

Exam Case 3

CANDIDATE'S INSTRUCTIONS

A woman comes into the pharmacy with a concern and needs a recommendation from you regarding OTC product. Address her concern as you would in real practice.

Time Frame: You have 7 minutes to complete this station.

References: Excerpts from e-cps and monographs.



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Profile:

Name: Jane Stafford

Age: 26 y/o

Allergies: Not known allergies

Medication profile:

Alesse 21 Last filled: 2 packs 35 days ago Refill: 1



Info for the patient:

Name: Jane Stafford

Age: 26

Allergies: Not known allergies

Medical Condition: None

Current Medication: Alesse

No Vitamins No Herbs

Diet: Balanced diet

Smoking: No

Caffeine: a cup of tea in the morning, Drink:

Occasionally

Exercise: walk for 30 mins



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SP Instructions:

Hi I am Jane Stafford and I have a question. I have skipped some doses of my birth control pill and that's making me to worry. (only if the candidate asks: -- I do not want to become pregnant. I am sexually active and enjoy a healthy sexual life with my partner.)

Would you recommend me a product that I can use please to prevent me from becoming pregnant?

- If pharmacists asks: how many tablets missed (not sure maybe 2 or 3 – not in a row),
- If pharmacists asks on which week tablets were missed (2nd week of taking tablets)
- If pharmacists asks: When she had her last period(my cycle is not regular, I think it was 2 weeks ago)

_If pharmacists asks: After the pills were missed have you undergone unprotected intercourse with your partner (yes, a day ago)

-Allergies: as per my profile

Any Medical Condition: No

Any prescription medication: Just Alesse 21 and I take it once a day as directed by my physician>

Any non-prescription medication/Vitamins/Herbs: No

Diet: Balance

Smoking: No

Caffeine: a cup of tea in the morning

Drink: Occasionally, a glass

Exercise: walk for 30 mins

If pharmacist counsel on plan B, ask..5th min question: When should I expect my periods?

In the 6th min question ask pharmacist...and when and how can I restart on my regular birth control pills i.e. Alesse 21?

Answers to the patient's query:

If the pharmacist counsel on plan B, ask.. When should I expect my period?

Menses should be resumed at normal cycle time +/-3 days (students might say +/- 1 week which is fine)

If menses are absent after 3 weeks (21 days) may contact MD

In the end ask pharmacist...and when and how can I restart on my regular birth control pills i.e. Alesse 21?

If patient is already on combined oral contraception pills:

Restart a new pack next day of taking EC pills either abstain from sex or take backup method of contraception for 7 days.



Grading	Problem solved	Grading	Communication
solved	<ul style="list-style-type: none"> 1. Identifies if patient is already pregnant or not 2. Recommends a product Plan B to patient 3. Proper counselling of plan B including side effects, efficacy,dose 4. Addressed patients questions about when will she have her periods and when and how should she resume on her regular BC pills 	Excellent	<ul style="list-style-type: none"> 1. Pvt counselling area 2. Building trusting relation with pt-intro/empathy/confidentiality. 3. Gathering info and assessing pt understanding –MAMA-unformatted 4. Using patient friendly language throughout counselling 5. Follow up with patient to check side effects
Marg solved	<ul style="list-style-type: none"> 1. Identifies if patient is already pregnant or not 2. Recommends a product plan B to patient 3. Proper counselling of plan B including side effects, efficacy , dose 4. Addressed one of patient's questions about when will she have her periods or when and how should she resume on her regular BC pills 	Good	<ul style="list-style-type: none"> 1. Building trusting relation with pt-intro/empathy/confidentiality 2. Gathering info and assessing pt understanding-MAMA-formatted 3. Counselling on patient friendly language 4. Follow up with the patient
Marg unsolved	<ul style="list-style-type: none"> 1. Identifies if patient is pregnant 2. Recommends and counsels plan B 	Fair	<ul style="list-style-type: none"> 1.Gathering info and assessing pt undrstanding –MAMA- formatted 2. Counselling- layman terms
Unsolved	<ul style="list-style-type: none"> 1. Unable to identify that the patient is pregnant or not Does not screen pt/ does not suggest anything for h/c 2. Unable to understand the challenge posed 	Unacceptable	Demonstrating none of the above