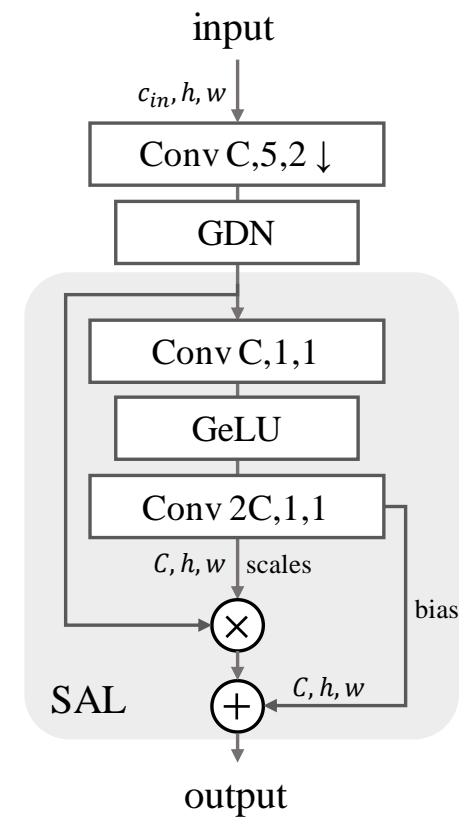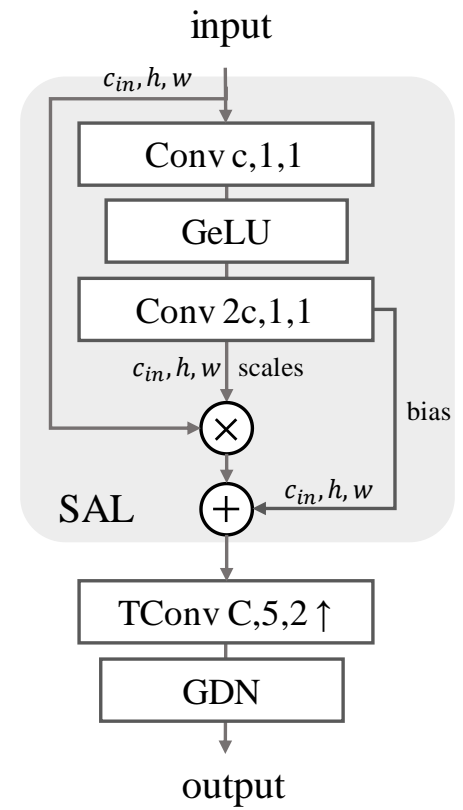(a) The overall framework

(b) Downsample block

(c) Upsample block