

Pharmacy prep Exam Case # 2

CANDIDATE'S INSTRUCTIONS

A patient approaches you for a new medication prescribed to her for her condition. Kindly counsel her as you would in practice

Timeframe: You have 7 minutes to complete this station

References: CPS



Patient Record (Profile) Information:

Patient Name. Andy Davis

Gender: F

Age: 55

Allergies/sensitivity: No known allergies

Medical History: **Osteoarthritis**, Hypertension, Hyperlipidemia

Fill Date	Medication	Dispensed qty	Direction
30/04/0000	Naproxen 275mg	60 tablets	1 tablet twice daily
12/04/0000	Metoprolol 50mg	90 tablets	1 tablet twice daily
12/04/0000	Rosuvastatin 5mg	90 tablets	1 tablet twice daily

Current date

Andy Davis

Age: 55

Rx:

Vimovo 375/20 mg BID

Mitte:30 tablets

R: 2

Treat Dr's sig as
original

Dr. E. Zurg

SP instructions:

- SP's opening statement: "Hi I came to pick up my new medication"

Information to be provided

- Cholesterol and hypertension are well controlled – BP was 135/85mmHg yesterday
- Lifestyle: does not like dairy, does not exercise very much because of knee pain, Alcohol: Occasional beer, Caffeine: 2 coffees/day, Diet: eats fast food (and is “a little overweight”)

If candidate asks: why did u go to the doctor say: well my arthritis is really bad. The pain medication I have been taking is not helping with pain much and plus it gives a lot of heart burn.

Allergy: ASA(aspirin) upset stomach

• If Candidate asks why is switching from naproxen to Vimovo → SP: "I wanted something a little stronger and the doctor says this new medication is better for the stomach. The naproxen giving me an upset stomach."

• If Candidate asks what he has tried before besides the naproxen → " I tired Tylenol before but it didn't help much."

If asked by candidate: do you have any concerns?

• SP: "Do I take it with or without food?"

Closing line: "Thank you."

Sp at 6 mins: do I still finish off what I have at home of naproxen and then start this?

Solution

- Gather the patient's current medication information.
- Confirm any updates on allergies.
- Any additional prescription or non-prescription drugs?
- Any supplements or herbal products?
- What did the doctor tell you about this new medication?
- Did the doctor tell you to stop Naproxen?
- Check if the patient blood pressure is controlled.
- Any blood thinners?

Grading	Problem Solved	Grading
Fully Solved	<p>The doctor prescribed you Vimovo which contain 2 drugs (naproxen and esomeprazole) , 375 mg enteric coated naproxen and esomeprazole 20 mg immediate release tablet, Take twice daily. Naproxen can give pain relief for 4 to 6 hours. Esomeprazole helps to protect GI irritation or ulcers.</p> <p>So you stop using naproxen and start new medication which contain naproxen in it.</p> <p>Take at least 30 minutes before meals, swallow whole)</p> <p>Side effect: GI (dyspepsia, NVD GI bleed), CV events(MI stroke), fluid retention, hypertension),</p> <p>Identify any drug-disease interactions (i.e. HTN, but it's controlled → monitor)</p> <p>D/C naproxen</p> <ul style="list-style-type: none"> Monitoring for side effects: Gastritis or dyspepsia,, BP changes(give examples of symptoms and management) Nonpharm: e.g. exercise regular (e.g. Pilates, walking, aquatic exercises) physiotherapy, weight loss, diet changes 	Excellent
Marg solved	<ul style="list-style-type: none"> Full counseling drug name(brand and generic), indication, strength, directions for use (take at least 30 minutes before meals, swallow whole) Side effect (i.e. GI (dyspepsia, NVD GI bleed), CV events(MI stroke), fluid retention, hypertension), <p>Missing either of:</p> <ul style="list-style-type: none"> Monitoring for side effects: GI, BP changes(give examples of symptoms and management) Nonpharm: e.g. exercise regular (e.g. Pilates, walking, aquatic exercises) physiotherapy, weight loss, diet changes 	Good
Marg unsolved	<ul style="list-style-type: none"> Counseling Unable to tackle other queries (non pharms, monitoring for side effects and management) 	Fair
unsolved	<ul style="list-style-type: none"> Does not identify DRP Unable to understand the challenge posed 	Unacceptable