

277 Amenities & Wellness Center

HOLIDAY SPECIAL

FREE



MONDAY

Total Body

Pat Gillis

12-12:45pm

TUESDAY

Total Body

Pat Gillis

1-1:45Pm

THURSDAY

Total Body

Pat Gillis

1-1:45Pm

TOTAL BODY This free-form strength conditioning class is a total body workout that will target all major muscle groups while pushing you through a high energy format.

EXPIRES DECEMBER 31