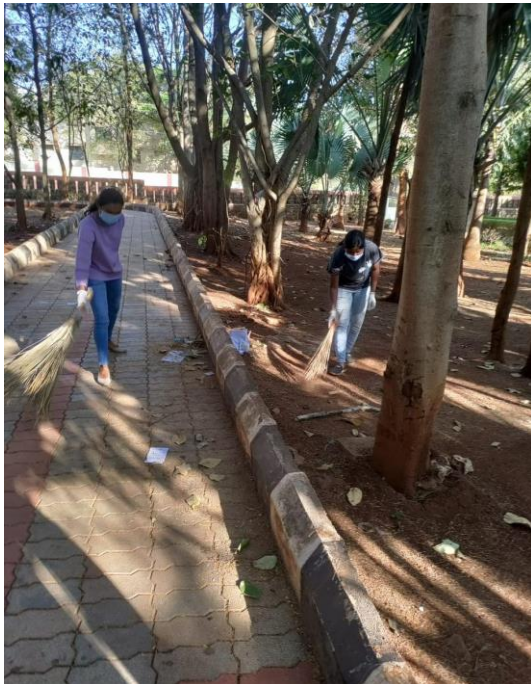
Why does it matter?

Our parks are the lungs of our city, offering precious green escapes and vital environmental benefits. But they're facing the brunt of neglect and pollution, threatening their very essence. Let's stand up for our green spaces and breathe new life into them!

Conclusion:

In conclusion, the implemented public park cleaning protocol serves as a comprehensive framework for maintaining a clean, safe, and inviting environment. Through regular litter control, landscaping maintenance, pathway cleaning, strategic trash receptacle placement, restroom hygiene, water feature care, graffiti and vandalism removal, park furniture inspection, playground safety checks, and community engagement initiatives, the protocol aims to enhance the overall quality of the park. The consistent application of these measures not only ensures the aesthetic appeal of the park but also contributes to the well-being and satisfaction of the community. As evidenced by the positive impact on cleanliness and community involvement, the protocol stands as a vital tool in fostering a sense of ownership and pride among park users. Continuous monitoring and periodic adjustments to the protocol will further ensure its effectiveness in sustaining a vibrant and enjoyable public space for all.





REPORT ON AWARENESS ABOUT ONLINE FRAUDS AND SAFE TRANSACTION

In today's digital age, where every click can open a door to opportunity or danger, raising awareness about online frauds and safe transactions is more crucial than ever. Our upcoming NSS activity on this critical topic holds immense potential to empower our community with knowledge and practical skills to navigate the online world with confidence. Let's delve into the key objectives this impactful initiative aims to achieve:

1. Shielding against Scams:

- **Identifying Frauds:** Equip participants with the know-how to recognize common online scams, from phishing emails and fake websites to social media manipulation and pyramid schemes. Knowledge is the first line of defense against falling prey to these deceptive tactics.
- **Securing Transactions:** Promote safe online transaction practices, including strong password creation, two-factor authentication, and secure payment gateways. These essential steps can act as a sturdy shield against unauthorized access and financial losses.
- **Understanding Cyber Hygiene:** Emphasize the importance of cyber hygiene practices like regularly updating software, avoiding suspicious links, and being cautious about sharing personal information online. These habits create a healthy digital environment, minimizing the risk of cyberattacks.

2. Fostering Empowered Users:

- **Critical Thinking Skills:** Develop participants' critical thinking skills to question online information, verify sources, and avoid impulsive decisions. This empowers them to make informed choices in the digital landscape.
- **Tech Savvy Citizens:** Bridge the digital divide by providing basic technical skills training on online safety tools and resources. This equips participants, especially those less familiar with technology, to confidently navigate the online world.
- **Building Confidence:** By equipping participants with the knowledge and tools to protect themselves online, you instill a sense of confidence and empowerment. This allows them to fully embrace the benefits of the digital world without fear or hesitation.

3. Strengthening the Community Fabric:

- **Collective Awareness:** Raising awareness about online frauds and safe transactions within the community fosters a sense of collective responsibility and vigilance. Everyone becomes a stakeholder in creating a safer digital environment for all.

