* Lonely and unfulfilled in your love life

Are you looking outside yourself for someone else to make you happy and fulfilled? It is time to be guided on an inward journey to claim your authentic self, to love yourself first and magically attract the incredible person who matches your brilliant vibration.

* Work life and personal life out of balance and unsustainable

Clear understanding that less is more. People are more productive and more fulfilled when they have time to rest, sleep, socialise and exercise. Even though they work less hours their work is more effective which leads to better and quicker results.

* Disconnection from yourself

Learn to establish your inner ground, trust yourself and resolve inner conflict.

* Give your power away to others

Stop blaming! Take your power back by placing the cause of all problems inside yourself and be the king of your own power.

* Procrastination

Master a profound process to become clear on your passion, purpose and vision for life.

* Self-sabotaging behaviour

Get new skills to become the master of cause and effect. Sabotaging is the effect, the real cause is to embrace and transform your negative intention and feeling of unworthiness.

* You get easily discouraged

Learn not to take anything personally and viewing all setbacks as a great challenge in order to grow beyond this challenge and expand to the fullest.