- **Knowledge Sharing:** Encourage participants to share their learnings with family, friends, and neighbours, creating a ripple effect of awareness that transcends the immediate NSS activity.
- **Promoting Open Communication:** Create a platform for open communication, where participants can share their experiences, ask questions, and learn from each other. This fosters a supportive community where everyone feels comfortable seeking help and guidance.



REPORT ON AWARENESS ON MLM SCAMS

OBJECTIVE OF THE EVENT :

Multi-level marketing (MLM) scams lurk in the shadows, promising quick riches and financial freedom, but often leaving participants trapped in a web of debt and disappointment. Your upcoming NSS activity takes a bold step toward raising awareness about these deceptive practices and empowering individuals to make informed choices. Let's delve into the key objectives this impactful initiative aims to achieve:

1. Demystifying the MLM Maze:

- **Unmasking the Pyramid:** Expose the true structure of MLM schemes, where only a handful at the top reap significant profits, while the vast majority at the bottom struggle to make ends meet.
- **Exposing Hidden Costs:** Unveil the hidden costs associated with MLMs, including overpriced products, pressure to recruit, and the potential for legal trouble.
- **Shattering Income Myths:** Debunk the exaggerated income claims often made by MLM recruiters, showcasing realistic statistics and success rates.

2. Building Critical Thinkers:

- **Sharpening Questioning Skills:** Equip participants with critical thinking skills to analyze MLM proposals, ask probing questions, and identify red flags.
- **Fact-Checking Frenzy:** Promote the importance of verifying information through independent research and avoiding falling prey to emotional manipulation.
- **Peer Support Network:** Foster a supportive environment where participants can share their experiences, learn from each other, and warn others about potential scams.

3. Empowering Informed Choices:

- **Financial Literacy Boost:** Provide participants with basic financial literacy skills, including budgeting, responsible credit use, and alternative income generation strategies.
- **Promoting Ethical Alternatives:** Highlight legitimate business opportunities and ethical ways to earn income, encouraging participants to pursue sustainable and transparent ventures.
- **Building Community Resilience:** By raising awareness about MLM scams, you contribute to a more informed and vigilant community, less susceptible to deceptive practices.

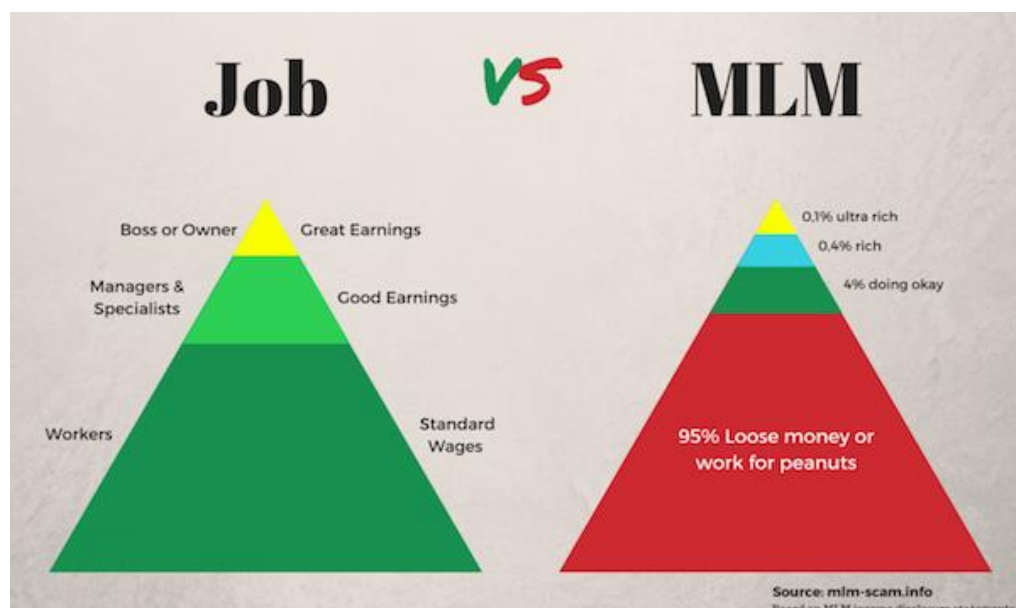
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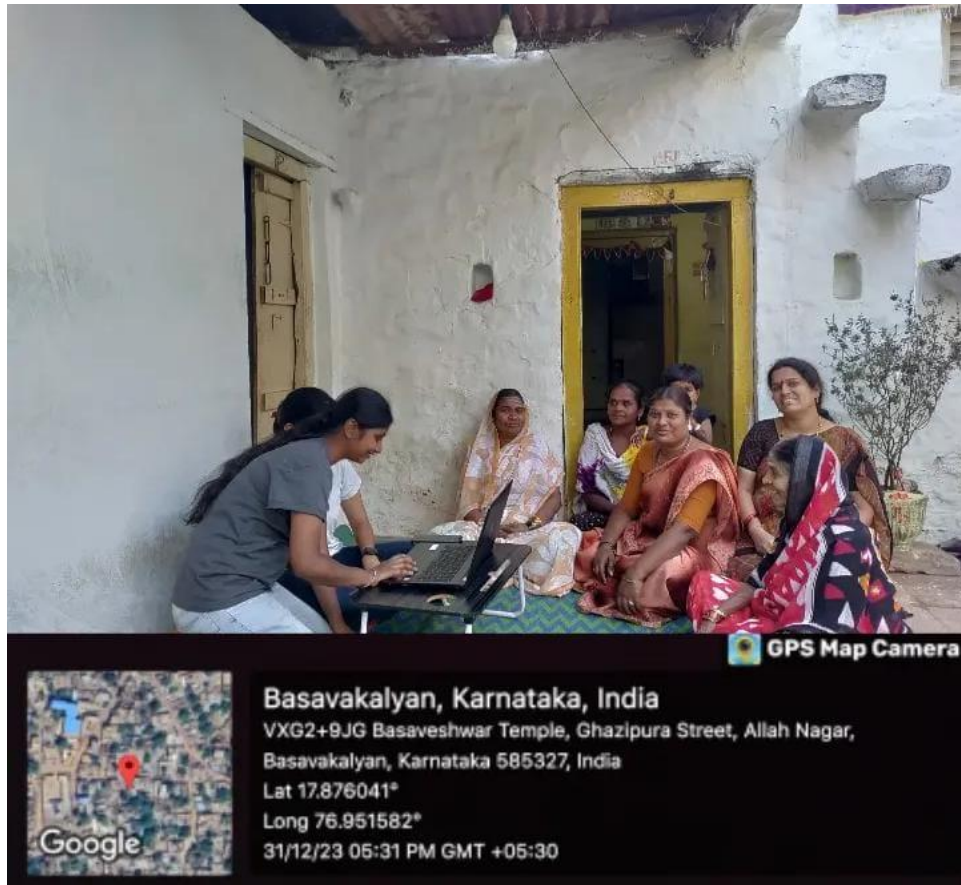
- Shattering the hype: Learn to see through the smoke and mirrors of exaggerated income claims and discover the true cost of joining an MLM – from overpriced products to mountains of debt.
- Sharpening your detective skills: Become a scam-spotting superhero! We'll train you to identify red flags like pressure to recruit, hidden fees, and overreliance on social media hype.
- Breaking free from the pyramid: Discover ethical alternatives to earn income, explore financial literacy tips, and build a sustainable future that doesn't involve chasing pyramid dreams.

But it's not just about you :

- Become a community guardian: Share your newfound knowledge and spread the word! Let's raise awareness about MLM scams and build a community of informed and empowered individuals.
- Support network of truth-seekers: This isn't a solo mission. We'll create a safe space for open discussions, shared experiences, and mutual support, helping each other navigate the financial landscape with caution.
- Demystify the MLM maze.
- Unleash your inner financial ninja.
- Build a future free from deceptive schemes.

Embark on a journey towards financial awareness and empowerment! Together, we can expose the pyramid schemes, one critical thought at a time.





REPORT ON AWARENESS PROGRAM ON HYGIENE AND BALANCE LIFE

OBJECTIVE OF THE EVENT:

Hygiene and work-life balance are two pillars of a healthy and fulfilling life. This NSS activity aims to raise awareness about both these crucial aspects through engaging and informative sessions. Here are the key objectives:

Hygiene Awareness:

- **Promote personal hygiene practices:** Encourage participants to adopt habits like regular handwashing, maintaining clean living spaces, and proper sanitation practices.
- **Educate about healthy habits:** Spread knowledge about the importance of healthy eating, regular exercise, and adequate sleep for maintaining good hygiene and overall well-being.
- **Combat misinformation:** Address common myths and misconceptions surrounding hygiene, providing participants with accurate and reliable information.
- **Promote sanitation awareness:** Highlight the importance of proper waste disposal, clean water resources, and environmental hygiene for community health.

Work-Life Balance Awareness:

- **Define and explore work-life balance:** Encourage participants to understand the concept of work-life balance and its importance for their physical and mental health.
- **Time management skills:** Equip participants with practical time management techniques to help them prioritize tasks, set boundaries, and avoid burnout.
- **Stress management techniques:** Introduce participants to stress-relieving techniques like meditation, yoga, and spending time in nature.
- **Promote healthy leisure activities:** Encourage participants to identify and engage in healthy hobbies and leisure activities that bring them joy and relaxation.

Overall Impact:

- **Empower individuals:** By raising awareness about hygiene and work-life balance, the activity aims to empower participants to make informed choices for their health and well-being.
- **Build a healthier community:** Improved hygiene practices and a balanced lifestyle can contribute to a healthier and more productive community environment.

- Promote sustainable habits: Encourage participants to adopt sustainable hygiene and lifestyle choices that benefit both their health and the environment





REPORT ON DISTRIBUTION OF FOOD AND STUDY MATERIAL

OBJECTIVE OF THE EVENT:

1. Providing Essential Needs:

- **Fulfilling basic needs:** The primary objective is to fulfill the basic needs of food and clothing for underprivileged children living in orphanages. This ensures their physical well-being and comfort.

2. Spreading Joy and Love:

- **Sharing compassion:** Distributing food and clothes is a simple yet effective way to express compassion and care towards these children. It shows them that they are not forgotten and that people in the community value their well-being.

3. Promoting Social Awareness:

- **Raising awareness:** This activity can raise awareness within the community about the challenges faced by orphans and the importance of supporting them. It can inspire others to get involved in volunteering or donating to orphanages.

4. Encouraging Social Interaction:

- **Building relationships:** The activity provides an opportunity for NSS volunteers to interact with the children, build relationships, and create positive memories. It can help these children feel included and valued within the community.

5. Fostering a Culture of Giving:

- **Promoting volunteerism:** Distributing food and clothes can encourage a culture of giving within the community. It can inspire others to volunteer their time and resources to support underprivileged children.

Additional Considerations:

- **Prioritizing safety and hygiene:** When distributing food, ensure it is clean, healthy, and suitable for consumption. Maintain proper hygiene during food preparation and distribution.
- **Respecting preferences and needs:** Consider the specific needs and preferences of the children when choosing clothes. Opt for comfortable and age-appropriate clothing.
- **Creating a positive and inclusive environment:** Treat the children with respect, kindness, and patience. Make the activity fun and engaging for them.

As we bring smiles and essential supplies to children at our local orphanage. We'll be sharing the gift of delicious food and comfortable clothes, showing these cherished kids that they're loved and remembered.

This isn't just about providing the basics; it's about building connections, raising awareness, and fostering a spirit of giving within our community. Come ready to make a difference, one scoop and smile at a time!

Key benefits:

- Fulfilling basic needs: Providing children with essential food and clothing.
- Spreading joy and love: Building relationships and sharing compassion.
- Raising social awareness: Promoting understanding and support for orphans.
- Encouraging volunteerism: Inspiring others to get involved in giving back.





